





# 2016-2020 DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit









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# **Introduction to the Demographic Profiles**

### History

The Community Health Statistics Unit (CHSU), under the Health and Human Services Agency (HHSA) Public Health Services Division, was formed in 2005 to provide a single point of contact for public health data and support to the HHSA Regions and their communities. CHSU generates publications including: the Community Health Profiles, topic specific reports (e.g., older adult falls, economic burden of disease, health disparities, and health status), health briefs, fact sheets, atlases, and the demographic profiles, all of which are available at <a href="https://www.sdhealthstatistics.com">www.sdhealthstatistics.com</a>.

The *Demographic Profiles* are a compilation of information relating to demographic characteristics of specific populations in San Diego County. Each profile contains demographic data for each HHSA Region and subregional area (SRA) including age, sex, race/ethnicity distributions, school enrollment, educational attainment, income, occupation, housing, and other social/economic data. Many of these factors have been implicated at the roots of health disparities.

The purpose of the Demographic Profiles is to provide detailed information about the characteristics of the people living in San Diego County. It is designed to help HHSA staff in each of the Health and Human Services Agency Regions and other local organizations, including *Live Well San Diego* recognized partners, identify and prioritize needs within their communities. These profiles are made available to the public health community and public policymakers to better understand and manage the health and well-being of the residents of our County.

### Source of Data

The Census is conducted every 10 years to provide an official count of the entire population in the United States to Congress. The American Community Survey (ACS), on the other hand, is conducted every year by the U.S. Census Bureau to provide more current estimates of the population. The ACS collects sociodemographic and economic data annually; topics include educational attainment, income, poverty, disability, health insurance, workforce and more to describe the population living in the United States. Per Title 13, U.S. Code, completing either or both the Census and the ACS is required by law if your household is selected. Personal identification is protected, but data in aggregate form is released to provide information needed for planning purposes and programs.

If you are looking for official population totals, the U.S. Census Bureau recommends using the 2010 Census or 2020 Census. However, the ACS provides a more current picture of the population and population characteristics. While ACS estimates are derived from a much smaller sample, data are collected from a representative sample of the population in the nation. Because ACS variables may change over time, some areas and subjects must be compared with caution, or not compared at all.

The Census Bureau recommends that you<sup>1,2</sup>:

- DO compare similar period lengths, for example, 5-year to 5-year.
- DON'T compare estimates from different period lengths, for example, 1-year to 5-year.
- DO compare estimates from non-overlapping periods, for example, compare a 2011-2015 ACS 5-year estimate to a 2016-2020 ACS 5-year estimate.
- DON'T compare overlapping periods, for example, the 2015-2019 ACS 5-year estimates to the 2016-2020 ACS 5-year estimates.

Why use 5-year estimates?<sup>1,2</sup>

- Cover 60 months of collected data; for example, from January 1, 2016 to December 31, 2020.
- Data is collected for all areas (including census blocks and tracts), which makes this the largest sample size
- Most reliable, but least current
- Released every year since 2009

More American Community Survey (ACS) data available online at https://data.census.gov/.

For more information regarding the methodology of the ACS Survey, please go to <a href="https://www.census.gov/programs-surveys/acs/methodology.html">https://www.census.gov/programs-surveys/acs/methodology.html</a>.

### Methodology

Data is downloaded at the census tract level and crosswalked into meaningful communities in our area. San Diego County has 41 SRAs, which are aggregations of census tracts defined by San Diego Association of Governments (SANDAG), not the Census Bureau. While the boundaries of many geographical areas, such as cities, change over time, SRA boundaries have remained essentially the same since their formation which allows for meaningful comparisons of time series information because identical areas are being compared.

More information on SANDAG and subregional areas can be accessed at <a href="http://www.sandag.org/">http://www.sandag.org/</a>.

Please note that the indicators in the demographic profiles are reviewed every year. Indicators will be added per number of requests showing the need for these to be included and/or modified as needed.

For the 2016-2020 version, a detailed indicator on households by household income was added.

### References:

- 1. https://www.census.gov/programs-surveys/acs/guidance/comparing-acs-data.html
- 2. https://www.census.gov/programs-surveys/acs/guidance/estimates.html

For researchers: The U.S. Census Bureau publishes a margin of error (MOE) for each ACS estimate. For the purposes of these profiles, the MOEs are not considered as these are the best estimates for our geographies.

