

**HEALTHY SAN DIEGO (HSD)
 JOINT CONSUMER & PROFESSIONAL ADVISORY COMMITTEE
 MINUTES – May 11, 2023**

Voting Members/Alternates Present: Greg Knoll (Co-Chair), Laverne Brizendine, Jack Dailey, Michelle Darnelle, Tina Hendizadeh, Kim Fritz, Molly Kintz, Kathleen Lang, Joshua Lee, Sarah Legg, Valerie Martinez, Donald Miller, MD, Ben Parmentier, Harriet Seldin, DMD, Aaron Starfire, Caryn Sumek, Heather Summers, Salvador Tapia, Jennifer Tuteur, MD

HSD Staff Present: Lynn Carr, Brittany Charity-Walker, Angela Galba-Davis, Lee Laydon, Alison Sipler, Michael Worman

Other Participants: Kara Bourne, Ann Louise Conlow, Pamela DeLeon, Denise DiNoto, Karina Gallardo, Laurence Gonzaga, Alexandra Gracia, Jacqueline Kalajian, Luwam Kidane, John Malone, MD, Chris Nolan, Katy Olmos-Ly, Christy Rosenberg, Janet Vadakkumcherry, Brenda White

Guests: Pouya Afshar, MD, MBA, Katrina DeLeon, MD, Karl Steinberg, MD, Lindsey Yourman, MD

ITEM	DISCUSSION	ACTION
I. Welcome and Introductions	<ul style="list-style-type: none"> Meeting called to order at 3:00 p.m. by Greg Knoll. Introductions were made. An in-person quorum of voting members was confirmed. 	
II. Public Comment	<ul style="list-style-type: none"> None 	
III. Action Items		
Approval of minutes from previous meeting	<ul style="list-style-type: none"> April 13, 2023 minutes were approved 	
IV. Presentation	<p>Skilled Nursing Facility Care Transitions and CalAIM Reflections Lindsey C. Yourman, MD, County of San Diego Chief Geriatric Officer; Nursing Home Medical Directors, Karl Steinberg, MD, Katrina DeLeon, MD, and Pouya Afshar, MD, MBA</p>	
V. HSD Subcommittee Reports		
Quality Improvement Subcommittee (Valerie Martinez)	<ul style="list-style-type: none"> Old Business: Workplans and Combined Provider Training - The subcommittee is in the process of collecting workgroup charters. There was follow-up discussion on alleviating provider training burden and deferring the de-duplication process for cultural sensitivity until the All Plan Letter (APL) is received from DHCS. Within the draft APL, comments were shared about ways to reduce duplication by collaborating with other health plans in geographic managed care areas and accepting attestation from providers so they only have to complete one training. It is believed that the HSD goal of reduced duplication and alleviation of provider training burden can be achieved through the APL process. Health Education & Cultural Linguistics (HE/CL) Workgroup - The Budget Request Letters, which serve as the invoice to collect the funds for the health 	

plans' annual contributions to support Healthy San Diego activities, will be sent out for health plan approval. The 2022 HE/CL Annual Report was reviewed; it highlighted accomplishments and previewed future activities. The report will be distributed to the health plans for internal use. There was an update on the activities in the 2023 HE/CL Workplan (workplan pending subcommittee approval): 1) Poverty Simulation Training was completed on 4/21 with 77 attendees; 2) Fluoride Varnish Application Training will be held on 6/2 and HE/CL budget will pay for puppets and supplies for the kit that will be sent to participants; 3) ECM Motivational Interviewing Training is being planned for Q3; 4) Well Child Toolkits for providers will be the focus for Q4 that will incorporate Child Health and Disability Program (CHDP) changes and address pediatric HEDIS measures, and 5) Cultural Competency Training is on hold for now due to the APL that was mentioned earlier.

- **Facility Site Review (FSR) Workgroup** - The group did not meet in May.
- **Consumer Center for Health Education & Advocacy** - Carol and Jack reported an increase in the requests for support for the renewal process and redetermination, likely attributed to media campaigns. They are preparing for actions to come in June regarding potential loss of coverage or request for exchanging verification documentation. In preparation, training has been conducted on the new rules and requirements. The goal is to ensure people are not losing coverage or access to care.
- **Health Plan Workgroup** - Dr. Tom Coleman shared information about the Child Health Disability Prevention (CHDP) Program sunsetting 7/1/24. SB 184 requires the State to finalize a CHDP transition plan by 12/31/23. Blood lead screening monitoring responsibility will transition to the health plans. Dr. Coleman is invited to return for more discussion in July/August. Mary from WIC (Women Infant and Children) requested a workgroup to discuss responsibilities and collaboration between the health plans and WIC in July.
- **San Diego Regional Center Workgroup** - Sal Tapia reported that APL 23-010 requests MCPs to collaborate with schools to coordinate ABA services, with a goal to have an MOU established with LEAs (Local Educational Agency) by 2025. ICF-DD (Intermediate Care Facilities, Developmentally Disabled) meets regularly and will attend next SDRC meeting to support with custodial care (disabilities).
- **Community-Based Adult Services (CBAS) Workgroup** - Molly Kintz reported on the referral process. Referrals from plans are appreciated and it was requested that communication be distributed about CBAS services.
- **California Children's Services (CCS) Workgroup** - The group met on 4/20 and discussed the workgroup charter that's in development and CCS information regarding medical foods, eligibility of care, and population health management annual assessment/reassessments for healthcare needs. They participated in the HSD Children and Youth Ad Hoc Workgroup. CCS presented *CCS 101 Medical Therapy Education*, which supports MCPs and medical staff to

