COUNTY OF SAN DIEGO  
ADULT & OLDER ADULT BEHAVIORAL HEALTH SERVICES

# SOUTH REGION AOABH
URGENT WALK-IN SERVICES

<table>
<thead>
<tr>
<th>CRF SOUTH BAY GUIDANCE WELLNESS RECOVERY CENTER</th>
<th>CRF MARIA SARDIÑAS WELLNESS RECOVERY CENTER</th>
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</thead>
<tbody>
<tr>
<td><strong>MON, WED, &amp; FRI</strong></td>
<td><strong>TUES &amp; THURS</strong></td>
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<tr>
<td>9:00am—1:00pm</td>
<td>9:00am—3:00pm</td>
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**CRF SOUTH BAY GUIDANCE WELLNESS RECOVERY CENTER**

- **Address:** 1196 3rd Avenue, Chula Vista, CA 91911
- **Phone:** (619) 427-4661
- **Areas Served:** 91902, 91915, 91908, 91921, 91909, 91950, 91909, 91951

**CRF MARIA SARDIÑAS WELLNESS RECOVERY CENTER**

- **Address:** 1465 30th Street, Suite K, San Diego, CA 92154
- **Phone:** (619) 428-1000
- **Areas Served:** 91932, 91933, 92143, 92153, 92154, 92155, 92173

If you need further assistance, please call the Access and Crisis Line: 1-888-724-7240

GM 05/16/2019