**TEEN PERINATAL SERVICES**

*McAlister Institute (MITE)*
North Inland Women’s & Adolescent Recovery Center (NIWARC)
**Pregnant and Parenting Women and Teen Girls 15 yrs & up**
751 Rancheros Dr.
San Marcos, CA 92069
Tel: (760) 761-0515
Website: [http://www.mcalisterinc.org/programs/](http://www.mcalisterinc.org/programs/)

*McAlister Institute (MITE)*
New Hope Teen Recovery Center (NHTRC)
**Pregnant and Parenting Teen Girls 12-17**
1212 S. 43rd Street, Ste. C
San Diego, CA 92113
Tel: (619) 263-1790 Fax: (619) 263-1793
Website: [www.mcalisterinc.org/programs/](http://www.mcalisterinc.org/programs/)

*McAlister Institute (MITE)*
South Bay Women’s Recovery Center
**Pregnant and Parenting Women and Teen Girls 15 yrs & up**
2414 Hoover Ave.
National City, CA 91950
Tel: (619) 336-1226
Website: [http://www.mcalisterinc.org/programs/](http://www.mcalisterinc.org/programs/)

*Vista Hill Foundation*
**ParentCare Central**
**Pregnant and Parenting Women and Teen Girls 15 yrs & up**
4125 Alpha St.
San Diego, CA 92113
Tel: (619) 266-0166

*Vista Hill Foundation*
**ParentCare Family Recovery Center – East**
**Pregnant and Parenting Women and Teen Girls 15 yrs & up**
4990 Williams Ave.
La Mesa, CA 91942
Tel: (619) 668-4200 Fax: (619) 698-1665

*Vista Hill Foundation*
**Perinatal Case Management**
**Pregnant and Parenting Women and Teen Girls 12 yrs & up**
4990 Williams Ave.
La Mesa, CA 91942
Tel: (619) 668-4265 Fax: (619) 668-4264
Website: [www.vistahill.org/programs-services/perinatal-case-management/](http://www.vistahill.org/programs-services/perinatal-case-management/)

*COURT REFERRED ONLY*
**Vista Hill Juvenile Drug Court**
Juvenile Probation Center
2901 Meadow Lark Drive
San Diego, CA, 92123
(858) 694-4729
Website: [www.vistahill.org/](http://www.vistahill.org/)

Clients receiving services through County of San Diego contracted SUD programs are treated with equality, in a welcoming, nondiscriminatory manner, consistent with applicable state and federal law. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services (except for required share of cost). No services will be refused due to a client’s inability to pay.

Programs are organized by region but services may be sought at any location.

Pregnant teens have priority admission to recovery and treatment programs.
ADOLESCENT PROGRAMS
Adolescent substance abuse programs provide treatment for adolescents and their families. Outpatient services, crisis intervention, and residential treatment services are offered in our urban and rural communities.

Program Goals:
- Provide developmentally appropriate substance abuse treatment services for adolescents throughout the County
- Assure access to care
- Help youth reach their full potential by achieving a substance free lifestyle
- Promote self-sufficiency through education or employment
- Contribute to the decrease in crime by ensuring that participants have no new arrests

RESIDENTIAL SERVICES

COUNTYWIDE
McAlister Institute (MITE)
Adolescent Group Homes (short term)
Tel: (619) 442-0277 ext. 121
(Call for locations)
- Ramona
- Lemon Grove
- Spring Valley
Website: www.mcalisterinc.org/programs/

Phoenix House Academy
Lake View Terrace (Los Angeles)
Tel: (888) 671-9392
Website: www.phoenixhouse.org/

NON-RESIDENTIAL SERVICES

NORTH COASTAL TEEN RECOVERY CENTER
McAlister Institute (MITE)
3923 Waring Road, Suite A & D
Oceanside, CA 92056
Tel: (760) 726-4451 Fax: (760) 726-4465
Website: www.mcalisterinc.org/programs/

Satellite Programs
- Oceanside High School
- 1 Pirates Cove
  Oceanside, CA 92054

- Rancho Buena Vista High School
  1601 Longhorn Drive
  Vista, CA 92081

- Clair Burgner Academy
  707 Carey Rd
  Oceanside, CA 92058

NORTH INLAND TEEN RECOVERY CENTER
Mental Health Systems, Inc. (MHS)
340 Rancheros Drive, Suite 166
San Marcos, CA 92069
Tel: (760) 744-3672 Fax: (760) 744-6182
Website: www.mhsinc.org/listing/teen-recovery-center-north-inland-2/

Satellite Programs
- Valley High School
  410 Hidden Trails Rd.
  Escondido, CA 92027

- Fallbrook High School
  2400 S. Stage Coach Ln.
  Fallbrook, CA 92028

- Montecito High School
  720 9th Street
  Ramona, CA 92065

NORTH CENTRAL TEEN RECOVERY CENTER
McAlister Institute (MITE)
7625 Mesa College Drive, Suite 115B
San Diego, CA 92111
Tel: (858) 277-4633 Fax: (858) 277-4933
Website: www.mcalisterinc.org/programs/

Satellite Programs
- Madison High School
  4833 Doliva Drive
  San Diego, CA 92117

- Junipero Serra High School
  5156 Santo Road
  San Diego, CA 92124

- University City High School
  6949 Genesee Ave
  San Diego, CA 92122

SOUTH TEEN RECOVERY CENTER
McAlister Institute (MITE)
629 3rd Avenue, Suite C
Chula Vista, CA 91910
Tel: (619) 691-1045 Fax: (619) 691-1491
Website: www.mcalisterinc.org/programs/

Satellite Programs
- Palomar High School
  480 Palomar Street
  Chula Vista, CA 91911

- Beyer Boulevard Teen Recovery Center
  3065 Beyer Blvd, Suite B-103
  San Diego, CA 92154

CENTRAL TEEN RECOVERY CENTER
Union of Pan Asian Communities (UPAC)
3288 El Cajon Boulevard, Suite 13
San Diego, CA 92104
Tel: (619) 521-5720 Fax: (619) 521-5728
Website: www.upacsd.com/

Satellite Programs
- Hoover High School
  4474 El Cajon Boulevard
  San Diego, CA 92115

- San Diego High School
  1405 Park Avenue
  San Diego, CA 92101

- ALBA Community School (Middle & High School)
  4041 Oregon Street
  San Diego, CA 92104

CENTRAL SOUTHEASTERN TEEN RECOVERY CENTER
Vista Hill
220 Euclid Avenue, Suite 40
San Diego, CA 92114
Tel: (619) 795-7232 Fax: (619) 795-7256
Website: www.vistahill.org/

Satellite Programs
- Morse High School
  6000 Skyline Drive
  San Diego, CA 92114

- Lincoln High School
  4777 Imperial Avenue
  San Diego, CA 92113

EAST COUNTY TEEN RECOVERY CENTER
McAlister Institute (MITE)
East Teen Recovery Center
550 Festler Street, Suite G1 & G2
El Cajon, CA 92020
Tel: (619) 588-5361 Fax: (619) 588-5421
Website: www.mcalisterinc.org/programs/

Satellite Programs
- Chaparral High School
  1600 North Cuyamaca Street
  El Cajon, CA 92020

- Mount Miguel High School
  8585 Blossom Lane
  Spring Valley, CA 91977

- Dale Avenue
  4495 Dale Avenue, Suite 110
  La Mesa, CA 91941