

ANCILLARY SERVICES

**Catholic Charities, Inc. (Recovery Drop-in)
Rachel's Women's Center**
759 8th Ave., San Diego, CA 92101
Tel: (619) 696-0873
Website: www.ccdsd.org/programs/homeless-womens-services

**Vista Hill Foundation (VHF)
CalWORKs Connection**
Tel: (619) 431-2103
Website: <https://www.vistahill.org/programs-services/calworks-case-management-services/>

**Vista Hill Foundation (VHF)
Dependency Drug Court
SUD Coordination
(DDCSC)** Tel: (619) 668-265
Website: <http://www.vistahill.org/programs-services/dependency-drug-court/>

Public Health Nursing Home Visiting Services
To make a referral, please call one of the following:

North Inland-Escondido	(760) 740-4000
North Coastal-Oceanside	(760) 967-4401
North Central-Kearny Mesa	(858) 573-7300
Central-Mid City	(619) 229-5400
East-El Cajon	(619) 441-6500
South-Chula Vista	(619) 409-3110

SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods/dmc_ods_provider.html

CONTACT INFORMATION

San Diego Access & Crisis Line

1-888-724-7240

Immediate support and resources from an experienced counselor

Free assistance 7 days / 24 hours

Assistance available in 150 languages
TDD/TTY Dial 711

2-1-1 San Diego

Community, health, social, and disaster services

Free assistance 7 days / 24 hours

Assistance available in 200 languages
<https://211sandiego.org/>

Behavioral Health Services (BHS)

3255 Camino Del Rio South

San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700
www.sandiegocounty.gov/hhsa/programs/bhs
(No services provided at this location)



To learn more about *Live Well San Diego*, visit LiveWellSD.org



SUBSTANCE USE DISORDER PROGRAMS FOR WOMEN

County of San Diego Health and Human Services Agency
Behavioral Health Services

WOMEN'S SUBSTANCE USE DISORDER PROGRAMS

The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for pregnant and parenting women and adolescents (age 15 and up), and women seeking gender-specific services. Treatment programs for women are located throughout the County and services may include:

- Residential and outpatient treatment and recovery programs,
- Medication Assisted Treatment (MAT)
- Harm reduction
- Care coordination and connection to community resources,
- Peer support
- Childcare and children's mental health services,
- Transportation to and from services,
- Education and work preparation activities
- Parenting education, life skills training, and healthy relationship supports.

Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC). Language interpretation and translation services are available.

OUTPATIENT PERINATAL SERVICES

Outpatient services are available to women, and pregnant or parenting women and adolescent females age 15 and older. Women may utilize the outpatient perinatal programs outlined below or access coed programs outlined in the adult services brochure.

CENTRAL

McAlister Institute for Treatment & Education
North Central Women's Recovery Center
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

Vista Hill Foundation (VHF)
ParentCare Central Family Recovery Center
4125 Alpha St., Suites E-G, San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

EAST

Vista Hill Foundation (VHF)
ParentCare East Family Recovery Center
4990 Williams Ave., La Mesa, CA 91942
Tel: (619) 668-4200
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

NORTH COASTAL

McAlister Institute for Treatment & Education
North Coastal Women's Recovery Center
3355 Mission Ave. Ste. 239, Oceanside, CA 92058
Tel: (760) 462-5581
Website: www.mcalisterinc.org/programs

NORTH INLAND

McAlister Institute for Treatment & Education
North Inland Women & Adolescent Recovery Center
751 Rancheros Dr. Ste. 5, San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

SOUTH

McAlister Institute for Treatment and Education
South Bay Women's Recovery Center
2414 Hoover Ave. Ste. C, National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/programs

COUNTYWIDE RESIDENTIAL SERVICES

Perinatal Residential Programs

Perinatal programs include services for women and their children.

HealthRight 360 (HR360)
North County Serenity House
1341 North Escondido Blvd., Escondido, CA 92026
Tel: (760) 747-1015 Ext 2 (intakes)
Tel: (760) 741-5098 (bed availability)
Website: <https://www.healthright360.org/agency/north-county-serenity-house>
Accepts women with children age 6 and under

Perinatal Residential Programs Cont'd.

Mental Health Systems, Inc.
Family Recovery Center
1100 Sportfisher Dr., Oceanside, CA 92054
Tel: (760) 439-6702
Website: <https://www.turnbhs.org/>
Accepts pregnant and/or parenting women, ability to provide on-site services to children age 10 and under; provides withdrawal management services

McAlister Institute for Treatment & Education – Kiva
2049 Skyline Dr., Lemon Grove, CA 91945
Tel: (619) 465-7303
Website: www.mcalisterinc.org/programs
Accepts pregnant and/or parenting women, ability to provide on-site services to children age 12 and under; provides withdrawal management services

New Entra Casa
3575 Pershing Ave, San Diego, CA 92104
Tel: (619) 294-4526
Website: <https://www.newentracasa.com/>

Women's Residential Programs

CRASH – Golden Hill House
2410 E St., San Diego, CA 92102
Tel: (619) 234-3346
Website: www.crashinc.org

Crossroads
3594 Fourth Ave., San Diego, CA 92103
Tel: (619) 296-1151
Website: www.crossroads4recovery.org/programs

MAAC Project – Casa de Milagros
1127 South 38th St., San Diego, CA 92113
Tel: (619) 262-4002
Website: <https://maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>

Turning Point
1315 25th St., San Diego, CA 92102
Tel: (619) 233-0067
Website: www.turningpointhome.org