



October 21, 2017  
Behavioral Health Advisory Board  
Fall Retreat Summary

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P.O. BOX 85524  
San Diego, CA 92186-5524  
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**MEMBERS PRESENT**

William E. Stewart – District 1  
Joel San Juan – District 1  
Michael Matthews – District 2  
Jenifer Mendel, Member-At-Large – District 2  
Rebecca Hernandez, 2<sup>nd</sup> Vice-Chair – District 2  
Deanne George – District 3  
Colin MacKinnon – District 3  
Edward Weiner – District 3  
John Sturm, 1<sup>st</sup> Vice Chair – District 4  
Jerry Hall – District 4  
Judith Yates – District 4  
Phil Deming, Chair – District 5

**MEMBERS NOT PRESENT**

Eyra Leeper – District 1  
Tom Behr – District 4  
Richard McGaffigan – District 5  
Dana Hamilton – District 5  
K.C. Strang – District 5

**STAFF OF BEHAVIORAL HEALTH SERVICES**

Alfredo Aguirre, Director, County Behavioral Health Services  
Ben Parmentier, Administrative Analyst III, County Behavioral Health Services  
Phil Ainsworth, Administrative Analyst II, County Behavioral Health Services  
Sarah “Dani” Alvarado, Administrative Secretary III, County Behavioral Health Services  
Holly Salazar, Assistant Director of Departmental Operations, County Behavioral Health Services

**I. INTRODUCTIONS AND MEETING OBJECTIVES – Phil Deming**

Phil Deming, Chairperson, called the Behavioral Health Advisory Board (BHAB) Fall Retreat to order at 9:07 a.m. at the County of San Diego, Health and Human Services Agency, Behavioral Health Services Administration, La Jolla Conference Room, 3255 Camino Del Rio South, San Diego, California 92108. New BHAB member, William “Bill” Stewart, was introduced. Members and support staff to the BHAB then introduced themselves and briefly shared information about themselves and what lead them to become an active participant in behavioral health services.

Phil Deming outlined the objectives of today’s retreat:

- Provide input on the Data Notebook and BHAB Bylaws
- Review the BHS Roadmap
- BHAB Annual Report Update
- Establish BHAB’s 2018 Priorities

**II. PUBLIC COMMENT**

None

**III. UPDATE ON 2017 DATA NOTEBOOK AND BHAB BYLAWS – Phil Deming**

- A letter was sent on behalf of BHAB to the California Mental Health Planning Council requesting an extension to the current due date of November 30, 2017, to be extended to January 31, 2018.

- The BHAB Bylaws Workgroup will meet with BHS staff and County Counsel on October 30th. A draft of the final recommended changes to the bylaws will be circulated to BHAB for discussion. Drafting of a Board Letter can then begin and should be expected in 2018.

**IV. BHS ROADMAP YEAR TWO DEEP DIVE – Alfredo Aguirre / Holly Salazar**

- Draft of the updated BHS Ten-Year Roadmap was distributed, reviewed and discussed.
  - Feedback from BHAB members was received by BHS staff.
- Questions and discussion
  - Discussion of the Roadmap was facilitated by Holly Salazar. Any further feedback should be submitted to Holly or Ben.
- Follow-up  
BHAB's feedback will be incorporated into the Roadmap draft in the following core strategies:
  - Clarification BHS is serving "all ages" in the Justice-Involved Population
  - Additional language to help clarify the Organized Delivery System for Substance Use Disorders strategy around sharing of vital health information
  - Adding that Unserved/Underserved Populations are "diverse"
  - Addition of Workforce strategy around supporting those with lived experience
  - Addition of the word "sheltered" in the Children and Youth Population vision statement (to be discussed by the CYF System of Care council)
  - Addition of "timeliness" in the Care Coordination vision statement

In November the Roadmap will be presented to various councils, stakeholder groups and community forums for additional feedback. Accomplishments from FY 15-16 will also be incorporated into the Roadmap. The final Roadmap will be released in early 2018.

**V. BHAB 2017 Annual Report Update – Alfredo Aguirre**

The HHSA Executive office recommended changes to the 2017 report:

- More photos and color graphics
- Arrange report by month instead of by topic
- More content from the board and less about BH staff and program information
- Highlight members of the board, and their thoughts about what BHAB means to them and how they bring a community voice to influence service delivery
- 2018 Annual Report will be drafted in January 2018

**VI. ESTABLISHING 2018 PRIORITIES – Phil Deming / All**

Ahead of the retreat, BHAB members each submitted three priority areas of focus for 2018 which resulted in a list of 29 potential priorities. At the retreat Members individually stated their top 3 priorities from the 29 potential priorities submitted.

The top 5 were:

1. *Address homelessness Countywide, with a focus on provisions for homeless Veterans*
2. *Advocate for expansion of Psychiatric Emergency Response Team (PERT) services*
3. *Involvement in strategic planning for a possible financial downturn*
4. *Monitor the regulation and effects of medical and recreational marijuana (post Prop 64), including the impacts of impaired driving*
5. *Support, facilitate and advocate for environmental Alcohol, Tobacco and Other Drugs (ATOD) prevention policies*

**ON MOTION** by Rebecca Hernandez, seconded by Jenifer Mendel, the BHAB priorities should be the top 5 chosen by members (shown above) with the addition of the following 4 priorities:

6. *Advocate for more collaboration with schools to provide mental health services to youth and teens*

7. *Continue the development of BHAB, its structure, and its processes*
8. *Perform continuum of care gap analysis*
9. *Strive for shorter wait times for screenings, assessments and treatment*

AYES: 11    NAYS: 0    ABSTENTIONS: 0

**ON MOTION** by John Sturm, seconded by Rebecca Hernandez, of the 9 priorities listed above, the focus should be on the top 3 priorities + the remaining 6 as alternatives (ranked in order of voting) with the possibility of combining some of the priorities into a single priority

AYES: 9    NAYS: 0    ABSTENTIONS: 2

Top 9 priorities ranked in voting order are:

- 1) *Monitor the regulation and effects of medical and recreational marijuana (post Prop 64), including the impacts of impaired driving*
- 2) *Strive for shorter wait times for screenings, assessment and treatment*
- 3) *Address homelessness Countywide, with a focus on the provision for homeless Veterans*
- 4) *Advocate for more collaboration with schools to provide mental health services to youths and teens*
- 5) *Involvement in strategic planning for a possible financial downturn*
- 6) *Support, facilitate and advocate for environmental Alcohol, Tobacco and Other Drugs (ATOD) prevention policies*
- 7) *Advocate for expansion of Psychiatric Emergency Response Team (PERT) services*
- 8) *Continue the development of BHAB, its structure, and its processes*
- 9) *Perform continuum of care gap analysis*

**ON MOTION** by Jerry Hall, seconded by John Sturm, priority #3 be amended to read: *Address homelessness Countywide, with a focus on provision of housing.*

AYES: 9    NAYS: 2    ABSTENTIONS: 0

**ON MOTION** by Rebecca Hernandez, seconded by Jenifer Mendel, priorities #2 and #5 be combined and amended to read: *Perform continuum of care gap analysis to include striving for shorter wait times for screenings, assessment and treatment.*

AYES: 11    NAYS: 0    ABSTENTIONS: 0

## **VII. BOARD MEMBER ANNOUNCEMENTS**

- Contact Ben Parmentier regarding:
  - Ethics training
  - Changes to the BHAB Membership Roster.

## **VIII. MEETING ADJOURNMENT**

The BHAB Fall Retreat adjourned at 1:58 p.m.