

TRANSFER OF LEARNING MI TOOL LIST

TOPIC	LINK	FOR WHOM	NOTES/POSSIBLE ACTIVITIES:
Resource: Motivational Interviewing Network of Trainers (MINT), Inc	https://motivationalinterviewing.org/	Individual and Supervisor	Website offers a library of free resources available to support continued learning such as 7 min video on MI, manuals, research, videos, PowerPoint presentations, MI in the News, etc.
Resource: Website of Co-Author William Miller	https://williamrmiller.net/	Individual and Supervisor	Website offers information on what is MI, consultation and training by William Miller.
Resource: Website of Co-Author Stephen Rollnick	https://www.stephenrollnick.com/about-motivational-interviewing/	Individual and Supervisor	Website offers information on what is MI, consultation and training by Stephen Rollnick.
Resource: MI and Psychotherapy	http://www.mitrip.org/ojs/index.php/mitrip/article/view/6/31	Individual and Supervisor	Article by William Miller.
Resource: MI and Teens	https://groupmiforteens.org/	Individual and Supervisor	Website dedicated to group MI for teens.
Resource: MI Podcast	Talking to Change Podcast	Individual and Supervisor	Spotify Podcast by two members of MINT dedicated to MI concepts and multiple contexts.
Knowledge: Overview of MI	https://www.youtube.com/watch?v=SsNgZ47o2l4 2 min https://www.youtube.com/watch?v=BtATq6dHaus 1 min	Individual and Supervisor	Two videos with William Miller and MI.
Knowledge: Overview of MI	https://www.youtube.com/watch?v=SAntO8nLDMQ 56 min	Individual and Supervisor	Video of Stephen Rollnick lecturing on MI and South Africa/HIV setting
Knowledge: Supervision	https://motivationalinterviewing.org/sites/default/files/mia-step.pdf	Supervisor	Although this manual is specific to MI and Assessment (MI 2 nd Edition), there is information and tools to assist a supervisor/mentor in providing support for continued learning MI. Please note that principles and decision balance are

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			not part of MI – 3 rd edition but information is useful.
Knowledge: Supervision	https://www.youtube.com/watch?v=YlhMsTdZMVM&t=399s 12 min	Supervisor	This video by William Miller offers information on Change Talk within the leadership context.
Knowledge: Author of MI	https://www.youtube.com/watch?v=SAntO8nLDMQ&feature=youtu.be		South Africa HIV
Knowledge: Glossary	https://motivationalinterviewing.org/sites/default/files/glossary_of_mi_terms-1.pdf	Individual and Supervisor	Definition of Terms for the Third Edition of MI. Page is found within the Library Tab of the MINT website.
Knowledge: MI Spirit	https://www.youtube.com/watch?v=Vr-aZ4tdoac 2 min	Individual and Supervisor	Video Excerpt of Stephen Rollick
Knowledge: Righting Reflex	https://vimeo.com/18469694 2 min	Individual and Supervisor	Video explanation of “Righting Reflex” by William Miller
Knowledge: Motivation	https://store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Use-Disorder-Treatment/PEP19-02-01-003	Individual and Supervisor	Free Publication by the Substance Abuse and Mental Health Services Administration (SAMSHA): “Enhancing Motivation for Change in Substance Abuse Disorder Treatment”
Skill Development: Identify OARS	https://www.youtube.com/watch?v=A-3wZrLkZpE 8 min	Individual and Supervisor	Watch coded video to support identifying OARS skills. Identify what type of reflections are used. Can use Observer Sheet from link below on page 36. Context: Employment
Skill Development: Identify OARS	https://www.youtube.com/watch?v=b8C1jQe0FZE&t=18s (16 min)	Individual and Supervisor	Watch classic MI demonstration by Terri Moyers and code OARS using the OARS sheet from free training resource by MINT on page 38: https://motivationalinterviewing.org/sites/default/files/tnt_manual_rev_2020.pdf Context: Substance Use

