

CRA: Behavioral Health Services



Pathways: Essentials of Culturally Responsive Practice



*Design your journey. Deepen your impact.
Shape your path toward equity-centered care.*

In the CRA-BHS series behavioral health and substance use treatment Program Managers, Direct Service, and Administrative staff will gain specific skills to improve culturally responsive and appropriate services, in order to reduce health disparities and improve health equity in the County of San Diego's Behavioral Health System.

Each class will explore a different topic related to enhancing culturally responsive practice. Learners will have the opportunity to choose from our array of class offerings, and tailor the series to their specific needs.

Successful completion of the series will include: attendance and participation in at least 3 of the offered classes between September and March, attendance and participation in a simulation day in April, and completion of a final project.

[Watch this video to learn more about the Pathways series.](#)

Learning Objectives:

- Recognize ways that assessing cultural resilience and strengths can improve cultural responsiveness in behavioral healthcare and substance use treatment settings.
- Discuss the impact of culturally influenced communication, including nonverbal cues and other forms of communication, on trust and rapport-building within your organization and/or with individuals and families receiving services.
- Examine organizational policy and practice to identify opportunities to improve culturally responsive engagement with individuals and families receiving services.



Audience

Suggested for:
Program Managers
Direct Service Staff
Administrative Staff

This class is open to staff members at all levels from San Diego County BHS and its contracted programs.



Delivery Dates

Sep 30, 2025 – Apr 29, 2026



Registration

Please register via the

[Academy LMS](#)

**Course code: CRABHS-
CRCC2-1**

If you have questions about registration or need technical assistance please visit [ZOHO](#).

Contact

For more information or to answer any questions you may have, please contact:

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Culturally Responsive Academy (CRA) is a delivery of Cultural Responsiveness Services, a program of the Academy for Professional Excellence at SDSU School of Social Work.

CRA-BHS: 2025 – 2026 Courses



Fall Semester

	Course Name	Dates and Times	Location	CE's
1	Cultural Responsiveness and Courageous Conversations: Transforming Provider Culture from Awareness to Equity	Sep. 30, 9:00am – 4:00pm	Virtual	6 hrs
2	Strategies for Culturally Responsive Engagement, Continuous Improvement and Accountability in Behavioral Health and Substance Use Treatment	Oct 14, 9:00am – 4:00pm	Virtual	6 hrs
3	Special Topics in Suicide in LGBTQ+ & Older Adults	Oct. 23, 9:00am – 4:00pm	Virtual	6 hrs
4	Epigenetics and Generational Healing	Nov. 18, 9:00am – 4:00pm	Virtual	6 hrs
5	Culturally Responsive Communication: Building on Cultural Resilience and Strengths to Overcome Service Barriers and Bias	Dec. 09, 9:00am – 4:00pm	Virtual	6 hrs
6	Culturally Responsive Behavioral Health Care with Trans and Nonbinary People	Dec. 10, 9:00am – 4:00pm	Virtual	6 hrs

Winter/Spring Semester

	Course Name	Dates and Times	Location	CE's
7	Cultural Responsiveness and Courageous Conversations: Transforming Provider Culture from Awareness to Equity	Jan. 13, 9:00am – 4:00pm	Virtual	6 hrs
8	Culturally Responsive Behavioral Health Services for the Latinx Community	Jan. 28, 9:00am – 4:00pm	Virtual	6 hrs
9	Strategies for Culturally Responsive Engagement, Continuous Improvement and Accountability in Behavioral Health and Substance Use Treatment	Feb. 10, 9:00am – 4:00pm	Virtual	6 hrs
10	Suicide Prevention/Postvention	Feb. 17, 9:00am – 4:00pm	Virtual	6 hrs
11	Harm Reduction	Mar. 10, 9:00am – 4:00pm	Virtual	6 hrs

12	Culturally Responsive Communication: Building on Cultural Resilience and Strengths to Overcome Service Barriers and Bias	Mar. 25, 9:00am – 4:00pm	Virtual	6 hrs
13	CRA-BHS Series: Simulation 1	Apr. 21, 9:00am – 4:00pm	Virtual	6 hrs
14	CRA-BHS Series: Simulation 2	Apr. 29, 9:00am – 4:00pm	Virtual	6 hrs

Additional Information

ADA

The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # CEP15014; CCAPP Provider # 1S-98-398-1026, and CAADE Provider # CP40 906 CH0326 for 6 contact hours/CEHs. [How to Obtain CE Certificates](#) & [CE Grievance Procedures](#).



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Visit us at theacademy.sdsu.edu.