Demographic Profiles

2019

San Diego County
Senior Subset

County of San Diego
Health and Human Services Agency
Public Health Services
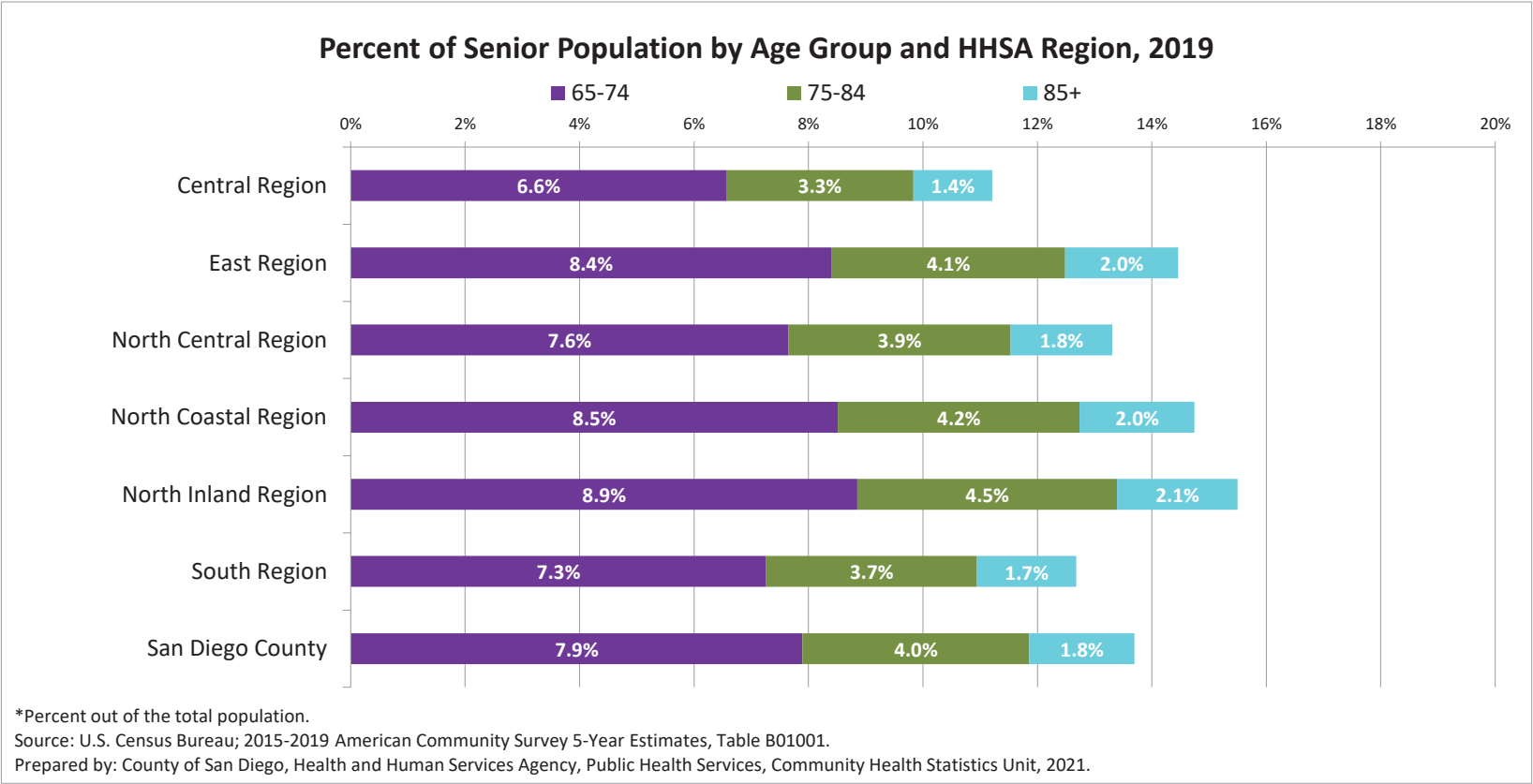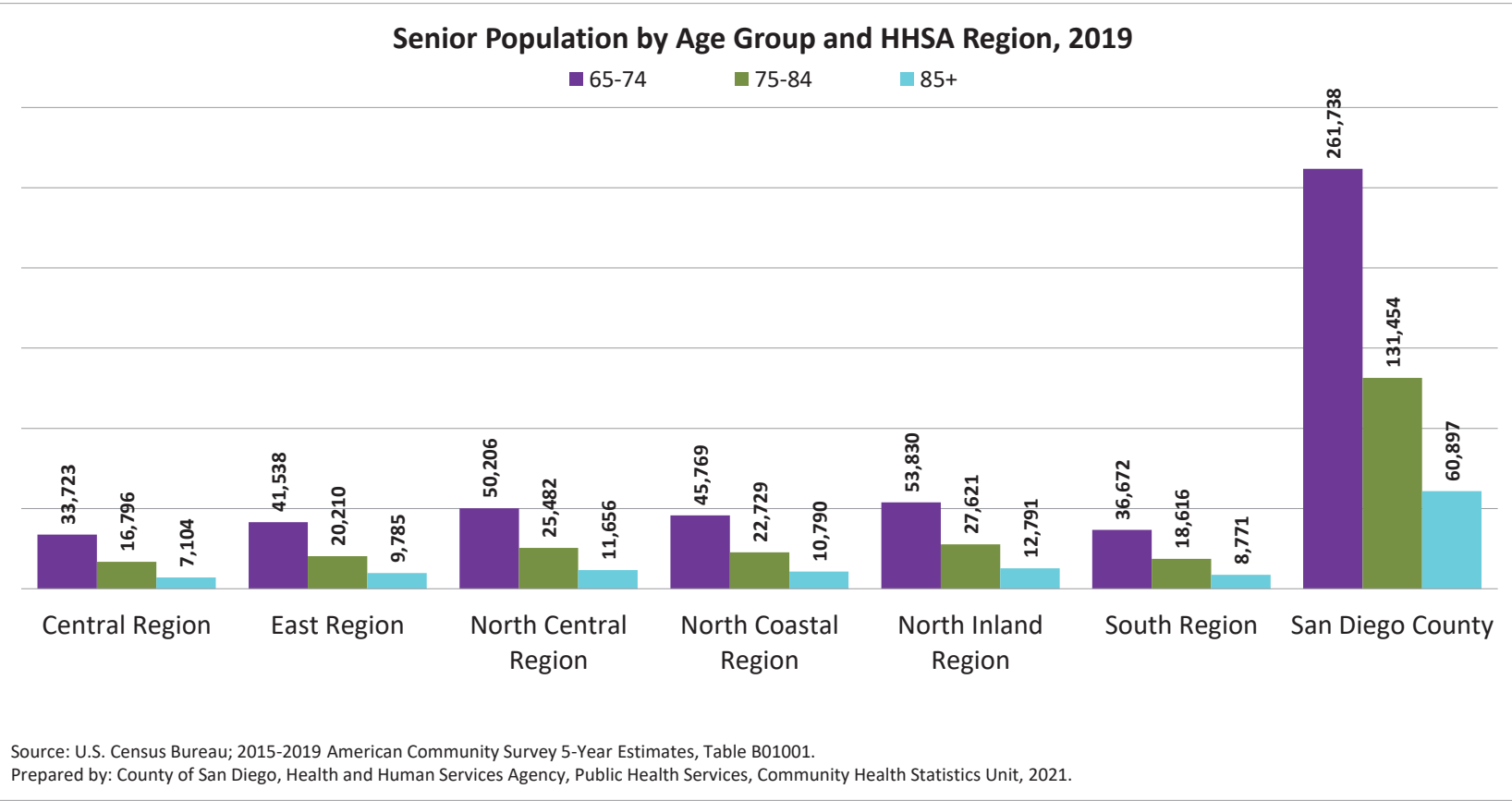Community Health Statistics Unit

Published December 2021

Senior Population by Age Group

This indicator shows the senior population by age group. Number (#) represents the number of seniors in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography.

How to interpret these data: In 2019, 7.9% of San Diego County's population were between the ages of 65-74, 4.0% were between 75-84, and 1.8% were 85 years and older.

