



IN HOME OUTREACH TEAMS (IHOT) AND ASSISTED OUTPATIENT TREATMENT (AOT)

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IN HOME OUTREACH TEAMS (IHOT)

UNDERSTANDING THE PROCESS OF INDIVIDUALS
IDENTIFIED AS LAURA'S LAW CANDIDATES



IHOT Teams:

- Two (2) contracted providers, Mental Health Systems and Telecare, serve all six (6) HHSA regions.
- Referrals are received from families, Homeless Outreach Teams (HOT), law enforcement, hospitals, PERT, jails, etc.
- Teams include a licensed Clinician, Case Manager, Family Support Specialist, and Peer Support Specialist.
- Outreach and engage individuals resistant to treatment.
- Determine if individual is a Potential Laura's Law candidate (appears to meet all nine (9) criteria for AOT).



IHOT OUTCOMES

7/1/17 - 6/30/18

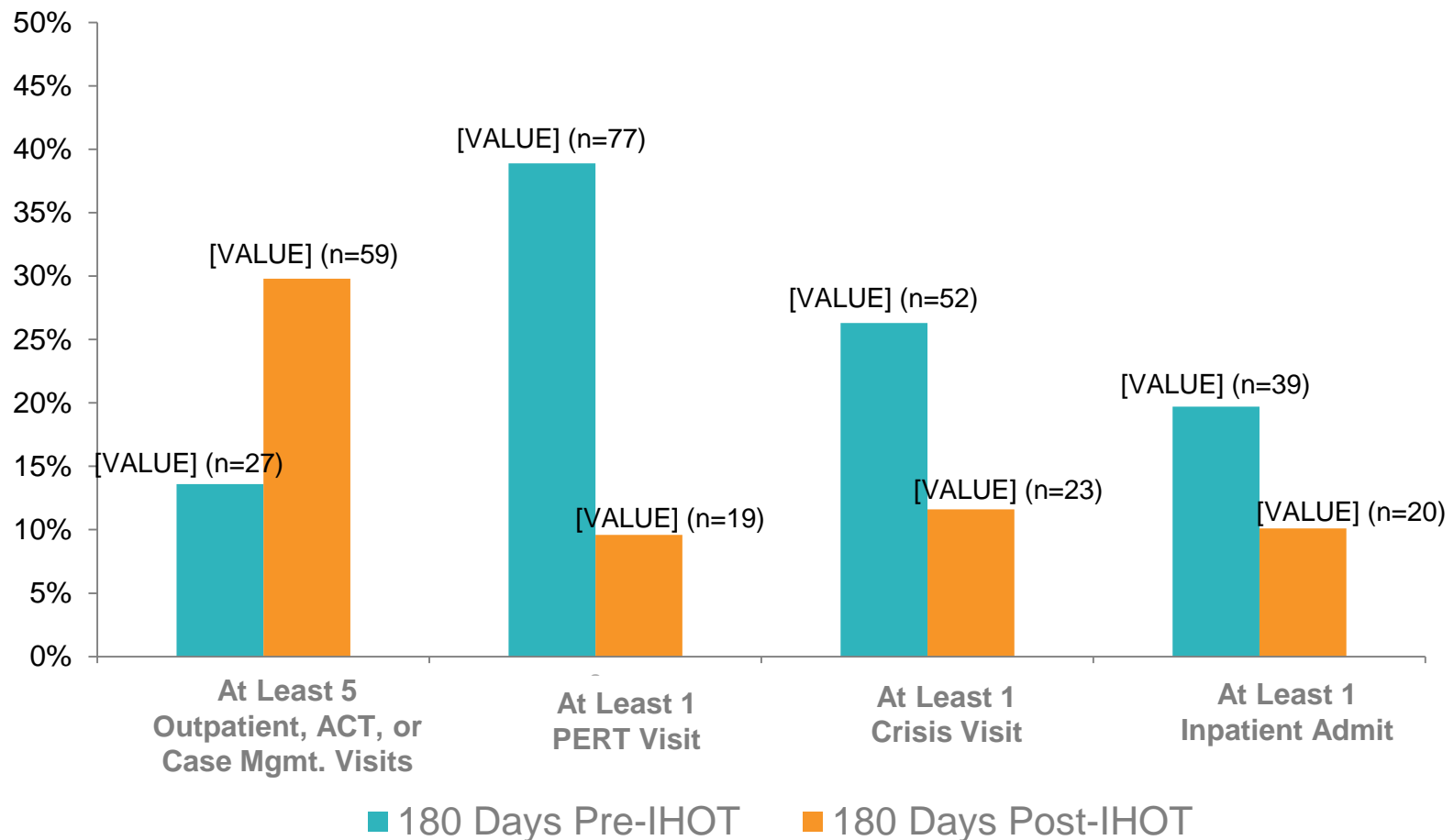


	IHOT Key Outcomes	# of Individuals
1	Referred individuals accepted into IHOT	654
2	IHOT participants who appeared to meet all nine criteria for AOT, defined as Potential Laura's Law (PLL) candidates (approximately 22% of participants)	146
3	PLL candidates successfully linked to appropriate services and closed from IHOT program	32
4	PLL candidates requiring a higher level of care (i.e. conservatorship, hospitalization, etc.)	6
5	PLL candidates evaluated by AOT Clinician who met criteria under Laura's Law and were accepted into AOT program	24

