

Leading Health Conditions Impacting Seniors 65 Years and Over, San Diego County, 2019

In 2019, chronic disease overall held the greatest burden of conditions impacting San Diegans aged 65 and over. Below is a table looking at some of the leading health conditions impacting seniors 65 years of age and older.

Condition	Deaths		Hospitalization Discharges		Emergency Department Discharges	
	Cases	Rate*	Cases	Rate*	Cases	Rate*
Overall Heart Disease	3,954	835.9	22,089	4,669.9	22,420	4,739.9
Coronary Heart Disease (CHD)	2,029	429.0	3,717	785.8	782	165.3
Overall Cancer	3,751	793.0	4,508	953.1	694	146.7
Alzheimer's Disease and Related Dementias (ADRD)	2,804	592.8	653	138.1	1,129	238.7
Stroke	1,471	311.0	4,413	933.0	1,965	415.4
Chronic Obstructive Pulmonary Disease (COPD)/ Chronic Lower Respiratory Diseases	887	187.5	1,723	364.3	2,219	469.1
Overall Hypertensive Diseases	703	148.6	6,215	1,313.9	5,251	1,110.1
Diabetes	556	117.5	1,633	345.2	1,900	401.7
Unintentional Injuries	508	107.4	12,694	2,683.7	36,911	7,803.5
Falls	349	73.8	9,619	2,033.6	25,394	5,368.7
Motor Vehicle Injuries	62	13.1	477	100.8	1,725	364.7
Influenza and Pneumonia	234	49.5	2,835	599.4	2,813	594.7
Alcohol Related Disorders	115	24.3	300	63.4	700	148.0
Urinary Tract Infection	94	19.9	2,259	477.6	6,566	1,388.2
Suicide/Self-Inflicted Injuries	82	17.3	66	14.0	294	62.2

*Rates per 100,000 population

Source: Vital Records Business Intelligence System (CDPH), Patient Discharge Database (CA OSHPD), Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Community Health Statistics Unit; SANDAG, Current Population Estimates, 05/2020.