



County of San Diego

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May 24, 2017

TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
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BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – JUNE 2017

1. ACTION ITEM(S):

1.1 BEHAVIORAL HEALTH SERVICES AUTHORIZATION FOR COMPETITIVE SOLICITATIONS, AMENDMENT OF CONTRACTS AND SINGLE SOURCE PROCUREMENTS; AUTHORIZATION FOR TERM EXTENSION OF THE CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MEMORANDUM OF UNDERSTANDING AND AUTHORIZATION OF ANNUAL PAYMENT

In a series of actions since 1999, the Board of Supervisors approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, transitional age youth, adults, older adults and families. In pursuit of these initiatives, the Board approved the procurement of contracted services.

Approval of today's recommended actions authorizes competitive solicitations for new behavioral health programs and services, a single source procurement for a new behavioral health program and amendments to existing contracts to continue implementing and enhancing the delivery of behavioral health services in the San Diego region. These actions for services are as follows:

Competitive Solicitations for:

- a. Behavioral Health Services Biopsychosocial Rehabilitation Outpatient Clinics
- b. Full Service Partnership/Assertive Community Treatment Services
- c. Strength-Based and Institutional Case Management for Older Adults
- d. Tenant Peer Support Services
- e. Emergency and Transitional Shelter Beds (Bridge Housing)
- f. Mental Health Clubhouse
- g. Breaking Cycles Graduated Sanctions

A Single Source Contract with:

Vista Woods Association LLC, for 24-hour residential mental health program for clients with serious mental illness.

Contract Amendments for:

- a. Serial Inebriate Program
- b. Central East Regional Recovery Center

In addition, on March 11, 2014 (11), the Board authorized the Director, Health and Human Services Agency (HHSA Director), to sign a Memorandum of Understanding (MOU) with the California Mental Health Services Authority (CalMHSA) on behalf of the County of San Diego, and also authorized annual payments to CalMHSA for operating costs for Fiscal Years 2013-14 through 2016-17. Approval of this item will authorize the HHSA Director to extend the MOU on behalf of the County of San Diego, and authorize annual payments to CalMHSA for Fiscal Years 2017-18 and 2018-19.

Today's actions support the countywide *Live Well San Diego* vision by enhancing access to services, promoting health and wellbeing for children, adults and families, and encouraging self-sufficiency, which promote a healthy, safe and thriving region.

It is, THEREFORE, staff's recommendation that your Board support the recommendations for procurement authorization for the listed services and extension of the CalMHSA MOU with the County and operating cost payments through Fiscal Year 2018-19.

1.2 COMPETITIVE PROCUREMENT OF CHILD AND FAMILY TEAM MEETING FACILITATORS FOR CHILD WELFARE SERVICES, BEHAVIORAL HEALTH SERVICES, AND PROBATION

On June 20, 2017, Child Welfare Services (CWS) is taking an item to the Board of Supervisors to request authorization to issue a competitive solicitation for Child and Family Team Meeting Facilitators to further implement the State of California's Continuum of Care Reform (CCR). Because Behavioral Health Services serves as a core partner in CCR, the item is coming to the Behavioral Health Advisory Board for their review and support.

Child Welfare Services, Behavioral Health Services, and Juvenile Probation have worked together to meet the mental health and well-being needs of all system-involved youth by screening youth for mental and behavioral health concerns at the time of entry into the child welfare system, providing assessments and mental health services as needed. Efforts bring together the agencies, the youth, the family, and important people in the youth's life – collectively known as the Child and Family Team (CFT) – to make informed decisions about how to help the youth and family meet their behavioral health and wellbeing goals.

CCR is a continuation of California's ongoing system efforts to improve outcomes for children in foster care. One of the CCR mandates includes the formation of Child and Family Teams to collaborate and make informed decisions at integral decision-making points in each case for all CWS and Probation youth who are removed from their homes.

Because of CCR mandates requiring CFT meetings for all out-of-home youth within specified timelines, the number of facilitated meetings is expected to increase by 800%. To accommodate this growth, CWS is requesting authorization to issue a competitive procurement for Child and Family Team Meeting Facilitators to integrate the efforts of CWS, BHS and Juvenile Probation.

This action supports the countywide *Live Well San Diego* vision by providing quality care and supportive services for at-risk children and youth in the dependency and delinquency system, which promotes a healthy, safe and thriving region.

It is, THEREFORE, staff's recommendation that the Board support the Child Welfare Services request for authorization to issue a competitive solicitation for Child and Family Team Meeting Facilitators for Child Welfare Services, Behavioral Health Services, and Probation.

