



September 1, 2016
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
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MEMBERS PRESENT

Joel San Juan – District 1
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 1st Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr – District 4
John Sturm, 2nd Vice Chair – District 4
Judith Yates – District 4
Phil Deming, Chair – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Eyra Leeper – District 1
Jerry Hall – District 4
Richard McGaffigan – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Holly Salazar, Assistant Director, Departmental Operations, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chairperson, at 3:35 pm at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302/303.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

III. APPROVAL OF THE MINUTES – JULY 7, 2016

ON MOTION of John Sturm, seconded by Joel San Juan, the BHAB approved the minutes of July 7 as written.

AYES: 11 NAYS: 0 ABSTENTIONS: 1

IV. PUBLIC COMMENT

None

V. ACTION ITEM – *Behavioral Health Services – Investment in Mental Health Wellness Grant Board Letter (Dr. Danyte Mockus-Valenzuela)*

The County of San Diego Behavioral Health Services (BHS) Children Youth and Families (CYF) System of Care provides Crisis Stabilization Services for children and youth. These services allow for the holding of an acute client for up to 23 hours and 59 minutes, and are extremely important for avoiding hospitalization, maintaining clients in the least restrictive environment, and reducing pressure on

emergency rooms and law enforcement. Maintaining Crisis Stabilization Services is instrumental in diverting children and youth from being admitted to hospitals for inpatient psychiatric care. The County currently operates, under contract, four crisis stabilization beds.

Under the auspices of the Investment in Mental Health Wellness Act of 2013, the California Health Facilities Financing Authority (CHFFA) issued a notice on January 8, 2016, to all California counties of the availability of competitive grant funds specifically designed to increase capacity for client assistance and services in crisis intervention, crisis stabilization, crisis residential treatment, rehabilitative mental health services, and mobile crisis support teams. On March 7, 2016, County of San Diego BHS submitted an application for grant funds for the purpose of centrally relocating and expanding the Crisis Stabilization Services Unit from four beds to twelve, and was awarded grant funding. On May 26, 2016, CHFFA approved a final allocation to the County of San Diego for \$1,791,000 for the proposed project. In order to leverage this funding and maximize County revenues, authority is requested to deposit the funds in a new interest-bearing trust fund. The proposed project and location was approved by the Board of Supervisors on June 21, 2016 (14). Additionally, \$1,800,000 of Mental Health Services Act (MHSA) funding for this project was approved in the County of San Diego MHSA Fiscal Year 2016-17 Annual Update and Fiscal Year 2016-17 Operational Plan.

If approved, this item will: 1) Approve the acceptance of \$1,791,000 in funding and authorize the Clerk of the Board to execute CHFFA Grant Agreement Number SD-02 on behalf of the County of San Diego; 2) Adopt the resolution approving acceptance of the grant; 3) Direct the Auditor and Controller to establish the "Investment Mental Health Wellness Grant-Crisis Stabilization" trust fund to provide for HHSA's deposit of these monies where interest earned will be directly credited to this fund; and 4) Authorize the Director, Health and Human Services Agency or his designee, to act on the County's behalf to sign related documents, forms, reports, or to take other action required for administration and implementation for the grant.

Today's actions support the County's *Live Well San Diego* vision by providing enhanced access to crisis stabilization services to children and youth who are experiencing a psychiatric crisis.

It is, THEREFORE, staff's recommendation that your Board support the recommendations to approve the grant agreement, accept funding, execute the CHFFA Grant Agreement, adopt the resolution approving acceptance of the grant, establish a trust fund for deposit of funds, and authorize signing of future documents, forms and reports related to the item, and otherwise implement and administer the grant.

DISCUSSION

- Mike Matthews asked if there is any significant difference in how this program will be operated and the adult START programs the county currently has.
 - Yael Koenig, Deputy Director of the Children, Youth and Families System of Care for Behavioral Health Services explained that this program actually offers crisis stabilization services, so as youth in our community experience a psychiatric crisis, they will be able to come to this facility and be evaluated by a multidisciplinary team that will determine their risk and needs and will be able to provide them with services for a duration of just under 24 hours to help stabilize them. If the youth are stabilized they are then provided with services to be able to return home or to the group home or foster home that they were residing in. If they youth are not successfully stabilized, then the Emergency Screening Unit facilitates psychiatric hospitalization for them.

