

# GET NARCAN HERE

\*Important: Please note that during the COVID-19 pandemic, rescue breathing/mouth-to-mouth resuscitation is not recommended by public health authorities; instead, Hands-Only CPR should be used until emergency personnel arrive.

## How to administer Narcan Nasal 4mg.

Narcan is a medicine that reverses the effects of an opioid overdose.

**1** **Important! Call 911** and tell the operator that someone is not responding or breathing. Have the exact address of where the person is.

**2** **Open** the package and hold the applicator with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

**3** **Insert** the tip of the nozzle into either nostril. Tilt the person's head back.

**4** **Press** the plunger firmly to give the dose. Remove the applicator from the nostril after giving the dose.

**5** **Mouth-to-mouth:** Tilt the person's chin up and pinch their nose. Give one breath every 5 seconds for 2-3 minutes while waiting for the Narcan to take effect.

**6** **Repeat:** If the person does not respond after 2-3 minutes, you can administer another dose of Narcan into the other nostril. Keep giving mouth-to-mouth resuscitation until the ambulance arrives.

