



# County of San Diego

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September 27, 2019

TO: Behavioral Health Advisory Board (BHAB)

FROM: Dr. Luke Bergmann, Director, Behavioral Health Services (BHS)

## **BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – October 2019**

### **ACTION ITEM: BHS PROCUREMENT OMNIBUS BOARD LETTER**

In a series of actions since 1999, the Board of Supervisors has approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults, and families. In pursuit of these initiatives, the Board has approved the procurement of contracted services.

Approval of these recommended actions authorizes competitive solicitations for behavioral health services and the amendment of an existing contract, with the goal of building a better of behavioral health services delivery system for San Diego County's communities. These actions build upon the ongoing work that is underway, in alignment with Board direction, to ensure a comprehensive approach to advancing the behavioral health continuum of care.

These actions, authorize the Director, Department of Purchasing and Contracting, to issue competitive solicitations for the behavioral health programs and services listed below, and upon successful negotiations and determination of a fair and reasonable price, award contracts for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed; and to amend the contracts to reflect changes in program, funding or service requirements, subject to the availability of funds and the approval of the Agency Director, Health and Human Services Agency.

- a. Behavioral Health Collaborative Court Services
- b. Bio-Psychosocial Rehabilitation Outpatient Clinics
- c. Inebriate Sobering Services
- d. Substance Use Prevention Services
  - i. Substance Use Prevention – Initiative Facilitation Services
  - ii. Substance Use Prevention – Regional Services
- e. Transition Age Youth Behavioral Health Services
  - i. Enhanced Strength-Based Case Management Services for Transition Age Youth
  - ii. Residential and Outpatient Substance Use Disorder Treatment for Transition Age Youth

These actions also authorize the Director, Department of Purchasing and Contracting to amend the contract with Community Clinics Health Network dba Health Quality Partners of Southern California to

extend the contract term through June 30, 2020 and up to an additional six months, if needed, subject to the availability of funding and the approval of the Agency Director, Health and Human Services Agency.

**It is THEREFORE, staff's recommendation that your Board support the approvals and authorizations needed to procure these contracted behavioral health services.**

#### **INFORMATIONAL ITEM: RECEIVE THE BHAB 2020 NOMINATING COMMITTEE SLATE**

In October of each year, the appointed BHAB Nominating Committee meets to form a slate of Executive Committee candidates to stand for election for the upcoming year. The Nominating Committee is comprised of Bill Stewart, Che Hernandez, Mike Matthews, and Shannon Jaccard. The nominating committee presents the following slate:

Chair: Judith Yates

Vice Chair: Bill Stewart

2<sup>nd</sup> Vice Chair: Mike Matthews

Member at Large (MH): John Sturm

Member at Large (SUD): Jen Mendel

The slate will be voted on at the full BHAB meeting in November, and the 2020 Executive Committee will be seated in December 2019.

#### **LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS**

##### **Vista Hill Foundation New Live Well San Diego Partner**

On Friday, September 20, 2019, BHS welcomed Wellness Music Therapy and Essential Oils as our newest *Live Well San Diego* partner. Wellness Music Therapy hosts mental health and relaxation workshops for assisted living homes, healthcare workers, and individuals in the community. Guided imagery, crystal singing bowls, music and essential oils are used to help individuals learn coping mechanisms to take into their day-to-day lives.

Wellness Music Therapy also acts as a liaison among multiple veterans healthcare systems and trains doctors and nurses how to use young living products to help support stress relief, sleep and pain perception.

##### **Recovery Happens Review**

On Saturday, September 14, 2019, BHS hosted the annual Recovery Happens event at the Waterfront Park. The event was free, open to the public and featured music, entertainment, shared stories, food, fitness demonstrations and other fun activities.

The event was moved to the Waterfront location and expanded this year to support family members and friends as well as those on a recovery journey. Exhibitors were on hand to provide services, resources and information to an estimated 1,000 people. Highlights included education information, employment support, Veteran's services, financial and legal services, free HIV and Hepatitis C screenings, prevention and treatment information, community resources and more.

### **October 3, 2019 – Community Alliance for Healthy Minds (CAHM) Forum**

The CAHM Forum, *From Hopelessness to Hope and Healing*, is scheduled for October 3, 2019, from 8:30 a.m. to 3:30 p.m. The forum will be held at California State University, San Marcos and is dedicated to helping individuals and families lead happier, healthier lives through improved mental wellness. The theme this year is "The Power of Your Story" which will explore the boundaries of mental health through the healing power of storytelling. The event also features workshops and a resource fair. More information, including registration, is available at [www.cahmsd.org](http://www.cahmsd.org).

