



County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

December 27, 2019

TO: Behavioral Health Advisory Board (BHAB)

FROM: Dr. Luke Bergmann, Ph.D. Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – January 2020

ACTION ITEM: AGREEMENT BETWEEN THE COUNTY OF SAN DIEGO AND THE TRI-CITY HEALTHCARE DISTRICT BOARD LETTER

In 2018, Tri-City Healthcare District (Tri-City), suspended its Behavioral Health Unit (BHU), which provided adult inpatient psychiatric services, and its Crisis Stabilization Unit (CSU), which provided adult crisis stabilization services. Since then, meeting the urgent and emergent behavioral health needs of North San Diego County has become increasingly challenging. On June 25, 2019, the Board of Supervisors directed the Chief Administrative Officer to negotiate an agreement with Tri-City or related entity, to provide funding to assist in constructing a psychiatric health facility to be located in Oceanside, California, and return to the Board on September 10, 2019, with a resolution or a report on progress; as well as negotiate with any other hospitals that are interested in partnering with the County of San Diego (County) regarding additional psychiatric health facilities.

On September 10, 2019, the Board authorized the Director of the Health and Human Services Agency to execute a Memorandum of Understanding (MOU) between the County and Tri-City which detailed an arrangement to pursue the development of a 16-bed psychiatric health facility on vacant land located at the Tri-City Medical Center in Oceanside, California to be jointly funded by the County and Tri-City; and return to the Board on or before January 14, 2020, with a final agreements to implement the terms of the MOU.

This action requests approval of a lease, sublease and operating agreement along with the appropriation of funding required to develop the psychiatric health facility. Pursuant to these agreements, the County will lease the property on which the psychiatric health facility will be built, construct the building, and then sublease the building to Tri-City. During the term of the sublease, the operating agreement will govern what services Tri-City will provide at the psychiatric health facility and how the County will compensate Tri-City for those services. Additionally, the operating agreement provides the means by which Tri-City will repay the County's no-interest loan to Tri-City for Tri-City's one-half share of the construction costs. Tri-

City will repay the loan through a combination of devotion of land for the lease and through in-kind services. The terms of the lease, sublease and operating agreement are thirty (30) years.

These actions will complement and support ongoing work to review the full continuum of local behavioral health care services across the entire region, in alignment with the County's *Live Well San Diego* vision for a region where all residents have the opportunity to build better health, live safely and thrive.

It is THEREFORE, staff's recommendation that your board support the authorizations and approvals necessary to advance this action.

ACTION ITEM: ADVANCING THE CONTINUUM OF CARE QUARTERLY UPDATE BOARD LETTER

Over the past 18 months, the Board of Supervisors has taken many actions to enhance and expand the array of behavioral health programs and services available in the region, referred to broadly as the Behavioral Health Continuum of Care. These actions bring together diverse stakeholders including justice partners, hospitals, community health centers and other community-based providers, to create system-wide changes to ensure San Diegans are able to be quickly provided the appropriate level of services that not only meet their immediate and long-term needs.

These actions to date reflect, in their sum, the first implementation phases of an overarching vision for the future of behavioral health care which aims to achieve a transformational shift from a model of care driven by *crises*, to one driven by *chronic or continuous care and prevention* through the deliberate regional distribution and coordination of resources to keep people connected, stable and healthy.

On October 29, 2019, the concept of this regionally distributed model comprised of hubs and networks was defined as follows:

- Hubs are integrated care environments designed to accelerate transition from behavioral health crisis to sustainable, continuous, chronic care management. Key components of hubs include: co-location and affiliation with a general acute care hospital; access to inpatient acute psychiatric care; outpatient step-down services; co-located crisis stabilization; and linkage to care coordination that stays with the person years into the future and through their engagement in other clinical, supportive and even criminal justice settings.
- Networks are a broad array of outpatient services and housing opportunities that help keep people stable once care from the hub has completed. Networks are designed to remain continuously connected to those they serve.

As the hubs and networks become established throughout San Diego County, bridge planning strategies to address immediate, near-term needs include:

- Re-establishing critical services in North County due to the recent bed suspension at Tri-City Medical Center and in anticipation of the bed suspensions as Palomar Health leaves its downtown Escondido campus in less than a year.
- A continued commitment to increase the availability of step-down and long-term care capacity to ensure clients are placed in the most appropriate levels of care during and after psychiatric crisis.

