

TEEN PERINATAL SERVICES

Teens age 15 or older who are pregnant or parenting may also utilize the outpatient perinatal programs that serve women and children and offer gender responsive services. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children.

HealthRight 360 – Serenity Outpatient

3355 Mission Ave. #239, Oceanside, CA 92058
Tel: (442) 888-5830
Website: www.healthright360.org/san-diego

McAlister Institute for Treatment & Education

North Inland Women's & Adolescent Recovery Center
751 Rancheros Dr., San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

McAlister Institute for Treatment & Education

South Bay Women's Recovery Center
2414 Hoover Ave. Ste. C, National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/program

McAlister Institute for Treatment & Education

North Central Women's Recovery Center
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

Vista Hill Foundation Parent Care Central

4125 Alpha St., San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

Vista Hill Foundation

Parent Care Family Recovery Center – East
4990 Williams Ave., La Mesa, CA 91942
Tel: (619) 668-4200
Fax: (619) 698-1665
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website: www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods.html

CONTACT INFORMATION

San Diego Access & Crisis Line 1-888-724-7240

Immediate support and resources from an experienced counselor
Free assistance 7 days / 24 hours
Assistance available in 150 languages
TDD/TTY Dial 711

2-1-1 San Diego

Community, health, social, and disaster services
Free assistance 7 days / 24 hours
Assistance available in 200 languages
<https://211sandiego.org/>

Behavioral Health Services (BHS)

3255 Camino Del Rio South
San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700
www.sandiegocounty.gov/hhsa/programs/bhs
(No services provided at this location)



LIVE WELL
SAN DIEGO

To learn more about *Live Well San Diego*, visit LiveWellSD.org



SUBSTANCE USE DISORDER PROGRAMS FOR ADOLESCENTS

County of San Diego Health and Human Services Agency
Behavioral Health Services

ADOLESCENT PROGRAMS

The County of San Diego provides developmentally appropriate substance use disorder (SUD) treatment services and recovery programs to help youth reach their full potential by achieving a substance free lifestyle. These programs provide treatment for adolescents and their families, ensure access to care, and promote self-sufficiency through education and/or employment. Services are offered throughout the county in urban and rural communities, and include outpatient treatment, crisis intervention, and residential treatment services.

Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

COUNTYWIDE RESIDENTIAL SERVICES

McAlister Institute for Treatment & Education

Adolescent Group Homes (short term)
Tel: (619) 442-0277 ext. 1020 (Call for locations)

- Lemon Grove
- Spring Valley

Website: www.mcalisterinc.org/programs

TEEN RECOVERY CENTERS

Teen Recovery Centers provide outpatient SUD treatment, recovery, and ancillary services to adolescents ages 12-17 with substance use issues, including co-occurring mental health disorders.

CENTRAL

Union of Pan Asian Communities (UPAC)

3288 El Cajon Blvd. Ste. 13, San Diego, CA 92104
Tel: (619) 521-5720
Fax: (619) 521-5728
Website: www.upacsd.com

Satellite Programs Hoover High School

4474 El Cajon Blvd., San Diego, CA 92115

Union of Pan Asian Communities (UPAC) Cont'd.

Satellite Programs

San Diego High School
1405 Park Ave., San Diego, CA 92101

ALBA Community School
(Middle & High School)
4041 Oregon St., San Diego, CA 92104

Vista Hill Foundation
220 Euclid Ave. Ste. 40, San Diego, CA 92114
Tel: (619) 795-7232
Fax: (619) 795-7256
Website: www.vistahill.org

Satellite Programs Morse High School

6905 Skyline Dr., San Diego, CA 92114

Lincoln High School
4777 Imperial Ave., San Diego, CA 92113

EAST

McAlister Institute for Treatment & Education

550 Fesler St. Ste. G1 & G2, El Cajon, CA 92020
Tel: (619) 588-5361
Fax: (619) 588-5421
Website: www.mcalisterinc.org/programs

Satellite Programs Dale Avenue Satellite

4495 Dale Ave, Ste. 100, La Mesa, CA 91941

El Cajon Valley High School
1035 E Madison Ave, El Cajon, CA 92021

Monte Vista High School
3230 Sweetwater Springs Blvd, Spring Valley, CA 91977

NORTH CENTRAL

Mental Health Systems, Inc. (MHS)

4660 Viewridge Ave, Ste.100A, San Diego, CA 92123
Tel: (760) 227-1354
Fax: (858) 408-4262
Website: <http://www.mhsinc.org/listings/>

Satellite Programs James Madison High School

4833 Doliva Dr, San Diego, CA 92117-3299

Kearny Senior High School
1904 Comet Way, San Diego, CA 92111

NORTH COASTAL

North County Lifeline, Inc.
200 Michigan Ave, Vista, CA 92084
Tel: (760) 726-4900
Fax: (760) 529-0421
Website: <https://www.nclifeline.org/>

Satellite Programs

Rancho Buena Vista High School
1601 Longhorn Dr., Vista, CA 92081

Vista High School
1 Panther Way, Vista, CA 92084

NORTH INLAND

Mental Health Systems, Inc. (MHS)

340 Rancheros Dr. Ste. 166, San Marcos, CA 92069
Tel: (760) 744-3672
Fax: (760) 744-6182
Website: <https://www.mhsinc.org/listing/teen-recovery-center-north-inland-2/>

Satellite Programs Valley High School

410 Hidden Trails Rd., Escondido, CA 92027

Fallbrook High School

2400 S. Stage Coach Ln., Fallbrook, CA 92028

Ramona High School

1401 Hanson Ln., Ramona, CA 92065

Rancho Bernardo High School

13010 Paseo Lucido, San Diego, CA 92128

SOUTH

McAlister Institute for Treatment & Education

371 E Street, Chula Vista, CA 91910
Tel: (619) 691-1045
Fax: (619) 691-1491
Website: www.mcalisterinc.org/programs

Satellite Programs

San Ysidro High School
5353 Airway Rd, San Diego, CA 92154

Southwest High School

1685 Hollister St, San Diego, CA 92154

Mar Vista High School

505 Elm Ave, Imperial Beach, CA 91932

Sweetwater High School

2900 Highland Ave, National City, CA 91950