



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

GREG COX
First District

DIANNE JACOB
Second District

KRISTIN GASPAR
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DRAFT

DATE: September 24, 2019

XX

TO: Board of Supervisors

SUBJECT

MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

OVERVIEW

The Mental Health Services Act (MHSA) provides funding to counties to address a broad continuum of mental health service needs, including prevention, early intervention, and system development, and to address the necessary infrastructure, technology, and training to effectively support the public mental health system. MHSA programs provide services for children, youth and families; transition age youth; adults; and older adults, with an emphasis on individuals who are unserved or underserved. The MHSA is comprised of five components: Community Supports and Services (CSS); Prevention and Early Intervention (PEI); Innovation (INN); Workforce Education and Training (WET); and Capital Facilities and Technological Needs (CF/TN). Since inception, the County of San Diego Health and Human Services Agency (HHS), Behavioral Health Services (BHS) has invested over \$1.3 billion of MHSA funding to expand and enhance mental health programs, and over the last five years MHSA investments have increased by over 58 percent.

BHS is in the third year of implementing the MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2017-18 through 2019-20 (Three-Year Plan) approved by the Board of Supervisors on October 10, 2017 (3). The MHSA Fiscal Year 2019-20 Annual Update (Annual Update) includes budget and programmatic changes to the Three-Year Plan. The majority of services listed in the Annual Update are a continuation of programs previously approved by the Board of

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

Supervisors in the Three-Year Plan. As mandated by the MHSA, the Annual Update requires review and approval by the Board of Supervisors prior to submission to the California Mental Health Services Oversight and Accountability Commission (MHSOAC). Today's first recommended action requests the Board to receive and approve the MHSA Fiscal Year 2019-20 Annual Update, which includes MHSA funding of over \$214.5 million.

The Annual Update includes \$400,000 assigned to the California Mental Health Services Authority (CalMHSA) to continue statewide PEI campaigns and local PEI initiatives, including *Each Mind Matters*, an initiative aimed at reducing stigma and encouraging people struggling with mental health illness to reach out for support; and *Know the Signs*, a media campaign designed to educate the community on how to recognize the warning signs of suicide and where to find professional help. Today's second recommended action requests the Board to ratify and execute the participation agreement with CalMHSA for the statewide prevention and early intervention sustainability (PEI) program for the period July 1, 2019 through June 30, 2020, and authorizes the Director, Health and Human Services Agency, to extend the term of this agreement in future Fiscal Years, if needed, if there are no material changes to terms and conditions. Today's third recommended action authorizes a payment of \$400,000 in FY 2019-20, and annually in future Fiscal Years as agreed upon in the Member Annual Program Funding Commitment, subject to the availability of funds and the approval of the Director, Health and Human Services Agency, in support of these statewide PEI campaigns and initiatives. Funding for this program is included in the FY 2019-20 MHSA Annual Update.

On June 20, 2017 (13), the Board approved and authorized the Director, Health and Human Services Agency, to execute an Amendment extending the Memorandum of Understanding (MOU) with the California Department of State Hospitals and the CalMHSA authorized by the Board on March 11, 2014 (11), for the negotiation and purchase of State hospital beds for the period of July 1, 2017 to June 30, 2019, and for the payment of up \$23,000 annually to CalMHSA for operational costs incurred under the MOU during those fiscal years. Approval of today's fourth recommended action will authorize the Director, Health and Human Services Agency, to ratify and execute an amendment to the MOU for the period July 1, 2019 through June 30, 2020, and extend the term of this MOU in future Fiscal Years, if needed, if there are no material changes to terms and conditions. Today's fifth recommended action will authorize payment of up to \$23,000 to CalMHSA in FY 2019-20, and annually in future Fiscal Years as agreed upon in the Member Annual Program Funding Commitment, for operational costs incurred under the MOU, and subject to the availability of funds and the approval of the Director, Health and Human Services Agency.

Today's actions support the countywide *Live Well San Diego* vision by enhancing access to behavioral health services, promoting well-being in children, adults and families, and encouraging self-sufficiency, which promotes a region that is building better health, living safely, and thriving.

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICER

1. Accept and approve the MHSA Fiscal Year 2019-20 Annual Update and authorize the Director, Health and Human Services Agency, to submit the Annual Update to the California Mental Health Services Oversight and Accountability Commission.
2. Ratify and execute the participation agreement with the California Mental Health Services Authority for Phase III of the statewide prevention and early intervention sustainability program for the period July 1, 2019 through June 30, 2020, and authorize the Director, Health and Human Services Agency, to extend the term of this agreement in future Fiscal Years, if needed, if there are no material changes to terms and conditions.
3. Authorize payment of \$400,000 to the California Mental Health Services Authority in Fiscal Year 2019-20 to continue participation in statewide prevention and early intervention campaigns and local initiatives, and authorize payment annually in future Fiscal Years, as agreed upon in the Member Annual Program Funding Commitment, subject to the availability of funds and the approval of the Director, Health and Human Services Agency.
4. Ratify and execute the Memorandum of Understanding (MOU) with the California Department of State Hospitals and the California Mental Health Services Authority for the negotiation and purchase of State hospital beds for the period July 1, 2019 through June 30, 2020, and authorize the Director, Health and Human Services Agency, to extend the term of this MOU in future Fiscal Years, if needed, if there are no material changes to terms and conditions.
5. Authorize payment of up to \$23,000 annually beginning in Fiscal Year 2019-20 to the California Mental Health Services Authority for operational costs incurred under the Memorandum of Understanding for the negotiation and purchase of State hospital beds, and annually in future Fiscal Years, as agreed upon in the Member Annual Program Funding Commitment, subject to the availability of funds and the approval of the Director, Health and Human Services Agency.