IHOT PARTICIPANT SERVICE UTILIZATION



- County of San Diego service utilization during the 180 days before and 180 days after IHOT participation for the 198 persons who discharged from IHOT Engaged Phase during 2017.



PRIMARY COMMUNITY LINKAGE FACILITATED BY IHOT



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- The majority of IHOT participants (61.8%) who were successfully closed out of IHOT (pre-AOT) were linked to outpatient behavioral health treatment services.

Types of Linkages	7/1/2017 - 6/30/2018	
	N	%
Outpatient MH/SA Tx.	76	61.8%
Long-Term 24-hour specialized care	1	0.8%
Residential SA Tx.	5	4.1%
Board & Care/ Supportive Housing	5	4.1%
Independent Living	2	1.6%
Public Benefits	19	15.4%
Other	15	12.2%
Total	123	100

IHOT & AOT STAFF PERSPECTIVES: TRANSITION FROM IHOT TO AOT



- **AOT typically introduced as a voluntary program with additional services**
 - Highlight how AOT can help reach their goals
 - Discuss negative outcomes that can be prevented (i.e., incarceration, hospitalization, more time in court)
 - “The carrot works 90% of the time. It’s better than the stick.”
- **Warm Handoff from IHOT to AOT for Participants**
 - Potential AOT participant will meet with staff from both programs, often together
 - Overlap typically last 2-3 weeks, but can be longer if needed
- **Less Family Member Support Available Directly from AOT**
 - AOT does not have as extensive supports for family members as IHOT
 - IHOT works to transition family members to NAMI and other community resources
 - Where feasible, IHOT staff offers some forms of support (e.g., available for phone calls, can attend IHOT family “alumni” support groups, etc.)
- **IHOT Perceived as Critical to Successfully Enrolling Persons into AOT**
 - IHOT forms the “groundwork” for successful AOT engagement
 - IHOT helps restore trust among persons with negative prior behavioral health system experiences

UNDERSTANDING AOT/LAURA'S LAW



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- Laura's Law/Assisted Outpatient Treatment (AOT), or treatment mandated by court-order, is a process by which individuals with Serious Mental Illness (SMI), who are resistant to treatment and meet nine criteria (pursuant to WIC 5345-5349.5), may be court ordered for treatment.
- AOT is regarded as a last resort after numerous attempts to engage and link the individual to services have been unsuccessful.



REFERRALS TO AOT



- IHOT is the starting point of a treatment continuum with the goal of linking and connecting individuals with SMI to appropriate treatment, and, if eligible referring to AOT.
- If, after several attempts at engagement, an individual remains resistant to treatment and appears to meet criteria for AOT, they are referred to the AOT clinician for a face-to-face evaluation.
- The face-to-face evaluation seeks to determine if the path to court-ordered treatment via AOT is appropriate.



TWO PATHS TO AOT



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- If the participant appears to meet AOT criteria there are two paths for entering the program:
 1. The individual is provided with the opportunity to participate in the AOT program as a voluntary participant with no court involvement.
 2. The individual refuses voluntary participation and a petition is initiated to court order the individual into the AOT program. This petition may result in a settlement agreement, court-order, or dismissal.



AOT PROGRAM SERVICES



- AOT is a Full Service Partnership (FSP), Assertive Community Treatment (ACT).
- Continuum of services to include recovery and wellness services along with psychiatric care.
- Focus on preventing decompensation and cycling through acute services (psychiatric hospitalization, incarceration, etc.).
- Highly collaborative, field-based teams provide intensive services.



AOT OUTCOMES

7/1/17 - 6/30/18



	AOT Key Outcomes	# of Individuals
1	Number of clients who met criteria under Laura's Law and were accepted into the AOT program	37
2	Number of clients who voluntarily accepted treatment in the AOT program	33
3	Number of petitions filed for individuals who refused voluntary services	2
4	Number of clients who are still in process (i.e. seeking voluntary acceptance post-evaluation, etc.) or discontinued for other reasons (i.e. unable to locate)	2
5	Number of individuals who were court-ordered into treatment	2

QUESTIONS OR CONCERNS



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