



March 3, 2016
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Vanessa Mapula – Member-at-Large – District 1
Eyra Leeper – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 1st Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm, 2nd Vice Chair – District 4
Judith Yates – District 4
Phil Deming, Chair – District 5
Richard McGaffigan – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Julie Martin – District 3
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chairperson, at 3:32 pm at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

III. APPROVAL OF THE MINUTES – FEBRUARY 4, 2016

ON MOTION of Mike Matthews, seconded by John Sturm, the BHAB approved the minutes as written.
AYES: 15 NAYS: 0 ABSTENTIONS: 1

IV. PUBLIC COMMENT FOR ITEMS OTHER THAN ACTION ITEMS

LaTanya Runnells, Program Manager for Mental Health America's (MHA) Mental Health First Aid Training Program announced that MHA is offering free Mental Health First Aid trainings throughout San Diego County. Mental Health First Aid is an 8-hour certified public education program that introduces participants to risk factors, warning signs and symptoms of specific types of mental illnesses, builds understanding of their impact, and teaches a five-step action plan to support someone developing an

emotional crisis. Fliers describing the training and how individuals can register were made available for distribution at today's BHAB meeting.

V. MOMENT OF SILENCE – Remembering Mary Joyce (A. Aguirre)

Mary Joyce, Director of Provider Services and Quality Improvement at Optum Health, passed away unexpectedly on January 16. Mary was an important member of the Administrative Services Organization (ASO) leadership team at Optum Health and made a number of substantial contributions during her 15 year tenure. She was passionate about the County's mission and a strong advocate for both clients and providers. Mary worked diligently to manage a strong provider network and ensure clients received quality and appropriate services through the fee-for-service provider network. Mary will be greatly missed.

VI. PRESENTATION – Drug Medi-Cal Implementation Update (A. Aguirre)

Alfredo Aguirre, Director of Behavioral Health Services for the County of San Diego Health and Human Services Agency presented a PowerPoint on "Drug Medi-Cal Waiver."

Background: The Department of Health Care Services (DHCS) submitted an amendment to the Centers for Medicare & Medicaid Services (CMS) for the existing 1115 waiver for Drug Medi-Cal (DMC). Counties throughout the State have the option to opt in or opt out. On December 30, 2015, CMS approved California's 1115 Waiver Renewal, titled Medi-Cal 2020, to continue to pursue a positive transformation of the Medi-Cal system. The presentation covered the following areas:

- Organized Service Delivery Systems
- Requirements for Counties Opting In
- Services
- Required Processes
- Rates
- Implementation Plan
- Updates
- BHS DMC Planning Meetings
- Timeline

DISCUSSION

- Judith Yates commended the county for the progress made in this area, yet she feels a major piece missing is the rate setting. Alfredo explained that so far four implementation plans from Riverside, San Mateo, Santa Cruz and San Francisco counties have been posted. These counties are in the process of developing their fiscal plans, with some being further along than others in their negotiations with the State around their rate setting. Alfredo was able to speak with the Behavioral Health directors of these counties, and all are willing to share their fiscal plans with San Diego County when they are finalized. Alfredo will continue to follow up.
- John Sturm asked what the set criteria are for licensing and how long licensing of new DMC providers will take. Alfredo explained that the two departments handling licensing are the Department of Certification and Licensing, which covers basic licensing of providers, and the Provider Enrollment division, which handles DMC certifications. All drug and alcohol program providers have to be re-certified for DMC, but only when the County of San Diego reaches the point of opt-in will Behavioral Health Services (BHS) elaborate on its role in certification and providing consultation to the Department of Health Care Services around DMC certification. BHS already does mental health certification and therefore already has the structure in place.
- Mike Matthews asked what, if any, stressors would be put on the system from DMC implementation. Alfredo explained that since these services will be a Medi-Cal benefit, we will see a surge in clients being referred from the health care system. The concern is we won't have enough providers in place to meet demand, and while we want to ramp up the number of DMC providers, we also don't want to

lose any providers we have now. Another concern is that the 100% reimbursement of services from the feds takes a year, so the County has to front the money for services.

VII. ACTION ITEM – Establishing a Drug Medi-Cal Workgroup (P. Deming)

Background

On October 10, 2015, the Behavioral Health Advisory Board (BHAB) held a Fall Retreat where each BHAB Member was asked to state a priority issue for consideration in 2016. The Behavioral Health Services (BHS) Director, Alfredo Aguirre, also shared priority issues on the horizon for BHS in 2016. All responses were recorded and subsequent discussions were held by the BHAB Executive Committee at the November and December meetings. The finalized list of priorities was shared with the BHAB Members for follow up discussion at the January meeting.