This quarterly update, and future quarterly updates, will provide status on progress within the domains of hubs, networks and bridge planning strategies.

It is THEREFORE, staff's recommendation that your board support the authorizations and approvals necessary to advance this action.

LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

Behavioral Health Services Community Engagement Forums

In collaboration with the San Diego County Health and Human Services Agency, Behavioral Health Services, the Institute for Public Health at SDSU will hold six community forums across San Diego county to assess the behavioral health needs of area residents. Community members will be eligible to receive a \$10 gift card for participating, and a meal will be provided to attendees.

- **January 8**, 6:30PM - Lemon Grove Academy Elementary School, 7885 Golden Ave Lemon Grove 91945
- **January 9**, 6:30PM – Kearney Senior High School, Room 301, 1945 Komet Way, San Diego, 92111
- **January 11**, 10AM – Country Club Senior Center, 455 Country Club Lane, Oceanside 92054
- **January 22**, 6:30PM – Normal Heights Community Center 4949 Hawley Blvd, San Diego, 92116
- **January 25**, 10AM – Woodland Park Middle School, PAC 1270 Rock Springs Rd, San Marcos, 92069
- **February 1**, 10AM – Bonita Vista High School, Library, 751 Otay Lakes Road, Chula Vista 91913

For more information about the or to register, visit www.listentoSanDiego.org

April 25, 2020 NAMIWALKS/ HHSA Expo

On Saturday, April 25, 2020, Behavioral Health Services and the National Alliance on Mental Illness (NAMI) San Diego will partner to host the annual NAMI walk and HHSA Expo at Liberty Station. The event brings awareness of mental illness to the community and works to open communication to end the stigma associated with mental health issues. More details will be provided as they become available.

UPDATES FROM THE CLINICAL DIRECTOR'S OFFICE (CDO)

Public Consulting Group Update

The Public Consulting Group, Inc. (PCG) in collaboration with County staff, continues efforts to advance the behavioral health continuum of care redesign through an approach that focuses on stakeholder engagement and governance; review of San Diego County's data landscape; and exploring the nexus between behavioral health services and the justice system. This includes the creation of shared metrics for prevention, integrated care delivery, and outcome evaluation for individuals with behavioral health needs. To support efforts to map and analyze the current data landscape, BHS held its first cross-sector data workshop on July 24, 2019. Workshop attendees included community members, representatives from County departments

and the Behavioral Health Advisory Board. A comprehensive analysis of the current data landscape will help inform the creation of a data platform intended to integrate cross-sector data sources. A second data workshop was held on September 30, 2019. Participants discussed and identified behavioral health indicators across the care continuum. In October 2019, PCG convened another workshop to obtain final feedback for the Data Workshop Charter and provided the group with a draft of the indicators that are recommended for consideration in the future data dashboard.

10th Annual Primary Care and Behavioral Health Integration Summit

The 10th Annual Primary Care and Behavioral Health Integration Summit was held on December 4, 2019. This annual event is organized by Health Quality Partners of Southern California (HQP) to support behavioral health providers and primary care providers in becoming more effective change agents in an evolving integrated healthcare system. The 275 attendees at this year's summit came from many sectors of healthcare, including specialty mental providers, federally qualified health centers, substance use treatment centers and other community based organizations. The featured keynote speaker, Kari Leibowitz, addressed "Harnessing the Power of Mindset to Improve Healthcare Outcomes". The summit also featured workshops that included topics on medication assisted treatment services, the science of sleep, and the integration of Eastern and Western medicine for optimal health.

Workforce, Education and Training

The Justice Involved Training Academy's (JISTA) third cohort began in August 2019 with 30 participants. The goal of JISTA is to provide a shared foundation between BHS and justice professionals, to best serve clients of this shared population. Due to positive feedback received from participants of JISTA, a fourth cohort is set to begin in January 2020. In addition to the fourth cohort, coaching sessions will be provided to all the graduating participants of JISTA to improve their work with the justice-involved population and address any needed changes to their practices.

Respectfully submitted,



Dr. Luke Bergmann, Ph.D., Director
Behavioral Health Services

LB/bp

cc: Nick Macchione, MS, MPH, FACHE, HHSA Director
Aurora Kiviat, Assistant Director and Chief Operations Officer
Cecily Thornton-Stearns, Assistant Director and Chief Program Officer