- Jenifer Mendel asked for clarification on whether this program would be instead of a 5150 hold.
 - Yael Koenig explained that when a child is assessed to be a danger to self or others or gravely disabled, law enforcement can place them on a 5150 to transport them to a safe place, and it is at the Emergency Screening Unit where a team of psychiatrists, psychologists, and licensed clinicians can further evaluate them. They can release the hold if it's no longer needed, or they will pursue hospitalization for the child.
- Supervisor Dave Roberts stated that while this program is certainly a step in the right direction given the need, but he wanted to know if the county will be looking for more decentralized services, e.g., North County, for children such as those that already exists in that region for adults. As the county continues to pursue grant funding, are we going to look for something up in the North County so that we can meet kids closer to their own neighborhoods?
 - Yael stated that her division is always looking at inpatient continuum and recognize that there is a lot of work that continues to need to occur. Recently, the County has re-procured a contract that is located in North County called the "Mobile Assessment Team." It is similar the Emergency Screening Unit with the exception that it doesn't have the capacity to work with kids up to the 24-hour limit. This team of professionals is able to go to schools, for instance, to help assess, stabilize, refer and connect kids as a psychiatric emergency occurs.
- John Sturm and Tom Behr asked for clarification on the regulation for the different types of holds. Crisis Stabilization (less than 24 hours) vs. 5150 holds where the child is transported by law enforcement and admitted to a facility.
 - Mike Phillips, Esq., from Jewish Family Service gave clarification on the types of LPS designated facilities and timelines of holds under 5150 and 5585 and those under crisis stabilization units.

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

ON MOTION of Jenifer Mendel, seconded by Colin MacKinnon, the BHAB voted to support the recommendations to approve the CHFFA Grant Agreement after discussion as noted above.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

VI. ACTION ITEM – *Memorandum of Understanding between the California Department of State Hospitals and the California Mental Health Services Authority and Participating Counties Board Letter (Dr. Piedad Garcia)*

On September 10, 2013 (05), the Board of Supervisors approved a Joint Exercise of Powers Agreement that broadened the role of California Mental Health Services Authority (CalMHSA) to perform additional services, including negotiating and managing state psychiatric beds on behalf of counties, and directed the Health and Human Services Agency Director to return to the Board for approval of future joint projects with other CalMHSA member counties that would benefit San Diego County.

Subsequently, the *Purchase of State Hospital Beds Memorandum of Understanding (MOU)* was created among California Department of State Hospitals, CalMHSA and participating counties. The MOU outlines requirements for Fiscal Years 2014-15 and 2015-16 that include: description of services, admission and discharge procedures, bed type transfers, prior authorization, coordination of treatment, bed usage availability, bed payment, utilization review, records, revenue, inspections and audits, notices and mutual indemnification. This MOU applies to involuntary patients on Lanterman-Petris-Short (LPS) Conservatorship and sets the rates at which counties reimburse the Department of State Hospitals for psychiatric beds which the *Welfare and Institutions Code* mandates.

Behavioral Health Services is seeking to ratify the *Purchase of State Hospital Beds Memorandum of Understanding (MOU)* that will result in reduced State Hospital bed costs and increased local control of treatment-related matters for those placed in State Hospital beds.

These actions support the *Live Well San Diego* vision, as well as the County of San Diego's 2016-2021 Strategic Plan by ensuring that quality specialized behavioral health care services are available through access to State Hospital beds for adults and older adults requiring this level of care.

It is, THEREFORE, staff's recommendation that the Board support ratification of prior, and execution of current and future MOUs to purchase State Hospital beds.

DISCUSSION

- Judith Yates wanted to know the wait time for patients waiting for beds and where patients reside when they are waiting to be admitted to state hospital bed.
 - Piedad explained that the wait time depends of the individual and the capacity of beds on any given day. In the interim, the County pays for admin days in the acute care hospitals that we are contracted with (10), and we also have the San Diego County Psychiatric Hospital.
- John Sturm asked for clarification on whether or not the original Joint Powers is the one that came about in 2013, which counties opted out, and the fiscal impact to the County.
 - Piedad stated that yes, this is the same Joint Powers from 2013 and some counties opted in while some counties opted out to do it on their own. The fiscal impact was more beneficial to the county because we had no power before the MOU and the Joint Powers Agreement to negotiate any rates. The department at the state hospital level would set those rates, and so now we negotiate, and what we have negotiated is a blended rate which is more cost effective than what the counties were anticipating.
- Mike Matthews wanted to know the timeline on future MOUs and whether they are in perpetuity?
 - Piedad believes the County negotiates terms every couple of years, but she will get back to him with the answer.
- Ed Weiner wanted to know closest state hospital the County of San Diego sends patients to.
 - Patton and Camarillo.

