



**Is your child struggling with concerns at school
or home?**

Is your child sad, withdrawn or acting out?

SchoolLink services are available to help.

ABOUT

SchoolLink is a partnership between the County of San Diego (County) and local school districts to provide County-funded behavioral health services to students.

- Services are provided at no or low cost to the family
- No one is turned away due to inability to pay
- Services can be provided during or outside of school hours, on-campus, in a community setting or via telehealth, based on the student's and families needs.

SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and can include:

- Mental health & substance use treatment
- Individual, family and group therapy
- Medication support
- Case management
- Collateral services
- Rehabilitative services

ELIGIBILITY

SchoolLink providers can provide a free screening to determine eligibility. In general, the student must meet medical necessity criteria for specialty mental health services or Drug Medi-Cal. In addition, the student must be:

- Medi-Cal enrolled; or
- Low income and uninsured; or
- Low income and underinsured



HOW DO I ACCESS SCHOOLINK?

Families can contact the SchoolLink provider or designated school staff and request an assessment.

School staff can refer students with parent/guardian consent to their SchoolLink provider via phone.

WHAT IF I AM NOT SURE IF SCHOOLINK SERVICES ARE RIGHT FOR MY STUDENT?

SchoolLink staff are available for informal phone, video or in person meetings with students and their families to share information and answer questions prior to making a referral. To arrange an informal meeting, contact the SchoolLink provider.

Additional information and SchoolLink referrals are also available through the San Diego County Access & Crisis Line

888-724-7240

7 days a week | 24 hours

[Behavioral Health Services
Directories for Children, Youth,
and Families](#)

