



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DRAFT

DATE: October 5, 2021

XX

TO: Board of Supervisors

SUBJECT

**MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE
(DISTRICTS: ALL)**

OVERVIEW

The Mental Health Services Act (MHSA) provides funding to counties to address a broad continuum of mental health service needs, including prevention, early intervention, and system development; and to address the necessary infrastructure, technology, and training to effectively support the public mental health system. MHSA programs provide services for children, youth, and families; transition age youth; adults; and older adults, with an emphasis on individuals who are unserved or underserved. MHSA is comprised of five components:

- Community Services and Supports (CSS);
- Prevention and Early Intervention (PEI);
- Innovation (INN);
- Workforce Education and Training (WET); and
- Capital Facilities and Technological Needs (CF/TN).

MHSA provides funding for critical programs that serve individuals with serious mental illness or serious emotional disturbance, supporting some of the County's most vulnerable populations of all ages and providing funding for previously unserved populations. MHSA supports timely access to quality behavioral health care that is responsive to cultural and linguistic needs. In support of the MHSA vision – to build a system in which mental health services are equitable, regionally distributed, and accessible to all individuals and families within the region who are in need – the County of San Diego, Health and Human Services Agency (HHS) Behavioral Health Services (BHS) is spearheading work to proactively address and identify unmet behavioral health needs within the region, and the systemic and regional inequities that lead to these unmet needs.

The County of San Diego (County), Health and Human Services (HHS) Behavioral Health Services (BHS) is in the second year of implementing the MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2020-21 through 2022-23 (Three-Year Plan), approved by the San Diego County Board of Supervisors (Board) on October 27, 2020 (7). The MHSA Fiscal Year

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

2021-22 Annual Update (Annual Update) presented today includes budget and programmatic changes to the Three-Year Plan. The majority of services outlined in the Annual Update are a continuation of programs previously approved by the Board in the Three-Year Plan. As mandated by the MHSA, the Three-Year Plan and subsequent Annual Updates require approval by the Board prior to submission to the California Mental Health Services Oversight and Accountability Commission (MHSOAC).

Since the establishment of the MHSA, the County has invested nearly \$2 billion of MHSA funding to expand and enhance critical mental health programs to dramatically shift how residents of San Diego County access care and support for behavioral health needs through the continued development of a regionally distributed model of care focused on prevention and continuous care, rather than perpetual crisis. The County continues to make significant MHSA investments in critical prevention, treatment and support services through the implementation of the Three-Year Plan and subsequent Annual Updates.

Today's recommended action request the Board receive and approve the Annual Update, which includes MHSA funding of approximately \$218.6 million in Fiscal Year (FY) 2021-2022, inclusive of \$400,000 dedicated to the California Mental Health Services Authority (CalMHSA), to continue participation in statewide prevention and early intervention campaigns and local initiatives.

Today's action supports the countywide *Live Well San Diego* vision by enhancing access to behavioral health services, promoting well-being in children, adults, and families, and encouraging self-sufficiency, which promotes a region that is building better health, living safely, and thriving.

**RECOMMENDATION(S)
CHIEF ADMINISTRATIVE OFFICER**

1. Receive and approve the MHSA Fiscal Year 2021-22 Annual Update (Annual Update) and authorize the Agency Director, Health and Human Services Agency, to submit the Annual Update to the California Mental Health Services Oversight and Accountability Commission.

EQUITY IMPACT STATEMENT

The vision of the MHSA is to build a system in which mental health services are equitable, regionally distributed, and accessible to all individuals and families within the region who are in need. MHSA funding provides individuals who are experiencing serious mental illness or serious emotional disturbance with timely access to quality behavioral health care that is responsive to their cultural and linguistic needs. These programs serve individuals of all ages, providing support to the County's most vulnerable, unserved, and underserved populations.

The community need for behavioral health services continues to increase, especially amongst the most vulnerable populations and in the wake of the COVID-19 pandemic. To guide clinical service design and placement, and to ensure effective outcomes are achieved, BHS continues to enhance data integration and health equity work through the build out of data science and population health

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

capacities. Additionally, BHS is partnering with the University of California at San Diego (UCSD), to develop the Community Experience Project (CEP) with the purpose of identifying and addressing unmet behavioral health needs within the region, and the systemic and regional inequities that lead to these unmet needs.

