

East Region Crisis Stabilization Unit and Recovery Bridge Center



Behavioral Health Advisory Board Meeting

September 7, 2023

[SANDIEGOCOUNTY.GOV/HHSA](https://sandiegocounty.gov/hhsa)

Advancing Behavioral Health



Regionally Distributed CSUs

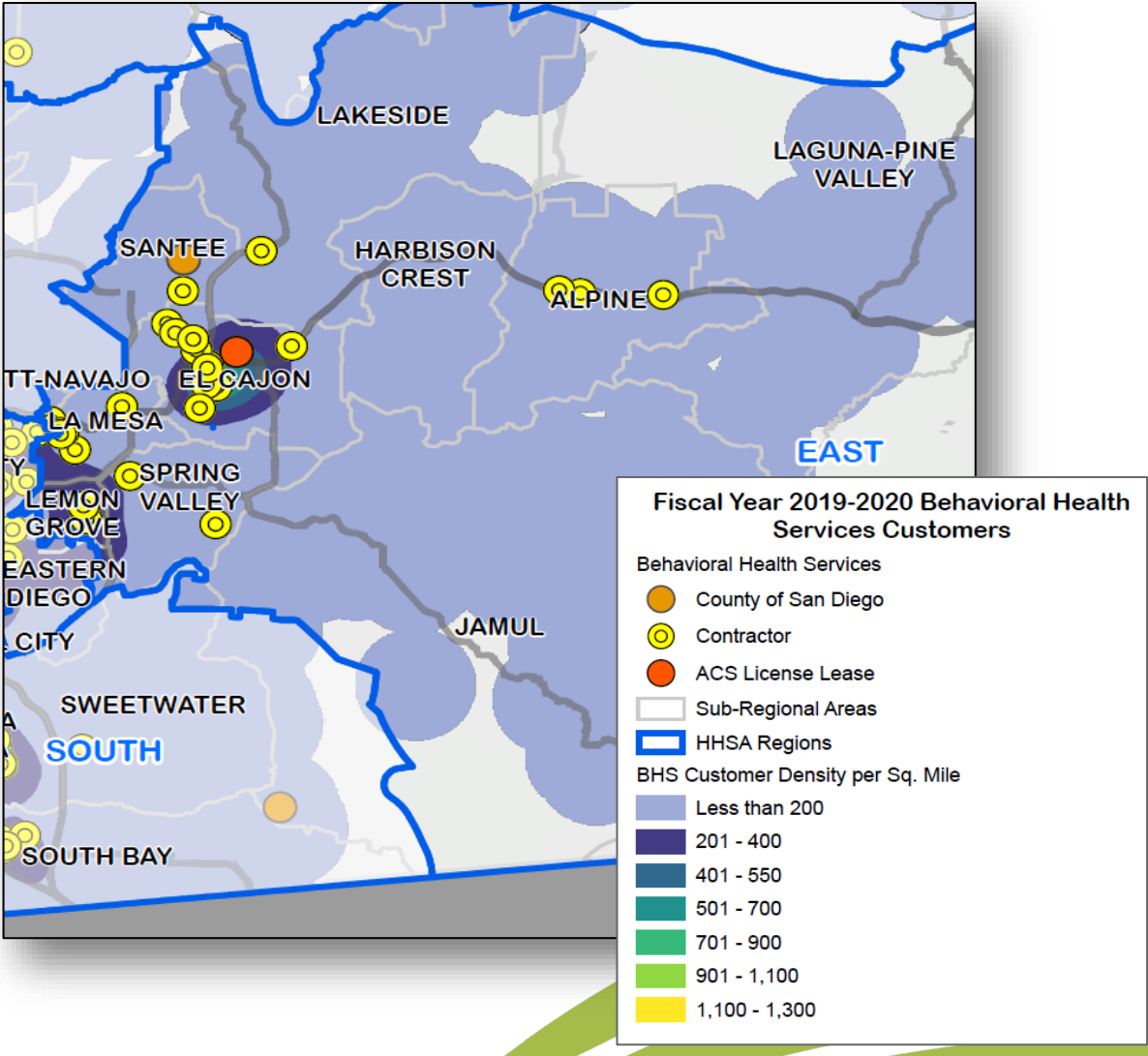