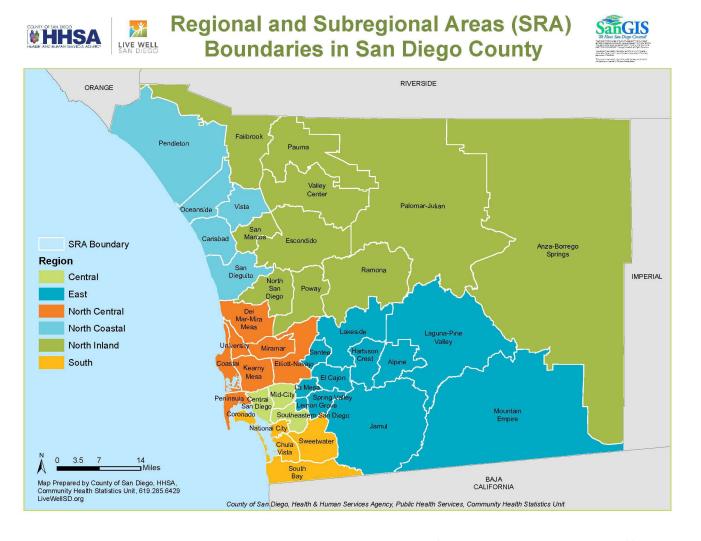
Please visit the County of San Diego's data access portal to download demographic profile data and/or health outcome data: <a href="https://data.sandiegocounty.gov">https://data.sandiegocounty.gov</a>.

For additional information, contact:

Community Health Statistics Unit 3851 Rosecrans St. San Diego, CA 92110 www.sdhealthstatistics.com 619-692-6667

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Please visit the San Diego County Data Portal to download demographic profile data and/or health outcome data: https://data.livewellsd.org.









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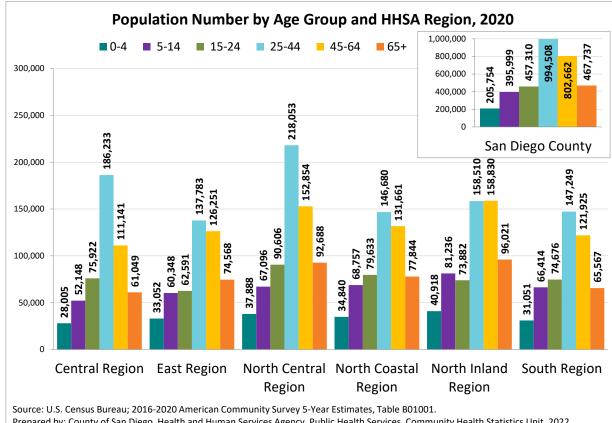
# **Total Population by Age Group**

Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B01001.

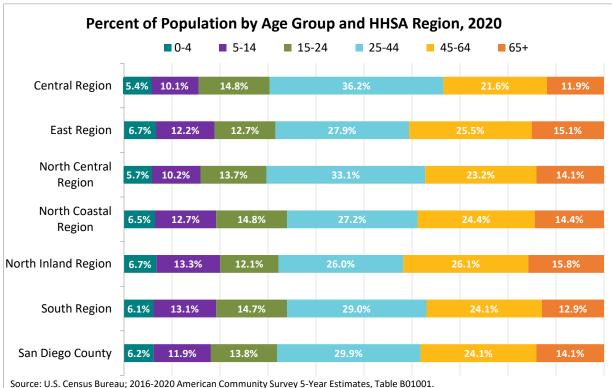
This indicator shows the number and percent of the population by age group in each geography.

How to interpret these data: In 2020, 14.1% (467,737) of San Diego County's population was 65 years and over.