FISCAL IMPACT

Funds for these requests are included in the Fiscal Year 2019-21 Operational Plan for the Health and Human Services Agency. If approved, this request will result in estimated costs and revenues of up to \$214.5 million in Fiscal Year 2019-20, inclusive of \$400,000 dedicated to the California Mental Health Services Authority (CalMHSA) to continue participation in statewide prevention and early intervention campaigns and local initiatives. The funding sources are Mental Health Services Act (MHSA), Realignment, and Short-Doyle Medi-Cal. If approved, this request will also result in estimated costs and revenues of up to \$23,000 in Fiscal Year 2019-20 dedicated to CalMHSA in Fiscal Year 2019-20 for the negotiation and purchase of State hospital beds. The

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

funding source is Realignment. There will be no change in net County General Fund cost and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

At their meeting on September 5, 2019, the Behavioral Health Advisory Board voted to the recommendations.

BACKGROUND

Mental Health Services Act Fiscal Year 2019-20 Annual Update

The Mental Health Services Act (MHSA) provides funding to counties to address a broad continuum of mental health service needs, including prevention, early intervention, and system development, and to address the necessary infrastructure, technology, and training to effectively support the public mental health system. MHSA programs provide services for children, youth and families; transition age youth; adults; and older adults, with an emphasis on individuals who are unserved or underserved. The MHSA is comprised of five components: Community Supports and Services (CSS); Prevention and Early Intervention (PEI); Innovation (INN); Workforce Education and Training (WET); and Capital Facilities and Technological Needs (CF/TN). Since inception, the County of San Diego Health and Human Services Agency (HHS), Behavioral Health Services (BHS) has invested over \$1.3 billion of MHSA funding to expand and enhance mental health programs, and over the last five years MHSA investments have increased by over 58 percent. In FY 2017-18, MHSA funded programs provided services to over 77,000 children, youth and families; transition age youth; adults; and older adults in San Diego County.

The California Welfare and Institutions Code Section 5847 states that county mental health programs shall prepare and submit a Three-Year Plan and subsequent Annual Updates for programs and expenditures funded by the Mental Health Services Act (MHSA). The Three-Year Plan and Annual Updates must be adopted by the County of San Diego Board of Supervisors (Board), and submitted to the California Mental Health Services Oversight and Accountability Commission (MHSOAC) within 30 days of adoption by the Board. The MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2017-18 through 2019-20 (Three-Year Plan) was approved by the Board on October 10, 2017 (3).

The Annual Update was developed collaboratively with various councils, stakeholders, organizations, consumers, and individual community members throughout San Diego County through the Community Program Planning (CPP) process. Formal community engagement forums

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

and focus groups were also facilitated to engage the community in determining where to focus MHSA resources to most effectively meet the needs of County residents.

The proposed MHSA Fiscal Year 2019-20 Annual Update (Annual Update) includes an expenditure plan of approximately \$214.5 million, programmatic updates to the Three-Year Plan, and documentation as required to comply with MHSA regulations. The implementation of the Three-Year Plan and the subsequent Annual Update support the countywide *Live Well San Diego* vision by enhancing access to behavioral health services; promoting well-being in children, adults and families; and encouraging self-sufficiency, which promotes a region that is building better health, living safely, and thriving.

California Mental Health Services Authority (CalMHSA) Participation

The Annual Update includes funding for the California Mental Health Services Authority (CalMHSA), a Joint Powers Authority formed in 2009 that created a separate public entity to support the administration of prevention and early intervention services and other activities. The funding supports statewide PEI campaigns and local PEI initiatives, including the *Each Mind Matters* initiative aimed at reducing stigma and encouraging people struggling with mental illness to reach out for support; and *Know the Signs*, a media campaign designed to educate the community on how to recognize the warning signs of suicide and where to find professional help.

Approval of today's actions will authorize the Director, Health and Human Services Agency to ratify and execute the participation agreement with the CalMHSA for the statewide prevention and early intervention (PEI) sustainability program for the period July 1, 2019 through June 30, 2020, and extend the term of this agreement in future Fiscal Years, if needed, if there are no material changes to terms and conditions. Approval of today's recommended action will also provide funding of \$400,000 in Fiscal Year 2019-20, and annually in future Fiscal Years as agreed upon in the Member Annual Program Funding Commitment, to continue supporting these statewide PEI campaigns and initiatives, subject to the availability of funds and the approval of the Director, Health and Human Services Agency.

