



# DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR ADULTS & OLDER ADULTS

## OUTPATIENT SERVICES

### CENTRAL

#### Deaf Community Services (DCS)

Mental Health and Substance Use Conditions  
1545 Hotel Circle S Ste 300, San Diego, CA 92108  
Tel: (619) 398-2441  
Video Phone: (619) 550-3436  
Website: [www.deafcommunityservices.org](http://www.deafcommunityservices.org)

*Behavioral Health Services for Deaf and Hard of Hearing*

#### Solutions 4 Recovery - Family Health Centers of San Diego

2136 El Cajon Blvd, San Diego, CA 92104  
Tel: (619) 515-2586  
Website: [www.fhcsd.org/substance-use-disorder-services](http://www.fhcsd.org/substance-use-disorder-services)  
*LGBTQ emphasis*

#### ECS - Central East Regional Recovery Center

4660 El Cajon Blvd Ste 210, San Diego, CA 92115  
Tel: (619) 597-7335  
Website: <https://www.ecscalifornia.org/central-east-regional-recovery-center>  
*Adult and Transition Age Youth (TAY) services*

#### Union of Pan Asian Communities (UPAC)

Substance Use Outpatient Treatment Program  
3288 El Cajon Blvd, San Diego, CA 92104  
Tel: (619) 521-5720  
Website: [www.upacsd.com](http://www.upacsd.com)

#### Vista Hill - Bridges North Central

Bridges North Central Regional Recovery Center  
3148 Midway Drive, Suite 113, San Diego, CA 92110  
Tel: (619) 363-0853  
Website: [www.vistahill.org](http://www.vistahill.org)

### EAST

#### McAlister Institute for Treatment & Education (MITE) - East County Regional Recovery Center

1365 N Johnson Ave Ste 111, El Cajon, CA 92020  
Tel: (619) 440-4801  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### NORTH COASTAL

#### MITE - North Coastal Regional Recovery Center

1701 Mission Ave #310, Oceanside, CA 92058  
1211 W Vista Way, Bldg C, Vista, CA 92083  
Tel: (760) 721-2781  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

### NORTH INLAND

#### MITE - North Inland Regional Recovery Center

200 E Washington Ave #100, Escondido, CA 92025  
Tel: (760) 741-7708  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)

#### Interfaith Community Services Substance Use Outpatient Treatment

1820 S Escondido Blvd #100, Escondido, CA 92025  
Tel: (760) 294-6356 x 136 | (760) 294-6356 x 135  
Website: [www.interfaithservices.org](http://www.interfaithservices.org)  
*Outpatient, intensive outpatient, and recovery services (aftercare) provided*

### SOUTH

#### MITE - South Bay Regional Recovery Center

1180 Third Ave Ste C-3, Chula Vista, CA 91911  
Tel: (619) 691-8164  
Website: [www.mcalisterinc.org/programs](http://www.mcalisterinc.org/programs)  
*Homeless support services provided*

#### South Bay Behavioral Health Center

740 10<sup>th</sup> Street, Imperial Beach, CA 91932  
Tel: (619) 906-5321 x 5321  
Website: <https://www.fhcsd.org/south-bay-behavioral-health-center/>

# DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR ADULTS & OLDER ADULTS

## COUNTYWIDE RESIDENTIAL SERVICES

### Alpha Project - Casa Raphael

993 Postal Way, Vista, CA 92083

Tel: (760) 630-9922

Website: [www.alphaproject.org/programs/residential-treatment](http://www.alphaproject.org/programs/residential-treatment)

*Men's residential services*

### Amity Vista Ranch

2260 Watson Way, Vista, CA 92083

Tel: (760) 599-1892

Website: [www.amityfdn.org/amity-foundation-campuses](http://www.amityfdn.org/amity-foundation-campuses)

*Men's residential services*

### Crossroads

3594 Fourth Ave, San Diego, CA 92103

Tel: (619) 296-1151

Website: [www.crossroads4recovery.org](http://www.crossroads4recovery.org)

*Women's residential services*

### CRASH - Short Term I

4161 Marlborough Ave, San Diego, CA 92105

Tel: (619) 282-7274

Website: [www.crashinc.org](http://www.crashinc.org)

*Men's residential services*

### CRASH - Golden Hill House

2410 E St, San Diego, CA 92102

Tel: (619) 234-3346

Website: [www.crashinc.org](http://www.crashinc.org)

