

DISTRIBUTING NALOXONE TO PREVENT OPIOID OVERDOSES IN THE COMMUNITY

Naloxone Distribution Project

County of San Diego Health & Human Services Agency

PURPOSE OF THIS TRAINING



WHY ARE YOU RECEIVING THIS TRAINING?

- The County of San Diego is implementing a program to **distribute medication called naloxone that reverses opioid overdose**, to address the record number of overdose deaths in the community.
 - [San Diego County News Center Naloxone Standing Order](#)
- You have been identified by your site management as staff who will be trained to **distribute naloxone to those your organization serves who may be at risk of an opioid overdose or be in contact with those at risk.**

WHAT ARE OPIOIDS?



LIVE WELL
SAN DIEGO

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone (OxyContin[®]), hydrocodone (Vicodin[®]), codeine, morphine, and many others.

EXAMPLES OF OPIOIDS

Effects of Opioids:

- Drowsiness
- Confusion
- Nausea
- Constipation
- Euphoria
- Slowed breathing

- Heroin
- Codeine
- **Oxycodone** (OxyContin, Roxicodone, and Percocet)
- **Hydrocodone** (Vicodin, Norco, Lortab)
- **Morphine** (MS Contin and Kadian)
- **Hydromorphone** (Dilaudid and Exalgo)
- **Fentanyl** (Actiq, Fentora, Duragesic, Subsys, Abstral, and Lazanda)

NALOXONE TRAINING VIDEO



LEARNING OBJECTIVES OUTLINED IN THE FOLLOWING TRAINING VIDEO ARE HOW TO:

- recognize an opioid overdose,
- describe how naloxone works,
- store and administer naloxone, and
- how to distribute naloxone.

Please watch the following [video](#) from the California Department of Public Health:

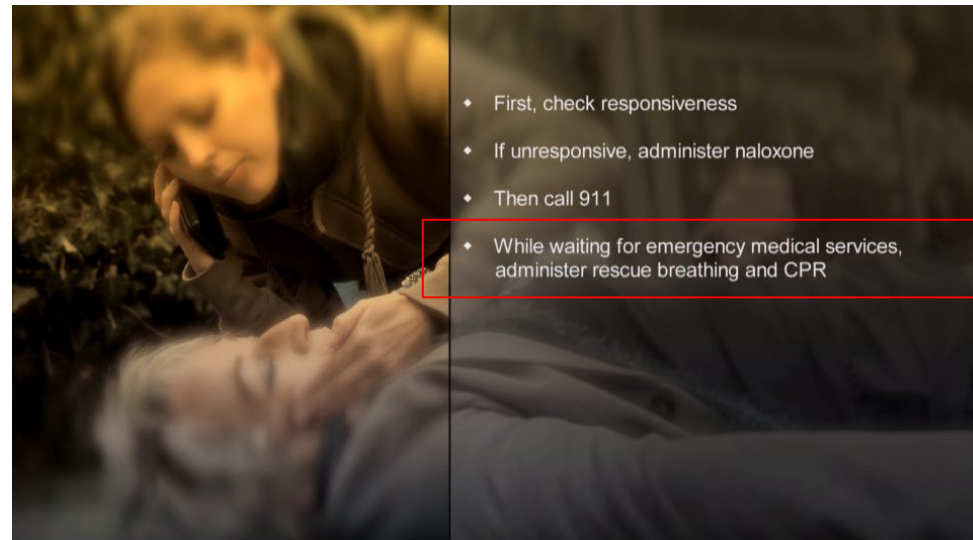




LIVE WELL
SAN DIEGO

IMPORTANT SAFETY INFORMATION

***Important:** Please note that public health authorities are not recommending mouth-to-mouth during the COVID-19 pandemic. For more information, see [Coronavirus \(COVID-19\) Resources for CPR Training | American Heart Association CPR & First Aid.](#)



EDUCATIONAL MATERIALS FOR CLIENTS



LIVE WELL
SAN DIEGO

The following educational materials can be used to help provide information to clients/customers/patients on the use of naloxone:

- [COSD Narcan Community Distribution Flyer](#) (English)
- [COSD Narcan Community Distribution Flyer](#) (Spanish)

The image displays two versions of a community distribution flyer for Narcan (naloxone). The English version, titled "GET NARCAN HERE", features a large illustration of a hand holding a white Narcan applicator against a blue background with radiating lines. The Spanish version, titled "CONSIGUE NARCAN AQUÍ", has a similar design. Both flyers include a list of six numbered steps for administration, accompanied by small diagrams. The English steps are: 1. Important! Call 911 and tell the operator that someone is not responding or breathing. Have the exact address of where the person is. 2. Open the package and hold the applicator with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle. 3. Insert the tip of the nozzle into either nostril. Tilt the person's head back. 4. Press the plunger firmly to give the dose. Remove the applicator from the nostril after giving the dose. 5. Mouth-to-mouth: Tilt the person's chin up and pinch their nose. Give one breath every 5 seconds for 2-3 minutes while waiting for the Narcan to take effect. 6. Repeat: If the person does not respond after 2-3 minutes, you can administer another dose of Narcan into the other nostril. Keep giving mouth-to-mouth resuscitation until the ambulance arrives. The Spanish version follows the same structure with instructions in Spanish and corresponding diagrams.

POLICY AND PROCEDURES



Please review the following documents :

- [Desk Aid – Site Lead](#)
- [Desk Aid – Staff Distributing Naloxone](#)
- [OOR/Client Encounter Form](#)





Questions?

Please reach out to

HarmReduction@sdcounty.ca.gov