



QUALITY PARENTING INITIATIVE

SAN DIEGO

QPI MISSION STATEMENT

Foster Parents in San Diego County make an enduring, emotional commitment to each child and provide excellent parenting in a safe nurturing family. They are volunteers who are **valued, respected, skilled members of a professional team** that works collaboratively to meet the needs of the individual child. They nurture and support connections with the child's family, community and culture. They give children a sense of stability and safety so that children can reach their potential and live healthy, productive lives.



Supervisor: Diana Macis
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Coordinator: Arleth Rubio
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Regional QPI Information

EAST

Ambassadors: Agency staff - Shannon Jimenez: 619-401-3698 | Resource Parent- MaryAnn Paschal P: 619-277-7432

Monthly Steering Committee Meeting: 4th Wednesday of every month @ 9:30AM - 10:30AM -Location: 389 N. Magnolia Ave. El Cajon 92020

CENTRAL

Ambassadors: Agency staff – Donna Alexander: 619-521-7301 | Angelina Thomas P: 619-521-7417 | Resource Parent - Lorraine Mattox P: 619-997-1214

Monthly Steering Committee Meeting: 2nd Wednesday of every month @ 9:00AM - 10:30AM- Location: 4305 University Ave. Suite 400 San Diego 92105

North CENTRAL

Ambassadors: Agency staff– Carmen Arronte: 858-694-5498 | Resource Parent - Mary Jo Meer P: 858-735-6976

Monthly Steering Committee Meeting: 2nd Tuesday of every month @ 2:00PM - 4:00PM– Location - 6950 Levant St. San Diego 92111

North COASTAL | North INLAND

Ambassadors: Agency Staff – Nina Morgan: 760-740-3261 | Martha McKenzie 760-754-3429 | Resource Parent - Patty Boles P: 760-643-8373

Monthly Steering Committee Meeting: 2nd Wednesday of every month @ 9:30AM-11AM– Location - 851 W. San Marcos Blvd. San Marcos 92078

SOUTH

Ambassadors: Agency staff - Veronica Perez: 619-585-5156 | Patricia Olvera P: 619-585- 5043 | Julia Diaz P: 619-585-5048 | Resource Parent - Emma Tidmore P: 619-423-8128

Monthly Steering Committee Meeting: 2nd Thursday of every month @ 9:30AM - 10:30AM– Location –303 H St. Suite 201 Chula Vista 91910

VISIT QPI CALIFORNIA
WEBSITE!

QPICALIFORNIA.ORG



You are cordially invited to:

Quarterly Training for Foster Parents & Social Workers

Various locations, dates & times
listed below



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Child-Centered Transitions

The training will cover:

- Best practices for all types of transitions
- How to discuss transitions with children of all ages
- Caregivers' grief and loss
- Important components in developing a transition plan

**Social workers & foster parents will receive 2 hours
of training credit**

Child care is available!

Please RSVP with regional staff listed below



- **East Region -8/24/16 @ 9:30am-11:30am-389 N. Magnolia Ave. El Cajon 92020
Shannon Jimenez 619-401-3698**
- **North Region- 9/13/16 @10am-12pm -Straight From The Heart-Training Center
851 W. San Marcos Blvd. San Marcos 92078 Leah Jenkins 760-754-3454**
- **N. Central Region- 9/15/16 @ 10am-12pm-6950 Levant St. San Diego 92111
Danica Perez 858-694-5429**
- **Central Region- 9/21/16 @ 9am-11am -4305 University Ave., Suite 400
San Diego 92105 Terri Montes 619-521-7352**



Social Advocates for Youth (SAY San Diego) is a locally based non-profit dedicated to the positive development of San Diego's children, families and communities. SAY's primary services include:

- Delinquency Prevention and Juvenile Diversion
- Extended Day Before and After School Programs
- Family Support and Development
- Health Promotion
- Community Development and Collaboration
- School Readiness and Support
- Child Abuse Prevention
- Alcohol, Tobacco and Drug Abuse Prevention
- Mental Health



SAY San Diego's Project KEEP

Are you a Foster Parent or Relative Caregiver caring for a child ages 5-12?

Let us assist you!

- Get help with challenging child behaviors
- Receive support from other Foster Parents and Caregivers
- Earn up to 8 hours of your annual training requirements
- Free on-site childcare
- Weekly Incentives for Participants

Veronica S.

Project KEEP a 16 week, group-based parent education and support program designed to improve child behavior and decrease caregiver stress

Eligibility Requirements

Must reside in San Diego County

Must be a foster parent or relative caregiver for a child ages 5-12

Please contact us at (858) 565-4148 for more information.

www.saysandiego.org

A Program of SAY San Diego

Funded by San Diego County, Health and Human Services Agency, Child Welfare Services





Social Advocates for Youth (SAY San Diego) es una agencia local basada en nonprofit dedicada al desarrollo positivo con niños, familias y comunidades de San Diego. Incluyendo servicios de:

- Prevención ante la delincuencia juvenil
- Programa de extensión de antes y después de la escuela
- Apoyo y desarrollo a las familias
- Promoción de salud
- Desarrollo en la comunidad y colaborativos
- Apoyo en la escuela sobre la lectura
- Prevención del abuso de niño
- Prevención del alcohol, tabaco, abuso de drogas



SAY San Diego's Project KEEP

¿Está usted cuidando a un niño/a foster o pariente entre las edades de 5—12 ?

Dejenos ayudarlo!

Recibirá ayuda en cómo manejar/lidiar con comportamientos difíciles

Recibirá apoyo de otros padres de crianza/pariente

Recibirá 8 unidades anuales de entrenamiento

Cuidado de niños gratis

Compensación semanal por participante

El Proyecto Keep es un grupo de educativo/apoyo para padres que durará 16 semanas y está específicamente diseñado para apoyar a padres de crianza.

Requisitos elegibles

Residir en el condado de San Diego

Tiene que ser padre de crianza/pariente de niños de edades 5 –12

Por favor hablar al teléfono (858) 565-4148 para más información.

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