



**Is your child struggling with concerns at school
or home?**

Is your child sad, withdrawn, or acting out?

SchoolLink services are available to help.

ABOUT

SchoolLink is a partnership between the County of San Diego (County) and local school districts to provide County-funded behavioral health services to students.

- Services are provided at no or low cost to the family
- No one is turned away due to inability to pay
- Services can be provided during or outside of school hours, on campus, in a community setting, or via telehealth, based on the students' and family's needs.

SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and may include:

- Social-Emotional Skill-Building
- Mental Health & Substance Use Treatment
- Individual, Family, and Group Therapy
- Psychiatric Services inclusive of Medication Support
- Care Coordination, Case Management, or Referral Assistance

ELIGIBILITY

SchoolLink providers can provide a free screening to determine eligibility. Students must meet 'medical necessity' criteria, meaning they are experiencing emotional, behavioral, mental health, or substance use concerns. In addition, the student must be:

- Medi-Cal enrolled; or
- Low income and uninsured



HOW DO I ACCESS SCHOOLINK?

Families can contact the SchoolLink provider or designated school staff to request an assessment.

School staff can refer students with parent/guardian consent to their SchoolLink provider via phone, fax, or email.

WHAT IF I AM NOT SURE IF SCHOOLINK SERVICES ARE RIGHT FOR MY STUDENT?

SchoolLink staff are available for informal phone, video, or in person meetings with students and their families to share information and answer questions prior to making a referral. To arrange an informal meeting, contact the SchoolLink provider.

Additional information and SchoolLink referrals are also available through the San Diego County Access & Crisis Line

888-724-7240

7 days a week | 24 hours

[Behavioral Health Services
Directories for Children, Youth,
and Families](#)