Geography	Total Population #	65-74 #	65-74 %	75-84 #	75-84 %	85+ #	85+ %
Central Region	513,871	33,723	6.6%	16,796	3.3%	7,104	1.4%
Central San Diego	175,527	12,404	7.1%	5,947	3.4%	2,856	1.6%
Mid-City	174,089	9,924	5.7%	4,766	2.7%	2,090	1.2%
Southeastern San Diego	164,255	11,395	6.9%	6,083	3.7%	2,158	1.3%
East Region	494,619	41,538	8.4%	20,210	4.1%	9,785	2.0%
Alpine	15,632	1,634	10.5%	1,037	6.6%	103	0.7%
El Cajon	130,439	9,295	7.1%	4,973	3.8%	2,552	2.0%
Harbison-Crest	15,282	1,868	12.2%	1,057	6.9%	303	2.0%
Jamul	19,771	1,989	10.1%	880	4.5%	229	1.2%
La Mesa	61,571	4,806	7.8%	2,607	4.2%	1,707	2.8%
Laguna-Pine Valley	5,962	766	12.8%	238	4.0%	76	1.3%
Lakeside	61,730	5,339	8.6%	2,151	3.5%	1,564	2.5%
Lemon Grove	32,175	2,818	8.8%	1,100	3.4%	546	1.7%
Mountain Empire	7,998	1,183	14.8%	175	2.2%	80	1.0%
Santee	55,309	4,107	7.4%	2,379	4.3%	1,058	1.9%
Spring Valley	88,750	7,733	8.7%	3,613	4.1%	1,567	1.8%
North Central Region	656,404	50,206	7.6%	25,482	3.9%	11,656	1.8%
Coastal	76,756	7,121	9.3%	4,261	5.6%	2,058	2.7%
Del Mar-Mira Mesa	176,847	13,382	7.6%	5,420	3.1%	1,534	0.9%
Elliott-Navajo	97,734	8,704	8.9%	4,721	4.8%	1,828	1.9%
Kearny Mesa	173,808	11,810	6.8%	6,434	3.7%	3,838	2.2%
Miramar	4,356	0	0.0%	0	0.0%	0	0.0%
Peninsula	68,322	5,619	8.2%	2,481	3.6%	1,059	1.6%
University	58,581	3,570	6.1%	2,165	3.7%	1,339	2.3%
North Coastal Region	537,759	45,769	8.5%	22,729	4.2%	10,790	2.0%
Carlsbad	123,168	12,430	10.1%	6,976	5.7%	3,462	2.8%
Oceanside	170,004	14,795	8.7%	6,582	3.9%	2,915	1.7%
Pendleton	38,754	88	0.2%	0	0.0%	0	0.0%
San Dieguito	98,908	11,358	11.5%	5,432	5.5%	2,869	2.9%
Vista	106,925	7,098	6.6%	3,739	3.5%	1,544	1.4%
North Inland Region	608,177	53,830	8.9%	27,621	4.5%	12,791	2.1%
Anza-Borrego Springs	2,706	492	18.2%	498	18.4%	113	4.2%
Escondido	170,300	12,218	7.2%	6,501	3.8%	3,126	1.8%
Fallbrook	49,232	5,923	12.0%	3,163	6.4%	1,551	3.2%
North San Diego	121,371	9,910	8.2%	5,055	4.2%	2,490	2.1%
Palomar-Julian	5,268	1,115	21.2%	388	7.4%	170	3.2%
Pauma	6,925	532	7.7%	348	5.0%	136	2.0%
Poway	91,306	9,111	10.0%	4,576	5.0%	1,765	1.9%
Ramona	36,920	3,403	9.2%	1,405	3.8%	721	2.0%
San Marcos	100,140	8,454	8.4%	4,381	4.4%	2,259	2.3%
Valley Center	24,009	2,672	11.1%	1,306	5.4%	460	1.9%
South Region	505,243	36,672	7.3%	18,616	3.7%	8,771	1.7%
Chula Vista	115,880	8,370	7.2%	5,184	4.5%	2,429	2.1%
Coronado	23,639	2,829	12.0%	1,465	6.2%	638	2.7%
National City	60,509	3,993	6.6%	2,406	4.0%	1,700	2.8%
South Bay	146,665	10,239	7.0%	4,802	3.3%	1,963	1.3%
Sweetwater	158,550	11,241	7.1%	4,759	3.0%	2,041	1.3%
San Diego County	**3,316,073**	**261,738**	**7.9%**	**131,454**	**4.0%**	**60,897**	**1.8%**

Senior Population by Age Group and HHSA Region, 2019

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B01001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Percent of Senior Population by Age Group and HHSA Region, 2019

*Percent out of the total population.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B01001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)*
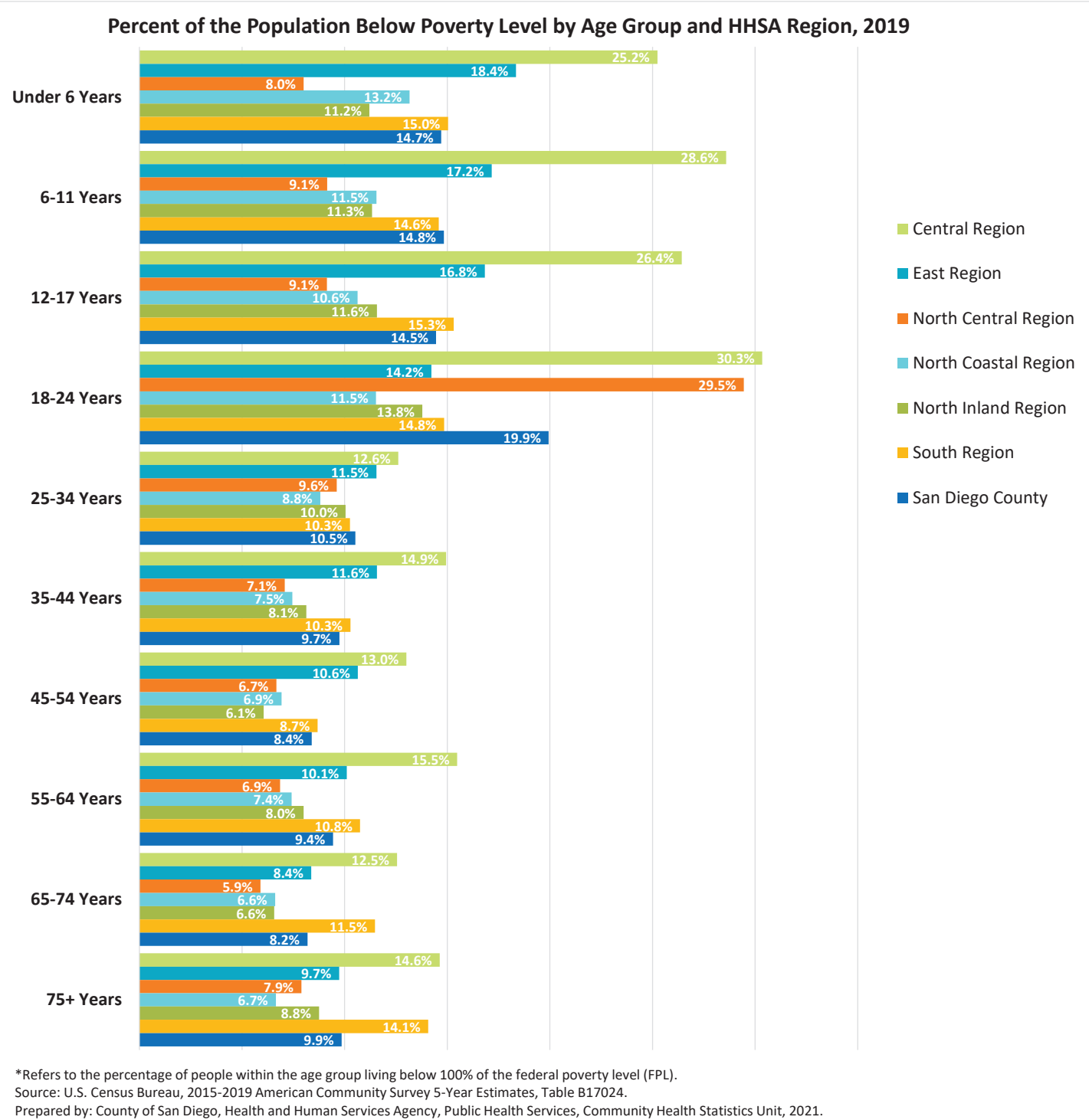
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