On January 7, 2016, BHAB voted to formally establish priorities for the 2016 calendar year. Overarching categories included:

1. Drug Medi-Cal Implementation
2. Addressing the Homeless Crisis Countywide
3. Mental Health Services Act (MHSA) Spending Plan
4. Alcohol and Other Drug (AOD) Prevention Plan

On February 4, 2016, BHAB discussed next steps and agreed to vote on the formation of a Drug Medi-Cal Workgroup at the March meeting. Today's action seeks to formally establish this workgroup with next steps to include:

- o Identifying interested BHAB Members who would like to serve either as Chairperson or Member.
- o Reviewing possible areas of focus for the workgroup with the official purpose statement to be formalized at a future meeting.

ACTION ITEM: Vote to Establish a Behavioral Health Advisory Board Drug Medi-Cal Workgroup.

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

ON MOTION of John Sturm, seconded by Colin MacKinnon, the BHAB voted to establish a Drug-Medi-Cal Workgroup, with discussion.

AYES: All

DISCUSSION

- Alfredo Aguirre suggested the following areas of focus for the workgroup:
 - o Assess compliance of the draft San Diego County Implementation Plan with requested information and requirements as defined in DMC-ODS Waiver Special Terms and Conditions and submission templates.
 - o Serve in an advisory capacity to BHS during the initial stages of DMC implementation, including review of reports, data and implementation plan progress.
 - o The workgroup would be acting in an advisory capacity to report back to the BHAB with concerns for follow up and not tasked with developing a final report with a specific set of recommendations.
- John Sturm would like workgroup members to have the opportunity to attend BHS DMC Planning meetings.
- Colin MacKinnon suggested private treatment providers also be notified of the Drug Medi-Cal Implementation.
- Rick McGaffigan voiced the concern that in the absence of an implementation plan to review, the forming of the workgroup at this time may be premature since the group would be operating with no

real objectives and outcomes to frame discussions. Alfredo suggested that after the workgroup is formed, one of its first tasks should be to review the Terms and Conditions of the Implementation Plan.

- BHAB members will email their interest in joining the workgroup to Traci Finch.

VIII. PRESENTATION – Project In-Reach (Dr. Mona Minton, Neighborhood House Association)

Dr. Mona Minton presented a PowerPoint on Neighborhood House Association's (NHA) Project In-Reach. Funded by the County of San Diego, Behavioral Health Services Adult and Older Adult System of Care, the Project In-Reach program is designed to help incarcerated individuals in Las Colinas Detention Facility, George Bailey Detention Facility, and others as assigned, with substance abuse and/or mental health disorders as they prepare for re-entry into the community by becoming educated about addiction and learning new coping mechanisms. Project In-Reach can also assist in the successful linkage to community resources and services pre and post release, guiding in the transition process and assisting in a positive new beginning. The presentation covered the following areas:

- NHA Today
- HHSA Program
- San Diego County Sheriff's Program
- Eligibility Criteria
- Project In-Reach Process
- Goals
- Services
- Key Collaboration & Partnerships (over 80)
- Common Client Resources/Referrals (over 75)
- Cumulative Performance Data (July 2012-December 2015)
- Recidivism
- Best Practices
- Recommendations

BHAB members commended Neighborhood House Association for providing such stellar service to the community. Phil Deming requested a future presentation include a more thorough breakdown on recidivism per ethnicity and linkage category (i.e., mental health, substance abuse, co-occurring programs). More information about Project In-Reach can be found at:

<http://www.neighborhoodhouse.org/project-in-reach/#sthash.EWmfuwy9.dpuf>

IX. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Update on Telecare's Assisted Outpatient Treatment (AOT) Program (Mary Woods/Telecare)
 - Mary Woods gave an update on the Telecare AOT Assertive Community Treatment (ACT) Program. Hiring for a variety of positions has ramped up, and Telecare is ready to begin orientation on March 16. Twelve individuals have accepted offers and have gone through the background check process. A new Director of Services, Natalie Blair, is in place and will start March 14. A contract with a provider for psychiatric coverage is also in place. The program is in the final stages of securing a site at 1660 North Hotel Circle, which is the same building as their IHOT program. An application has been submitted with the County Quality Improvement Department for temporary Medi-Cal/Medicare certification, and policies and procedures as well as their communication plan have been written and are being finalized. AOT Staff, in collaboration with the IHOT teams, have been presenting at a variety of council and community meetings to let stakeholders know about the program as well as the differences between the IHOT and AOT programs and the referral process. Telecare's AOT ACT program is on track to accept its first client on March 28, which is prior to the deadline of April 1. Brochures have been printed and are being reviewed by the county prior to distribution.