*Women's residential services*

### CRASH - Golden Hill House II

835 25th St, San Diego, CA 92102

Tel: (619) 239-9691

Website: [www.crashinc.org](http://www.crashinc.org)

*Co-ed residential services*

### Fellowship Center

Program (ASAM levels 3.1, 3.2, 3.5)

737 E Grand Ave, Escondido, CA 92025

Tel: (760) 745-8478

Website: [www.thefellowshipcenter.org](http://www.thefellowshipcenter.org)

*Men's residential services*

### San Diego Freedom Ranch

1777 Buckman Springs Rd, Campo, CA 91906

Tel: (619) 478-5696

Website: [www.sdfreedomranch.org](http://www.sdfreedomranch.org)

*Men's residential services*

### Heartland House

5855 Streamview Dr, San Diego, CA 92105

Tel: (619) 287-5460

Website: [www.heartlandhouse.org/](http://www.heartlandhouse.org/)

*Men's residential services*

### House of Metamorphosis

2970 Market St, San Diego, CA 92102

Tel: (619) 236-9217

Website: [www.houseofmetamorphosis.org](http://www.houseofmetamorphosis.org)

*Men's residential services*

### Interfaith Community Services

Escondido Community Sobering Services

550 W Washington Ave, Escondido, CA 92025

Tel: (760) 489-6380 x 246 | (760) 489-6380 x 279

*Men's and women's residential services*

### MAAC Project - Casa de Milagros

1127 S 38th St, San Diego, CA 92113

Tel: (619) 262-4002

Website: <https://www.maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>

*Women's residential services*

### MAAC Project - Nosotros

73 N 2nd Ave Bldg B, Chula Vista, CA 91910

Tel: (619) 426-4801

Website: <https://www.maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>

*Men's residential services*

### Pathfinders

2980 Cedar St, San Diego, CA 92102

Tel: (619) 239-7370

Website: [www.pathfindersrecovery.org](http://www.pathfindersrecovery.org)

*Men's residential services*

### Stepping Stone

3767 Central Ave, San Diego, CA 92105

Tel: (619) 278-0777

Website: [www.stepsingstonesd.org](http://www.stepsingstonesd.org)

*LGBTQ emphasis*

### Tradition One

4104 Delta St, San Diego, CA 92113

Tel: (619) 264-0141

Website: [www.traditionone.com](http://www.traditionone.com)

*Men's residential services*

### Turning Point

1315 25th St, San Diego, CA 92102

Tel: (619) 233-0067

Website: [www.turningpointhome.org](http://www.turningpointhome.org)

*Women's residential services*

### Veterans Village of San Diego

4141 Pacific Highway, San Diego CA 92110

Tel: (619) 497-0142

Website: [www.vvsvd.net](http://www.vvsvd.net)

*Co-ed residential services*



## DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR ADULTS & OLDER ADULTS

### COUNTYWIDE RESIDENTIAL SERVICES CONTINUED

#### The Way Back

2516 A St, San Diego, CA 92102  
 Tel: (619) 235-0592  
 Website: [www.thewaybacksd.org](http://www.thewaybacksd.org)  
*Men's residential services*

#### McAlister Institute New Connections

2049 Skyline Drive, Lemon Grove, CA 91945  
 Tel: (619) 465-7303  
 Website: [www.mcalisterinc.org](http://www.mcalisterinc.org)

#### Interfaith Community Services Residential Treatment

Escondido Community Sobering Services  
 550 W Washington Avenue, Escondido CA 92025  
 Tel: (760) 489-6380 x 246  
 Website: [www.interfaithservices.org](http://www.interfaithservices.org)

### JUSTICE INVOLVED

#### CENTRAL

##### MITE - Inebriate Reception Center

3511 India St, San Diego, CA 92103  
 Tel: (619) 294-5760  
 Website: [www.mcalisterinc.org/programs/](http://www.mcalisterinc.org/programs/)

##### MHS - Serial Inebriate Program (SIP)

Alcohol Treatment Services  
 3340 Kemper St Ste 105, San Diego, CA 92110  
 Tel: (619) 523-8121  
 Website: [www.mhsinc.org/listing/serial-inebriate-program-sip-2/](http://www.mhsinc.org/listing/serial-inebriate-program-sip-2/)