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

ON MOTION of Rebecca Hernandez, seconded by Mike Matthews, the BHAB voted to support the recommendations to approve the ratification of prior, and execution of current and future MOUs to purchase State Hospital beds, after discussion as noted above.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

VII. ACTION ITEM – *Behavioral Health Services Authorization for Competitive Solicitations, Extension of Contracts, and Single Source Procurements Board Letter (Holly Salazar)*

In a series of actions since 1999, the Board of Supervisors approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults and families. In pursuit of these initiatives, the Board of Supervisors approved the procurement of contracted services.

Today's recommended actions will authorize competitive solicitations for new behavioral health programs and services, Requests for Information for existing services, single source procurements, and extension of existing contracts to continue implementing and enhancing the delivery of behavioral health services in San Diego region.

This item is consistent with the Healthy Families and Safe Communities initiatives in the County of San Diego's 2016-2021 Strategic Plan and supports the County's *Live Well San Diego* vision of a region that is building better health, living safely, and thriving.

It is, THEREFORE, staff's recommendation that the Board support the recommendations to authorize competitive solicitations for new programs and services, Requests for Information for existing services, single source procurements and extension of existing contracts.

DISCUSSION

- Holly Salazar walked through each of the competitive solicitations, Requests for Information, and single source procurements.
- Ed Weiner asked whether the contracts listed in Recommendation #1a-o are being sold to private or public entities, for instance the food services listed under n and o.
 - Holly explained that the services are posted to bid by any entity.
- Judith Yates if any consideration is being given to enlarging the contract under 1f since there are only 11 beds, and this capacity for children and adolescents has never been increased. Would it make sense to have a contract that is larger?
 - Yael explained that the County will be holding an Industry Day to gather community input where that issue, among others, will be looked at and discussed. Two challengers are funding and the fact that some facilities are able to house more beds but are not able to staff them.
- Phil Deming asked for a breakout of the contract dollar amount for the programs listed in 1a-o.
 - Holly explained that because we haven't yet gone through our operational planning process, some of the items for FY17-18 would be difficult to put a cost on. The authority is to secure the programs, and we will be looking at dollar amount at a later date. However, a projection of contract cost will be provided to the board.
- Deanne George asked for the total number of Long-Term Care beds.
 - Piedad will get to her total number of beds both in-County and out-of-County.

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

ON MOTION of Mike Matthews, seconded by John Sturm, the BHAB voted to support the recommendations to authorize competitive solicitations for new programs and services, Requests for Information for existing services, single source procurements and extension of existing contracts, after discussion as noted above.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

VIII. PRESENTATION – Updates from Sheriff's Department (Dr. Alfred Joshua/Barbara Lee)

Dr. Alfredo Joshua, Chief Medical Officer, and Barbara Lee from the San Diego County Sheriff's Department gave a progress report on all of the strategies they have implemented and those that are currently planned for the coming year and 2017 to address jail mental health issues since their last visit to the Behavioral Health Advisory Board. A handout was distributed, "Ongoing and Forthcoming Strategies to Address Jail Mental Health Issues," that outlined the following strategies:

- Communication
 - April 1, 2016 – pilot with San Diego Sheriff's Department Law Enforcement
 - July 11, 2016 – Expansion of pilot to include other law enforcement agencies (excludes SDPD)
- Inmate Safety Program
 - Dedicated Housing
 - Safety Cell

