

NEXT MOVE

Supporting Justice-Involved Youth

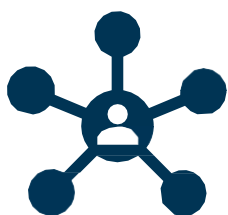


COUNTY OF SAN DIEGO
BEHAVIORAL HEALTH SERVICES

Next Move is a specialized community-based outpatient program offering behavioral health services to youth up to age 21 who are justice-involved or at risk of justice involvement. The program serves youth throughout the community, with an emphasis on continuity of care and specialized support for youth transitioning from juvenile justice facilities back into the community.

Next Move provides diagnostic evaluations, mental health, and co-occurring substance use treatment for youth and young adults who have Medi-Cal or are uninsured. Services are available countywide and emphasize supporting youth in developing tools for success.

SERVICES OFFERED



Depending on the need, services may include:

- Individual and Family Therapy
- Functional Family Therapy (FFT)
- Dialectical Behavior Therapy (DBT) Skills Group
- Anger Management Group
- Commercial Sexual Exploitation of Children (CSEC) Group
- Substance Use Prevention and Education Group
- Psychiatric Assessment and Medication Management
- Case Management & Care Coordination
- Life skills and Justice-Related Support

LOCATIONS



Countywide access through two main offices and community-based services. Services are available Monday through Friday from 8:00 am until 6:30 pm.

Southeastern Live Well Center
5101 Market Street, Suite 2100
San Diego, CA 92114

North Coastal Live Well Health Center
1701 Mission Avenue, Suite 110
Oceanside, CA 92058

HOW IT WORKS

Youth can be referred by anyone, including themselves, Probation, the court, schools, or caregivers. To make a referral, call **(858) 351-6400**, fax the referral form to (619) 399-3724, or complete and submit the electronic [referral form](#).

Referral reviewed and Next Move Clinician assigned within 5 days.

Clinician contacts the referring party to coordinate services and schedule the initial appointment.

If in detention, Clinician meets with youth prior to release.

Initial appointment offered within 5 days of referral received.

Next Move Website: [BHS Next Move](#)