The four objectives of the CEP include:

1. Creating a Behavioral Health Equity Index to highlight populations and neighborhoods at greatest risk for unmet behavioral health needs.
2. Developing an interactive Community Experience Dashboard that allows users to investigate behavioral health experiences by subpopulation (e.g., race/ethnicity, sexual orientation, etc.) and subregional area using timely community data sources.
3. Engaging community members and key stakeholders in the identification, collection, analysis, and interpretation of data and in the development of plans for action.
4. Developing brief, focused action reports to synthesize key findings and summarize priorities for intervention.

The final product will promote a continuous feedback process by which needs can be identified, further informed by community engagement, and mediated by actionable plans that will aid in informing the design of BHS services, including those funded through MHSA.

FISCAL IMPACT

Funds for this request are included in the Fiscal Year (FY) 2021-23 Operational Plan for the Health and Human Services Agency. If approved, this request will result in estimated MHSA costs and revenues of approximately \$218.6 million in FY 2021-22, inclusive of \$400,000 dedicated to the California Mental Health Services Authority (CalMHSA), to continue participation in statewide prevention and early intervention campaigns and local initiatives. The funding source is Mental Health Services Act (MHSA). The proposed MHSA budget reflects enhanced Medi-Cal drawdown tied to a Federal Medi-Cal Assistance Percentage (FMAP) associated with COVID-19. There will be no change in net General Fund cost and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

At their meeting on September 2, 2021, the Behavioral Health Advisory Board voted to [REDACTED] the recommendations.

BACKGROUND

The Mental Health Services Act (MHSA) provides funding to counties to address a broad continuum of mental health service needs, including prevention, early intervention, system development, and to address the necessary infrastructure, technology, and training to effectively support the public mental health system. MHSA programs provide services to children, youth, and families, transition age youth, adults, and older adults, with an emphasis on individuals who are unserved or underserved. In Fiscal Year (FY) 2019-20, MHSA funded programs provided services to over 71,000 children, youth and families, transition age youth, adults, and older adults in San Diego County. The MHSA is comprised of five components:

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

- Community Services and Supports (CSS);
- Prevention and Early Intervention (PEI);
- Innovation (INN);
- Workforce Education and Training (WET); and
- Capital Facilities and Technological Needs (CF/TN).

The California Welfare and Institutions Code Section 5847 states that county mental health programs shall prepare and submit a Three-Year Plan and subsequent Annual Updates for programs and expenditures funded by the MHSA. The Three-Year Plan and subsequent Annual Updates must be adopted by the San Diego County Board of Supervisors (Board) and submitted to the California Mental Health Services Oversight and Accountability Commission (MHSOAC) within 30 days of adoption by the Board. The MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2020-21 through 2022-23 (Three-Year Plan) was approved by the Board on October 27, 2020 (7).

Today's recommended action presented by the County of San Diego (County), Health and Human Services (HHS) Behavioral Health Services (BHS) department requests that the Board receive and approve the recommended MHSA Fiscal Year 2021-22 Annual Update (Annual Update). The Annual Update includes an expenditure plan of approximately \$218.6 million, programmatic and budgetary updates to the Three-Year Plan, and documentation as required to comply with MHSA regulations. The Annual Update includes \$400,000 as part of the FY 2020-21 amount assigned to the California Mental Health Services Authority (CalMHSA) to continue statewide PEI campaigns and local PEI initiatives. This includes Each Mind Matters, an initiative aimed at reducing stigma and encouraging people struggling with mental health illness to reach out for support, and Know the Signs, a media campaign designed to educate the community on how to recognize the warning signs of suicide and where to find professional help.

The Annual Update was developed collaboratively with various councils, stakeholders, organizations, consumers, and individual community members throughout San Diego County through the Community Program Planning (CPP) process. Formal community engagement forums and focus groups were also facilitated to engage the community in determining where to focus MHSA resources to meet the needs of County residents most effectively.

