TEEN PERINATAL SERVICES
Teens age 15 or older who are pregnant or parenting may also utilize the outpatient perinatal programs that serve women and children and offer gender responsive services. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children.

HealthRight 360 – Serenity Outpatient
3355 Mission Ave. #239, Oceanside, CA 92058
Tel: (442) 888-5830
Website: www.healthright360.org/san-diego

McAlister Institute for Treatment & Education
North Inland Women’s & Adolescent Recovery Center
751 Rancheros Dr., San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

McAlister Institute for Treatment & Education
North Central Women’s Recovery Center
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

McAlister Institute for Treatment & Education
South Bay Women’s Recovery Center
2414 Hoover Ave. Ste. C, National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/program

Vista Hill Foundation Parent Care Central
4125 Alpha St., San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

Vista Hill Foundation
Parent Care Family Recovery Center – East
4990 Williams Ave., La Mesa, CA 91942
Tel: (619) 668-4200
Fax: (619) 698-1665
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

SERVICE DETAILS
Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS
For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website: www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods.html

CONTACT INFORMATION
San Diego Access & Crisis Line
1-888-724-7240
Immediate support and resources from an experienced counselor
Free assistance 7 days / 24 hours
Assistance available in 150 languages
TDD/TTY Dial 711

2-1-1 San Diego
Community, health, social, and disaster services
Free assistance 7 days / 24 hours
Assistance available in 200 languages
https://211sandiego.org/

Behavioral Health Services (BHS)
3255 Camino Del Rio South
San Diego, CA 92108
BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700
www.sandiegocounty.gov/hhsa/programs/bhs
(No services provided at this location)

To learn more about Live Well San Diego, visit LiveWellSD.org

SUBSTANCE USE DISORDER PROGRAMS FOR ADOLESCENTS

County of San Diego Health and Human Services Agency
Behavioral Health Services
ADOLESCENT PROGRAMS

The County of San Diego provides developmentally appropriate substance use disorder (SUD) treatment services and recovery programs to help youth reach their full potential by achieving a substance free lifestyle. These programs provide treatment for adolescents and their families, ensure access to care, and promote self-sufficiency through education and/or employment. Services are offered throughout the county in urban and rural communities, and include outpatient treatment, crisis intervention, and residential treatment services.

Access to Services
Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County’s eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

COUNTYWIDE RESIDENTIAL SERVICES

McAlister Institute for Treatment & Education
Adolescent Group Homes (short term)
Tel: (619) 442-0277 ext. 1020 (Call for locations)
- Lemon Grove
- Spring Valley
Website: www.mcalisterinc.org/programs

TEEN RECOVERY CENTERS
Teen Recovery Centers provide outpatient SUD treatment, recovery, and ancillary services to adolescents ages 12-17 with substance use issues, including co-occurring mental health disorders.

CENTRAL

Union of Pan Asian Communities (UPAC)
3288 El Cajon Blvd. Ste. 13, San Diego, CA 92104
Tel: (619) 521-5720
Fax: (619) 521-5728
Website: www.upacsd.com

Satellite Programs
Hoover High School
4474 El Cajon Blvd., San Diego, CA 92115

Mental Health Systems, Inc. (MHS)
4660 Viewridge Ave, Ste.100A, San Diego, CA 92123
Tel: (760) 227-1354
Fax: (858) 408-4262
Website: http://www.mhsinc.org/listings/

Satellite Programs
James Madison High School
4833 Doliva Dr, San Diego, CA 92117-3299

NORTH CENTRAL

North County Lifeline, Inc.
200 Michigan Ave, Vista, CA 92084
Tel: (760) 726-4900
Fax: (760) 529-0421
Website: https://www.ncdlifeline.org/

Satellite Programs
Rancho Buena Vista High School
1601 Longhorn Dr., Vista, CA 92081

Vista High School
1 Panther Way, Vista, CA 92084

Satellite Programs
Valley High School
410 Hidden Trails Rd., Escondido, CA 92027

Fallbrook High School
2400 S. Stage Coach Ln., Fallbrook, CA 92028

Ramona High School
1401 Hanson Ln., Ramona, CA 92065

Rancho Bernardo High School
13010 Paseo Lucido, San Diego, CA 92128

NORTH COASTAL

North County Lifeline, Inc.
200 Michigan Ave, Vista, CA 92084
Tel: (760) 726-4900
Fax: (760) 529-0421
Website: https://www.ncdlifeline.org/

Satellite Programs
Rancho Buena Vista High School
1601 Longhorn Dr., Vista, CA 92081

Vista High School
1 Panther Way, Vista, CA 92084

Satellite Programs
Rancho Bernardo High School
13010 Paseo Lucido, San Diego, CA 92128

NORTH INLAND

Mental Health Systems, Inc. (MHS)
340 Rancheros Dr. Ste. 166, San Marcos, CA 92069
Tel: (760) 744-3672
Fax: (760) 744-6182
Website: https://www.mhsinc.org/listing/teen-recovery-center-north-inland-2/

Satellite Programs
Valley High School
410 Hidden Trails Rd., Escondido, CA 92027

Fallbrook High School
2400 S. Stage Coach Ln., Fallbrook, CA 92028

Ramona High School
1401 Hanson Ln., Ramona, CA 92065

Rancho Bernardo High School
13010 Paseo Lucido, San Diego, CA 92128

SATTELE Programs
Valley High School
410 Hidden Trails Rd., Escondido, CA 92027

Fallbrook High School
2400 S. Stage Coach Ln., Fallbrook, CA 92028

Ramona High School
1401 Hanson Ln., Ramona, CA 92065

Rancho Bernardo High School
13010 Paseo Lucido, San Diego, CA 92128

SOUTH

McAlister Institute for Treatment & Education
371 E Street, Chula Vista, CA 91910
Tel: (619) 691-1045
Fax: (619) 691-1491
Website: www.mcalisterinc.org/programs

Satellite Programs
San Ysidro High School
5353 Airway Rd, San Diego, CA 92154

Southwest High School
1685 Hollister St, San Diego, CA 92154

Mar Vista High School
505 Elm Ave, Imperial Beach, CA 91932

Sweetwater High School
2900 Highland Ave, National City, CA 91950

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North County Lifeline, Inc.
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Ramona High School
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Rancho Bernardo High School
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505 Elm Ave, Imperial Beach, CA 91932

Sweetwater High School
2900 Highland Ave, National City, CA 91950