

October 6, 2022 Behavioral Health Advisory Board Meeting Minutes

Temporary Zoom Meeting due to Public Health orders

MEMBERS PRESENT

Bill Stewart, Chair - District 1 Gaurav Mishra - District 1 Janice Luna Reynoso – District 1 Joel San Juan - District 1 Jim Taylor – District 2 Serita Polinaire – District 2 Todd Boyer - District 2 Michael Grattan – District 3 Robin Sales - District 3 Shannon Jaccard – District 3 John Sturm – 1st Vice Chair - District 4 Judith Yates, Member-at-Large- District 4 Carol Clemens – District 5 K.C. Strang - District 5 Phil Deming, 2nd Vice Chair – District 5 Richard McGaffigan – District 5 Nathan Fletcher, Board of Supervisors Chair

MEMBERS NOT PRESENT

James Merino – District 2 Amina Sheik Mohamed – District 4

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Luke Bergmann, Director, Behavioral Health Services
Dania Barroso-Conde, Behavioral Health Advisory Board Coordinator, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) was called to order by Chair Bill Stewart at 2:30PM via Zoom.

II. APPROVAL OF THE MINUTES AND ROLL CALL

ON MOTION of Judith Yates, seconded by John Sturm, BHAB approved the minutes from September 1st, 2022.

AYES: 17 NAYS: 0 ABSTENTIONS: 0

III. PUBLIC COMMENT

Steve Dilley provided information for an exhibit at the Oceanside Museum of Art called Pop Smoke: A Veteran Art Exhibition. The exhibit will be open until January 15, 2023.

Yusef Miller provided public comment about the intersection between mental health, law enforcement, and homelessness. He commented that workgroups/committees that address these issues need to be agile and flexible to respond to the communities needs and provide appropriate services.

Miles Smith provided a public comment about concerns that he has with the Fallbrook Family Health Center's Behavioral Health Center and providers leaving the clinic and discontinuing work with their patients without fair warning/warm hand-off to another provider.

Anthony Avalos provided public comment pertaining to the Community Engagement & Stakeholder workgroup and wanting to allocate more funds to spend on community engagement, especially grassroot organizations that provide mental health and intersectional work.

IV. ACTION ITEM: CONTINUANCE OF TELECONFERENCING

BHAB reconsidered the circumstances of the State of Emergency along with state and local officials recommended measures to promote social distancing. Given these considerations BHAB voted to authorize the continuance of teleconferencing meetings pursuant to government code section 54953 (E).

ON MOTION of John Sturm, seconded by Judith Yates, BHAB approved the continuance of teleconferencing meeting option for BHAB.

AYES: 14 NAYS: 2 ABSTENTIONS: 0

V. CHAIR FLETCHER UPDATES

Chair Fletcher provided an update on the continuum of care and projections for how many new subacute beds and services will be added to current facilities and programs including plans at Alvarado Hospital.

Chair Fletcher also provided an update on the Behavioral Health workforce initiative and roadmap, noting there are 92 recommendations on how to make impactful changes. Additionally, he gave a brief update on the Behavioral Health Impact Fund 2.0. A Q&A session and discussion followed with BHAB members.

VI. BHAB OLD BUSINESS

Robin Sales requested that Mobile Crisis Response Teams (MCRT) data become part of the regular BHAB packet.

John Sturm requested that, if possible, when there is a draft Board Letter that goes to BHAB and continues to be edited to please highlight/bold the changes that were made in updated drafts to make it easier for BHAB members to track what the changes were made.

VII. PUBLIC HEARING: MENTAL HEALTH SERVICES ACT (MHSA) ANNUAL UPDATE

Jerry Hall requested that information be released to the public earlier so that they can provide their input. He shared that BHAB should assert their authority to have more input/influence as it is stated in the bylaws. Hall commented that there needs to be citizen and professional involvement in each step of the planning process, the money being spent isn't going through proper authorities, and that there are buckets of money that aren't being used.

Yusef Miller commented on how critical community engagement is and that there needs to be more involvement from community and family members in the planning processes.