##### San Diego Second Chance Re-Entry Court Services

6145 Imperial Ave, San Diego, CA 92114  
 Tel: (619) 234-8888  
 Website: [www.secondchanceprogram.org/reentry-court](http://www.secondchanceprogram.org/reentry-court)

#### ADULT DRUG COURTS

##### MHS - East County Center for Change Adult Drug Court

545 N Magnolia Ave, El Cajon, CA 92020  
 Tel: (619) 579-0947  
 Website: [www.mhsinc.org/listing/east-county-center-for-change-2/](http://www.mhsinc.org/listing/east-county-center-for-change-2/)  
*Must meet certain requirements*

##### MHS - North County Center for Change Adult Drug Court

504 W Vista Way, Vista, CA 92083  
 Tel: (760) 940-1836  
 Website: [www.mhsinc.org/listing/north-county-center-for-change-2/](http://www.mhsinc.org/listing/north-county-center-for-change-2/)  
*Must meet certain requirements*

##### MHS - South County Center for Change Adult Drug Court

1172 3rd Ave Ste D1, Chula Vista, CA 91911  
 Tel: (619) 691-1662  
 Website: <https://www.mhsinc.org/listing/south-county-center-for-change-2/>  
*Must meet certain requirements*

##### MHS - San Diego Center for Change Adult Drug Court

3340 Kemper St Ste 101, San Diego, CA 92110  
 Tel: (619) 758-1433  
 Website: [www.mhsinc.org/listing/san-diego-center-for-change-2/](http://www.mhsinc.org/listing/san-diego-center-for-change-2/)



# DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR ADULTS & OLDER ADULTS

## PROGRAMS FOR MENTAL HEALTH & SUBSTANCE USE CONDITIONS

## WITHDRAWAL MANAGEMENT

### UPAC - New Leaf Recovery Center-South

855 3rd Ave, Suite 2230, Chula Vista, CA 91911  
Tel: (619) 271-7992

Website: [http://www.upacsd.com/index.php/services-2/adult-older-adult-mental-health/upac-new-leaf-recovery-center/Bio-Psychosocial Rehabilitation \(BPSR\) and co-occurring conditions program](http://www.upacsd.com/index.php/services-2/adult-older-adult-mental-health/upac-new-leaf-recovery-center/Bio-Psychosocial-Rehabilitation-(BPSR)-and-co-occurring-conditions-program)

### MHS - ACTION Central

6244 El Cajon Blvd Suite 17, San Diego, CA 92115  
Tel: (619) 287-8225

Website: [www.mhsinc.org/listing/action-central](http://www.mhsinc.org/listing/action-central)  
*Mental health and substance use conditions*

### MHS - ACTION East

10201 Mission Gorge Rd, Santee, CA 92071  
Tel: (619) 383-6868

Website: [www.mhsinc.org/listing/action-east](http://www.mhsinc.org/listing/action-east)  
*Mental health and substance use conditions*

### UPAC - New Leaf Recovery Center

3539 College Ave, San Diego, CA 92115  
Tel: (619) 818-3788

Website: [www.upacsd.com](http://www.upacsd.com)  
*Bio-Psychosocial Rehabilitation (BPSR) and co-occurring conditions program*

### UPAC - New Leaf Recovery Center - North

3998 Vista Way Ste E, Oceanside, CA 92056  
Tel: (760) 295-9830

Website: [www.upacsd.com](http://www.upacsd.com)  
*Bio-Psychosocial Rehabilitation (BPSR) and co-occurring conditions program*

### Interfaith Community Services Residential Treatment

Escondido Community Sobering Services  
550 W Washington Ave, Escondido, CA 92025  
Tel: (760) 489-6380 x 221 | (760) 489-6380 x 256

Website: [www.interfaithservices.org](http://www.interfaithservices.org)  
*Men's and women's withdrawal management services*

### McAlister Institute Adult Detox

2049 Skyline Drive, Lemon Grove, CA 91945  
Tel: (619) 442-0277

Website: [www.mcalisterinc.org](http://www.mcalisterinc.org)

### Fellowship Center

Program (ASAM levels 3.1, 3.2, 3.5)  
737 E Grand Ave, Escondido, CA 92025  
Tel: (760) 745-8478

Website: [www.thefellowshipcenter.org](http://www.thefellowshipcenter.org)  
*Men's withdrawal management services*