



WHO WE ARE

A home visiting program to help parents with the changes that come with the birth of a baby.

We offer services to expecting parents and parents of newborns.

Early on, visits are weekly to get to know the family. Visits decrease as the child grows and last until preschool.

*Babies don't come
with a manual,
but they can come
with a nurse.*



If you are interested in receiving services, please send an email to:
PersimmonySupport.HHSA@sdcounty.ca.gov

You may also call
Office of Nursing Excellence
(858) 514-3125
or dial 211 to get more information.

**FOR MORE
INFORMATION
SCAN HERE:**



A NO-COST NURSE
HOME VISITING PROGRAM



FAMILY SUPPORT

Where we focus our support:

- Access to prenatal care
- Bonding
- Health care needs
- Healthy relationships
- High-risk pregnancies
- Pregnancy loss or early birth



HEALTHY FAMILIES
SAN DIEGO COUNTY
ENHANCES THE HEALTH
AND WELLBEING OF
INDIVIDUALS, FAMILIES,
AND COMMUNITIES

WHAT WE OFFER: Family Assessment

Our team will visit you at home or wherever you prefer. We will talk about your needs and where you would like support as a parent. We will explain the program and offer community resources.



WHAT WE OFFER: Home Visiting

You will be matched with a Public Health Nurse to support you and your family.

Visits Include:

- What to expect during labor and delivery
- How to raise a healthy child
- Breastfeeding/bottle feeding support
- How to care for your family's health
- Connection to community resources
- Stress management

