

# HOPE Academy at San Pasqual

Given pilot program status by the California Department of Social Services to help demonstrate and test best practices under AB 403/Continuum of Care Reform, San Pasqual HOPE Academy is a unique model for serving the whole child via trauma-informed care. The Academy is a first in the nation coed residential education program designed specifically for foster youth, ages 12-17 years old.

The Academy, akin to a resource family placement, provides a comprehensive support system for the youth, including an individualized education, independent living skills training, therapeutic services, extra-curricular and enrichment activities, family connections and relational permanency.

## ACADEMY PARTNERS

**New Alternatives, Inc.**  
(760) 233-6000

**HHSA – Child Welfare Services**  
(760) 233-6287

**San Diego County  
Office of Education**  
(760) 233-6003

**Access, Inc.**  
(760) 233-4028

### Alumni Perspective

“San Pasqual helped me become who I am and provided me support, assistance and care.”

“They helped me reconnect with family.”



**LIVE WELL  
SAN DIEGO**

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[LiveWellSD.org](http://LiveWellSD.org)



# HOPE Academy at San Pasqual

**H**ealth  
**O**pportunities  
**P**ermanency  
**E**ducation

Where embracing children and supporting families creates opportunities for safety, stability and success!

## HEALTH & OPPORTUNITIES

## PERMANENCY

## EDUCATION

### Helping Youth and Families Grow

- Family-style homes with house parents
- Families encouraged to participate in campus activities
- Transportation provided for visits, school (as needed), employment and enrichment activities
- On-site health and wellness center
- Financial literacy training for youth and families
- Work experience program
- Intergenerational mentors
- Aftercare and transitional services support for youth and families, including Alumni Housing

### Developing Life-Long Connections

- Sibling placements
- Family days on campus
- Therapeutic community with individual, group and family counseling
- Parent partner/mentor
- Parenting support and trauma-informed care education for parents and resource families
- Parent/resource families support group
- Financial support for resource families during visitation as needed
- Wraparound services for youth returning home with option to continue attending San Pasqual HOPE Academy School

### Broadening Horizons

- Comprehensive high school with small classroom settings and enhanced educational focus and supports
- Family inclusion in Parent-Teacher Conferences
- Career Technical Education courses in culinary arts, horticulture, and multimedia arts
- Access to state of the art technology
- Community service and leadership opportunities
- Activities such as California Interscholastic Federation (CIF) sports, yearbook, Associated Student Body (ASB), and Key Club
- Opportunity for college preparatory classes leading to higher graduation rates and college entry