



October 4, 2018
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Janice Luna-Reynoso – District 1
Joel San Juan – District 1
Bill Stewart – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Michael Matthews – District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Mike Grattan – District 3
Ed Weiner – District 3
Jerry Hall, Member-at-Large (ADS) – District 4
John Sturm, 1st Vice Chair – District 4
Judith Yates – District 4
Richard McGaffigan, Member-at-Large (MH) – District 5

MEMBERS NOT PRESENT

Tom Behr – District 4
Phil Deming – District 5
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Holly Salazar, Assistant Director Departmental Operations, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – September 6th, 2018

ON MOTION of Michael Matthews, seconded by John Sturm, BHAB approved the minutes of September 6th, 2018, as written.

AYES: 11 NAYS: 0 ABSTENTIONS: 1

IV. PUBLIC COMMENT

None

V. INFORMATIONAL ITEM: APPOINTMENT OF THE NOMINATING COMMITTEE

Che Hernandez, BHAB Nominating Committee Spokesperson

Che Hernandez announced the Nominating Committee's recommended slate of officers for election to the 2019 BHAB executive committee. The slate will stand for election in November unless nominations are offered on the floor at that time.

The slate presented:

Chair: Jenifer Mendel

Vice Chair: Bill Stewart

2nd Vice Chair: Richard McGaffigan

Member at Large (ADS): John Sturm

Member at Large (MH): Michael Matthews

VI. PRESENTATION: CONSERVATOR UPDATE AND LAURA'S LAW

Mark Sellers, Director, Public Administrator/Guardian/Conservator, County of San Diego

Beth Olin, Public Conservator Manager, County of San Diego

Charity White-Voth, Behavioral Health Program Manager, IHOT/AOT, BHS

Mark Sellers, Beth Olin, and Charity White-Voth came before BHAB to provide an overview of County services for individuals with mental illness including the In Home Outreach Team (IHOT), Assisted Outpatient Treatment (AOT), Laura's Law, and an update regarding services provided by the Public Administrator, Public Guardian, and Public Conservator.

DISCUSSION:

Q: Does the County provide any services to assist caregivers through the IHOT program?

A: Families make up the majority of referrals to the IHOT program. The County offers family coaches to assist the client and their family.

Q: When did AOT and IHOT programs begin?

A: The AOT program started in 2016 and IHOT program started in 2014.

Q: With the recent closure of Tri-City Medical Center's Behavioral Health services, how will IHOT be impacted?

A: There has been an increase of IHOT referrals in North Coastal and North Inland. However, it may not be directly related to the decision by Tri-City. The County's Psychiatric Emergency Response Teams (PERT) and law enforcement will also work together to meet client's needs.

Q: How does the County ensure that these services are available and the community is aware? Is this a County-wide program?

A: This program serves the entire County of San Diego. There are several ways that the IHOT and AOT program service information is shared, including the PERT roundtable meetings, outreach by the It's Up to Us campaign, and the IHOT visits to local hospitals, which provide information to hospital staff – among others.

Q: How long do clients typically participate in the IHOT program?

A: Typically a client will participate in the program for 6 months but can participate in the program for as long as the client wishes, if progress is occurring in their case. If they client is not progressing, they are moved to AOT. Clients can also be referred elsewhere as appropriate.

VII. DIRECTOR'S REPORT

Holly Salazar, Assistant Director of Departmental Operations, Behavioral Health Services

- There are multiple events in October including Check Your Mood day on October 11th, Community Alliance for Healthy Minds Forum on October 13th, Meeting of the Minds Conference on October 24th and the Prescription Drug Take Back Day on October 27th.
- Behavioral Health Services is hosting 6 regional Community Engagement forums in October and in early November. In addition to the 6 regional forums, there are 3 specialized forums to focus on specific input for certain issues. Surveys are also available online if interested participants cannot attend a forum in person.

- On October 30th, there will be a Board Conference focusing on inpatient psychiatric care in San Diego County. It will be held at the County Administration Center in the Board Chambers. Members of BHAB are encouraged to attend.

VIII. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- The BHAB Retreat is scheduled for October 6th and starts at 9am.

IX. ADVOCATE REPORTING

None

X. BOARD MEMBER COLLABORATION:

- If members desire more detailed information related to programs and services BHS provides, it is recommended that BHAB members attend issue-specific council meetings, taskforces or industry days to learn information and also bring back reports to the group.
- Ben will provide list of taskforces, stakeholder meetings and councils for members to attend.
- For requests to visit programs or facilities, BHAB members can send requests to Ben who will arrange tours.

XI. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Bill Stewart, the meeting adjourned at 5:00 p.m.

AYES: 11 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*