



HEALTHY SAN DIEGO

Fluoride Varnish Application

9-Step Quick Reference

1	CONFIRM STAFF	Identify trained staff is available to apply fluoride varnish (FV) during patient visit
2	DETERMINE WHEN	Determine best time for FV to be applied during appointment (available staff)
3	IDENTIFY ELIGIBILITY	Children and adolescents ages 0-20
4	OBTAIN CONSENT	Discuss the purpose and benefits of fluoride varnish with parents and obtain consent
5	INFORM STAFF	Inform staff consent was provided and the patient is ready
6	GATHER SUPPLIES	Gauze, fluoride varnish, and brush
7	APPLY FV	Apply per individual manufacturer's recommendation
8	POST-CARE	Provide patient and caregiver with post-care instructions
9	BILLING	Proceed with standard insurance or Medi-Cal billing processes (CPT 99188, CDT D1206)