1.3 COMMUNITY HOUSING DEVELOPMENT ORGANIZATION, CARLSBAD, APPROVAL OF \$326,000 LOAN TO WAKELAND HOUSING TO REHABILITATE AFFORDABLE HOUSING; A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO AUTHORIZING APPLICATION FOR, AND RECEIPT OF, NO PLACE LIKE HOME PROGRAM TECHNICAL ASSISTANCE GRANT FUNDS

On June 20, 2017, HHSA's Housing and Community Development Services (HCDS) is taking an item to the Board of Supervisors to request authorization to allocate rehabilitation funds to a North County housing project and to adopt a resolution authorizing application for and receipt of No Place Like Home (NPLH) funding from the State. Because of BHS's integral role in housing for persons with disabilities, the item is coming to the Behavioral Health Advisory Board for their review and support.

The Health and Human Services Agency's HCDS administers a variety of housing programs to provide the community with affordable housing options. HCDS utilizes a Notice of Funding Availability (NOFA) process to identify viable developments to fund that will increase, improve or preserve the community's supply of affordable housing resources.

HCDS recently released a NOFA and received one eligible response. This item requests allocation of up to \$326,000 in U.S. Department of Housing and Urban Development (HUD) HOME funding administered by HCDS for rehabilitation of an existing affordable housing development, Vista Las Flores Apartments, in the city of Carlsbad. The funding would preserve the affordable housing resource and extend the affordability period.

Additionally, this item requests that the Board adopt a resolution authorizing the County to apply for and receive up to \$150,000 in No Place Like Home (NPLH) technical assistance grant funds from the State of California Housing and Community Development (State HUD).

The recently established NPLH seeks to provide local jurisdictions with funds to invest in the development of permanent supportive housing for persons who are in need of behavioral health services and are experiencing homelessness, chronic homelessness, or are at risk of chronic homelessness.

Today's actions support the countywide *Live Well San Diego* vision by ensuring low-income residents have access to suitable living environments, as well as enhancing the quality of life for residents by encouraging decent and affordable housing, which promotes a healthy, safe and thriving region.

It is, THEREFORE, staff's recommendation that the Board support the recommendations to: authorize allocation of HOME funds for the Vista Las Flores Apartments; adopt a resolution authorizing the County to apply for and

receive State HUD NPLH grant funding; and authorize necessary technical and legal processes related to utilizing housing funding, issuing future NOFA solicitations, and awarding and amending those resulting contracts.

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

2.1 Two Local NAMI Organizations Recognized

At the 16th annual NAMI Walk held on April 29, 2017, NAMI San Diego and NAMI North Coastal were jointly presented a proclamation celebrating May is Mental Health Month. On behalf of the Board of Supervisors, District 3 Supervisor Kristin Gaspar recognized the two organizations for their outstanding service, leadership and commitment to the well-being of county residents. In particular, Supervisor Gaspar noted the organizations' support, compassion and guidance provided to families and caregivers of those with serious and persistent mental illness.

2.2 Upcoming Events

- June 9th - Behavioral Health Recognition Dinner
Reserve your last-minute seat today for the 31st annual Behavioral Health Recognition Dinner (BHRD). The reservation deadline is May 31st, or when sold out. This annual event recognizes and celebrates the outstanding accomplishments of individuals and programs in the behavioral health field in San Diego County. The dinner takes place at the Marriott Mission Valley Hotel and serves as the unofficial wrap-up of May is Mental Health Month. Tickets can be purchased, based on availability, on the BHRD website, www.BHRDsandiego.net.
- July 30th - *Live Well San Diego* 5K and Discovery Expo
The County of San Diego and the San Diego Blood Bank are once again joining forces to host a fun-filled day that includes a 5K Walk/Run and a Discovery Expo. The event will again take place at the beautiful Waterfront Park adjacent to the County Administration Center, and the walk/run takes participants on a scenic course through downtown San Diego. The Expo will include free interactive activities, community services and information distribution designed to engage residents in the County's vision for a healthy, safe and thriving region.

3. UPDATE FROM THE CLINICAL DIRECTOR'S OFFICE (CDO)

3.1 Whole Person Wellness Pilot

In November 2016, the Department of Health Care Services awarded the County of San Diego \$44 Million to implement the Whole Person Care Pilot – known in San Diego as the Whole Person Wellness (WPW) Pilot. The overarching goal of the WPW Pilot is to provide patient-centered coordination of health, behavioral health, and social services to improve high-cost Medi-Cal beneficiaries' health and wellbeing through more efficient and effective use of resources. The funding cannot pay for Medi-Cal reimbursable services and will be dedicated to:

- 1) Contracts for System Integration Teams (SITs) to provide enhanced care coordination across health, housing, and social service systems; and
- 2) Data infrastructure to allow sharing of information about enrolled participants across systems.

In San Diego, the WPW Pilot is targeting approximately 1,000 high-cost system utilizers who are homeless or at-risk for homelessness, and have one or more of the following: Severe Mental Illness, Substance Use Disorder, and/or chronic medical conditions. High-cost system utilizers will be identified through cross referencing health plan data, the Homeless Management Information System and BHS data. While the WPW Pilot in San Diego is headed by HHSA's Integrated

Services Division, BHS, specifically the Clinical Director's Office, plays an integral role in the design, application, planning, partner engagement, and governance aspects of the project.

