



Peer Support Core Values:

- + Peer support is voluntary/Support choice
- + Peer supporters are hopeful/Shares hope
- + Peer supports are open minded/Withholds judgment
- + Peer supporters are empathetic/Listens with emotional sensitivity
- + Peer supports are respectful/Curious and embrace diversity
- + Peers supporters facilitate change/Educates and advocates
- + Peer supporters are honest and direct/Address difficult issues with caring and compassion
- + Peer support is mutual and reciprocal/Encourages peers to give and receive
- + Peer support is equally shared power/Embody equality
- + Peer support is strengths-focused/Sees what's strong not what's wrong
- + Peer support is transparent/Sets clear expectations and use plain language
- + Peer support is person-driven/Focuses on the person, not the problem

www.inaops.org/values, 2019)

What is a Peer Supporter?

- + A peer supporter is someone who has experience the healing process of recovery from psychiatric, traumatic and/or substance use challenges and, as a result, can offer assistance and support to promote another peer's own personal recovery journey. The peer support volunteers to share portions of his/her recovery experience in an appropriate and effective manner.



Peer Employment Training

- ✚ To sign up for PET, an applicant will need to complete a Peer Employment Training application at the RI International Office. Once application is completed there will be a one on one interview with the Recovery Educator to identify the individuals plan for their personal wellness, review PET Program Completion Requirements, and address any questions or concerns. Applicant is then placed on the “Interest List” for the next available training.
- ✚ 2-3 weeks before the PET Orientation, we will be calling to confirm that you will be attending and reserve your spot in the upcoming class. You will be given information about orientation as well as
- ✚ Attend the PET Orientation. Within the week prior to the first day of class, there will be an orientation where you will learn what to expect, ask any questions you may have and complete some necessary paperwork. Completion of the orientation is required for everyone who will be participating in Peer Employment Training.
- ✚ You are ready for Peer Employment Training! Be prepared to come to class each day to listen and share; to learn and grow; and to develop the skills necessary to become a Peer Support Specialist.

Employment Services

- ✚ Collaborate with Peers on resume, cover letter creation, collaboration, and revisions.
- ✚ Conduct employment survey to identify desirable working conditions for graduates.
- ✚ Identify barriers to participant employment and develop strategies for overcoming barriers
- ✚ Assist participants in gaining insight, defining goals, and planning to achieve personal, social, educational, and vocational development and adjustment.
- ✚ Interface with employers in the community to develop consistent relationships to assist in referrals for employment.
- ✚ Interface with HR representatives to assist in identifying Program Supervisors to add to contact list.
- ✚ In person interfacing to add credibility to the Peer Workforce Development of graduates from the program.
- ✚ Email contacts to share information regarding activities, graduates, and program information to community partners.



Our primary audience is adults (18+) receiving County-funded behavioral health services in San Diego County.

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