



LIVE WELL
SAN DIEGO

March 5, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

MEMBERS NOT PRESENT

Vanessa Mapula – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez – District 2
Michael Matthews – District 2
Jenifer Mendel – District 2
Supervisor Dave Roberts – BOS
Shannon Lerach, Ph.D. – District 3
Julie Martin – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm – District 4
Phil Deming – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5

Colin MacKinnon – District 3

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Local Behavioral Health Services Division Director

I. CALL TO ORDER/ROLL CALL

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Alfredo Aguirre, Director, Behavioral Health Services (BHS), at 4:00 PM at the County Administration Center, Room 302/303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTIONS

Members of the BHAB introduced themselves. Members who were not in attendance at last month's meeting told about their background, area of interest within behavioral health, appointment category and District, and any other boards they have served on. Also in attendance were Stephanie Gioia, Senior Policy Advisor, Supervisor Ron Roberts; Danny Melgoza, Deputy Chief of Staff, Supervisor Greg Cox; Christian Luna, Supervisor Dave Roberts.

III. PUBLIC COMMENTS

- Delores Alegria from Creative Opportunities read a message regarding the ADAB and MHAB boards uniting. She spoke about her experience navigating the behavioral health system and is proud of the work the County is going to do in this area.

- Harold Wachs spoke about his support of the concept of Laura's Law based on his personal experience. He thanked the BHAB and the Board of Supervisors, particularly Supervisor Dave Roberts, for his work in furthering this area of legislation.
- Glenda Devaney, former NAMI volunteer and family member of someone with schizophrenia was in attendance to voice her support of the planning and implementation of Laura's Law.

IV. ACTION ITEM

Velia explained the process and described the roles of the five (5) different positions. Nominations were taken from the floor, and elections were conducted by a show of hands.

- Election of Officers
 - Nominations
 - Chair: Tom Behr, Jenifer Mendel, Phillip Deming
 - 1st Vice Chair: Mike Matthews, Phillip Deming, Jenifer Mendel, John Sturm
 - 2nd Vice Chair: John Sturm, Shannon Lerach, Julie Martin, Jenifer Mendel, Rebecca Hernandez
 - Members-at-large
 - ADS: John Sturm, Rebecca Hernandez
 - MHS: John Sturm, Julie Martin, Mike Matthews
 - Election Results
 - Chair: Tom Behr
 - 1st Vice Chair: Phillip Deming
 - 2nd Vice Chair: Jenifer Mendel
 - Members-at-large:
 - ADS: Rebecca Hernandez
 - MHS: John Sturm

Alfredo welcomed the newly elected Chair, Tom Behr, and turned over the proceedings of the meeting going forward.

Because approval of the February minutes was not on the agenda, approval of February BHAB minutes will be deferred to the April meeting.

V. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- **Presentation**
 - Laura's Law/Assisted Outpatient Treatment (LL/AOT) 101 – Piedad Garcia, Ed.D., LCSW, Deputy Director of Adult/Older Adult System of Care, Behavioral Health Services and Michael Phillips, Esq., Patient Advocacy Program, Jewish Family Service

Copies of the PowerPoint presentation, "Laura's Law Overview" were distributed to all in attendance along with a copy of California Welfare and Institutions Code Sections 5345-5349.5 on LL/AOT. Mike Phillips presented first and gave the background on the 2001 incident that gave rise to the push for Laura's Law legislation. LL/AOT has actually been on the books since 2002, but it has to be implemented in each county by the respective Board of Supervisors. He walked through the PowerPoint as he explained what Laura's Law is, and what Laura's Law isn't, what is involved in requesting an AOT examination, ordering and petitioning of AO, court involvement and what an individual's rights are under LL/AOT.

Next Dr. Garcia, the lead for the LL/AOT program design for BHS, walked through how the process will look for San Diego County and the proposed AOT program design, components, evaluation and outcomes.

- **Informational Items and Updates**

- Drug Medi-Cal Update – At the end of March the Federal Government is expected to respond to the Waiver Request by the State of California for Drug Medi-Cal. The counties in the Bay Area will be the first to be given the opportunity to opt in between April 1st and July 1st. Between July 1st and October 1st Southern California counties, including San Diego County, will be given their opportunity to opt in. BHS will give another update in May to BHAB.
- BHS just released a Request for Information for Crisis Stabilization Beds in North County for the adult Medi-Cal population. BHS is working to secure funding for a crisis stabilization unit for children.
- MHSA Innovations Programs – Seven programs were approved by the Mental Health Oversight and Accountability Commission last week. Kudos goes to Dr. Danyte Mockus-Valenzuela and Adrienne Yancey. The list of BHS MHSA Innovation (INN) Cycle #3 programs was distributed to the BHAB.

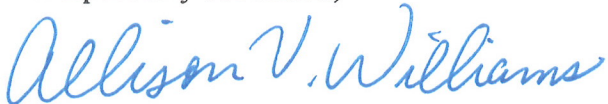
VI. ANNOUNCEMENTS

- John Sturm talked about his recent experience with wait times upon making an appointment for services as a consumer.
- Supervisor Dave Roberts requested Alfredo Aguirre to introduce the idea of forming a strategic leadership workgroup board on Suicide Prevention. This will be discussed at the next BHAB Executive Committee meeting.
- Jenifer Mendel mentioned the recent San Diego County Suicide Prevention Council meeting she attended. She will write up a summary of the meeting and send it to Velia Fematt for emailing to the BHAB.
- Rebecca Hernandez talked about the work Grossmont Union High School District is doing for youth and distributed the following documents: “2014 Suicide Prevention Council Report to the Community” and “Why Teens Are Impulsive, Addiction-Prone and Should Protect Their Brains.”
- The matrix was discussed and will be addressed at the Executive Committee meeting.

VII. MEETING ADJOURNMENT – M/S: Sturm/McGaffigan. Meeting adjourned at 6:02 PM.

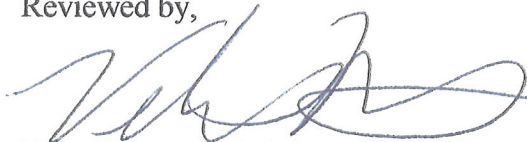
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Respectfully submitted,



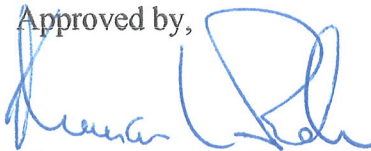
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Velia Fematt, Administrative Analyst
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>