- Administrative Segregation
 - Safety Garments
- Psychiatric Step Down Units
 - San Diego Central Jail (inmates)
 - Las Colinas Detention Reentry Facility (females)
- Supervising Psychiatric Recruitment/Licensed Mental Health Clinician Staffing
- Mental Health Training
 - Nursing Staff
 - Sworn Staff
 - PERT Collaboration
- Multidisciplinary Groups
- Suicide Risk Assessment (Mental Health Intake Redesign)
 - Columbia Suicide Severity Rating Scale
 - Signage
- Restoration of Competency
 - Jail Based Competency Treatment – San Bernardino County West Valley Detention Center
 - Jail Based Competency Treatment – San Diego
- Therapeutic Programs
 - Love on a Leash – San Diego Central Jail
- Discharge Planning Through Reentry Services Division
 - Expansion of Project In-Reach
 - County Innovation Grant – faith-based
- Electronic Medical Record
 - San Diego Health Connect
 - Connect Well San Diego

Supervisor Dave Roberts commended the visit by the Sheriff's Department staff. He recalled a physician who is also a Three-Star Navy Admiral, and who specializes in alternative treatment for mental health. Supervisor Roberts suggested that Alfredo, Holly and Dr. Joshua might consider reaching out to this physician and will follow up with more information.

Rebecca Hernandez recommended that the Sheriff Department give a presentation before the Board of Supervisors or consider putting out a publication so that more of the public can hear about the great work being done.

IX. ACTION ITEM – Appointment of the Nominating Committee (Phillip Deming)

The Behavioral Health Advisory Board Bylaws provide for establishing a Nominating Committee in September of each year. The task of the Nominating Committee is to select a recommended slate of 2017 Executive Committee Officers to present to the entire Behavioral Health Advisory Board in October 2016, for an election in November 2016. The Bylaws call for a minimum of three Nominating Committee members to be appointed by the Chairperson followed by confirmation of the entire Behavioral Health Advisory Board.

Eyra Leeper, Colin MacKinnon and K.C. Strang have stated their willingness to participate on the Nominating Committee.

IT IS, THEREFORE, staff's recommendation that the Board support the Appointment of a Nominating Committee and accept the Nominating Committee Members as stated above.

DISCUSSION

None

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

ON MOTION of John Sturm, seconded by Joel San Juan, the BHAB voted to support the Appointment of a Nominating Committee and accept the Nominating Committee Members as stated above.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

X. DIRECTOR'S REPORT – Holly Salazar, Behavioral Health Services Assistant Director of Departmental Operations

- Community Engagement Forums
 - Began Monday, August 29, and are being held in each of our 6 regions. 12 total, morning session and evening session. A flyer listing locations and times was distributed.
 - Rebecca Hernandez and KC Strang attended the first forum and voiced their concern that alcohol and drug discussion was not emphasized. Both praised forum staff for making the change in the next/subsequent forum.
 - A series of focus groups are also being planned in certain specialty groups; i.e., jails, children's mental health, refugee and other special population groups.
- Recovery Happens: Celebration in the Park at Liberty Station
 - Saturday, September 1, Liberty Station, 10:00 am-1:00 pm.
 - This event marks the start of Suicide Prevention Month. BHS staff will send more information to the BHAB regarding upcoming community events.
- Drug Medi-Cal Update
 - The BHAB Drug Medi-Cal Committee, chaired by Judith Yates, is currently reviewing the draft version of the Drug Medi-Cal Organized Delivery System (DMC-ODS) Implementation Plan and Appendices. The draft will be sent to BHAB members soon, and a complete presentation will be held next BHAB meeting.
- Both of the County's Crisis Stabilization Units in North County are now open: Palomar and TriCity.

XI. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Services Advisory Board Chair

- Final Fall Retreat Agenda
 - Will be held Saturday, October 8, and all BHAB members are encouraged to attend. It is also a public meeting.
- Any current BHAB member interested in being an officer next year to please contact Traci Finch by Friday, September 9, and their names will be passed on to the Nominating Committee.

XII. ADVOCATE REPORTING

Rebecca Hernandez will be sending out to the BHAB the Children's Mental Health Back to School Toolkit from Mental Health America. The toolkit was designed for parents and educators and those in the mental health profession working with kids.

XIII. BOARD MEMBER ANNOUNCEMENTS

- Phil Deming announced that Julie Martin has resigned from the BHAB. The Board will miss her dedication and passion.

XIV. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Tom Behr, the meeting adjourned at 5:28 p.m.

AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

[Signatures to be inserted here]

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