



December 7, 2017
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Joel San Juan – District 1
Michael Matthews – District 2
Jenifer Mendel, Member-at-Large (ADS) – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm, 1st Vice Chair – District 4
Judith Yates, Member-at-Large (MH) – District 4
Phil Deming, Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Eyra Leeper – District 1
Bill Stewart – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Dana Hamilton – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services
Phil Ainsworth, Administrative Analyst II, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chair, at 2:34 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves.

III. APPROVAL OF THE MINUTES –October 5, 2017

ON MOTION of John Sturm, seconded by Colin MacKinnon, the BHAB approved the minutes of October 5, 2017, as written.

AYES: 10 NAYS: 0 ABSTENTIONS: 1

APPROVAL OF THE MINUTES –November 2, 2017

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB approved the minutes of November 2, 2017, as written.

AYES: 10 NAYS: 0 ABSTENTIONS: 1

IV. PUBLIC COMMENT

None

V. PRESENTATION: EDGEMOOR SKILLED NURSING FACILITY

Walter Hekimian, Administrator and Rebecca Ferrini, Medical Director

Walter Hekimian came before the board to discuss the Edgemoor facility and their work that resulted in earning the American Health Care Association National Gold Quality Award. The award is given to facilities that meet rigorous criteria found in the Baldrige Award Framework. Including

DISCUSSION:

Q: In dealing with terminally-ill populations, do you turn people away? Do you need more beds?

A: We are limited by regulations that guide what services we are able to provide. We have 192 beds, and are always at capacity. Once Edgemoor commits to take a patient, we have to be able to properly care for them because discharge options are limited.

Q: Have other County departments reached out to learn from and duplicate what Edgemoor is doing?

A: We have made multiple presentations to other departments and when we receive requests to share information, what do so.

Q: What percentage of your patients will be transported to another facility?

A: Less than 5% will be transported.

Q: How do you handle grievances?

A: We have very few grievances from family members. We try to investigate quickly and resolve any as soon as possible.

VI. BHS BUDGET PRESENTATION:

Melinda Nickelberry, Deputy Director, Behavioral Health Services

A presentation was given to BHAB regarding the budget for Behavioral Health Services which covered the BHS 5-Year Plan. Some of the budget priorities are Continuum of Care Reform (CCR), Long Term Care, No Place like Home Services and San Diego County Psychiatric Hospital facility improvements.

DISCUSSION:

Q: Is part of the budget paying for Electronic Health Records?

A: Last year money was allocated for Connect Well San Diego, to leverage electronic health records, which will benefit BHS programs.

Q: Will there be improvements made to the San Diego County Psychiatric Hospital?

A: We have to make facility repairs and enhancements to pass regulatory inspections and ensure safety.

VII. PRESENTATION: Tools for Schools Toolkit

Dr. Laura Vleugels, Supervising Psychiatrist, Behavioral Health Services

The toolkit has two objectives: 1) highlight effective policies, programs and partnerships 2) advance policy and environmental changes for families and children to be healthy. This serves as roadmap for schools to take on childhood obesity and other health issues.

Q: Do you have involvement with free school breakfast/lunches?

A: BHS currently does not have involvement in the free/reduced lunch program.

Q: How are the tools for schools distributed? Are they given to administrators or targeted employees?

A: HHSA works to distribute toolkits to school districts but their processes beyond that vary.

VIII. DIRECTOR'S REPORT

Alfredo Aguirre, Director, Behavioral Health Services

- Current wildfire situation – fire burning is nearing Oceanside. Clinics that could possibly be affected have been alerted and patients/staff have been notified.
- San Diego County's Drug Medi-Cal plan is pending approval of final rates from the State Department of Health Care Services. A board letter is being developed to contract with the State and interim rates have been shared with providers. The target start date is still July 1, 2018.
- BHAB members are welcome to attend the Emergency Screening Unit (ESU) Ribbon Cutting on 12/12 and Open House for "Our Safe Place" for Transitional Age Youth (TAY) on 12/14
- Still looking for judges for Directing Change contest to review short videos submitted by students.
- BHS All Providers Luncheon will be held at the Anchor's Catering and Conference Center on 1/23/18.
- Whole Person Wellness Kick-off will be on January 5th from 1-4pm.

IX. CHAIRPERSON'S REPORT

Phil Deming, Chair

- For BHAB board members: ethics training may be due. Please contact Ben to complete.
- The California Association of Local Behavioral Health Advisory Boards and Commissions quarterly meeting and training will be held on Friday 1/19 and 1/20 at the Doubletree Hilton Hotel Circle South.

X. ADVOCATE REPORTING

None

XI. BOARD MEMBER ANNOUNCEMENTS

- Richard attended an opioid conference and shared a community opioid prevention model that breaks down the outcomes and objectives of treatment.
- Jerry attended a Fentanyl Conference and shared information regarding the drug's prevalence in San Diego.

XII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Colin MacKinnon, the meeting adjourned at 4:46 p.m.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

[Signatures to be inserted here]