



County of San Diego

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ALFREDO AGUIRRE
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December 28, 2018

TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – JANUARY 2019

ACTION ITEM(S): NONE

LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS:

Vista Hill Foundation New Live Well San Diego Partner

On Monday, November 26, 2018, Vista Hill Foundation was recognized as our newest *Live Well San Diego* partner. A proclamation, signed by each of the Board of Supervisors, was presented at their operations meeting, which was attended by executive staff and managers.

Vista Hill is a non-profit, social service organization devoted to helping people in San Diego County who are confronting the challenges of mental illness, substance use disorders or intellectual and developmental disabilities. Vista Hill provides a wide variety of quality programs and services which include prevention, early intervention, education and treatment to people of all ages. The organization has been serving the San Diego community for over 60 years.

BHS welcomes Vista Hill to the *Live Well San Diego* family and looks forward to a great partnership.

Upcoming Events – Save The Date

April 27, 2019 - NAMI Walk/ HHSA Wellness Expo

BHS will once again partner with the National Alliance on Mental Illness (NAMI) San Diego at the annual NAMI Walk/ HHSA Wellness Expo. The event brings awareness of mental illness to the community and works to open communication and end the stigma associated with mental illness. More information about the event will be provided as it becomes available.

UPDATE FROM THE CLINICAL DIRECTOR'S OFFICE (CDO)

Joint Commission Surveyors Visit SDCPH

The Joint Commission is the primary accreditation agency for health care organizations and certifies nearly 21,000 organizations and programs nationwide. San Diego County Psychiatric Hospital (SDCPH) completed their survey by the Joint Commission during the first week in December 2018. The surveyors were comprised of two nurses and one engineer who spent three days examining SDCPH's clinical services and physical environment/building. The surveyors examined all details of how SDCPH operates as a hospital and evaluated it against the standards and requirements of the Joint Commission and the federal Centers for Medicare and Medicaid Services. Some activities the surveyors conducted were: talking with staff and patients, reviewing medical records, observing clinical care, and examining aspects of the physical structure of the building and care environments.

The surveyors concluded that SDCPH was a hospital that: provided excellent patient care; had staff that were very knowledgeable, caring, and skilled; and served a very challenging and varied population. The surveyors reported that they were very impressed based on their experience with SDCPH.

Prospective Risk Analysis Webinar

The Prospective Risk Analysis (PRA) webinar will be made available to County BHS Staff and BHS contracted providers on January 23, 2019. This webinar will describe how the PRA will enhance the process of assessing for self-injury, suicide and violence. It will also provide guidance on interviewing skills and techniques to develop a clinical formulation of suicide risk. The goal is for clinicians to utilize flexible strategies for weaving the techniques introduced by the Chronological Assessment of Suicide Events (CASE) approach into effective methods of uncovering sensitive material related to suicide. Examples of such material include: antisocial behavior, substance abuse, and violent ideation. The PRA will be embedded into the Behavioral Health Assessment and will be available through Cerner Community Behavioral Health (CCBH) on February 11, 2019.

Respectfully submitted,



ALFREDO AGUIRRE, LCSW, Director
Behavioral Health Services

AA/bp

cc: Nick Macchione, MS, MPH, FACHE, HHSA Director
Holly Salazar, MPH, BHS Assistant Director of Departmental Operations