



# Transitional Rent (TR) Benefit

## Navigating the Member Referral Process

Transitional Rent is a short-term rental assistance benefit through Medi-Cal that helps eligible members move into stable housing and bridge the gap until longer-term housing is secured. It can help people in both permanent and interim housing settings, and it is meant to support a smooth transition to housing stability.

### Step 1: Your Referral Starts Here



If you are not currently receiving County Behavioral Health services, you can be referred to BHS Substance Use Disorder (SUD) and/or Serious Mental Illness (SMI) services by your:

- Housing Transition Navigation Services Provider,
- Community-Based or Social Service Organization, or
- Managed Care Plan (MCP).

You can also refer yourself by calling the Single Point of Access 800-842-2652

If you are not eligible for a SUD and/or SMI program with Behavioral Health Services (BHS), you will be referred to appropriate services.

### Step 2: Eligibility & Authorization



Behavioral Health Services (BHS) will:

- Complete a behavioral health assessment to ensure the correct clinical supports are in place.
- Assess your housing needs.
- If you are experiencing homelessness, you may be connected to your Housing Case Manager or referred to Housing Transition Navigation Services (HTNS) through your MCP.
- Work with a Housing Provider to explore TR availability for housing.

### Step 3: Intake & Housing Search

If you are eligible for the TR benefit, the HTNS provider will:

- Work with BHS to assess if you meet eligibility criteria for the Transitional Rent (TR) benefit for interim housing.
- Complete a Housing Support Plan (HSP).
- Submit a TR Referral to your assigned Managed Care Plan (MCP).

If you are not eligible for the TR benefit, you will be referred to appropriate services.

### Step 4: Managed Care Plan Approvals & Ongoing Support

If you are eligible, your MCP will pay for Transitional Rent (TR) for up to six months. At month 7, TR ends, your Housing Support Plan will identify the next step, with your Housing Provider helping support the transition to ongoing housing coverage or support.

If you are not eligible for TR, BHS will work with you to support your housing needs.

6/16/26

## Connect to Resources

Call 888-724-7240 to connect to the **San Diego Access and Crisis Line** for free and confidential support and help navigating services, available 24/7 in over 200 languages.



Call 988 to connect to the national **Suicide & Crisis Lifeline** network of crisis call centers.