

## TEEN PERINATAL SERVICES

Teens age 15 or older who are pregnant or parenting may also utilize the outpatient perinatal programs that serve women and children and offer gender responsive services. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children.

### **McAlister Institute for Treatment & Education**

North Coastal Women's Recovery Center  
3355 Mission Ave. #239, Oceanside, CA 92058  
Tel: (760) 462-5581  
Fax: (760) 309-3867  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### **McAlister Institute for Treatment & Education**

North Inland Women's & Adolescent Recovery Center  
751 Rancheros Dr., San Marcos, CA 92069  
Tel: (760) 761-0515  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### **McAlister Institute for Treatment & Education**

South Bay Women's Recovery Center  
2414 Hoover Ave. Ste. C, National City, CA 91950  
Tel: (619) 336-1226  
Website: [www.mcalisterinc.org/program](http://www.mcalisterinc.org/program)

### **McAlister Institute for Treatment & Education**

North Central Women's Recovery Center  
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123  
Tel: (858) 384-6284  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### **Vista Hill Foundation Parent Care Central**

4125 Alpha St., San Diego, CA 92113  
Tel: (619) 266-0166  
Website: [www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central](http://www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central)

### **Vista Hill Foundation**

Parent Care Family Recovery Center – East  
4990 Williams Ave., La Mesa, CA 91942  
Tel: (619) 668-4200  
Fax: (619) 698-1665  
Website: [www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central](http://www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central)

## SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

## ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website:

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc\\_ods/dmc\\_ods\\_provider.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods/dmc_ods_provider.html)

## CONTACT INFORMATION

### **San Diego Access & Crisis Line**

1-888-724-7240

Immediate support and resources from an experienced counselor

Free assistance 7 days / 24 hours

Assistance available in 150 languages

TDD/TTY Dial 711

### **2-1-1 San Diego**

Community, health, social, and disaster services

Free assistance 7 days / 24 hours

Assistance available in 200 languages

<https://211sandiego.org/>

### **Behavioral Health Services (BHS)**

3255 Camino Del Rio South

San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700

[www.sandiegocounty.gov/hhsa/programs/bhs](http://www.sandiegocounty.gov/hhsa/programs/bhs)

(No services provided at this location)



LIVE WELL  
SAN DIEGO

To learn more about *Live Well San Diego*, visit [LiveWellSD.org](http://LiveWellSD.org)



# SUBSTANCE USE DISORDER PROGRAMS FOR ADOLESCENTS

County of San Diego Health and Human Services Agency  
Behavioral Health Services

## ADOLESCENT PROGRAMS

The County of San Diego provides developmentally appropriate substance use disorder (SUD) treatment (including Medication Assisted Treatment (MAT)), early intervention, peer support, and recovery services using a harm reduction approach to help youth reach their full potential. These programs serve adolescents and their families, ensure access to care, and promote self-sufficiency through education and/or employment and engagement in prosocial activities. Services are offered throughout the county in urban and rural communities and include school-based early intervention screening and education, outpatient treatment, crisis intervention, and residential treatment services.

### Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

## COUNTYWIDE RESIDENTIAL SERVICES

### **McAlister Institute for Treatment & Education**

Adolescent Group Homes (short term)

Tel: (619) 442-0277 ext. 1020 (Call for locations)

- Lemon Grove
- Spring Valley

Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

## TEEN RECOVERY CENTERS

*Teen Recovery Centers provide outpatient SUD early intervention, treatment, recovery, and ancillary services to adolescents ages 12-17 with substance use, including co-occurring mental health needs.*

## CENTRAL

### **Union of Pan Asian Communities (UPAC)**

3288 El Cajon Blvd. Ste. 13, San Diego, CA 92104

Tel: (619) 521-5720

Fax: (619) 521-5728

Website: [www.upacsd.com](http://www.upacsd.com)

### Satellite Programs

#### **Hoover High School**

4474 El Cajon Blvd., San Diego, CA 92115

### Satellite Programs

#### **San Diego High School**

1405 Park Ave., San Diego, CA 92101

### **ALBA Community School**

(Middle & High School)

4041 Oregon St., San Diego, CA 92104

### **King-Chavez Community High School**

201 A Street, San Diego, CA 92101

### **Vista Hill Foundation**

220 Euclid Ave. Ste. 40, San Diego, CA 92114

Tel: (619) 795-7232

Fax: (619) 795-7256

Website: [www.vistahill.org](http://www.vistahill.org)

### Satellite Programs

#### **Morse High School**

6905 Skyline Dr., San Diego, CA 92114

### **Lincoln High School**

4777 Imperial Ave., San Diego, CA 92113

### **Gompers Preparatory Academy**

1005 47<sup>th</sup> St., San Diego CA 92102

## EAST

### **McAlister Institute for Treatment & Education**

550 Fesler St. Ste. G1 & G2, El Cajon, CA 92020

Tel: (619) 588-5361

Fax: (619) 588-5421

Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### Satellite Programs

#### **El Cajon Valley High School**

1035 E Madison Ave, El Cajon, CA 92021

### **Monte Vista High School**

3230 Sweetwater Springs Blvd, Spring Valley, CA 91977

## NORTH CENTRAL

### **Mental Health Systems/TURN Behavioral Health Services**

4660 Viewridge Ave, Ste.100A, San Diego, CA 92123

Tel: (760) 227-1354

Fax: (858) 408-4262

Website: <http://turnbhs.org/programs>

### Satellite Programs

#### **James Madison High School**

4833 Doliva Dr, San Diego, CA 92117-3299

### **Kearny Senior High School**

1904 Comet Way, San Diego, CA 92111

## NORTH COASTAL

### **North County Lifeline, Inc./Lifeline Community Services**

200 Michigan Ave, Vista, CA 92084

Tel: (760) 726-4900

Fax: (760) 529-0421

Website: <https://www.nclifeline.org/>

### Satellite Programs

#### **Rancho Buena Vista High School**

1601 Longhorn Dr., Vista, CA 92081

### **Vista High School**

1 Panther Way, Vista, CA 92084

## NORTH INLAND

### **Mental Health Systems, Inc./TURN Behavioral Health Services**

340 Rancheros Dr. Ste. 166, San Marcos, CA 92069

Tel: (760) 744-3672

Fax: (760) 744-6182

Website: <http://turnbhs.org/programs>

### Satellite Programs

#### **Valley High School**

410 Hidden Trails Rd., Escondido, CA 92027

### **Fallbrook High School**

2400 S. Stage Coach Ln., Fallbrook, CA 92028

### **Ramona High School**

1401 Hanson Ln., Ramona, CA 92065

### **Rancho Bernardo High School**

13010 Paseo Lucido, San Diego, CA 92128

## SOUTH

### **McAlister Institute for Treatment & Education**

371 E Street, Chula Vista, CA 91910

Tel: (619) 691-1045

Fax: (619) 691-1491

Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### Satellite Programs

#### **San Ysidro High School**

5353 Airway Rd, San Diego, CA 92154

### **Southwest High School**

1685 Hollister St, San Diego, CA 92154

### **Mar Vista High School**

505 Elm Ave, Imperial Beach, CA 91932

### **Sweetwater High School**

2900 Highland Ave, National City, CA 91950