



June 7, 2018  
Behavioral Health Advisory Board  
Meeting Minutes

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P.O. BOX 85524  
San Diego, CA 92186-5524  
(619) 563-2700 • FAX (619) 563-2775/2705

**MEMBERS PRESENT**

Joel San Juan – District 1  
Bill Stewart – District 1  
Michael Matthews – District 2  
Jenifer Mendel, Chairperson – District 2  
Deanne George – District 3  
Ed Weiner – District 3  
Tom Behr – District 4  
Jerry Hall, Member-at-Large (ADS) – District 4  
Judith Yates – District 4  
John Sturm, 1<sup>st</sup> Vice Chair – District 4  
Phil Deming – District 5  
K.C. Strang – District 5

**MEMBERS NOT PRESENT**

Che Hernandez – District 1  
Rebecca Hernandez, 2<sup>nd</sup> Vice Chair – District 2  
Richard McGaffigan, Member-at-Large (MH) – District 5

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Alfredo Aguirre, Director, Behavioral Health Services (BHS)  
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

**II. INTRODUCTION OF BOARD MEMBERS**

Members of BHAB introduced themselves.

**III. APPROVAL OF THE MINUTES – May 3<sup>rd</sup>, 2018**

ON MOTION of John Sturm, seconded by Joel San Juan, BHAB approved the minutes of May 3, 2018, as written.

AYES: 10 NAYS: 0 ABSTENTIONS: 1

**IV. PUBLIC COMMENT**

Daphne Galang from RI International came before BHAB to share their Peers Linking Peers Newsletter. RI International will be holding a peer training on June 22<sup>nd</sup>, 2018.

Dolores Galvan Garcia came before BHAB to discuss the closing of Amigos Sobrios treatment facility and how it negatively impacts her family.

Francisco Galvan came before BHAB to discuss the closing of Amigos Sobrios treatment facility. He participated in the program and currently assists running the program. He described how the closing negatively impacts him and his peers.

Dianne Hernandez Carranza came before BHAB to discuss the closing of Amigos Sobrios treatment facility. She stated that the closing will negatively impact people within the community.

Daniel Torres came before BHAB to discuss the closing of Amigos Sobrios treatment facility. He stated the closing of this facility will negatively impact his family and the community.

**V. ACTION ITEM: BHS PROCUREMENTS, COMPETITIVE SOLICITATIONS AND AMENDMENT OF CONTRACTS BOARD LETTER**

**Alfredo Aguirre, Director, Behavioral Health Services**

Approval of these recommended actions by the Board authorizes competitive solicitations for behavioral health programs and services, and the amendment of existing contracts to continue implementing and enhancing the delivery of behavioral health services in the San Diego region.

Competitive Solicitations for:

- a. Augmented Services Programs
- b. Behavioral Health Outpatient Services for Homeless/Runaway Children and Youth
- c. Evidence-Based Parenting Training and Behavioral Therapy for Children and Families Involved with Child Welfare Services
- d. Intensive Case Management Wraparound Services for Youth and Families Involved with Child Welfare Services or San Diego County Probation

Contract Amendments for:

- a. INN-16 Urban Beats (552663 Pathways Community Services)
- b. INN-17 Cognitive Rehabilitation and Exposure/Sorting Therapy Mobile Hoarding Units (552936 University of California, San Diego)

ON MOTION of Phil Deming, seconded by John Strum, BHAB approved the BHS procurements, competitive solicitations and amendment of contracts board letter on June 7, 2018, as written.

AYES: 12   NAYS: 0   ABSTENTIONS: 0

**DISCUSSION:**

**Q:** Is the County anticipating adding additional money to fund these contracts in the future?

**A:** No. The range that is discussed is the general range that will cover the years specified.

**Q:** Does this funding coming from MHSA Innovation funds?

**A:** Yes, these funds come from the County's MHSA Innovation budget.

**VI. ACTION ITEM: ALLOCATION OF FUNDING FOR PERMANENT SUPPORTIVE HOUSING PROGRAM BOARD LETTER**

**Alfredo Aguirre, Director, Behavioral Health Services**

The Mental Health Services Act (MHSA), provides funding for counties to address a broad continuum of prevention, early intervention and service needs, and the necessary infrastructure, technology and training elements to effectively support the public mental health system. The funds are utilized for capital loans for the development, acquisition, construction and/or rehabilitation of permanent supportive housing. This recommended action requests the Board of Supervisors to approve the transfer of up to an additional \$10 million to California Housing Finance Agency (CalHFA) for the Special Needs Housing Program (SNHP) to develop new permanent supportive housing units.

ON MOTION of John Strum, seconded by Joel San Juan, BHAB approved the allocation of up to \$10 million to the SNHP board letter on June 7, 2018, as written.