Carol Clemens provided comment that she reached out to Telecare for help and was told that they would get back to her in 4-8 weeks. She relates to the families that have to live with knowing that funds that could be used to help are just sitting there and not being spent.

An additional 16 comments were provided via the MHSA public comment line, e-mail address, and online form. They will be included in the appendix along with the comments from today in the MHSA Fiscal Year (FY) 2022-2023 MHSA Update.

VIII. PRESENTATION & ACTION ITEM: MHSA ANNUAL UPDATE

Nadia Privara Brahms and Erendy Fong provided a presentation on MHSA FY 2022-23 Annual Update. The presentation included the FY 2022-23 budget, ongoing planning for improved or new services to meet the needs of the community, a review of key investments and highlights, and future planning of programs and services.

ON MOTION of Joel San Juan, seconded by John Sturm, BHAB approved the MHSA Annual Update. AYES: 13 NAYS: 1 ABSTENTIONS: 1

IX. INFORMATIONAL ITEM: PRESENTING THE 2023 SLATE OF BHAB OFFICERS

Carol Clemens presented on the 2023 slate of officers and recommended that if anyone else is interested in adding their name for consideration to let Dania Barroso-Conde know. The nominating committee included Carol Clemens, Robin Sales, Judith Yates, Shannon Jaccard, and Joel San Juan.

Janice Luna Reynoso nominated John Sturm to be considered for Chair and Bill Stewart for Vice Chair. Bill declined the Vice Chair position and John Sturm said he will loop back with Dania regarding accepting/declining the nomination.

X. SUBCOMMITTEE UPDATES

Rick McGaffigan provided updates for the Criminal Justice (CJ) Subcommittee. He shared that he spoke to a dispatcher at MCRT and was inquiring to learn more about what services are being provided, including what are the waiting times for those who call. A discussion was followed about why there are longer wait times, and it likely being a workforce issue versus a funding issue. Mr. Rick requested monthly updates on MCRT. Robin Sales provided an update on the Saving Lives in Custody Act.

Phil Deming provided an update for the Alcohol and Other Drug (AOD) Prevention Subcommittee. He provided updates on the AOD Subcommittee goal being responsive to the declaration by the Board of Supervisors that fentanyl is a public health crisis. The subcommittee is continuing to compile information about the topic for the end of year report and recommendations. Both co-chairs, Phil Deming and Serita Polinaire, highlighted the valuable input they have been receiving from the members and invitees of the AOD Subcommittee.

XI. <u>DIRECTOR'S REPORT</u>

Aurora Kiviat Nudd presented on the Director's report in Dr. Luke Bergmann's absence. The two main informational items shared were the Third Ave./San Diego County Psychiatric Hospital (SDCPH) Board Letter and the Ordinance Amending Provisions Relating to the Public Conservator. Aurora also highlighted that it was Check Your Mood Day. A Q&A session and discussion followed with BHAB members.

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XII. CHAIR'S REPORT

Dania Barroso-Conde presented the BHAB Retreat 2022 Agenda and reviewed the schedule. Bill and Dania highlighted the importance of BHAB members providing in advance their input on what BHAB 2023 priorities should be.

XIII. <u>ANNOUNCEMENTS</u>

Shannon Jaccard shared that a peer advocate, Charles K. (Chuck) Sosebee passed away on July 29, 2022. Chuck was one of the early representatives of peer activism in the San Diego community and was instrumental in bringing peer programs to NAMI San Diego, the state, and to the national level. Chuck served on the San Diego County Mental Health Board until he resigned at the end of 1999 to become NAMI San Diego's first Consumer Programs Coordinator. In that position, he initiated the NAMI In Our Own Voices program in 2000 and the NAMI Peer-to-Peer program in 2002. Both were the first introduction into California and are now statewide in multiple languages. Both efforts won national awards.

XIV. MEETING ADJOURNMENT

ON MOTION of Phillip Deming, seconded by Joel San Juan the meeting was extended and adjourned at 5:05PM.

AYES: 15 NAYS: 0 ABSTENTIONS: 0