	<p>improve and expand education efforts. CCS held a semi-annual transition planning workshop in Chula Vista in April and another training will take place in Fall 2023 to increase capacity to help children as they transition out of CCS. They are considering booths for the next training event to share information with attendees.</p> <ul style="list-style-type: none"> • AIS/Health Plan Workgroup - The workgroup is seeking a new co-chair and considering meeting semi-annually or ad hoc instead of quarterly. Updates were shared regarding the IHSS (In-Home Supportive Services) Public Authority pilot pre-vetting of provider lists (lists that will be shared with recipients when interviewing providers to be their caregiver). A new MOU template from DHCS coming in June 2023 for implementation in 2024. • Dual Eligible & LTSS Workgroup - Group provided updates earlier. Will support scheduling of a subgroup meeting with the Long-Term Care Taskforce, as discussed during the Skilled Nursing Facilities Care Transition presentation. • QI Studies Workgroup: Fluoride Varnish Training - The fluoride varnish intervention is a training for CHDP providers to increase capacity on fluoride varnish application and integrate into provider practice. The intervention will be monitored to assess if fluoride varnish application rates increase as a result. This is the second round of trainings conducted on this topic. The training will occur 6/2. Dr. Miller asked how data are being collected since it's known that many patients are getting their fluoride varnish through their dental home. Valerie Martinez responded that there are different approaches to collecting the data by health plan via a code, claim, or documented notes, as well as data from DHCS. Integration is going to be key for obtaining data from other sources. Sarah Legg added that documentation is going to be a challenge since DHCS changed the fluoride varnish measure. The measure goes up to age 21. Dr. Tuteur provided context for how fluoride varnish was identified as a QI topic through the FSR Workgroup. Blood Lead Screening - Baseline data is being collected to drive strategies and design an intervention. This is important since CHDP will sunset on 7/1/24, and blood lead screening responsibilities will shift to the health plans. 	<p><i>Schedule subgroup meeting</i></p>
<p>Behavioral Health Subcommittee (Salvador Tapia)</p>	<ul style="list-style-type: none"> • County Behavioral Health Services (BHS) - With the 7/1/23 CalAIM CPT coding implementation, the County is using an intergovernmental process to exchange funds between the State and County to support a phased payment reform (cost-based to fee-for-service) transition with the goal of funding mental health and substance use disorder (SUD) services using a rate supplied by the State. The County will provide crosswalks for HCP-CFC codes changing to CPT codes. BHS will be heavily involved in CalAIM justice-involved initiatives. BHS is working to implement Community Assistance, Recovery and Empowerment (CARE) Court which will begin on 10/1/23 with workforce issues being a top concern. HSD is collaborating with BHS and MCPs to facilitate data exchange. There were discussions about canceling CARE Court 	

