ANCILLARY SERVICES
Catholic Charities, Inc. (Recovery Drop-in)
Rachel’s Women’s Center
759 8th Ave., San Diego, CA 92101
Tel: (619) 696-0873
Website: www.ccdsd.org/programs/homeless-womens-services

Vista Hill Foundation (VHF)
CalWORKs Case Management
Tel: (619) 431-2103
Website: www.vistahill.org/programs-services/cal-work-case-management-services

Vista Hill Foundation (VHF)
Dependency Drug Court
Tel: (619) 668-4265
Website: www.vistahill.org/programs-services/dependency-drug-court

Public Health Nursing Home Visiting Services
To make a referral, please call one of the following:
North Inland-Escondido  (760) 740-4000
North Coastal-Oceanside  (760) 967-4401
North Central-Kearny Mesa  (858) 573-7300
Central-Mid City  (619) 229-5400
East El Cajon  (619) 441-6500
South-Chula Vista  (619) 409-3110

SERVICE DETAILS
Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS
For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website:
www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_best.html

CONTACT INFORMATION
San Diego Access & Crisis Line
1-888-724-7240
Immediate support and resources from an experienced counselor
Free assistance 7 days / 24 hours
Assistance available in 150 languages
TDD/TTY Dial 711

2-1-1 San Diego
Community, health, social, and disaster services
Free assistance 7 days / 24 hours
Assistance available in 200 languages
https://211sandiego.org/

Behavioral Health Services (BHS)
3255 Camino Del Rio South
San Diego, CA 92108
BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700
www.sandiegocounty.gov/hhsa/programs/bhs
(No services provided at this location)
The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children, pregnant women, and adolescents. Treatment programs for women are located throughout the County and services may include:

- Residential treatment and recovery programs,
- Case managers who provide support and referrals,
- Childcare,
- Children's mental health services,
- Transportation to and from services,
- Language services,
- Work preparation activities, and
- Classes for improving self-esteem, parenting, life skills, and healthy relationships.

### Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County’s eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

### OUTPATIENT PERINATAL SERVICES

Outpatient services are available to women, and pregnant or parenting women and adolescent females age 15 and older. Women may utilize the outpatient perinatal programs outlined below or access coed programs outlined in the adult services brochure.

### CENTRAL

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>McAlister Institute for Treatment &amp; Education</td>
<td>North Central Women’s Recovery Center</td>
<td>(858) 384-6284</td>
<td><a href="http://www.mcalisterinc.org/programs">www.mcalisterinc.org/programs</a></td>
</tr>
<tr>
<td>Vista Hill Foundation (VHF)</td>
<td>ParentCare Central Family Recovery Center</td>
<td>(619) 266-0166</td>
<td><a href="http://www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral">www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral</a></td>
</tr>
</tbody>
</table>

### EAST

<table>
<thead>
<tr>
<th>Program Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Vista Hill Foundation (VHF)</td>
<td>ParentCare East Family Recovery Center</td>
<td>(619) 668-4200</td>
<td><a href="http://www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral">www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral</a></td>
</tr>
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</table>

### NORTH COASTAL

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>HealthRight 360 Serenity Outpatient</td>
<td>3355 Mission Ave. Ste. 239, Oceanside, CA 92058</td>
<td>(442) 888-5830</td>
<td><a href="http://www.healthright360.org/san-diego">www.healthright360.org/san-diego</a></td>
</tr>
</tbody>
</table>

### NORTH INLAND

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>North Inland Women &amp; Adolescent Recovery Center (NIWARC)</td>
<td>751 Rancheros Dr. Ste. 5, San Marcos, CA 92069</td>
<td>(760) 761-0515</td>
<td><a href="http://www.mcalisterinc.org/programs">www.mcalisterinc.org/programs</a></td>
</tr>
</tbody>
</table>

### SOUTH

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>McAlister Institute for Treatment and Education</td>
<td>South Bay Women’s Recovery Center</td>
<td>(619) 336-1226</td>
<td><a href="http://www.mcalisterinc.org/programs">www.mcalisterinc.org/programs</a></td>
</tr>
<tr>
<td>Crossroads</td>
<td>3594 Fourth Ave., San Diego, CA 92103</td>
<td>(619) 296-1151</td>
<td><a href="http://www.crossroads4recovery.org/programs">www.crossroads4recovery.org/programs</a></td>
</tr>
</tbody>
</table>

### COUNTYWIDE RESIDENTIAL SERVICES

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perinatal Residential Programs</td>
<td>Perinatal programs include services for women and their children.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HealthRight 360 (HR360)</td>
<td>North County Serenity House</td>
<td>(760) 747-1015</td>
<td><a href="http://www.healthright360.org/agency/north-county-serenity-house">www.healthright360.org/agency/north-county-serenity-house</a></td>
</tr>
<tr>
<td>CRS Project – Casa de Milagros</td>
<td>1127 South 38th St., San Diego, CA 92113</td>
<td>(619) 262-4002</td>
<td><a href="http://www.maacproject.org/main/impact/healthy-homes-healthservices/recovery-homes">www.maacproject.org/main/impact/healthy-homes-healthservices/recovery-homes</a></td>
</tr>
<tr>
<td>Turning Point</td>
<td>1315 25th St., San Diego, CA 92102</td>
<td>(619) 233-0067</td>
<td><a href="http://www.turningpointhome.org">www.turningpointhome.org</a></td>
</tr>
</tbody>
</table>

### Mental Health Systems (MHS)

- **Family Recovery Center**
  - Address: 1100 Sportfisher Dr., Oceanside, CA 92054
  - Telephone: (760) 439-6702
  - Website: www.mhsinc.org/listing/family-recovery-center

- **Accepts women with children age 10 and under; provides withdrawal management services**

### McAlister Institute for Treatment & Education – Kiva

- **Family Recovery Center**
  - Address: 2049 Skyline Dr., Lemon Grove, CA 91945
  - Telephone: (619) 465-7303
  - Website: www.mcalisterinc.org/programs

- **Accepts women with children age 12 and under; provides withdrawal management services**

### New Entra Casa

- **Family Recovery Center**
  - Address: 3575 Pershing Ave, San Diego, CA 92104
  - Telephone: (619) 294-4526
  - Website: https://www.newentracasa.com/

### Women’s Residential Programs

- **CRASH – Short Term II**
  - Address: 2410 E St., San Diego, CA 92102
  - Telephone: (619) 234-3346
  - Website: www.crashinc.org/st2.asp

- **Crossroads**
  - Address: 3594 Fourth Ave., San Diego, CA 92103
  - Telephone: (619) 296-1151
  - Website: www.crossroads4recovery.org/programs

- **MAAC Project – Casa de Milagros**
  - Address: 1127 South 38th St., San Diego, CA 92113
  - Telephone: (619) 262-4002
  - Website: www.maacproject.org/main/impact/healthy-homes-healthservices/recovery-homes

- **Turning Point**
  - Address: 1315 25th St., San Diego, CA 92102
  - Telephone: (619) 233-0067
  - Website: www.turningpointhome.org