Michael Krelstein, MD, BHS Clinical Director, serves as the Co-Chair of the Whole Person Wellness Clinical Review Team. In this leadership role, Dr. Krelstein and Deborah Ratliff, MD, Medical Director of Care1st Health Plan, provide oversight and collaborative planning with key clinical directors and staff from the Medi-Cal managed care plans, Public Safety Group and BHS. The Clinical Review Team is guiding the identification and prioritization of potential participants, and offers ongoing case consultation as needed to address challenges or barriers to ensure optimal outcomes. The primary route for WPW participant recruitment will be outreach and engagement performed by the SITs to individuals identified by the Clinical Review Team. Since a majority of potential WPW participants have touch points in BHS, there will be a second opportunity to recruit participants through referrals from the San Diego County Psychiatric Hospital (SDCPH).

In preparation for the WPW Pilot, Dr. Krelstein has led a team over the past year at SDCPH to test the principles of whole person care. The team selected a small group of patients who met criteria and demonstrated willingness to engage in the rehabilitation process. Through this process, the team was able to identify viable WPW participants, build relationships with community partners and health plans to improve care coordination, and track participant outcomes to identify systemic barriers to maintaining Medi-Cal enrollment and accessing services. The WPW Pilot is an opportunity to build on this work and collectively impact the lives for some of San Diego's most vulnerable residents who enter SDCPH.

3.2 Long Term Care Expansion

Individuals with serious mental illness continue to be included in San Diego County's most vulnerable populations. As this population grows in number and in need, access to Long Term Care (LTC) placement is affected. LTC Expansion will ensure that specialized mental health services are available on an ongoing basis, and that appropriate level-of-care facilities are available to meet the service requirements and specialized residential needs of seriously mentally ill persons. This expansion is consistent with the Healthy Families and Safe Communities Initiatives in the County of San Diego's 2017-2022 Strategic Plan, and supports the County's *Live Well San Diego* vision of a region that is building better health, living safely and thriving.

Fiscal Year 2017-18 Expansion

Fiscal Year 2017-18 expansion actions include:

1. An expanded contract with Crestwood Behavioral Health, Inc., an Institute for Mental Disease/Mental Health Rehabilitation Center (IMD/MHRC) for **an additional 64 dedicated beds** to provide specialized mental health services utilizing their unique expertise, competencies, capabilities and resources for adults with serious and persistent mental illness at their San Diego facility.
2. An expanded contract with Changing Options, Inc.'s, Behavioral Health Residential Treatment Program for **an additional seven dedicated beds** to provide services to clients in a recovery-orientated open residential environment with onsite services.
3. A new contract to be awarded to provide transitional residential beds and biopsychosocial rehabilitative services to seriously mentally ill adults with co-occurring disorders through a competitive solicitation for a Transitional Residential Mental Health Treatment program within a 24-Hour Facility.

3.3 Medication-Assisted Treatment (MAT) for Substance Use Disorders

Adoption of Medication-Assisted Treatment (MAT) at residential programs has been identified as a systems challenge. BHS leadership is working in collaboration with HealthRIGHT 360 to successfully work through the logistic barriers of MAT integration at residential sites.

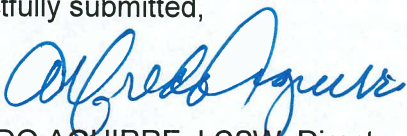
Los Angeles County was one of the first counties that opted-in to the Drug Medi-Cal Organized Delivery System (DMC-ODS) 1115 waiver. In May 2017, a team of leaders from BHS led by Dr. Michael Krelstein met with Los Angeles County Substance Use Disorders (SUD) leaders to discuss Los Angeles's implementation of DMC-ODS (including the integration of MAT across the continuum of care). The Los Angeles team openly shared their challenges with the process and their lessons learned. Their discussion included the impact of internal and external advocacy for advancing SUD treatment in Los Angeles County, mirroring managed care systems with centralized referrals and treatment-effectiveness outcome measures, and navigating the issues of culture change across the stakeholder community. In addition, they shared their ongoing challenges with access to inpatient and outpatient detoxification services. Los Angeles County also spoke about what has worked well, and recommended a "hub and spoke" model, a model used to connect primary care providers (spokes) to specialists (hubs), to improve MAT access across the spectrum.

At the local level, BHS is touring, networking and engaging with program leaders in the SUD community. Tours are planned at Federally Qualified Health Clinics, some of which have received the Health Resources and Services Administration Substance Use expansion grant. Additional tours will be scheduled with various residential programs across the county.

3.4 Community Psychiatry

The University of California, San Diego (UCSD) Community Psychiatry Program provides training and clinical supervision in community psychiatry for psychiatry residents/fellows and psychiatric nurse practitioner trainees. During the next fiscal year, UCSD will be transitioning their program from a community psychiatry fellowship model to a residency training track model with the goal of further enhancing interest in working within the public behavioral health system, a sector that has experienced a severe personnel shortage for a number of years.

Respectfully submitted,



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AA:mw

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