	<p>stakeholder meetings; federal funding rates for residential and outpatient rates; and Dr. Esposito presented on QI and managing performance improvement projects. The Mental Health Services Act (MHSA) public comment is complete and discussion about MHSA funds being adult-focused and not much emphasis on children.</p> <ul style="list-style-type: none"> • Justice-Involved Workgroup - The new HSD Justice-Involved Workgroup kicked off on 3/15. The next meeting is 5/24. • Child and Youth Population of Focus Ad Hoc Workgroup - The workgroup has met twice, on 4/18 and 5/3, that focused on CCS subsets. The next meeting on 5/17 will focus on foster children. More information provided in Agenda # VI. C. CalAIM Children and Youth Ad Hoc Workgroup. • APL 23-010 BHT - APL 23-101 was shared about Behavioral health treatment services including applied behavioral analysis (ABA) and other interventions and adding in coordination with the Local Education Agency (LEA) or school district. There will be more discussion on the APL on 5/16 with the San Diego Regional Center and other managed care plans. • Alcohol & Drug Services Providers Association (ADSPA) - There are 36 entities in the coalition. Marisa Varond reported that UPAC contracts are transitioning to Neighborhood House Association for co-occurring services SUD MH; MAT location opening in the central region and one in Oceanside, Freedom Ranch has added 3.3 residential care beds for cognitive disabilities. • Mental Health Contractors Association - No update • Behavioral Health Advisory Board - Judith Yates echoed from the advisory board that there is not much information available about CARE Courts and workforce is the top issue. • Jewish Family Service - Patrick is leaving JFS is hiring. • Interfaith Services - The “Change Your Mind” event was held on 5/6 in Oceanside to support mental health awareness and connections between consumers and care providers. Interfaith was awarded a Price Foundation grant which will become the first Center of Excellence in San Diego County with training for SUD counselors that will expand workforce. • HASDIC - Caryn Sumek noted that with Title 42 ending, there are collaborative efforts with the State to fund food and clothing. • SBHIP Update - Health plans are working with Gita Murthy Consulting to get the County Office of Education involved to be TPA and will be charging no more than 1% (one percent) to ensure almost all money goes to the schools. • Population Health Management - Arnold Noriega provided an overview of the DHCS Population Health Management framework to highlight: PHM framework risk stratification and segmentation, initial screening and assessment, care management programs, and transitional care services. The reimagined Population Needs Assessment Concept Paper was shared as well as the May 2023 Updated PHM Policy Guide; the May 2023 Guide 	
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	<p>shared quality measures and key performance indicators for the PHM Program.</p> <ul style="list-style-type: none"> • Health & Wellness Update - Dr. Tuteur suggested checks for Hepatitis A vaccination status with two vaccinations to be protected. People with BH disorders, as well as obesity and heart disease, are at higher risk for COVID complications. Adults should take the second bi-valent vaccination and children should get at least one bivalent vaccination. COVID cases are decreasing and the Public Health Emergency ends on 5/11 at 9 pm. Telemedicine will continue for prescribing controlled substances until 11/1/23; Health Plans DMHC mandated continued coverage of testing, vaccinations, and treatment through 11/11 for out-of-network and after 11/11 it continues for in-network; the free telehealth number is 833-686-5051; the CDC can no longer request COVID test results so tracking will be from wastewater and hospitals; best protection from COVID is up-to-date vaccination, ventilation, washing hands and mask wearing in crowded areas. Title 42 was lifted with 10,000 people at the border and Border Patrol is providing flu and COVID shots. • D-SNP Ombudsman Program Update - Greg Knoll announced they are recruiting new BH advocates and case managers. Mental health grievances and appeals are increasing with the largest grievance category being quality of care. • Aurrera Health Group Update - Rita Cruz Gallegos announced that the LTSS Workgroup will meet on 6/22. 	
<p>HSD CalAIM Workgroup / Intrepid Ascent (Jack Dailey & Danielle Carter)</p>	<ul style="list-style-type: none"> • The PATH CPI Collaborative is supporting San Diego County’s implementation of ECM and Community Supports. It has taken on the former role of the HSD CalAIM Workgroup. Additional information is reported below in Agenda Item: VII. Information/Updates, A. PATH CPI. 	
<p>VI. Chairs’ Reports</p>		
<p>A. Health Services Advisory Board (HSAB)</p>	<ul style="list-style-type: none"> • HSAB did not meet on 5/2/23. An ad hoc meeting will be scheduled later in May. The new HSAB Chair is Barry Jantz and the Vice-Chair is Geysil Arroyo. 	
<p>B. CalAIM D-SNP Update</p>	<ul style="list-style-type: none"> • At the last workgroup meeting, the need for data to establish a baseline of what is happening across the different dual categories in the region for ECM and CS utilization was discussed. This will help with understanding gaps and where efforts could be targeted for more outreach and engagement. 	
<p>C. Children and Youth CalAIM Ad-hoc Workgroup</p>	<ul style="list-style-type: none"> • The group met on 4/18 and 5/3 and will continue to hold bi-monthly meetings through July to focus on CalAIM Children/Youth implementation. The next meetings are 5/17 and 6/7. So far, the group is collecting data and has discussed the CCS subset and foster children will be next. The six areas of focus are: 1. Data by category (quantify and estimate), 2. Specific needs of the population (health, social, etc.), 3. Population subset (out of the existing 	