Geography	Under 6 Years	6-11 Years	12-17 Years	18-24 Years	25-34 Years	35-44 Years	45-54 Years	55-64 Years	65-74 Years	75+ Years
Central Region	25.2%	28.6%	26.4%	30.3%	12.6%	14.9%	13.0%	15.5%	12.5%	14.6%
Central San Diego	19.2%	23.6%	18.4%	21.2%	10.2%	10.7%	14.0%	17.6%	13.2%	15.7%
Mid-City	32.0%	34.0%	33.8%	43.9%	15.6%	19.8%	13.8%	18.4%	13.7%	18.2%
Southeastern San Diego	23.4%	26.3%	24.1%	15.6%	13.1%	15.5%	11.3%	10.7%	10.8%	10.5%
East Region	18.4%	17.2%	16.8%	14.2%	11.5%	11.6%	10.6%	10.1%	8.4%	9.7%
Alpine	14.7%	5.0%	6.7%	12.7%	6.1%	9.1%	11.5%	11.8%	5.8%	5.8%
El Cajon	26.7%	26.8%	25.3%	18.3%	15.7%	17.2%	17.5%	11.3%	9.1%	14.8%
Harbison-Crest	16.6%	5.9%	2.6%	7.7%	5.0%	4.2%	11.2%	14.0%	2.9%	8.2%
Jamul	16.8%	8.6%	5.4%	6.1%	10.1%	8.6%	4.9%	11.5%	2.9%	2.1%
La Mesa	13.2%	11.5%	16.2%	22.0%	10.7%	10.9%	9.3%	12.3%	11.2%	8.8%
Laguna-Pine Valley	6.6%	8.2%	19.4%	2.5%	6.1%	17.1%	7.6%	2.5%	1.7%	7.0%
Lakeside	6.8%	14.2%	13.0%	11.1%	9.5%	8.7%	8.5%	5.6%	5.6%	13.8%
Lemon Grove	23.6%	16.9%	14.6%	14.3%	8.6%	10.2%	11.7%	12.6%	9.1%	6.0%
Mountain Empire	43.3%	50.6%	19.0%	5.2%	29.4%	23.9%	17.7%	15.2%	32.0%	9.4%
Santee	7.1%	11.0%	11.1%	9.8%	8.5%	6.7%	4.0%	8.0%	5.1%	7.3%
Spring Valley	22.3%	13.6%	17.5%	11.5%	11.0%	10.5%	7.8%	9.6%	9.5%	6.4%
North Central Region	8.0%	9.1%	9.1%	29.5%	9.6%	7.1%	6.7%	6.9%	5.9%	7.9%
Coastal	4.0%	5.0%	8.7%	26.4%	8.5%	7.0%	5.0%	8.4%	4.4%	3.9%
Del Mar-Mira Mesa	5.3%	5.6%	5.8%	10.0%	6.9%	5.6%	4.8%	5.3%	5.0%	6.7%
Elliott-Navajo	9.8%	7.8%	7.8%	16.1%	7.8%	5.5%	5.3%	5.6%	4.5%	8.9%
Kearny Mesa	11.2%	18.0%	14.1%	21.5%	10.9%	8.9%	7.8%	8.0%	9.1%	10.7%
Miramar	8.6%	5.9%	6.4%	9.2%	7.9%	2.7%	47.4%	0.0%	0.0%	0.0%
Peninsula	6.1%	7.8%	13.7%	20.9%	6.1%	6.9%	14.8%	9.6%	7.4%	6.0%
University	9.5%	8.9%	10.1%	71.7%	17.6%	10.1%	6.3%	6.6%	2.9%	9.6%
North Coastal Region	13.2%	11.5%	10.6%	11.5%	8.8%	7.5%	6.9%	7.4%	6.6%	6.7%
Carlsbad	10.7%	4.0%	7.4%	14.0%	5.4%	5.0%	4.0%	7.2%	4.9%	5.3%
Oceanside	15.2%	16.0%	16.0%	11.8%	9.3%	11.1%	9.0%	7.5%	8.8%	9.5%
Pendleton	10.9%	8.6%	2.6%	5.1%	9.3%	0.0%	0.0%	0.0%	0.0%	0.0%
San Dieguito	5.1%	5.7%	5.0%	12.6%	8.5%	4.7%	5.3%	7.2%	5.7%	4.5%
Vista	19.8%	18.5%	12.5%	11.4%	10.6%	8.3%	9.6%	7.9%	6.7%	7.6%
North Inland Region	11.2%	11.3%	11.6%	13.8%	10.0%	8.1%	6.1%	8.0%	6.6%	8.8%
Anza-Borrego Springs	0.0%	0.0%	0.0%	34.0%	0.0%	24.7%	20.2%	24.4%	11.8%	0.0%
Escondido	18.6%	19.5%	18.8%	17.3%	13.4%	13.0%	9.1%	9.8%	9.1%	12.2%
Fallbrook	17.9%	23.4%	11.3%	12.3%	9.3%	10.5%	7.6%	10.6%	8.5%	5.9%
North San Diego	4.4%	5.0%	7.6%	12.2%	5.2%	4.0%	3.5%	4.8%	6.9%	9.9%
Palomar-Julian	15.3%	13.0%	26.6%	30.3%	13.3%	14.4%	14.2%	4.8%	9.5%	3.4%
Pauma	7.5%	6.3%	7.4%	5.2%	6.6%	16.0%	3.7%	10.8%	16.2%	2.3%
Poway	4.4%	4.8%	5.3%	8.2%	7.0%	4.4%	3.1%	5.6%	3.0%	6.1%
Ramona	7.0%	3.3%	6.2%	6.9%	6.6%	6.5%	4.2%	8.2%	3.1%	8.6%
San Marcos	10.7%	10.4%	12.9%	16.2%	12.2%	8.4%	6.7%	9.6%	6.5%	9.3%
Valley Center	15.7%	16.1%	10.5%	10.2%	11.4%	8.7%	7.8%	6.9%	2.2%	7.7%
South Region	15.0%	14.6%	15.3%	14.8%	10.3%	10.3%	8.7%	10.8%	11.5%	14.1%
Chula Vista	18.7%	16.1%	20.6%	15.1%	11.8%	12.9%	9.6%	15.1%	14.2%	15.9%
Coronado	3.1%	3.6%	8.0%	12.1%	5.1%	6.7%	6.4%	4.3%	4.3%	7.0%
National City	23.2%	26.7%	29.0%	20.5%	11.8%	16.5%	17.3%	17.0%	15.2%	19.9%
South Bay	20.6%	20.2%	18.0%	20.4%	11.9%	14.2%	10.1%	10.8%	14.0%	16.0%
Sweetwater	5.7%	7.2%	5.7%	6.8%	7.0%	4.5%	4.5%	6.0%	7.7%	8.7%
San Diego County	14.7%	14.8%	14.5%	19.9%	10.5%	9.7%	8.4%	9.4%	8.2%	9.9%

Percent of the Population Below Poverty Level by Age Group and HHSA Region, 2019

*Refers to the percentage of people within the age group living below 100% of the federal poverty level (FPL).
Source: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Seniors by Household Type

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
Central Region	57,623	64.3%	5.8%	2.7%	10.6%	16.6%
Central San Diego	21,207	48.4%	7.2%	3.9%	16.9%	23.7%
Mid-City	16,780	65.5%	6.2%	1.8%	9.4%	17.0%
Southeastern San Diego	19,636	80.5%	4.0%	2.2%	4.7%	8.6%
East Region	71,533	68.4%	5.4%	3.5%	7.4%	15.3%
Alpine	2,774	70.8%	2.8%	0.6%	7.1%	18.7%
El Cajon	16,820	65.4%	5.2%	7.3%	7.5%	14.6%
Harbison-Crest	3,228	79.0%	2.7%	0.7%	6.3%	11.2%
Jamul	3,098	87.2%	1.9%	1.5%	3.6%	5.8%
La Mesa	9,120	55.4%	3.0%	5.1%	8.8%	27.7%
Laguna-Pine Valley	1,080	76.6%	6.9%	0.9%	5.0%	10.6%
Lakeside	9,054	65.9%	10.5%	2.0%	9.9%	11.7%
Lemon Grove	4,464	71.7%	4.3%	1.3%	9.2%	13.5%
Mountain Empire	1,438	57.5%	22.0%	0.0%	14.8%	5.6%
Santee	7,544	67.2%	6.1%	3.5%	5.9%	17.3%
Spring Valley	12,913	75.8%	3.8%	1.5%	5.3%	13.6%
North Central Region	87,344	69.8%	5.1%	1.3%	8.1%	15.6%
Coastal	13,440	67.9%	5.1%	1.3%	8.2%	17.4%
Del Mar-Mira Mesa	20,336	81.6%	4.5%	0.7%	5.1%	8.1%
Elliott-Navajo	15,253	71.1%	4.2%	0.5%	8.0%	16.2%
Kearny Mesa	22,082	66.1%	5.1%	2.2%	9.0%	17.7%
Miramar	0	0.0%	0.0%	0.0%	0.0%	0.0%
Peninsula	9,159	59.7%	7.4%	2.3%	11.8%	18.8%
University	7,074	61.3%	6.0%	1.3%	9.2%	22.2%
North Coastal Region	79,288	69.4%	5.8%	1.7%	6.6%	16.5%
Carlsbad	22,868	72.3%	4.4%	0.7%	6.6%	16.0%
Oceanside	24,292	67.3%	6.7%	1.0%	7.7%	17.3%
Pendleton	88	94.3%	0.0%	5.7%	0.0%	0.0%
San Dieguito	19,659	68.2%	5.6%	2.1%	5.6%	18.4%
Vista	12,381	69.9%	7.1%	4.2%	5.8%	13.0%
North Inland Region	94,242	72.3%	4.6%	2.2%	6.3%	14.6%
Anza-Borrego Springs	1,103	79.0%	4.2%	0.1%	9.9%	6.9%
Escondido	21,845	69.1%	3.5%	3.9%	7.7%	15.8%
Fallbrook	10,637	76.6%	5.6%	1.1%	6.7%	10.1%
North San Diego	17,455	70.7%	3.5%	3.5%	5.1%	17.3%
Palomar-Julian	1,673	68.6%	2.6%	0.8%	15.6%	12.5%
Pauma	1,016	64.8%	12.7%	1.2%	9.5%	11.8%
Poway	15,452	76.2%	4.6%	1.4%	4.5%	13.2%
Ramona	5,529	79.3%	5.4%	1.7%	5.2%	8.4%
San Marcos	15,094	67.9%	6.6%	0.9%	6.1%	18.4%
Valley Center	4,438	77.9%	3.7%	0.4%	6.4%	11.5%
South Region	64,059	76.0%	4.4%	2.5%	4.9%	12.2%
Chula Vista	15,983	70.6%	5.0%	2.0%	6.3%	16.1%
Coronado	4,932	67.8%	5.2%	3.2%	7.5%	16.3%
National City	8,099	68.9%	6.2%	3.3%	5.7%	16.0%
South Bay	17,004	80.8%	3.3%	2.2%	4.3%	9.6%
Sweetwater	18,041	81.8%	3.9%	2.8%	3.1%	8.3%
San Diego County	454,089	70.2%	5.2%	2.3%	7.2%	15.2%