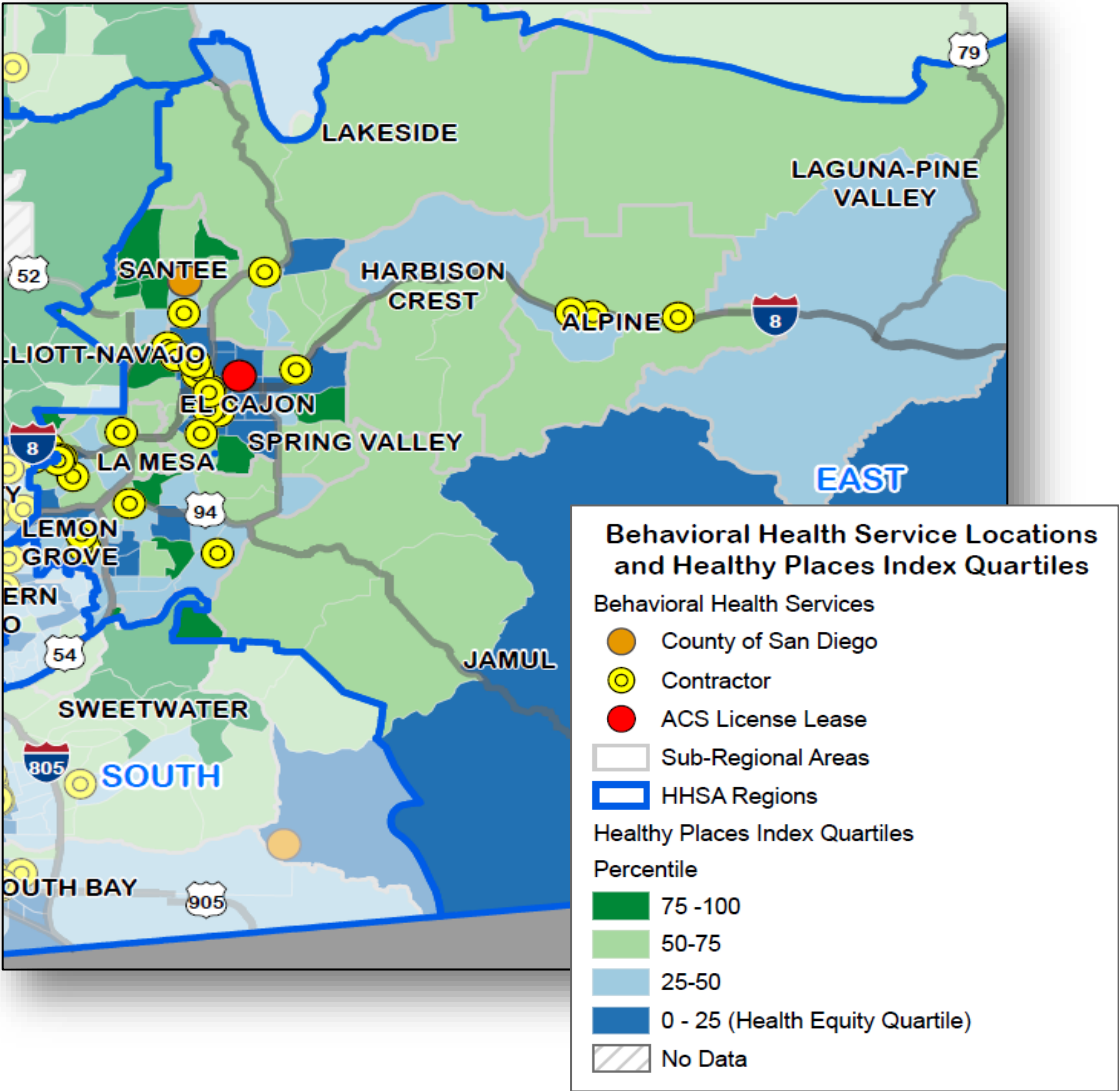


Updated 5/10/23

Map locations are approximate



East Region Heat Map



CSU Overview



PURPOSE

Provides immediate mental health support and treatment services in a calming setting to individuals with serious behavioral health needs.