## **UPDATES FROM THE BHS ADULT AND OLDER ADULT (AOA) SYSTEM OF CARE**

### **Roaming Outpatient Access Mobile (ROAM) Project**

The Roaming Outpatient Access Mobile (ROAM) project for Native Americans residing on tribal reservations in rural San Diego originally began in 2018. The Innovations project goal is to provide a comprehensive mobile health clinic with wrap-around services to Native American children and youth with serious emotional disturbances, adults with serious mental illness, and those identified as having co-occurring disorders. Services include: individual/group counseling, medication management, case management, peer and family support, care coordination, along with Substance Use Disorder (SUD) screening, referral and linkage. The project also incorporates the use of telehealth and telepsychiatry, as well as Medication Assisted Treatment.

In June 2019, the ribbon cutting ceremony took place at the Southern Indian Health Council (SIHC). There were various community partners present and traditional bird singers and dancers to honor and dedicate the unit. Two mobile mental health units will be operated by tribal health clinics in the regions where tribal reservations are located. Indian Health Council, Inc. serves the North Inland Region and the following tribal communities: Inaja-Cosmit, La Jolla, Los Coyotes, Mesa Grande, Pala, Pauma, Rincon, San Pasqual, and Santa Ysabel. Southern Indian Health Council, Inc. serves the East Region and the following tribal communities: Barona, Campo, Ewiiapaayp, Jamul, La Posta, Manzanita, and Viejas.

### **Project In-Reach NACo Award**

The National Association of Counties (NACo) granted San Diego County a 2019 Achievement Award for its program titled "Project In-Reach" in the category of Criminal Justice and Public Safety.

The In-Reach Program is focused on serving at-risk African-American and Latino adults or Transition Age Youth in detention facilities, with an additional focus on inmates with serious mental illness. Services include pre and post-release case management, pre-release evidence based cognitive behavioral therapy, group interventions, peer support, post service linkages and follow up and transportation. The goal is to reduce recidivism, diminish impact of untreated mental health and/or substance use issues, prepare for re-entry into the community, and ensure successful linkage to services and community aftercare.

### **New Housing Units From Local Government Special Needs Housing Program (SNHP)**

The Local Government Special Needs Housing Program provides capital funding for the development of permanent supportive housing units for MHSA-eligible individuals who are homeless or at-risk of homelessness. Since 2008, the San Diego County Board of Supervisors has dedicated more than \$53 million dollars to SNHP and the MHSA Housing Program using MHSA funds. SNHP funds are provided as loans to affordable housing developers to create housing units dedicated to this population and are administered by the California Housing Finance Agency (CalHFA).

One SNHP-funded development, The Beacon, recently leased units and celebrated its grand opening. The Beacon is a 44-unit new-construction development located in Downtown San Diego that includes 22 SNHP units for TAY and adults receiving BHS-contracted Full Service Partnership Assertive Community Treatment services. The grand opening was held on September 20<sup>th</sup> and featured BHS Assistant Director Cecily Thornton-Stearns as a speaker.

Additionally, five SNHP-funded developments are currently in development. Combined, these developments will receive more than \$9.8 million in SNHP funds and create 65 additional MHSA units. Once completed, these developments will bring the number of SNHP-funded units to 128, and the total number of MHSA-funded permanent supportive housing units to 378.

### **Notice of Funding Availability Approvals for No Place Like Home (NPLH) Applications**

On November 6, 2018, California voters approved Proposition 2, allowing the implementation of No Place Like Home (NPLH), a capital funding program to create permanent supportive housing for adults with a serious mental illness (SMI) and seriously emotionally disturbed (SED) children and their families who are homeless, chronically homeless, or at-risk of chronic homelessness. NPLH funds will be provided as loans to affordable housing developers to create housing units dedicated to this population for the 55 year term of the loans. As an Alternative Process County (a county with more than 5% of the state's total homeless population), the County of San Diego will administer these loans locally through HHSA, Housing and Community Development Services (HCDS) department. BHS will provide mental health, substance use disorder, and case management services to NPLH tenants. It is estimated that NPLH will bring an estimated \$100+ million to the county to fund permanent supportive housing units over the next 4-5 years.

The first NPLH Notice of Funding Availability (NOFA) was released in November 2018 and closed in July 2019. BHS and HCDS representatives reviewed applications from developers for funding under the NOFA and conditionally approved three developments for funding. Combined, these developments are expected to produce 107 NPLH units and receive more the \$29 million in NPLH funding. The three developments conditionally approved for NPLH funding will be located in Carlsbad, San Ysidro, and downtown San Diego.

The second NPLH NOFA is expected to be released in Fall 2019 and will contain additional NPLH funding.

Respectfully submitted,



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LB/bp

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