



September 5, 2019  
Behavioral Health Advisory Board  
Meeting Minutes

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P.O. BOX 85524  
San Diego, CA 92186-5524  
(619) 563-2700 • FAX (619) 563-2775/2705

**MEMBERS PRESENT**

Joel San Juan – District 1  
Bill Stewart 1<sup>st</sup> Vice Chair – District 1  
Rebecca Hernandez – District 2  
Michael Matthews Member-at-Large (MH) – District 2  
Deanne George – District 3  
Shannon Jaccard – District 3  
Mike Grattan – District 3  
Jerry Hall – District 4  
John Sturm, Member-at-Large (ADS) – District 4  
Judith Yates – District 4  
Richard McGaffigan, 2<sup>nd</sup> Vice Chair – District 5  
Phil Deming – District 5

**MEMBERS NOT PRESENT**

Che Hernandez – District 1  
Janice Luna-Reynoso – District 1  
Jenifer Mendel, Chairperson – District 2  
Bill Wells – District 2  
Ed Weiner – District 3  
Lynn Sharpe-Underwood – District 4  
K.C. Strang – District 5

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Dr. Luke Bergmann, Director, Behavioral Health  
Aurora Kiviat, Assistant Director and Chief Operations Officer, Behavioral Health Services  
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) was called to order by Bill Stewart, 1<sup>st</sup> Vice Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

**II. INTRODUCTION OF BOARD MEMBERS**

Members of BHAB introduced themselves.

**III. APPROVAL OF THE MINUTES – August 1st, 2019**

ON MOTION of Jerry Hall, seconded by Philip Deming, BHAB approved the minutes of August 1, 2019, as written.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

**IV. PUBLIC COMMENT**

Carol Higgins, a family member advocate, came before the board to talk about special cases within outpatient behavioral health programs and the need for an involuntary program to help stabilize resistant clients with a history of repeated incarcerations who need more support than what is currently available in the average outpatient program.

Anita Fisher, a family member advocate, came before the board to talk about mentally ill individuals who end up incarcerated due to lack of inpatient beds and longer crisis hospitalizations available.

Caroline Stewart, LCSW, from A New Path, came before the board to talk about the need for long term psychiatric holds and beds.

**V. PUBLIC HEARING: MHSA ANNUAL UPDATE**

No comments.

**VI. PRESENTATION AND ACTION ITEM: MHSA ANNUAL UPDATE BOARD LETTER**

**Nadia Privara, Program Coordinator, Behavioral Health Services**

Nadia Privara came before BHAB to present the Mental Health Services Act (MHSA) Annual Update Board Letter. The update reflected that over the last 5 fiscal years, the MHSA budget has grown, with the FY19-20 budget at \$214.5 million. The FY19-20 budget is comprised of prevention and early intervention (PEI), innovation (INN), workforce education and training, capital facilities and tech needs, and community supports and services (CSS). Enhanced areas of service include prevention, homeless and housing, children's services, crisis services, justice-involved, special populations and workforce.

**DISCUSSION:**

**Q:** Has the state lowered the prudent reserve, and why can't the County use the prudent reserve?

**A:** There was new legislation for FY 19-20 requiring Counties to maintain below 33% of the last 5-year average of CSS funds. The update reflects the money that will be moved from the prudent reserve to operational funds.

**Q:** In FY 18-19, there was a difference of \$26 million between the revenue and expenditure. Was the \$26 million taken from the prudent reserve to pay the expenditures?

**A:** Prudent reserve funds have not yet been used. The \$26 million was paid for by accumulated unspent funds from previous years.

**Q:** On page 5, how is the Community Supports and Services (CSS) money broken down?

**A:** Please refer to Appendix A (Budget) in the Annual Update for a program type breakdown of all expenses included in the CSS budget.

**Q:** Is there an explanation for the 12% (\$25 million) jump in expenditures for FY 19-20 from FY 18-19?

**A:** The County has been making strategic investments in different areas within the limits of the revenue source.

**Q:** When will the surplus money be used, if it's going to be used? What programs will it be used for? And what other revenues will the County be looking at?

**A:** The MHSA funding stream is very prescriptive in what it can be used for and requires transparency with the public on its utilization. The County will bring back a broader picture of how other funding streams contribute to the overall picture.

**Q:** Are prevention methods included in the Innovations category?

**A:** Yes, Innovations dollars are set aside from PEI and CSS to develop best practices ranging from capacity building to prevention. The County is currently looking at putting forth prevention proposals for Innovations for approval from the Oversight Committee.

**Q:** How is the County deciding what to spend down?

**A:** There is continual monitoring through councils and advisory boards, along with a very extensive community engagement and planning process every Fall to solicit input and ideas to direct funding.