This indicator explores the type of household that seniors, ages 65+, lived in. Types of households are classified by presence of relatives. Please note that esimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of seniors by households type data presented here includes the senior population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers' dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of seniors ages 65+ in San Diego County in 2019, 70.2% lived in a family household. However, nearly one-quarter (22.4%) of the senior population was living alone (15.2% female and 7.2% male).
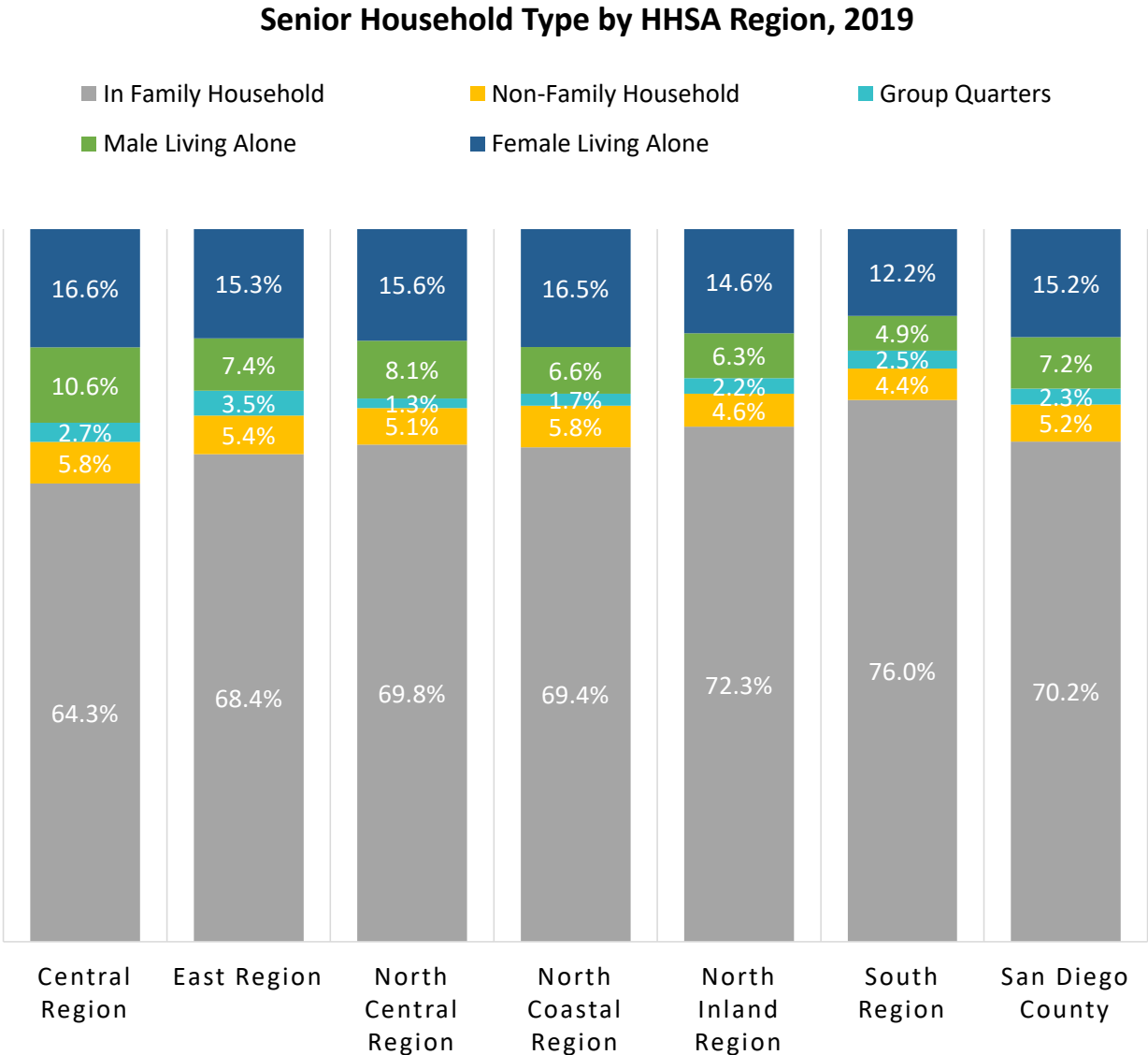
Senior Household Type by HHSA Region, 2019

Legend: In Family Household · Non-Family Household · Group Quarters · Male Living Alone · Female Living Alone

Seniors: Labor Force and Poverty

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	Seniors, Aged 65+		
	In Labor Force	Living below 100% FPL	Living below 200% FPL
Central Region	17.1%	13.4%	36.1%
Central San Diego	18.8%	14.3%	35.4%
Mid-City	17.7%	15.5%	42.5%
Southeastern San Diego	14.7%	10.7%	31.4%
East Region	17.3%	8.9%	24.7%
Alpine	20.0%	5.8%	14.5%
El Cajon	17.0%	11.6%	29.4%
Harbison-Crest	17.1%	5.1%	19.7%
Jamul	13.1%	2.6%	9.1%
La Mesa	17.0%	10.1%	28.2%
Laguna-Pine Valley	24.2%	3.3%	19.1%
Lakeside	20.8%	8.9%	25.7%
Lemon Grove	13.6%	8.0%	22.4%
Mountain Empire	12.6%	28.0%	44.3%
Santee	17.1%	6.1%	23.3%
Spring Valley	17.3%	8.3%	23.0%
North Central Region	21.4%	6.7%	17.6%
Coastal	22.8%	4.2%	12.8%
Del Mar-Mira Mesa	25.6%	5.5%	13.3%
Elliott-Navajo	19.7%	6.4%	17.0%
Kearny Mesa	17.9%	9.8%	24.4%
Miramar	0.0%	0.0%	0.0%
Peninsula	20.5%	6.8%	21.4%
University	21.9%	6.2%	15.0%
North Coastal Region	19.0%	6.6%	20.4%
Carlsbad	16.6%	5.1%	17.7%
Oceanside	20.4%	9.0%	27.5%
Pendleton	0.0%	0.0%	100.0%
San Dieguito	20.9%	5.2%	13.3%
Vista	18.0%	7.1%	22.1%
North Inland Region	18.2%	7.5%	21.9%
Anza-Borrego Springs	13.1%	5.3%	18.9%
Escondido	18.5%	10.5%	28.5%
Fallbrook	19.1%	7.4%	19.3%
North San Diego	16.7%	8.2%	19.7%
Palomar-Julian	14.8%	7.5%	36.9%
Pauma	21.4%	9.5%	20.8%
Poway	16.9%	4.3%	15.0%
Ramona	19.4%	5.2%	18.3%
San Marcos	19.3%	7.7%	25.7%
Valley Center	21.3%	4.4%	15.5%
South Region	15.4%	12.6%	31.5%
Chula Vista	14.4%	15.0%	38.0%
Coronado	20.6%	5.5%	15.7%
National City	14.6%	17.6%	42.7%
South Bay	15.4%	14.8%	38.1%
Sweetwater	15.2%	8.0%	18.7%
San Diego County	**18.3%**	**8.9%**	**24.4%**

This indicator explores two things in the senior population (residents age 65 years and over). The labor force is the percentage who remain in the labor force* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

*In labor force refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

How to interpret these data: In 2019 in San Diego County, 18.3% of seniors, ages 65+, remained in the labor force.
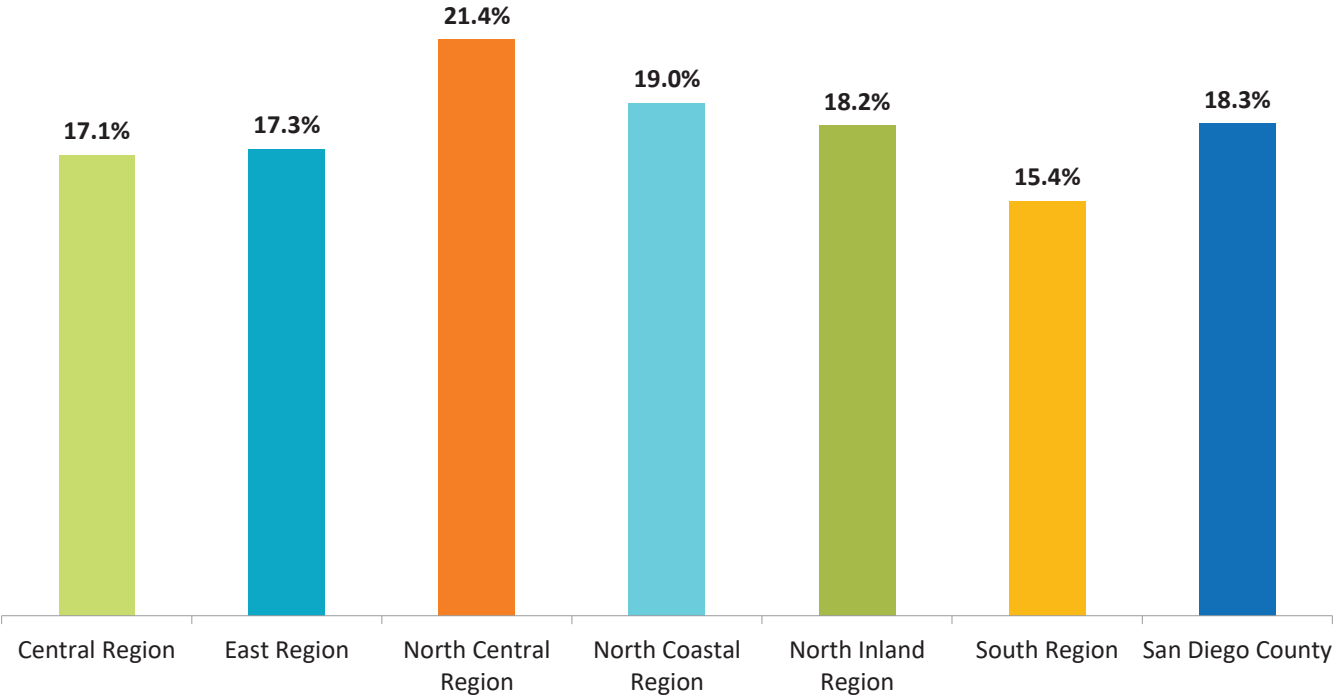
Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

*Federal Poverty levels (FPL) refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based.