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Skill Development: Identify 4 elements of MI Spirit and OARS	https://www.youtube.com/watch?v=P3JUXQ4kkHs&t=4s (23 min)	Individual and Supervisor	Watch the video and decide what you will identify: 4 element of MI Spirit, OARS or CT. Use Observer sheets from TNT manual (see link above) on pages 36-38. Context: Engaging and Focusing with Domestic Violence
Skill Development: Putting It All Together	https://www.youtube.com/watch?v=PQzrx7JmUkM&t=2s 16 min	Individual and Supervisor	Watch coded video for 4 Processes, OARS, EPE, Change Talk (motivation). Context: Substance Use
Skill Development: Responding to Discord	https://www.youtube.com/watch?v=bTRRNWrwRCo&t=15s 6 min	Individual and Supervisor	Watch video by Stephen Rollnick and identify skills utilized to respond to discord as focusing is being approached. Context: Health Care
Skill Development: Change Talk	Kognito – Change Talk is available online and/or as a phone application. https://go.kognito.com/changetalk	Use as a support tool in learning	App is free and coach is included. Search for “kognito-change talk” in the App Store. Available on iPhone and Android. Online download is available.
Skill Development: Application of MI in Supervision	https://www.youtube.com/watch?v=p5bmNL16w9A&feature=youtu.be 15 min	Supervisor	Watch both approaches and identify how each approach impacts the development of the therapist. Also, identify the MI skills used by the supervisor by using Observer Sheet to code supervisor use MI.
Tool: Mini Poster	https://www.centerforebp.case.edu/resources/tools/housing-motivation-miniposter	Individual and Supervisor	Free download to promote stability in housing by providing helpful hints on motivation.
Tool: Reminder Card	https://www.centerforebp.case.edu/resources/tools/mi-reminder-card	Individual and Supervisor	Free download. A reminder card that can be used as a guide for self-correction during the MI conversation within a variety of settings.
Tool: Values Card Sort	https://motivationalinterviewing.org/sites/default/files/valuescardsort_0.pdf	Individual and Supervisor	Free download of a set of value cards that can used during the MI

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	https://sakai.ohsu.edu/access/content/group/Kathlynn_Tutorials/public/Value%20Card%20Sort%20Exercise%20-%20Storyline%20output/story_html5.html		conversation. Supervisor can consider a demonstration of values card sort. Second link is for an online version of a values card sort.
Tool: Core Skills	MI Basic Interventions	Individual and Supervisor	A grid with helpful hints of how to use the OARS, EPE and MI Spirit within each process of MI.
Tool: Elicit feedback from client	https://motivationalinterviewing.org/sites/default/files/cemi_11_items_final.pdf	Individual and Supervisor	Use to include the voice of the client in treatment.
Other Contexts:			
Engage with Parents	https://eclkc.ohs.acf.hhs.gov/video/using-motivational-interviewing-techniques-more-effectively-partner-parents 57 min	Individual and Supervisor	Lecture style video on MI with parents. Video includes brief video demonstrations.
MI Videos with parents	https://eclkc.ohs.acf.hhs.gov/mental-health/article/motivational-interviewing-suite	Individual and Supervisor	Use this video guide to support various MI elements demonstrated in the 2 video demonstrations. https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/interviewing-viewers-guide.pdf
MI & Care Coordination & parents	https://vimeo.com/130906336	Individual and Supervisor	Lecture Style video by member of MINT. Watch to gain more knowledge. Utilize guide to help support learning. https://cpeip.fsu.edu/mma/documents/ECHO%20Care%20Coordinator%20Training%20Guide%20-%20Using%20Motivational%20Interviewing%20In%20Care%20Coordination.pdf

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MI & COVID Vaccine Hesitancy	https://vimeo.com/521413650/2f073d8bf4	Individual and Supervisor	Video demonstration within context of COVID Vaccine Hesitancy with acknowledgment of structural racism.
Culture of Empathy	https://www.youtube.com/watch?v=HWvYeX6Heqk	Individual and Supervisor	Interview with Bill Miller and empathetic understanding