**ACTION ITEM: MHSA ANNUAL UPDATE BOARD LETTER**

ON MOTION of Phil Deming, seconded by John Sturm, BHAB voted to support the MHSA Annual Update Board Letter.

AYES: 5 NAYS: 4 ABSTENTIONS: 1

**VII. ACTION ITEM: DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM ANNUAL BOARD LETTER**

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB voted to support the Drug Medi-Cal Organized Delivery System Annual Board Letter.

AYES: 10 NAYS: 0 ABSTENTIONS: 0

**VIII. ACTION ITEM: APPOINTMENT OF THE BHAB 2020 NOMINATING COMMITTEE**

ON MOTION OF Bill Stewart, seconded by John Sturm, BHAB voted to support the appointment of the BHAB 2020 Nominating Committee.

AYES: 10 NAYS: 0 ABSTENTIONS: 0

**IX. ACTION ITEM: STRENGTHENING PSYCHIATRIC EMERGENCY RESPONSE TEAM (PERT) SERVICES**

ON MOTION of Jon Sturm, seconded by Phil Deming, BHAB has voted to table this item.

AYES: 6 NAYS: 3 ABSTENTIONS: 1

**X. INFORMATIONAL ITEM: INVESTMENTS IN PSYCHIATRIC SERVICES BOARD LETTER**

**Aurora Kiviat, Assistant Director and Chief Operations Officer, Behavioral Health Services**

Aurora Kiviat discussed the Investments in Psychiatric Services Board Letter that will be coming before the Board of Supervisors on September 10<sup>th</sup>. As directed by the Board of Supervisors, the Board Letter outlined the efforts to address the immediate needs in North County through a collaboration with Tri-City Hospital District and any other interested hospital partners to partner in investments in inpatient psychiatric capacity. The Board Letter includes a draft Memorandum of Understanding to enter in negotiations and agreement with Tri-City Hospital District for a mutual investment of 16 beds of inpatient psychiatric capacity on their property.

**DISCUSSION:**

**Q:** Is Tri-City going to be operating the new facility, and will the County be paying them to operate the new facility?

**A:** In the draft Memorandum of Understanding, it is anticipated that Tri-City will be operating the new facility. They will be reimbursed from the County for their work with patients on Medi-Cal.

**Q:** Is this agreement to be renewed annually?

**A:** The terms are still in negotiation, but the intention is to have a true partnership, and to incentivize coordination of care.

**XI. DIRECTOR'S REPORT**

**Dr. Luke Bergmann, Director, Behavioral Health Services**

- Recovery Happens is scheduled for Saturday, September 14<sup>th</sup> at the Waterfront Park and is open to the public.
- The Suicide Prevention Council Strategy Planning Meeting is scheduled for September 30<sup>th</sup>.

**XII. CHAIRPERSON'S REPORT**

**Bill Stewart, 1<sup>st</sup> Vice Chair on behalf of Jenifer Mendel, Chairperson**

- Data Notebook: Send any feedback to Ben Parmentier by September 20h. This item will be up for a vote on as an Action Item at the October meeting.
- Executive Board: Interested board members who would like to be on the Executive Board, please contact Ben Parmentier by next week to be presented to the Nominating Committee.
- BHAB Priority Setting Worksheet: Please complete and send to Ben or bring to the October BHAB meeting. Responses will shape the discussion at the BHAB retreat for 2020 BHAB Priorities.

**XIII. REPORTS FROM BHAB WORKGROUPS AND LIAISONS**

- **Housing and Homelessness:** Joel San Juan attended the Homelessness Diversion and Prevention trainings conducted by the Regional Task Force for the Homeless on July 31<sup>st</sup> and August 1<sup>st</sup>. The program seeks to prevent homelessness for people seeking shelter by identifying immediate housing by connecting them to services and resources. The training provides micro and macro aspects of resolution and mediation. \$18 million in grants will be available this year for homelessness diversion and prevention training programs. The work group recommends the County should supplement regional task force funds to establish more diversion trainings in all communities, including school districts and colleges.
- **Continuum of Care:** Draft of recommendations to be discussed at the end of the month. The work group hopes to finalize the draft to present to the board in October.
- **Building a Better BHAB:** The workgroup identified 8 recommendations and will present to the larger group at the BHAB retreat for discussion.
- **Advocate reports:**
  - Deanne George: For the County's planning of annual community engagement forums, recommendation to involve NAMI, Recovery Innovations International, and Jewish Family Services who hold regular monthly meetings with their groups. This would increase participation and community engagement in the upcoming forums.
  - Rebecca Hernandez: On October 12<sup>th</sup>, there will be a suicide prevention symposium by the County Office of Education.

**XIV. MEETING ADJOURNMENT**

ON MOTION of Bill Stewart, seconded by Phil Deming, the meeting adjourned at 4:58pm.

AYES: 10 NAYS: 0 ABSTENTIONS: 0