California Mental Health Services Authority (CalMHSA) Memorandum of Understanding for the Negotiation of State Hospital Beds

On June 20, 2017 (13), the Board approved and authorized the Director, Health and Human Services Agency, to execute an Amendment extending the Memorandum of Understanding (MOU) with the California Department of State Hospitals and CalMHSA authorized by the Board on March 11, 2014 (11), for the period of July 1, 2017 to June 30, 2019. The MOU authorizes the negotiation and purchase of State psychiatric hospital beds for involuntary patients on Lanterman-Petris-Short (LPS) Conservatorship. The Board also authorized a payment of up \$23,000 annually

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

to CalMHSA for Fiscal Years 2017-18 and 2018-19, for operational costs incurred under the MOU.

Approval of today's recommended action will authorize the Director, Health and Human Services Agency, to ratify and execute an amendment to extend the term of the MOU for the period July 1, 2019 through June 30, 2020, and to extend the term of this MOU in future Fiscal Years, if needed, if there are no material changes to terms and conditions. Today's recommended action will also authorize a payment of up to \$23,000 in FY 2019-20 to CalMHSA, and annually in future Fiscal Years, as agreed upon in the Member Annual Program Funding Commitment, subject to the availability of funds and the approval of the Director, Health and Human Services Agency.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed actions support the Healthy Families and Safe Communities initiatives in the County of San Diego's 2019-2024 Strategic Plan, as well as the County's *Live Well San Diego* vision, by providing necessary resources and services for individuals with behavioral health needs to lead healthy and productive lives. Specific *Live Well San Diego* outcome indicators include increased life expectancy and quality of life.

Respectfully submitted,

USE "INSERT PICTURE"
FUNCTION TO INSERT
SIGNATURE

HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

Mental Health Services Act (MHSA) Fiscal Year 2019-20 Annual Update

AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

 Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

September 25, 2018 (5) MHSA Fiscal Year 2018-19 Annual Update; October 10, 2017 (3), received and approved MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2017-18 through 2019-20; June 20, 2017 (13) Behavioral Health Services Authorization for Competitive Solicitations, Amendment of Contracts and Single Source Procurements; Authorization of Term Extension of the California Mental Health Services Authority (CalMHSA) Memorandum of Understanding and Authorization of Annual Payment; April 25, 2017 (5), authorized submission of new Innovation Plan to the State; September 13, 2016 (7) Memorandum of Understanding between the California Department of State Hospitals and the California Mental Health Services Authority and participating counties; July 19, 2016 (7), approved Behavioral Health Services Ten Year Roadmap; October 28, 2014 (9), authorized acceptance of the MHSA Three Year Program and Expenditure Plan: Fiscal Year 2014-15 through Fiscal Year 2016-17; September 10, 2013 (5), authorized amended Joint Exercise of Powers Agreement with CalMHSA for additional services; January 25, 2011 (8), approved CalMHSA Joint Powers Authority membership; March 23, 2010 (8), authorized acceptance of the Capital Facilities and Technological Needs plan, which includes the Mental Health Management Information Systems (MIS) project; October 20, 2009 (4), authorized acceptance of MHSA Innovation Community Planning Funds in the amount of \$2.9 million for Fiscal Years 2008-2009 and 2009-2010 and authorize submission of the Innovation Plan to the State; May 5, 2009 (7), authorized the acceptance of the MHSA Workforce Education and Training plan; December 9, 2008 (16), approved PEI Assignment of Funds to the Department of Mental Health; November 18, 2008 (9), authorized the acceptance of the MHSA Prevention and Early Intervention (PEI); February 27, 2007 (6) authorized the MHSA Integrated Three-Year Program and Expenditure Plan for up to \$87,000,000 of CSS funds; December 13, 2005 (1), authorized competitive solicitations of new contracted programs and services and the amendment of contracts to expand existing programs and services as required to implement the County's MHSA CSS Plan.

BOARD POLICIES APPLICABLE:

N/A

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION NUMBER(S):

N/A

SUBJECT: MENTAL HEALTH SERVICES ACT (MHSA) FISCAL YEAR 2019-20 ANNUAL UPDATE; AUTHORIZATION FOR CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) PREVENTION AND EARLY INTERVENTION (PEI) SUSTAINABILITY PARTICIPATION, AND ANNUAL PAYMENT; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING FOR THE NEGOTIATION AND PURCHASE OF STATE HOSPITAL BEDS, AND ANNUAL PAYMENT (DISTRICTS: ALL)

ORIGINATING DEPARTMENT: Health and Human Services Agency

OTHER CONCURRENCE(S): N/A

CONTACT PERSON(S):

Dr. Luke Bergmann
Name
619-563-2700
Phone
Luke.Bergmann@sdcounty.ca.gov
E-mail

Aurora Kiviat
Name
619-584-3001
Phone
Aurora.Kiviat@sdcounty.ca.gov
E-mail