OVERVIEW OF SERVICES

Services provided on a short-term basis (up to 24 hours):

- Crisis intervention
- Mental health assessment
- Medication assistance
- Therapy and peer support
- Resources and connections to ongoing behavioral health services



Oceanside CSU

ACCESSING SERVICES

- Drop-offs by health, safety, and law enforcement agencies
- Walk-ins to adults ages 18 and up

Recovery Bridge Center (RBC) Overview



PURPOSE

Provides a safe, supervised, non-medical environment to stabilize Individuals whose level of public intoxication puts themselves or others at risk. Outpatient substance use disorder services will also be available to ensure continuity of care.

OVERVIEW OF SERVICES

Services provided on a short-term basis:

- Screenings for substance use or mental health conditions
- Counseling services
- Outpatient substance use disorder services
- Resources and connections to ongoing behavioral health services



ACCESSING SERVICES

- Accepts drop-offs of adults ages 18 and up by health, safety, and law enforcement agencies
- Referrals from CSU or sobering service

Location



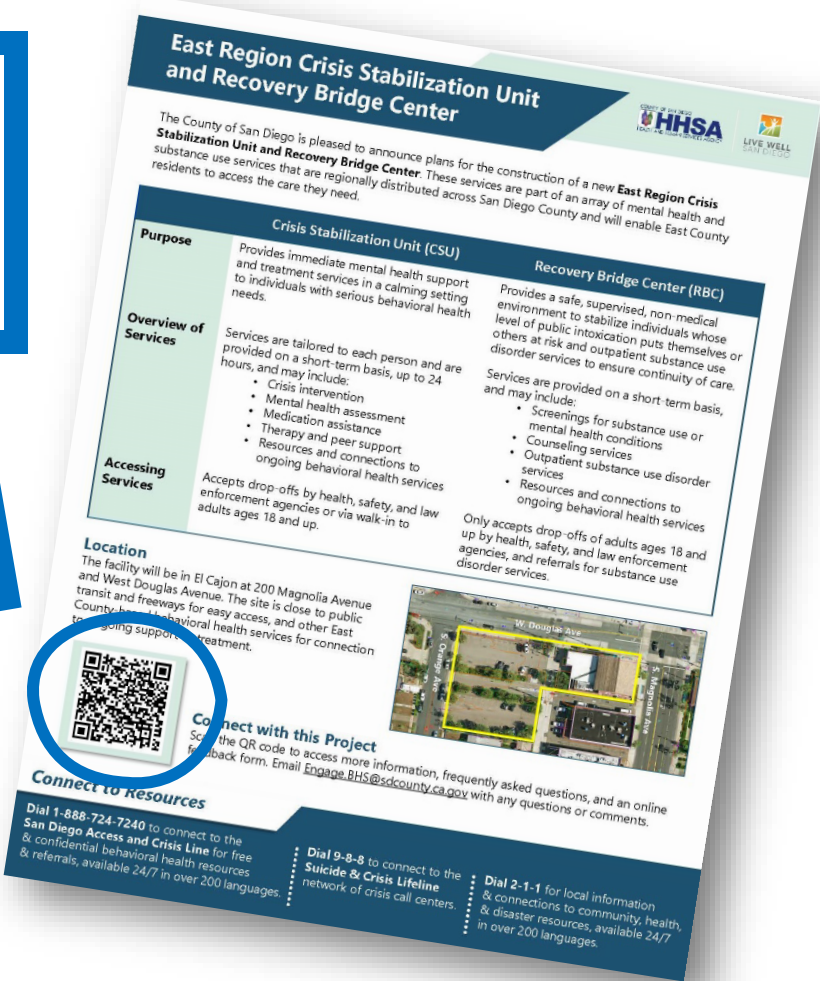
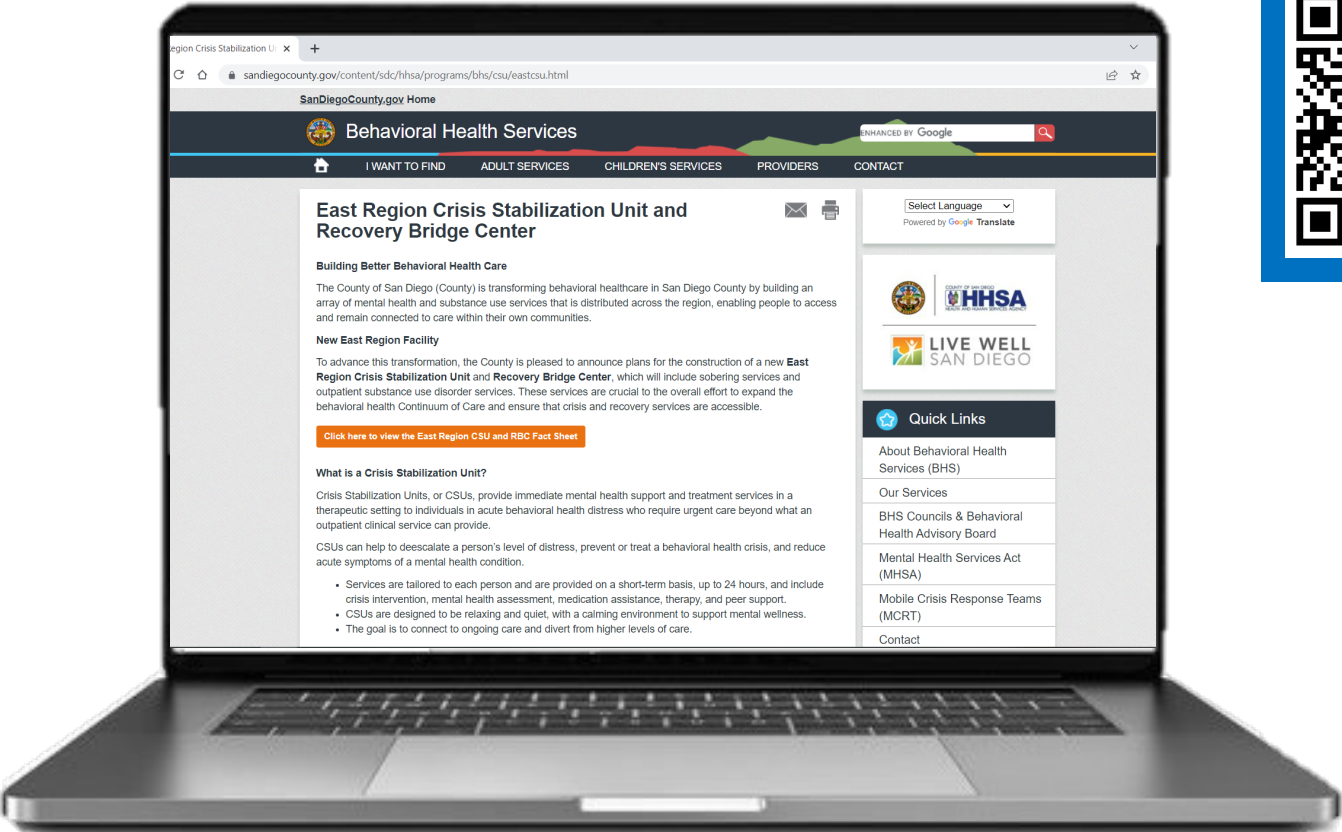
Located in El Cajon at 200 S Magnolia Avenue and West Douglas Avenue



Surrounding Services

- Close to public transportation and freeways
- Surrounding behavioral health services:
 - Mental Health Services
 - East County Mental Health Clinic (1.6 mi)
 - Heartland Wellness Recovery Center (.4 mi)
 - Substance Use Services
 - Acadia Opioid Treatment Program (.3 mi)
 - East County Regional Recovery Center (1.9 mi)
 - Edgemoor Distinct Part Skilled Nursing Facility (5 mi)
 - Hospitals
 - Sharp Grossmont Hospital (4 mi)
 - Alvarado Medical Center (7 mi)
 - El Cajon Police Department (.1 mi)

For More Information





Questions?



Contact Us

Engage.BHS@sdcounty.ca.gov



Visit the Website