Please note that those with income below 100%FPL are included in the living below 200% FPL category and have much lower income.
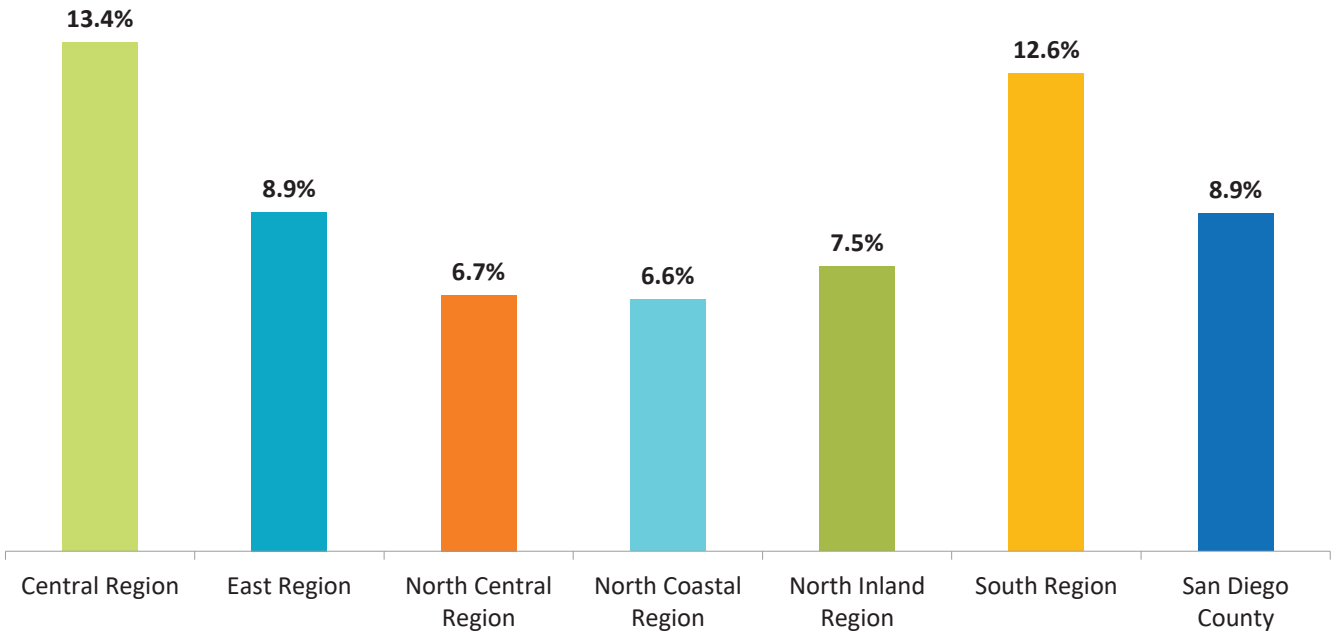
How to interpret these data: In 2019 in San Diego County, an estimated 8.9% of people age 65 years and over had incomes below the Federal Poverty Level.

Percent of Seniors, Aged 65+, in the Labor Force by HHSA Region, 2019

Central Region	17.1%	
East Region	17.3%	
North Central Region	21.4%	
North Coastal Region	19.0%	
North Inland Region	18.2%	
South Region	15.4%	
San Diego County	18.3%	

Source: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B23001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Percent of Seniors, Aged 65+, Living Below 100% of the Federal Poverty Level by HHSA Region, 2019

Central Region	13.4%	
East Region	8.9%	
North Central Region	6.7%	
North Coastal Region	6.6%	
North Inland Region	7.5%	
South Region	12.6%	
San Diego County	8.9%	

Source: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.
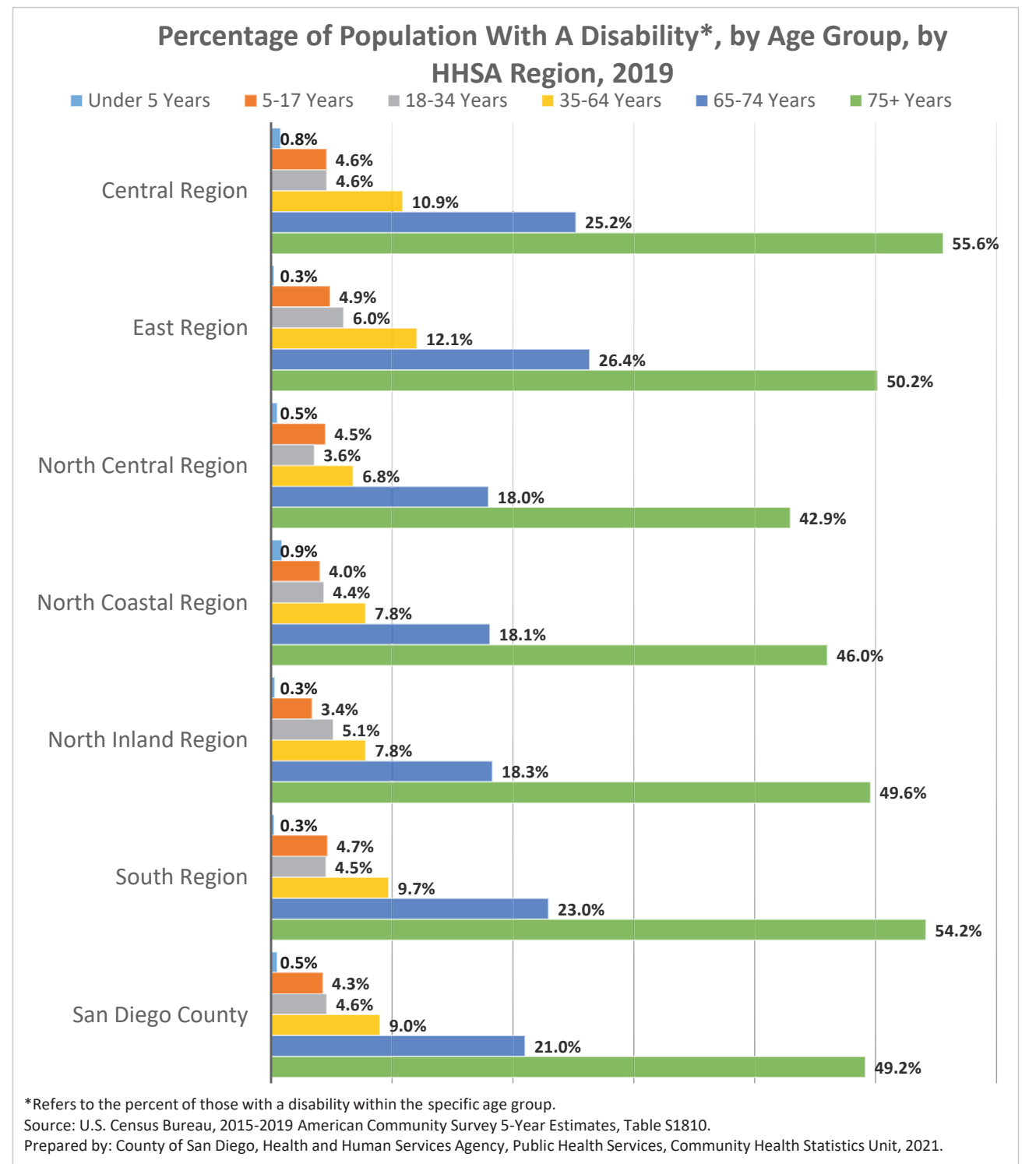
Population with a Disability by Age Group*

Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74 Years		75+ Years	
	#	%	#	%	#	%	#	%	#	%	#	%
Central Region	242	0.8%	3,157	4.6%	7,411	4.6%	19,762	10.9%	8,418	25.2%	12,997	55.6%
Central San Diego	155	1.8%	679	4.8%	2,046	3.7%	6,201	9.5%	2,718	22.2%	4,505	53.0%
Mid-City	17	0.2%	1,306	5.2%	2,675	4.3%	6,934	11.8%	2,760	28.1%	3,626	53.9%
Southeastern San Diego	70	0.7%	1,172	3.9%	2,690	6.1%	6,627	11.5%	2,940	25.9%	4,866	59.7%
East Region	85	0.3%	3,830	4.9%	6,878	6.0%	22,436	12.1%	10,737	26.4%	14,464	50.2%
Alpine	0	0.0%	149	6.1%	104	3.6%	735	11.6%	373	22.8%	462	40.5%
El Cajon	43	0.4%	1,021	4.7%	1,809	5.5%	6,281	13.1%	2,803	31.5%	3,726	53.3%
Harbison-Crest	0	0.0%	41	2.1%	304	10.0%	816	13.0%	484	25.9%	593	44.1%
Jamul	0	0.0%	130	4.4%	157	6.0%	794	11.4%	495	25.4%	647	58.3%
La Mesa	13	0.3%	375	4.7%	876	5.2%	2,375	10.6%	879	18.8%	2,127	53.1%
Laguna-Pine Valley	1	0.3%	43	5.3%	58	4.8%	268	12.6%	200	26.4%	127	40.4%
Lakeside	0	0.0%	703	7.1%	1,054	7.9%	2,909	11.8%	1,493	28.0%	1,689	46.1%
Lemon Grove	0	0.0%	156	2.6%	293	3.8%	1,428	12.0%	979	34.9%	853	52.9%
Mountain Empire	0	0.0%	71	4.8%	148	10.3%	807	28.5%	246	20.8%	95	37.3%
Santee	14	0.3%	266	3.2%	616	5.1%	2,369	11.2%	857	21.6%	1,586	47.9%
Spring Valley	14	0.2%	875	5.9%	1,459	7.1%	3,654	10.9%	1,928	25.1%	2,559	50.2%
North Central Region	192	0.5%	3,776	4.5%	6,739	3.6%	16,437	6.8%	8,980	18.0%	15,760	42.9%
Coastal	0	0.0%	203	2.8%	629	2.5%	1,587	6.1%	868	12.2%	2,202	35.5%
Del Mar-Mira Mesa	52	0.5%	1,352	4.5%	1,376	3.5%	3,797	5.0%	2,186	16.4%	3,130	45.0%
Elliott-Navajo	53	0.7%	705	4.8%	856	4.0%	2,520	7.0%	1,591	18.3%	2,756	42.1%
Kearny Mesa	81	0.9%	1,083	5.5%	2,675	4.7%	5,660	9.0%	2,528	21.7%	5,008	49.9%
Miramar	6	1.7%	32	4.7%	25	6.2%	17	6.9%	0	0.0%	0	0.0%
Peninsula	0	0.0%	155	2.2%	518	2.9%	1,802	7.4%	1,069	19.2%	1,226	34.9%
University	0	0.0%	246	5.7%	660	2.3%	1,054	6.5%	738	20.8%	1,438	41.7%
North Coastal Region	322	0.9%	3,429	4.0%	4,951	4.4%	15,446	7.8%	8,238	18.1%	15,071	46.0%
Carlsbad	24	0.3%	756	3.7%	902	4.4%	3,405	6.6%	1,820	14.7%	4,567	44.3%
Oceanside	103	0.9%	1,266	4.7%	2,370	5.7%	7,448	11.7%	3,621	24.6%	4,764	50.6%
Pendleton	107	2.3%	557	12.7%	233	3.5%	143	7.5%	0	0.0%	0	0.0%
San Dieguito	41	0.8%	404	2.6%	414	2.5%	1,778	4.3%	1,602	14.2%	3,658	45.7%
Vista	47	0.6%	446	2.5%	1,032	3.6%	2,672	6.9%	1,195	17.1%	2,082	41.5%
North Inland Region	128	0.3%	3,579	3.4%	6,573	5.1%	18,465	7.8%	9,757	18.3%	19,528	49.6%
Anza-Borrego Springs	0	0.0%	0	0.0%	0	0.0%	176	16.7%	57	11.6%	174	28.5%
Escondido	44	0.4%	1,095	3.8%	2,638	5.9%	6,366	10.2%	2,231	18.6%	4,681	50.6%
Fallbrook	0	0.0%	209	2.9%	532	5.3%	1,541	8.8%	949	16.1%	2,053	43.9%
North San Diego	36	0.4%	945	4.1%	766	3.6%	2,469	4.9%	1,648	17.0%	3,966	55.5%
Palomar-Julian	0	0.0%	27	5.0%	116	14.2%	130	6.5%	274	24.6%	272	48.7%
Pauma	2	0.3%	23	1.6%	23	2.0%	216	8.2%	22	4.1%	168	34.7%
Poway	21	0.4%	542	3.3%	770	4.9%	2,294	6.1%	1,597	17.7%	2,874	46.3%
Ramona	25	1.1%	78	1.4%	376	4.8%	1,261	8.3%	847	25.1%	1,021	48.4%
San Marcos	0	0.0%	542	2.9%	909	4.3%	3,132	8.2%	1,835	21.7%	3,499	53.2%
Valley Center	0	0.0%	118	3.2%	443	9.4%	880	9.6%	297	11.1%	820	46.4%
South Region	87	0.3%	4,115	4.7%	5,366	4.5%	17,767	9.7%	8,297	23.0%	14,504	54.2%
Chula Vista	49	0.7%	1,058	5.3%	1,217	4.2%	4,514	10.7%	2,327	28.0%	4,106	55.2%
Coronado	0	0.0%	103	3.1%	88	3.2%	376	5.2%	365	13.3%	626	30.8%
National City	0	0.0%	322	3.5%	840	6.0%	2,473	12.1%	962	24.4%	2,431	61.5%
South Bay	38	0.4%	1,570	6.3%	1,988	5.3%	5,781	11.4%	2,484	24.9%	3,685	54.9%
Sweetwater	0	0.0%	1,062	3.5%	1,233	3.6%	4,623	7.5%	2,159	19.3%	3,656	55.0%
San Diego County	**1,056**	**0.5%**	**21,886**	**4.3%**	**37,918**	**4.6%**	**110,313**	**9.0%**	**54,427**	**21.0%**	**92,324**	**49.2%**

This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.
Refers to the percent of those with a disability within the specific age group.

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to half (49.2%) of the population 75+ that had a disability in San Diego County in 2019.

Percentage of Population With A Disability*, by Age Group, by HHSA Region, 2019

*Refers to the percent of those with a disability within the specific age group.

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this data cannot be compared to past years of demographic profiles. This indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over.
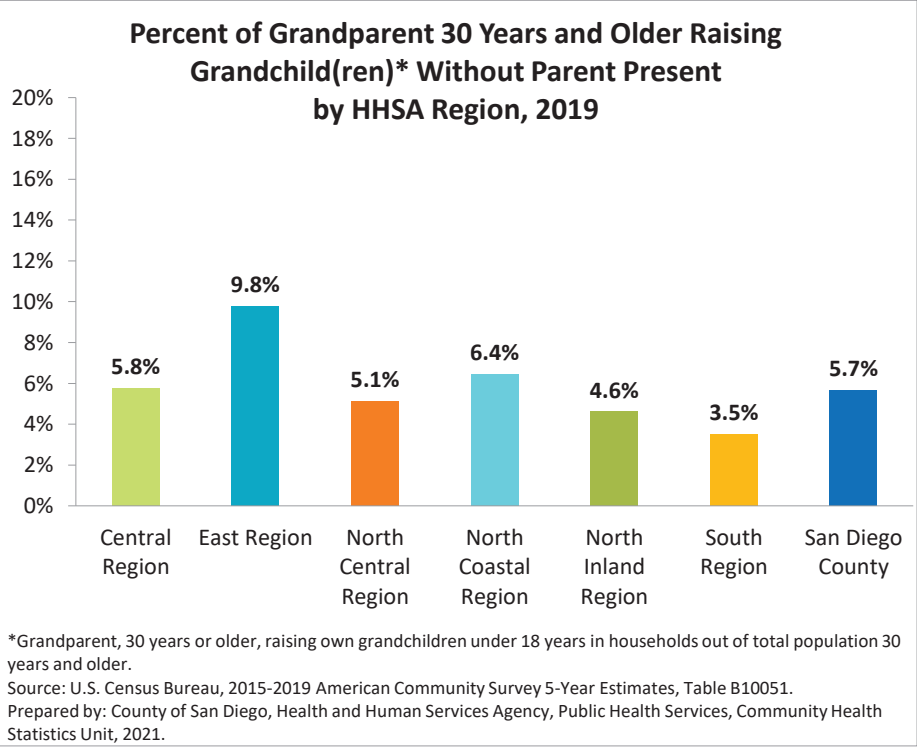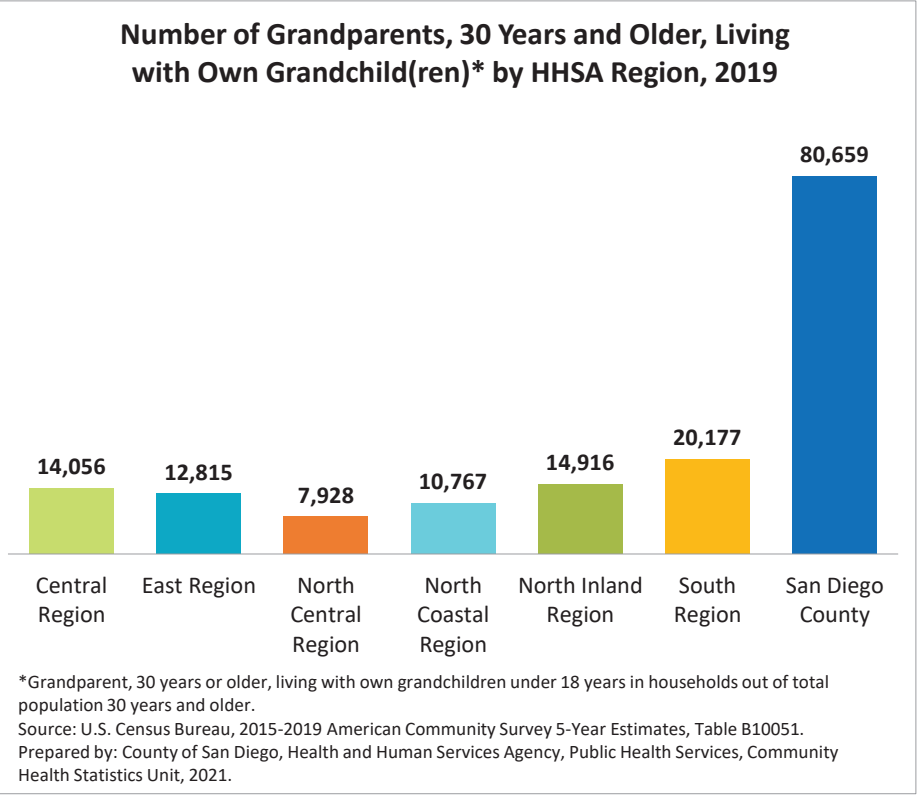**Responsibility for Basic Needs** – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of granchild'(s)' parents.

This table shows the number of grandparent 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren with or without a parent present. Additionally, it breaks down grandparents living with and those responsible for their grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2019, 80,659 grandparents lived with their grandchild or grandchildren under 18 years old. Of those grandparents, 25.2% were responsible for the basic needs of their grandchildren (includes those with parent of child present).
How to interpret these data: Of the 80,659 grandparents who lived with their grandchild or grandchildren under 18 years old in San Diego County in 2019, 5.7% were responsible for grandchildren without a parent present. Of these, 67.6% were grandparents 60 years and over and 32.4% were 30 to 59 years old.