AYES: 12    NAYS: 0    ABSTENTIONS: 0

**DISCUSSION:**

**Q:** Is this funding coming out of the MHSA budget?

**A:** This funding is coming from the unspent MHSA fund.

**Q:** Does the County of San Diego own any subsidized housing?

**A:** The County of San Diego does not directly own subsidized housing.

**VII. PRESENTATION: METHAMPHETAMINE IN SAN DIEGO COUNTY**

**Linda Bridgeman-Smith, Prevention Services Coordinator**

Linda Bridgeman-Smith came before BHAB to present on methamphetamine use in San Diego County. There has been a steady increase in methamphetamine related issues including deaths and misdemeanor or felony arrests for methamphetamine sales and possession. Currently, 55% of male arrestees and 58% of female arrestees test positive for methamphetamine. The County of San Diego continues to utilize law enforcement, substance use disorder treatment, and wrap around services for families to combat the issue.

**DISCUSSION:**

**Q:** What are the factors that keep methamphetamine a consistent problem within San Diego County?

**A:** Methamphetamine is easy to obtain. There are also cultural elements of methamphetamine use being accepted within certain parts of the community. Users are experimenting, having mental health issues, or might be going through a tough time and are using methamphetamine. When methamphetamine is readily available, people will use it.

**Q:** Based on the knowledge of methamphetamine, are there prevention efforts to reduce use?

**A:** San Diego County is a border region and methamphetamine comes across the border. San Diego utilizes law enforcement and border patrol to try and prevent methamphetamine from coming into the County. There also education, drug treatment systems for substance users, and wrap around services for families.

**Q:** Is the relative rate of methamphetamine used at a higher rate in San Diego County or nationally?

**A:** There is a growing concern of methamphetamine use nationally. However, San Diego County is the only region that tracks methamphetamine this closely for the longest period of time.

**Q:** Is liquid methamphetamine a problem?

**A:** Liquid methamphetamine continues to be a problem because it is easier to transport. Also, drug sniffing dogs don't alert to liquid methamphetamine as quickly. It is easier to bring across the border than traditional methamphetamine.

**VIII. DIRECTOR'S REPORT**

**Alfredo Aguirre, Director, Behavioral Health Services**

- At the Behavioral Health Recognition Dinner, it was announced the Mental Health Person of the year is Walter Phillips, Executive Director for San Diego Youth Services and the Program of the Year is North County Serenity House.
- McAlister Institute received *Live Well San Diego* Public Health Champion Award.
- Walter Hekimian from Edgemoor received a leadership award for overseeing the Edgemoor facility.

- July 29<sup>th</sup> 2018 is the Live Well 5k walk/run.
- A BHAB tour of Edgemoor is being scheduled for July 2018.
- Jenifer Mendel is retiring from Grossmont Union High School District with 30 years of service.
- PERT was recognized by the Grand Jury for exceptional services to San Diego.

**IX. CHAIRPERSON'S REPORT**

**Jenifer Mendel, Chair**

- Reminder: there is no BHAB meeting in July.
- BHAB Annual Report is pending final approvals and will be released soon.

**X. ADVOCATE REPORTING**

- Health Services Advisory Board (HSAB) meets on the first Tuesday of every month. They reported a drop in HIV/AIDS cases in San Diego County. The handwashing stations and restrooms that were implemented due to the Hepatitis A crisis have been removed.

**XI. BOARD MEMBER COLLABORATION:**

An issue was raised that the Annual Homelessness Point in Time Count was not correct because it did not count individuals in RV's or Cars.

The closure of 12 step programs was not an anticipated consequence of the implementation of DMC-ODS (Drug Medi-Cal Organized Delivery System). The closure is not required as there was no language that stated programs had to end 12 step programs. The providers have the ability to close their 12 step programs as business decisions. Providers also have the ability to not be DMC certified. If a provider has multiple locations, each location needs to be certified which could prompt them to move certain services to certain locations.

Annual QI Knowledge Forum is on July 25<sup>th</sup> at the Scottish Rite Center. The forum looks at the new regulations from the State that need to be implemented and what areas to focus on for the upcoming year.

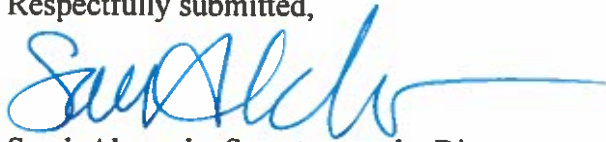
**XII. MEETING ADJOURNMENT**

ON MOTION of Phil Deming, seconded by K.C. Strang, the meeting adjourned at 4:34 p.m.

AYES: 11 NAYS: 0 ABSTENTIONS: 0

**Brown Act Procedure:** *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



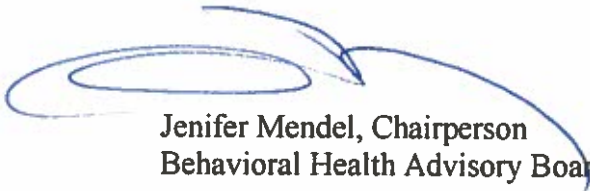
Sarah Alvarado, Secretary to the Director  
Behavioral Health Services

Reviewed by,



Benjamin Parmentier, Administrative Analyst III  
Behavioral Health Advisory Board Support Staff

Approved by,



Jenifer Mendel, Chairperson  
Behavioral Health Advisory Board

**For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:**  
**<http://sandiego.networkofcare.org/mh/content.aspx?id=257>**