

## ANCILLARY SERVICES

### Catholic Charities, Inc. (Recovery Drop-in)

#### Rachel's Women's Center

759 8th Ave., San Diego, CA 92101

Tel: (619) 696-0873

Website: [www.ccdsd.org/programs/homeless-womens-services](http://www.ccdsd.org/programs/homeless-womens-services)

### Vista Hill Foundation (VHF)

#### CalWORKs Case Management

Tel: (619) 431-2103

Website: [www.vistahill.org/programs-services/cal-works-case-management-services](http://www.vistahill.org/programs-services/cal-works-case-management-services)

### Vista Hill Foundation (VHF)

#### Dependency Drug Court

Tel: (619) 668-4265

Website: [www.vistahill.org/programs-services/dependency-drug-court](http://www.vistahill.org/programs-services/dependency-drug-court)

### Public Health Nursing Home Visiting Services

*To make a referral, please call one of the following:*

North Inland-Escondido	(760) 740-4000
North Coastal-Oceanside	(760) 967-4401
North Central-Kearny Mesa	(858) 573-7300
Central-Mid City	(619) 229-5400
East-El Cajon	(619) 441-6500
South-Chula Vista	(619) 409-3110

## SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

## ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website: [www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc\\_ods.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods.html)

## CONTACT INFORMATION

### San Diego Access & Crisis Line

1-888-724-7240

Immediate support and resources from an experienced counselor

Free assistance 7 days / 24 hours

Assistance available in 150 languages  
TDD/TTY Dial 711

### 2-1-1 San Diego

Community, health, social, and disaster services

Free assistance 7 days / 24 hours

Assistance available in 200 languages  
<https://211sandiego.org/>

### Behavioral Health Services (BHS)

3255 Camino Del Rio South

San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700

[www.sandiegocounty.gov/hhsa/programs/bhs](http://www.sandiegocounty.gov/hhsa/programs/bhs)

(No services provided at this location)



LIVE WELL  
SAN DIEGO

To learn more about *Live Well San Diego*, visit [LiveWellSD.org](http://LiveWellSD.org)



# SUBSTANCE USE DISORDER PROGRAMS FOR WOMEN

County of San Diego Health and Human Services Agency  
Behavioral Health Services

## WOMEN'S SUBSTANCE USE DISORDER PROGRAMS

The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children, pregnant women, and adolescents. Treatment programs for women are located throughout the County and services may include:

- Residential treatment and recovery programs,
- Case managers who provide support and referrals,
- Childcare,
- Children's mental health services,
- Transportation to and from services,
- Language services,
- Work preparation activities, and
- Classes for improving self-esteem, parenting, life skills, and healthy relationships.

### Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

## OUTPATIENT PERINATAL SERVICES

*Outpatient services are available to women, and pregnant or parenting women and adolescent females age 15 and older. Women may utilize the outpatient perinatal programs outlined below or access coed programs outlined in the adult services brochure.*

## CENTRAL

### McAlister Institute for Treatment & Education

North Central Women's Recovery Center  
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123  
Tel: (858) 384-6284  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### Vista Hill Foundation (VHF)

ParentCare Central Family Recovery Center  
4125 Alpha St., San Diego, CA 92113  
Tel: (619) 266-0166  
Website: [www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral](http://www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral)

## EAST

### Vista Hill Foundation (VHF)

ParentCare East Family Recovery Center  
4990 Williams Ave., La Mesa, CA 91942  
Tel: (619) 668-4200  
Website: [www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral](http://www.vistahill.org/programs-services/don-allen-parentcarefamily-recovery-center-east-parentcare-family-recovery-centercentral)

## NORTH COASTAL

### HealthRight 360 Serenity Outpatient

3355 Mission Ave. Ste. 239, Oceanside, CA 92058  
Tel: (442) 888-5830  
Website: [www.healthright360.org/san-diego](http://www.healthright360.org/san-diego)

## NORTH INLAND

### North Inland Women & Adolescent Recovery Center (NIWARC)

751 Rancheros Dr. Ste. 5, San Marcos, CA 92069  
Tel: (760) 761-0515  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

## SOUTH

### McAlister Institute for Treatment and Education

South Bay Women's Recovery Center  
2414 Hoover Ave. Ste. C, National City, CA 91950  
Tel: (619) 336-1226  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

## COUNTYWIDE RESIDENTIAL SERVICES

### Perinatal Residential Programs

*Perinatal programs include services for women and their children.*

### HealthRight 360 (HR360)

North County Serenity House  
1341 North Escondido Blvd., Escondido, CA 92026  
Tel: (760) 747-1015  
Tel: (760) 741-5098 (bed availability)  
Website: [www.healthright360.org/agency/north-county-serenity-house](http://www.healthright360.org/agency/north-county-serenity-house)  
*Accepts women with children age 6 and under*

## Perinatal Residential Programs Cont'd.

### Mental Health Systems (MHS)

Family Recovery Center  
1100 Sportfisher Dr., Oceanside, CA 92054  
Tel: (760) 439-6702  
Website: [www.mhsinc.org/listing/family-recovery-center-2](http://www.mhsinc.org/listing/family-recovery-center-2)  
*Accepts women with children age 10 and under; provides withdrawal management services*

### McAlister Institute for Treatment & Education – Kiva

2049 Skyline Dr., Lemon Grove, CA 91945  
Tel: (619) 465-7303  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)  
*Accepts women with children age 12 and under; provides withdrawal management services*

### New Entra Casa

3575 Pershing Ave, San Diego, CA 92104  
Tel: (619) 294-4526  
Website: <https://www.newentracasa.com/>

## Women's Residential Programs

### CRASH – Short Term II

2410 E St., San Diego, CA 92102  
Tel: (619) 234-3346  
Website: [www.crashinc.org/st2.asp](http://www.crashinc.org/st2.asp)

### Crossroads

3594 Fourth Ave., San Diego, CA 92103  
Tel: (619) 296-1151  
Website: [www.crossroads4recovery.org/programs](http://www.crossroads4recovery.org/programs)

### MAAC Project – Casa de Milagros

1127 South 38th St., San Diego, CA 92113  
Tel: (619) 262-4002  
Website: [www.maacproject.org/main/impact/healthy-homes-healthservices/recovery-homes](http://www.maacproject.org/main/impact/healthy-homes-healthservices/recovery-homes)

### Turning Point

1315 25th St., San Diego, CA 92102  
Tel: (619) 233-0067  
Website: [www.turningpointhome.org](http://www.turningpointhome.org)