Geography	Number of Grandparents Living with Grandchildren*	Grandparent Responsible for Grandchild	Percent Grandparent Responsible for Grandchild	Grandparent Responsible for Grandchild Without a Parent Present	Of Grandparents Living with Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Living with Grandchild, by Age		Responsible Without Parent Present	
						Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
Central Region	14,056	4,146	29.5%	812	5.8%	6,703	7,353	41.3%	58.7%
Central San Diego	1,556	433	27.8%	57	3.7%	670	886	59.6%	40.4%
Mid-City	4,050	1,262	31.2%	296	7.3%	1,996	2,054	33.4%	66.6%
Southeastern San Diego	8,450	2,451	29.0%	459	5.4%	4,037	4,413	44.0%	56.0%
East Region	12,815	3,744	29.2%	1,251	9.8%	4,371	8,444	32.8%	67.2%
Alpine	259	73	28.2%	19	7.3%	30	229	0.0%	100.0%
El Cajon	3,251	1,077	33.1%	403	12.4%	1,048	2,203	34.2%	65.8%
Harbison-Crest	426	62	14.6%	18	4.2%	128	298	38.9%	61.1%
Jamul	633	147	23.2%	43	6.8%	97	536	0.0%	100.0%
La Mesa	1,238	634	51.2%	202	16.3%	551	687	29.2%	70.8%
Laguna-Pine Valley	129	54	41.9%	7	5.4%	38	91	42.9%	57.1%
Lakeside	1,705	505	29.6%	156	9.1%	606	1,099	35.3%	64.7%
Lemon Grove	1,384	270	19.5%	93	6.7%	351	1,033	30.1%	69.9%
Mountain Empire	221	26	11.8%	2	0.9%	103	118	0.0%	100.0%
Santee	939	262	27.9%	81	8.6%	361	578	51.9%	48.1%
Spring Valley	2,630	634	24.1%	227	8.6%	1,058	1,572	34.4%	65.6%
North Central Region	7,928	1,855	23.4%	406	5.1%	2,338	5,590	19.5%	80.5%
Coastal	440	180	40.9%	88	20.0%	77	363	0.0%	100.0%
Del Mar-Mira Mesa	3,627	550	15.2%	0	0.0%	1,033	2,594	0.0%	0.0%
Elliott-Navajo	990	256	25.9%	73	7.4%	154	836	15.1%	84.9%
Kearny Mesa	2,259	658	29.1%	191	8.5%	846	1,413	31.9%	68.1%
Miramar	0.0%	0.0%	0.0%	0.0%	0.0%	0	0	0.0%	0.0%
Peninsula	329	101	30.7%	16	4.9%	142	187	43.8%	56.3%
University	283	110	38.9%	38	13.4%	86	197	0.0%	100.0%
North Coastal Region	10,767	2,888	26.8%	694	6.4%	4,829	5,938	30.1%	69.9%
Carlsbad	1,011	258	25.5%	76	7.5%	267	744	28.9%	71.1%
Oceanside	5,021	1,276	25.4%	361	7.2%	2,274	2,747	29.9%	70.1%
Pendleton	320	0	0.0%	0	0.0%	320	0	0.0%	0.0%
San Dieguito	1,477	200	13.5%	71	4.8%	309	1,168	40.8%	59.2%
Vista	2,938	1,154	39.3%	186	6.3%	1,659	1,279	26.9%	73.1%
North Inland Region	14,916	3,128	21.0%	687	4.6%	5,863	9,053	47.5%	52.5%
Anza-Borrego Springs	15	0	0.0%	0	0.0%	15	0	0.0%	0.0%
Escondido	5,446	940	17.3%	225	4.1%	2,462	2,984	66.7%	33.3%
Fallbrook	1,396	442	31.7%	121	8.7%	534	862	20.7%	79.3%
North San Diego	2,124	453	21.3%	40	1.9%	456	1,668	0.0%	100.0%
Palomar-Julian	94	39	41.5%	25	26.6%	32	62	4.0%	96.0%
Pauma	98	64	65.3%	30	30.6%	44	54	40.0%	60.0%
Poway	1,515	260	17.2%	68	4.5%	341	1,174	58.8%	41.2%
Ramona	1,067	268	25.1%	21	2.0%	570	497	66.7%	33.3%
San Marcos	2,825	507	17.9%	100	3.5%	1,305	1,520	79.0%	21.0%
Valley Center	336	155	46.1%	57	17.0%	104	232	8.8%	91.2%
South Region	20,177	4,584	22.7%	711	3.5%	7,782	12,395	16.6%	83.4%
Chula Vista	4,230	1,128	26.7%	157	3.7%	1,868	2,362	6.4%	93.6%
Coronado	186	67	36.0%	59	31.7%	4	182	6.8%	93.2%
National City	2,881	596	20.7%	90	3.1%	1,422	1,459	34.4%	65.6%
South Bay	7,412	1,782	24.0%	121	1.6%	3,378	4,034	60.3%	39.7%
Sweetwater	5,468	1,011	18.5%	284	5.2%	1,110	4,358	0.0%	100.0%
San Diego County	80,659	20,345	25.2%	4,561	5.7%	31,886	48,773	32.4%	67.6%

Number of Grandparents, 30 Years and Older, Living with Own Grandchild(ren)* by HHSA Region, 2019

*Grandparent, 30 years or older, living with own grandchildren under 18 years in households out of total population 30 years and older.
Source: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B10051.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Percent of Grandparent 30 Years and Older Raising Grandchild(ren)* Without Parent Present by HHSA Region, 2019

*Grandparent, 30 years or older, raising own grandchildren under 18 years in households out of total population 30 years and older.
Source: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B10051.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Health Insurance Status

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
Central Region	88.4%	11.6%	95.5%	83.9%	83.0%	86.9%	98.6%
Central San Diego	90.4%	9.6%	96.9%	84.1%	87.6%	89.2%	98.7%
Mid-City	87.1%	12.9%	95.4%	85.4%	79.4%	85.0%	98.4%
Southeastern San Diego	87.8%	12.2%	94.8%	81.4%	80.1%	86.4%	98.6%
East Region	93.1%	6.9%	95.6%	88.7%	89.0%	93.2%	98.9%
Alpine	96.8%	3.2%	98.8%	93.0%	93.8%	96.4%	100.0%
El Cajon	92.2%	7.8%	96.3%	88.4%	87.5%	91.7%	98.5%
Harbison-Crest	93.9%	6.1%	94.0%	85.8%	90.4%	94.0%	100.0%
Jamul	93.1%	6.9%	95.3%	86.9%	87.2%	93.6%	97.6%
La Mesa	93.9%	6.1%	97.4%	85.7%	91.9%	93.4%	99.4%
Laguna-Pine Valley	89.9%	10.1%	93.2%	73.7%	80.3%	96.3%	95.4%
Lakeside	93.9%	6.1%	96.0%	91.2%	90.1%	93.6%	99.4%
Lemon Grove	90.3%	9.7%	93.8%	85.4%	85.5%	88.7%	98.8%
Mountain Empire	92.9%	7.1%	89.2%	95.1%	86.5%	95.8%	100.0%
Santee	95.3%	4.7%	97.5%	92.2%	92.3%	95.3%	98.9%
Spring Valley	92.2%	7.8%	93.1%	89.9%	87.3%	93.5%	98.8%
North Central Region	94.5%	5.5%	97.3%	92.0%	91.6%	94.6%	99.1%
Coastal	94.0%	6.0%	97.9%	91.9%	89.6%	94.9%	99.6%
Del Mar-Mira Mesa	95.9%	4.1%	97.9%	93.7%	93.5%	96.2%	98.7%
Elliott-Navajo	96.2%	3.8%	98.1%	93.5%	93.1%	96.1%	99.9%
Kearny Mesa	92.8%	7.2%	95.9%	91.4%	89.7%	92.0%	99.0%
Miramar	98.6%	1.4%	99.4%	95.3%	98.2%	100.0%	0.0%
Peninsula	93.8%	6.2%	95.4%	93.0%	90.2%	94.5%	99.6%
University	93.9%	6.1%	98.6%	90.1%	94.1%	92.8%	97.6%
North Coastal Region	92.3%	7.7%	96.4%	87.2%	86.9%	91.3%	98.8%
Carlsbad	94.6%	5.4%	96.6%	87.2%	90.8%	94.8%	98.9%
Oceanside	90.4%	9.6%	96.3%	84.3%	83.4%	90.0%	98.4%
Pendleton	99.8%	0.2%	100.0%	100.0%	99.2%	100.0%	100.0%
San Dieguito	94.9%	5.1%	97.0%	95.4%	90.9%	93.2%	99.6%
Vista	88.7%	11.3%	94.6%	84.3%	83.4%	86.1%	98.2%
North Inland Region	92.7%	7.3%	96.7%	86.2%	86.9%	92.6%	99.0%
Anza-Borrego Springs	98.6%	1.4%	100.0%	96.5%	100.0%	96.4%	100.0%
Escondido	88.2%	11.8%	95.5%	80.2%	79.5%	88.1%	98.8%
Fallbrook	90.7%	9.3%	95.4%	84.4%	82.8%	89.4%	97.7%
North San Diego	97.2%	2.8%	98.7%	94.0%	94.5%	97.8%	99.7%
Palomar-Julian	91.7%	8.3%	91.6%	87.0%	82.4%	89.7%	100.0%
Pauma	85.2%	14.8%	89.9%	67.4%	77.5%	82.8%	96.0%
Poway	96.8%	3.2%	97.2%	93.0%	95.3%	97.0%	99.3%
Ramona	93.3%	6.7%	94.8%	92.5%	90.6%	91.7%	98.5%
San Marcos	92.0%	8.0%	97.7%	85.3%	84.2%	91.7%	99.3%
Valley Center	93.9%	6.1%	95.9%	90.6%	89.5%	92.6%	99.7%
South Region	91.2%	8.8%	95.4%	86.1%	86.6%	90.2%	97.9%
Chula Vista	89.8%	10.2%	95.8%	85.7%	83.7%	88.0%	97.1%
Coronado	97.4%	2.6%	97.4%	94.7%	96.7%	96.2%	99.8%
National City	86.9%	13.1%	92.8%	81.6%	82.4%	81.9%	97.5%
South Bay	89.3%	10.7%	94.1%	83.5%	84.0%	88.2%	97.9%
Sweetwater	94.8%	5.2%	96.8%	90.4%	91.8%	95.7%	98.4%
San Diego County	92.2%	7.8%	96.2%	87.6%	87.5%	91.7%	98.8%

Please note that beginning in 2017, age groups are different from previous years due to updates from Census Bureau to have categories that better align with the current health insurance landscape.