	children/youth providers, are there enough providers to meet estimated need of population of focus), 4. Communication with the medical home, 5. ECM provides that have met demonstrated experience with children and youth with any other considerations, and 6. Approvals/referrals and Transitions of Care (Authorizations, provider assignment, enrollment, the transition of care as children/youth step down). It was recommended to have representation from the Community Health Center (CHC) network on the workgroup.	<i>Engage CHC network in group</i>
D. Future Member Transitions	<ul style="list-style-type: none"> No updates 	
VI. Presentation	Skilled Nursing Facility Care Transitions and CalAIM Reflections Lindsey C. Yourman, MD, County of San Diego Chief Geriatric Officer; Nursing Home Medical Directors, Karl Steinberg, MD, Katrina DeLeon, MD, and Pouya Afshar, MD, MBA	
VII. CalAIM Reports		
A. PATH CPI (Denise DiNoto)	<ul style="list-style-type: none"> Denise DiNoto reported that during the April HSD meeting, Danielle Carter discussed the collaborative’s measurement strategy. Denise shared a broad view of the collaborative and that the focus over the last two months has been establishing infrastructure and inventorying existing efforts to identify feedback and information to be elevated. Local data and standardization of data across different platforms has been discussed. An Aim Statement is being developed to describe what can be achieved together as a collaborative. A measurement strategy to measure the success is currently being revised and will be shared with HSD and other stakeholders. In addition to the monthly meeting, other opportunities for collaboration and communication are being explored (e.g., learning, education, or grant opportunities). A Slack Channel was created to facilitate sharing. 	
B. Medi-Cal Rx	<ul style="list-style-type: none"> No report 	
C. Health Plans	<ul style="list-style-type: none"> No report 	
D. Advocates	<ul style="list-style-type: none"> No report 	
E. Consumers	<ul style="list-style-type: none"> No report 	
F. Clinical Providers (HSDIC, FQHCs)	<ul style="list-style-type: none"> HSDIC - Caryn Sumek reported that the HSDIC case management workgroup will meet on 5/31. 2-1-1 will present on their provider matrix tools, who is providing ECM and CS. A health plan representative will present on the referral process and who is eligible. FQHCs - Janet Vadakkumcherry reported that clinics are interested in the child and youth population of focus. 	
G. Social Service Providers	<ul style="list-style-type: none"> No report 	
VIII. Information/Updates		
A. Public Health Services (PHS)	<ul style="list-style-type: none"> No report 	

<p>B. Behavioral Health Services/Board (Ben Parmentier)</p>	<ul style="list-style-type: none"> The Board of Supervisors approved a new MHSA innovation program for public health workforce development in response to the behavioral health workforce shortage report. The program includes: 1) workforce outcomes-based renewable training and tuition fund, 2) an upscaling fund to meet professional needs mid-career, and 3) tiered loan forgiveness and home ownership incentives). The County Budget proposal included increased services relating to mental health contracted services, crisis diversion, substance use outpatient and withdrawal management, residential recovery services, long term care beds, implementation of the CARES Act, and opioid addiction. They will be stakeholder meeting and public hearings. 	
<p>C. Aging and Independence Services (Kristen Smith)</p>	<ul style="list-style-type: none"> Mid-June is Elder Abuse Awareness with the goal of spreading messages of awareness and how to report. There are collaborative efforts on housing and homeless with the Regional Task Force on Homelessness to provide training to over 200 service providers specific to aging. There was a webinar for federal groups interested in the nexus of aging and homelessness. There is continued work on an Aging 202. 	
<p>D. Medical Care Services (Heather Summers)</p>	<ul style="list-style-type: none"> The SDAIM Board Letter and Roadmap will be received at the 5/23 Board of Supervisors meeting. PATH Round 3 funding includes intersections with BHS, Sheriff Department, Probation, and MCS. The County’s CalAIM Implementation Assessment reflecting progress in the first year of implementation in San Diego County (2022) is wrapping up. A survey was deployed in April to ECM and CS providers. A draft of the full assessment report will be provided to the County of San Diego in June. 	
<p>E. Healthy San Diego Statistics (Michael Worman)</p>	<ul style="list-style-type: none"> The Medi-Cal enrollment data for March 2023 showed a steady increase in enrollment for each MCP in San Diego County. The total Medi-Cal managed care enrollment is over 978,000 and the percent of Medi-Cal members who are enrolled in a MCP is now up to 94.5%, which is the highest since 2019. The County’s eligibility statistics for April 2023 show an increasing number of recipients for most programs including: CalFresh is up 5.68% from last year, CalWORKs is up 14.22%, CMS is down 56.25% but there are currently only 7 recipients, General Relief is up 8.16%, and Medi-Cal is up 8.38% from last year. The unduplicated number of recipients for all services is nearly 1.2 million. 	
<p>IX. Future Agenda Items</p>	<ul style="list-style-type: none"> None 	
<p>X. Adjourn</p>	<ul style="list-style-type: none"> Meeting adjourned by Greg Knoll at 5:00 p.m. 	

THE NEXT HEALTHY SAN DIEGO JOINT CONSUMER & PROFESSIONAL ADVISORY COMMITTEE MEETING SCHEDULED

Thursday, June 08, 2023 from 3:00 p.m. to 5:00 p.m. *Via Zoom*

Minutes recorded and transcribed by Lee Laydon