

COUNTYWIDE SERVICES (CONT'D)

RESIDENTIAL SERVICES

McAlister Institute for Treatment and Education (MITE)

Perinatal Withdrawal Management

2049 Skyline Dr.

Lemon Grove, CA 91945

Tel: (619) 465-7303

Website: www.mcalisterinc.org/programs

North County Serenity House

(Accepts women with children age 5 and under)

1341 North Escondido Blvd.

Escondido, CA 92026

Tel: (760) 747-1015

Tel: (760) 741-5098 (bed availability)

Website: www.healthright360.org/agency/north-county-serenity-house

Turning Point

1315 25th St.

San Diego, CA 92102

Tel: (619) 233-0067

Website: www.turningpointhome.org

ANCILLARY SERVICES

Catholic Charities, Inc. (Recovery Drop-in)

Rachel's Women's Center

759 8th Ave.

San Diego, CA 92101

Tel: (619) 696-0873

Website: www.ccdsd.org/programs/homeless-womens-services

Vista Hill Foundation (VHF)

CalWORKs Case Management

Tel: (619) 431-2103

Website: www.vistahill.org/programs-services/calworks-case-management-services

Vista Hill Foundation (VHF)

Dependency Drug Court

Tel: (619) 668-4265

Website: www.vistahill.org/programs-services/dependency-drug-court

Pregnant women have priority admission to recovery and treatment programs

ANCILLARY SERVICES (CONT'D)

Public Health Nursing Home Visiting Services

To make a referral, please call one of the following:

North Coastal-Oceanside (760) 967-4401

North Inland-Escondido (760) 740-4000

North Central-Kearny Mesa (858) 573-7300

Central-Mid City (619) 229-5400

East-El Cajon (619) 441-6500

South-Chula Vista (619) 409-3110

CALL 2-1-1 FOR REFERRALS OR INFORMATION

Clients receiving services through County of San Diego contracted SUD programs are treated with equality, in a welcoming, nondiscriminatory manner, consistent with applicable state and federal law. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services (except for required share of cost). No services will be refused due to a client's inability to pay.

www.sandiegocounty.gov/hhsa/programs/bhs

www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods.html

County of San Diego Health and Human Services Agency

DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR WOMEN

Behavioral Health Services

3255 Camino Del Rio South

San Diego, CA 92108

(No services provided at this location)

SAN DIEGO ACCESS & CRISIS LINE

1-888-724-7240

TDD/TTY Dial 711

Free assistance 7 days / 24 hours

www.livewellsd.org



WOMEN'S SUBSTANCE USE DISORDER PROGRAMS

The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and adolescents.

Treatment programs for women are located all over the County with many services available.

Services may include:

- Childcare
- Free or low-cost services
- Children's mental health services
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Language services
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

- ▲ Wheelchair Accessible
- Language Services Available

**PROGRAMS ARE ORGANIZED BY REGION;
HOWEVER, SERVICES MAY BE SOUGHT AT ANY
LOCATION.**

OUTPATIENT SERVICES

CENTRAL

McAlister Institute for Treatment & Education (MITE) ●▲

North Central Women's Recovery Center
(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
8665 Gibbs Dr. Ste. 150 San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

Vista Hill Foundation (VHF) ●▲

ParentCare Central Family Recovery Center
(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
4125 Alpha St. San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

EAST

Vista Hill Foundation (VHF) ●▲

ParentCare East Family Recovery Center
(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
4990 Williams Ave. La Mesa, CA 91942
Tel: (619) 668-4200
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

NORTH

North Inland Women & Adolescent Recovery Center (NIWARC) ●▲

(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
751 Rancheros Dr. Ste. 5 San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

HealthRight 360 Serenity Outpatient ▲

(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
3355 Mission Ave. Ste. 239 Oceanside, CA 92058
Tel: (442) 888-5830
Website: www.healthright360.org/san-diego

OUTPATIENT SERVICES

SOUTH

McAlister Institute for Treatment and Education (MITE) ●▲

South Bay Women's Recovery Center
(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)
2414 Hoover Ave. Ste. C National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/programs

COUNTYWIDE SERVICES

RESIDENTIAL SERVICES

CRASH – Short Term II ▲

2410 E St. San Diego, CA 92102
Tel: (619) 234-3346
Website: www.crashinc.org/st2.asp

Crossroads ▲

3594 Fourth Ave. San Diego, CA 92103
Tel: (619) 296-1151
Website: www.crossroads4recovery.org/programs

MAAC Project – Casa de Milagros ●▲

1127 South 38th St San Diego, CA 92113
Tel: (619) 262-4002
Website: www.maacproject.org/main/impact/healthy-homes-health-services/recovery-homes

Mental Health Systems (MHS) Family Recovery Center ●▲

(Accepts women w/children age 10 and under)
1100 Sportfisher Dr. Oceanside, CA 92054
Tel: (760) 439-6702
Website: www.mhsinc.org/listing/family-recovery-center-2

McAlister Institute for Treatment & Education (MITE) –Kiva ●▲

(Accepts women w/children age 12 and under)
2049 Skyline Dr. Lemon Grove, CA 91945
Tel: (619) 465-7303
Website: www.mcalisterinc.org/programs