This indicator provides the percent of the civilian noninsitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2019, 92.2% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 7.8% did not. The percentage of children under the age of 19 without health insurance coverage was 3.8% (96.2% did have health insurance coverage).
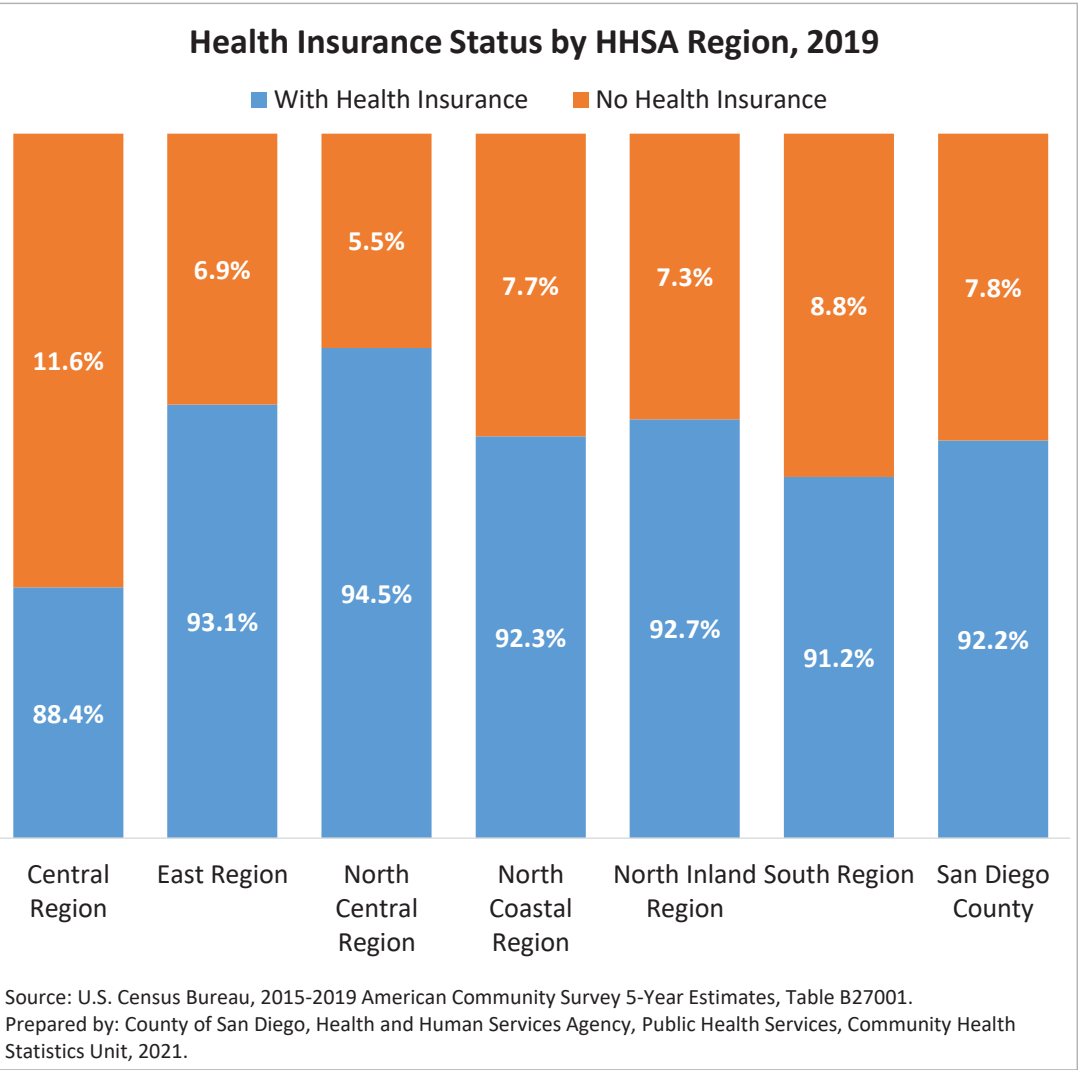
Health Insurance Status by HHSA Region, 2019

Region	With Health Insurance	No Health Insurance
Central Region	88.4%	11.6%
East Region	93.1%	6.9%
North Central Region	94.5%	5.5%
North Coastal Region	92.3%	7.7%
North Inland Region	92.7%	7.3%
South Region	91.2%	8.8%
San Diego County	92.2%	7.8%

Veterans by Age Group

Geography	Veterans by Age Group				
	18-34	35-54	55-64	65-74	75+
Central Region	18.8%	27.7%	18.5%	20.2%	14.8%
Central San Diego	19.8%	27.8%	15.4%	20.8%	16.1%
Mid-City	21.9%	27.8%	17.0%	18.9%	14.3%
Southeastern San Diego	15.1%	27.6%	22.9%	20.6%	13.8%
East Region	16.8%	25.9%	17.8%	21.1%	18.5%
Alpine	12.5%	24.2%	15.9%	24.9%	22.6%
El Cajon	16.4%	25.7%	19.7%	20.1%	18.2%
Harbison-Crest	9.3%	16.8%	19.3%	28.3%	26.4%
Jamul	10.7%	27.0%	15.1%	29.6%	17.6%
La Mesa	29.5%	22.4%	12.8%	17.8%	17.5%
Laguna-Pine Valley	10.0%	20.6%	3.3%	43.6%	22.5%
Lakeside	16.5%	27.5%	20.0%	17.4%	18.6%
Lemon Grove	20.4%	23.7%	16.4%	19.9%	19.6%
Mountain Empire	4.6%	17.7%	30.6%	29.9%	17.2%
Santee	13.9%	31.3%	18.2%	19.4%	17.2%
Spring Valley	15.4%	26.9%	17.4%	22.7%	17.5%
North Central Region	18.9%	26.8%	13.3%	19.0%	22.0%
Coastal	16.4%	23.1%	8.0%	19.3%	33.2%
Del Mar-Mira Mesa	12.9%	32.4%	18.1%	21.6%	15.1%
Elliott-Navajo	19.7%	25.7%	12.1%	18.3%	24.1%
Kearny Mesa	20.5%	27.4%	13.6%	16.6%	21.9%
Miramar	60.7%	39.3%	0.0%	0.0%	0.0%
Peninsula	23.1%	22.2%	13.7%	22.2%	18.8%
University	22.3%	18.2%	6.9%	18.9%	33.7%
North Coastal Region	15.5%	25.2%	18.0%	21.0%	20.3%
Carlsbad	3.4%	25.5%	18.4%	22.9%	29.7%
Oceanside	16.2%	23.6%	22.1%	22.3%	15.8%
Pendleton	65.8%	29.2%	4.9%	0.0%	0.0%
San Dieguito	9.5%	21.8%	11.9%	25.8%	31.0%
Vista	15.3%	30.0%	18.1%	19.0%	17.7%
North Inland Region	10.0%	24.6%	17.3%	24.4%	23.8%
Anza-Borrego Springs	0.0%	15.8%	0.0%	61.7%	22.4%
Escondido	10.8%	26.3%	19.0%	21.2%	22.7%
Fallbrook	12.9%	17.7%	13.7%	25.9%	29.8%
North San Diego	6.7%	27.2%	20.4%	23.4%	22.2%
Palomar-Julian	11.6%	10.7%	17.4%	36.6%	23.8%
Pauma	3.5%	27.2%	19.1%	33.3%	16.9%
Poway	9.2%	23.7%	18.8%	24.6%	23.7%
Ramona	12.3%	26.8%	17.7%	23.2%	20.1%
San Marcos	10.7%	28.3%	11.8%	25.4%	23.8%
Valley Center	8.9%	17.3%	20.0%	26.0%	27.8%
South Region	15.1%	31.0%	20.2%	17.7%	16.1%
Chula Vista	10.4%	28.5%	15.7%	20.9%	24.4%
Coronado	9.8%	19.5%	22.1%	21.5%	27.1%
National City	11.4%	30.2%	20.1%	17.9%	20.5%
South Bay	22.1%	28.7%	20.9%	15.2%	13.1%
Sweetwater	14.0%	36.5%	21.0%	17.3%	11.3%
San Diego County	15.7%	26.7%	17.3%	20.7%	19.6%

This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: About 40% of civilian veterans in San Diego County in 2019 were 65 years and over.

Veteran Status by Age Group by HHSA Region, 2019