



LIVE WELL  
SAN DIEGO

## Behavioral Health Advisory Board (BHAB) Executive Committee Meeting Minutes

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**Date:** November 3, 2016  
**Time:** 2:30 pm – 3:15 pm  
**Place:** 1600 Pacific Highway – Room 358  
San Diego, CA 92101

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### AGENDA ITEMS

#### I. Call to Order

Meeting called to order by Phil Deming at 2:30 pm. Those present were Executive Committee members, Phil Deming, Chair, Jenifer Mendel, 1<sup>st</sup> Vice Chair, John Sturm, 2<sup>nd</sup> Vice Chair, Rebecca Hernandez, Member-At-Large, and Judith Yates, Member-At-Large. Behavioral Health Services (BHS) staff present were Alfredo Aguirre, BHS Director, and Traci Finch, BHS Administrative Analyst III.

#### II. Approval of the Minutes from October 6, 2016

On motion of John Sturm, seconded by Jenifer Mendel, the Executive Committee approved the minutes of October 6<sup>th</sup> as written. All ayes.

#### III. Hearing from the Public (limited to 3 minutes per speaker)

No public comment.

#### IV. Fall Retreat Recap

Establishing Priorities Process

- "Draft" Priorities of the BHAB for the 2017 Calendar Year was distributed and the voting process for selecting the top priorities (3 specific / 2 alternates) was discussed.
  - Decision was made to distribute the list of priorities at today's BHAB meeting and have members review for any possible changes. If members approve the list "as is", each member will circle their top 3 priorities. Members not present at today's meeting will be sent an electronic copy of the list. Members will then submit their list to Traci Finch for tallying and compiling into the BHAB top priorities to be addressed in the 2017 calendar year.
- Email regarding BHAB priorities, submitted to Traci on October 13<sup>th</sup> by BHAB member Richard McGaffigan, was reviewed.
  - Suggestion: Align BHAB presentations with BHAB's priorities  
Discussion: It was agreed this is an ongoing goal of the BHAB
  - Suggestion: BHAB agenda should include 30 minutes for specific topic discussion whenever possible  
Discussion on ways to reduce presentation time:
    - Members review a hard copy of the Power Point or a written report from the presenter before the meeting and come prepared with the questions
    - Include presenters notes/talking points on the Power Point handout in order to cut down on the actual presentation time and allow more time for questions
    - Traci advised the executive board that she is preparing Power Point Guidelines to assist presenters in creating an informative and valuable presentation to the BHAB

**V. BHAB Presentations Calendar for 2017**

- January
  - Live Well Regional Overview (Danyte Mockus-Valenzuela)
- February
  - BHS Procurements Board Letter
  - Governor's Budget / State of BHS (Andy Pease)
- March
  - Integrating Mental Health Related Services into Licensed DUI Programs (Linda Bridgeman Smith)

**VI. Announcements**

Alfredo announced a "Stepping Up" Board Letter to be presented to the Board of Supervisors on Tuesday, 11/15. Supervisor Cox and Sheriff Gore are putting forth this action to affirm San Diego County's involvement in this national initiative supporting efforts to reduce the number of adults in jail who suffer from mental illness.

**VII. Adjournment**

Adjourned at 3:20 pm

Reviewed by,



Traci Finch, Administrative Analyst III  
Behavioral Health Advisory Board Support Staff

Approved by,



Phillip Deming, Chairperson  
Behavioral Health Advisory Board