

### How much does therapy cost?

If your child is eligible for the MTP and the team has determined that occupational or physical therapy is medically necessary, there is no charge.

### What if my family can't afford other medical services?

If you need help paying for your child's special needs (such as medical costs, x-rays, or equipment), CCS may pay for all or part of these costs. This will be determined through a financial eligibility interview.

### What if I have questions?

The MTU supervisor is available to answer your questions. Your opinions and concerns are valued, and every attempt will be made to resolve your concerns informally. If informal resolution is not possible, the formal resolution procedure will be explained to you.

### Where are the Medical Therapy Units?

Medical therapy units are located at six school sites across the county. If your child does not attend one of these schools, you may bring your child or you might be able to arrange transportation to an MTP site through your school district.

### Medical Therapy Unit Locations

#### San Diego North MTU

Kavod Charter School  
6991 Balboa Avenue  
San Diego, CA 92111  
(619) 605-1400

#### El Cajon MTU

Sevick Educational Center  
1609 E. Madison Avenue  
El Cajon, CA 92019  
(619) 588-3166

#### San Diego South MTU

Kimbrough Elementary School  
321 Hoitt Street  
San Diego, CA 92102  
(619) 262-7342

#### Chula Vista MTU

Greg Rogers Elementary School  
510 E. Naples Street  
Chula Vista, CA 91911  
(619) 421-6083

#### Vista MTU

California Avenue School  
215 W. California Avenue  
Vista, CA 92083  
(760) 724-0831

#### Escondido MTU

Quantum Academy  
420 N. Falconer Road  
Escondido, CA 92027  
(760) 432-2296



County of San Diego

Questions & Answers  
About The

California Children  
Services

Medical Therapy  
Program



For general CCS program questions please call our central office @ (619)528-4000 or visit our website @ [www.sdcounty.ca.gov/hhsa](http://www.sdcounty.ca.gov/hhsa), click on Allservices then click on California Children Services



## Welcome to CCS!

The California Children Services (CCS) Medical Therapy Program (MTP) helps children with physical disabilities and their families learn how to manage their challenges and lead full lives.

### Why have we come to the Medical Therapy Unit (MTU)?

You have come to the CCS Medical Therapy Unit because your child has a medical condition, which may affect doing various physical activities. The MTP Team, which includes occupational therapists and physical therapists, provides services to these eligible children. The MTP Team will advise you of the scope of our services and if referrals to other agencies are indicated.

### What services does the Medical Therapy Program Provide?

MTP children often have special physical challenges. The MTP provides occupational and physical therapy for these children. A team of therapy specialists will work with you and your child. Depending on your child's needs, therapy may include one or more of the following:

- ✓ Evaluation (identifying needs)
- ✓ Consultation/Support
- ✓ Individual occupational or physical therapy
- ✓ Group therapy
- ✓ Home programs
- ✓ Classroom consultations

Most of all, the team can help you to understand your child's disability. As your child changes, so will the therapy program. These changes will be developed with you and the MTP team.

### What will happen during your first visit?

You will learn about the program and give us information about your child. During this meeting, you will be able to talk about your child's needs and your expectations of therapy. After you have signed a consent form giving us permission to evaluate your child, the MTP Team will determine if he or she can benefit from therapy.

### How will my child's therapy program be determined?

1. You will help set therapy goals that emphasize your child's functional needs.
2. You and your family will receive home program instructions.
3. The therapists will consult with the child's private doctor to determine how frequently therapy will be needed.

4. The therapists will consult with your child's teachers to determine which therapy activities can be done during the school day.
5. The therapists will determine if your child needs special equipment to help make your child's every day activities easier.
6. Your child will be evaluated on a regular basis to determine his or her current needs.

### What are my responsibilities?

As a parent or guardian, your role is important to your child's therapy. You have the following responsibilities:

- ✓ Participate in your child's home program
- ✓ Participate in conferences with therapists
- ✓ Keep appointments for therapy; Call when you cannot keep an appointment
- ✓ Share your concerns and expectations
- ✓ Use other agencies and resources for services not provided by CCS