Since the establishment of the MHSA, the County has invested nearly \$2 billion of MHSA funding to expand and enhance critical mental health programs to dramatically shift how residents of San Diego County access care and support for behavioral health needs through the continued development of a regionally distributed model of care focused on prevention and continuous care, rather than perpetual crisis. Though the COVID-19 pandemic has impacted the delivery of behavioral health services within the community, the County continues to make significant MHSA investments in critical prevention, treatment and support services through the implementation of the Three-Year Plan and subsequent Annual Updates. The County also continues to utilize short-, mid-, and long-term strategies to optimize revenues and ensure the continuity of critical service delivery to our most vulnerable populations, as follows:

- Reflect enhanced Medi-Cal drawdown in FY 2021-22 (FMAP) in the MHSA Annual Update Expenditure Plan;

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

- Optimize and maximize Medi-Cal drawdown within BHS services;
- Conduct intensive evaluations of all BHS programs to ensure service delivery optimization, maximum efficiency, effective outcomes, and alignment with the Behavioral Health Continuum of Care; and,
- Advocate for the flexibility to use MHSA funds between components outside of the prescribed percentage allocations to ensure alignment with community need and continuity of essential services.

The implementation of the MHSA Three-Year Plan and the subsequent Annual Updates support the countywide *Live Well San Diego* vision by enhancing access to behavioral health services, promoting well-being in children, adults, and families, and encouraging self-sufficiency, which promotes a region that is building better health, living safely, and thriving.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today’s proposed action support the Healthy Families and Safe Communities initiatives in the County of San Diego’s (County) 2021-2026 Strategic Plan, as well as the County’s *Live Well San Diego* vision, by providing necessary resources and services for individuals with behavioral health needs to lead healthy and productive lives. Specific *Live Well San Diego* outcome indicators include increased life expectancy and quality of life.

Respectfully submitted,

USE “INSERT PICTURE”
FUNCTION TO INSERT
SIGNATURE

HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

Mental Health Services Act (MHSA) FY 2021-22 Annual Update

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

October 27, 2020 (7), received and approved MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2020-21 through 2022-23; October 29, 2019 (6) MHSA Fiscal Year 2019-20 Annual Update; September 25, 2018 (5) MHSA Fiscal Year 2018-19 Annual Update; October 10, 2017 (3), received and approved MHSA Three-Year Program and Expenditure Plan: Fiscal Years 2017-18 through 2019-20; June 20, 2017 (13) Behavioral Health Services Authorization for Competitive Solicitations, Amendment of Contracts and Single Source Procurements; Authorization of Term Extension of the California Mental Health Services Authority (CalMHSA) Memorandum of Understanding and Authorization of Annual Payment; April 25, 2017 (5), authorized submission of new Innovation Plan to the State; September 13, 2016 (7) Memorandum of Understanding between the California Department of State Hospitals and the California Mental Health Services Authority and participating counties; July 19, 2016 (7), approved Behavioral Health Services Ten Year Roadmap; October 28, 2014 (9), authorized acceptance of the MHSA Three-Year Program and Expenditure Plan: Fiscal Year 2014-15 through Fiscal Year 2016-17; September 10, 2013 (5), authorized amended Joint Exercise of Powers Agreement with CalMHSA for additional services; January 25, 2011 (8), approved CalMHSA Joint Powers Authority membership; March 23, 2010 (8), authorized acceptance of the Capital Facilities and Technological Needs plan, which includes the Mental Health Management Information Systems (MIS) project; October 20, 2009 (4), authorized acceptance of MHSA Innovation Community Planning Funds in the amount of \$2.9 million for Fiscal Years 2008-2009 and 2009-2010 and authorize submission of the Innovation Plan to the State; May 5, 2009 (7), authorized the acceptance of the MHSA Workforce Education and Training plan; December 9, 2008 (16), approved PEI Assignment of Funds to the Department of Mental Health; November 18, 2008 (9), authorized the acceptance of the MHSA Prevention and Early Intervention (PEI); February 27, 2007 (6) authorized the MHSA Integrated Three-Year Program and Expenditure Plan for up to \$87,000,000 of CSS funds; December 13, 2005 (1), authorized competitive solicitations of new contracted programs and services and the amendment of contracts to expand existing programs and services as required to implement the County's MHSA CSS Plan.

BOARD POLICIES APPLICABLE:

N/A

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

SUBJECT: MENTAL HEALTH SERVICES ACT FISCAL YEAR 2021-22 ANNUAL UPDATE

ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION NUMBER(S):

N/A

ORIGINATING DEPARTMENT: Health and Human Services Agency

OTHER CONCURRENCE(S): N/A

CONTACT PERSON(S):

Dr. Luke Bergmann

Name

619-563-2700

Phone

Luke.Bergmann@sdcounty.ca.gov

E-mail

Nadia Privara Brahms

Name

619-584-3001

Phone

Nadia.Privara@sdcounty.ca.gov

E-mail

DRAFT