- MHSa Annual Update Fiscal Year 2015-16 (Dr. Danyte Mockus-Valenzuela)
 - Dr. Mockus-Valenzuela, Prevention and Planning Manager for Behavioral Health Services, called attention to the document included in BHAB packets, "Behavioral Health Services Fall 2015 Community Engagement Forums Executive Summary: Analysis of Tier I and Tier 2 Data" and gave a brief update. Traci Finch will send to the BHAB electronically the summary of the final Tier I and Tier II analysis as presented by Dr. Mockus-Valenzuela. Next steps include the county hiring a consultant to facilitate planning of the next set of MHSa community engagement forums in an effort to reach more of the underserved community.
- Prescription Drug Abuse Task Force Update (Linda Bridgeman Smith)
 - Linda Bridgeman Smith, Alcohol and Drug Program Supervisor for Behavioral Health Services' Prevention and Planning Unit, gave a brief background on the Prescription Drug Abuse Task Force (PDATF). Sixty-two organizations were represented at the February 19 quarterly PDATF meeting. Attendees included Medi-Cal investigators from the Department of Health Care Services, medically assisted treatment providers, staff from Poison Control, the City of San Diego Medical Director, representatives from Kaiser Pharmacy, Congressman Scott Peters' field representative, and a representative from the CVS Pharmacy group.
 - March is Prescription Drug Abuse Awareness month, and there are a variety of activities taking place throughout the county in observance. Supervisor Dave Roberts will be presenting a proclamation to PDATF to highlight its great work at the March 15 Board of Supervisors meeting. KPBS will be airing an interview with PDATF members on March 7.
 - The next National Prescription Drug Take Back Day is scheduled for April 30, and there will be 40 collection sites including military bases and the Veterans Hospital.
 - The next PDATF quarterly meeting will be May 20, 9:00-11:00 a.m., at the County Operations Center on Overland Avenue.
- A Board Letter is coming out this month by the County of San Diego Land Use and Environment Group on Medical Marijuana and some potential changes in ordinances. The Board Letter will be sent to the BHAB once it is docketed on March 16.
- A new BHAB member, Joel San Juan, has been appointed from Supervisor Rob Roberts' office, District 1. Joel fills the Treatment and Recovery Specialist vacancy and will join us at our April meeting.

X. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Services Advisory Board Chair

- Adding workgroups
 - The list of BHAB workgroup suggestions by BHAB members was reviewed and discussed at today's BHAB Executive Committee meeting. The Executive Committee's decision is that, at this time, we will not be adding a second workgroup due to staff and time constraints.
- Social Services Advisory Board (2/11/16)
 - Phil Deming attended the meeting and presented on behalf of the BHAB the work done by the Suicide Prevention Workgroup. The Social Services Advisory Board is interested in crossing some of the silos that have separated the areas of interests of both boards; thus, one of their members will come to present to the BHAB at a future meeting on some of their areas of focus.
- Health Services Advisory Board (2/18/16)
 - Important information was shared on the county's flu epidemic.
- HHSA Advisory Board Chairperson's Meeting (2/18/16)
 - Phil Deming called attention to the "Budget Development Update" PowerPoint presented by Andy Peace, Executive Finance Director for the County of San Diego Health and Human Services Agency, which was included in BHAB packets under Informational Items. Phil also shared information on the County's "Connect Well" program which has the goal of crossing data platforms and making information more accessible where there had been barriers to that information being shared.
- Focus for April BHAB meeting
 - Cultural Competence Plan Review (Dr. Piedad Garcia and her staff)

- Patient Advocate Update (Mike Phillips, Jewish Family Service)
- Presentation on Children's Services, specifically provider treatment services

XI. ADVOCATE REPORTING

None

XII. BOARD MEMBER ANNOUNCEMENTS

- John Sturm mentioned that there is a new Traffic Ticket Amnesty Program. He will give more information about the program at the April BHAB meeting.

XIII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Jenifer Mendel, the meeting adjourned at 6:05 p.m.

AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Phillip R. Deming, Chairperson
Behavioral Health Advisory Board