Caagraphy	0-4		5-14	ı	15	5-24	2	5-44	45-	64	65-	+
Geography	#	%	#	%	#	%	#	%	#	%	#	%
Central Region	28,005	5.4%	52,148	10.1%	75,922	14.8%	186,233	36.2%	111,141	21.6%	61,049	11.9%
Central San Diego	7,722	4.4%	10,165	5.8%	18,385	10.5%	79,046	45.3%	37,222	21.3%	22,136	12.7%
Mid-City	9,931	5.7%	18,682	10.7%	34,434	19.7%	57,806	33.0%	37,067	21.2%	16,989	9.7%
Southeastern San Diego	10,352	6.3%	23,301	14.1%	23,103	14.0%	49,381	29.9%	36,852	22.3%	21,924	13.3%
East Region	33,052	6.7%	60,348	12.2%	62,591	12.7%	137,783	27.9%	126,251	25.5%	74,568	15.1%
Alpine	1,080	6.7%	1,977	12.2%	1,766	10.9%	3,962	24.5%	4,669	28.9%	2,692	16.7%
El Cajon	9,154	7.0%	17,776	13.5%	16,942	12.9%	37,159	28.3%	32,263	24.6%	17,916	13.7%
Harbison-Crest	726	4.8%	1,556	10.2%	2,130	14.0%	3,226	21.2%	4,455	29.3%	3,118	20.5%
Jamul	879	4.2%	2,312	11.1%	2,808	13.5%	5,389	26.0%	6,194	29.8%	3,175	15.3%
La Mesa	4,661	7.5%	6,374	10.3%	7,106	11.4%	20,034	32.3%	14,628	23.6%	9,301	15.0%
Laguna-Pine Valley	231	4.3%	742	13.8%	610	11.3%	1,125	20.9%	1,501	27.9%	1,168	21.7%
Lakeside	4,121	6.7%	7,014	11.4%	8,605	14.0%	15,817	25.7%	16,520	26.9%	9,359	15.2%
Lemon Grove	1,776	5.7%	4,261	13.6%	4,113	13.1%	8,985	28.6%	7,664	24.4%	4,623	14.7%
Mountain Empire	460	5.6%	1,046	12.7%	1,007	12.2%	1,570	19.1%	2,323	28.2%	1,818	22.1%
Santee	3,725	6.8%	6,448	11.8%	5,931	10.9%	15,808	28.9%	14,251	26.1%	8,487	15.5%
Spring Valley	6,239	7.1%	10,842	12.3%	11,573	13.1%	24,708	28.1%	21,783	24.7%	12,911	14.7%
North Central Region	37,888	5.7%	67,096	10.2%	90,606	13.7%	218,053	33.1%	152,854	23.2%	92,688	14.1%
Coastal	3,538	4.6%	5,308	6.9%	7,945	10.4%	30,422	39.7%	16,178	21.1%	13,334	17.4%
Del Mar-Mira Mesa	10,998	6.1%	23,830	13.3%	18,775	10.5%	53,343	29.8%	50,082	28.0%	21,845	12.2%
Elliott-Navajo	7,791	8.0%	12,336	12.7%	9,959	10.2%	28,387	29.1%	22,510	23.1%	16,403	16.8%
Kearny Mesa	8,779	5.0%	15,388	8.8%	26,571	15.2%	59,936	34.3%	40,749	23.3%	23,520	13.4%
Miramar	367	7.8%	480	10.2%	2,605	55.6%	1,177	25.1%	59	1.3%	0	0.0%
Peninsula	3,839	5.6%	5,865	8.5%	11,417	16.6%	23,873	34.7%	13,567	19.7%	10,209	14.8%
University	2,576	4.5%	3,889	6.7%	13,334	23.1%	20,915	36.2%	9,709	16.8%	7,377	12.8%
North Coastal Region	34,840	6.5%	68,757	12.7%	79,633	14.8%	146,680	27.2%	131,661	24.4%	77,844	14.4%
Carlsbad	6,398	5.1%	16,537	13.3%	13,876	11.2%	30,299	24.4%	35,174	28.3%	21,951	17.7%
Oceanside	10,705	6.3%	21,869	12.9%	22,309	13.1%	49,461	29.1%	41,753	24.6%	23,648	13.9%
Pendleton	4,630	11.8%	4,512	11.5%	18,623	47.3%	11,030	28.0%	528	1.3%	50	0.1%
San Dieguito	5,173	5.2%	12,743	12.9%	9,487	9.6%	23,859	24.1%	28,170	28.5%	19,373	19.6%
Vista	7,934	7.4%	13,096	12.2%	15,338	14.3%	32,031	29.9%	26,036	24.3%	12,822	12.0%
North Inland Region	40,918	6.7%	81,236	13.3%	73,882	12.1%	158,510	26.0%	158,830	26.1%	96,021	15.8%
Anza-Borrego Springs	120	4.7%	72	2.8%	148	5.8%	235	9.1%	945	36.8%	1,049	40.8%
Escondido	11,557	6.8%	22,370	13.1%	23,732	13.9%	48,598	28.4%	41,711	24.4%	22,868	13.4%
Fallbrook	3,693	7.5%	5,909	11.9%	6,156	12.4%	10,925	22.1%	12,754	25.8%	10,076	20.4%
North San Diego	9,112	7.3%	18,076	14.5%	12,497	10.1%	34,664	27.9%	32,095	25.8%	17,793	14.3%
Palomar-Julian	167	3.4%	303	6.1%	189	3.8%	1,108	22.4%	1,540	31.1%	1,645	33.2%
Pauma	583	8.3%	940	13.3%	636	9.0%	1,367	19.4%	2,395	34.0%	1,127	16.0%
Poway	5,087	5.6%	12,345	13.5%	9,924	10.9%	21,362	23.4%	26,057	28.5%	16,622	18.2%
Ramona	1,964	5.5%	4,218	11.7%	5,349	14.9%	7,850	21.8%	11,058	30.8%	5,491	15.3%
San Marcos	6,820	6.9%	14,285	14.5%	12,304	12.5%	26,576	27.0%	23,960	24.3%	14,614	14.8%
Valley Center	1,815	7.5%	2,718	11.2%	2,947	12.1%	5,825	23.9%	6,315	25.9%	4,736	19.4%
South Region	31,051	6.1%	66,414	13.1%	74,676	14.7%	147,249	29.0%	121,925	24.1%	65,567	12.9%
Chula Vista	7,587	6.5%	15,495	13.3%	15,700	13.5%	34,313	29.4%	27,765	23.8%	15,655	13.4%
Coronado	963	3.9%	2,697	11.0%	4,368	17.8%	5,683	23.2%	5,775	23.5%	5,040	20.5%
National City	3,063	5.0%	7,235	11.9%	10,914	17.9%	18,009	29.6%	13,322	21.9%	8,292	13.6%
South Bay	9,635	6.5%	19,137	12.9%	22,596	15.3%	43,945	29.7%	34,755	23.5%	17,866	12.1%
Sweetwater	9,803	6.2%	21,850	13.9%	21,098	13.4%	45,299		40,308	25.7%	18,714	11.9%
San Diego County	205,754	6.2%		11.9%		13.8%	994,508		802,662	24.1%		14.1%



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



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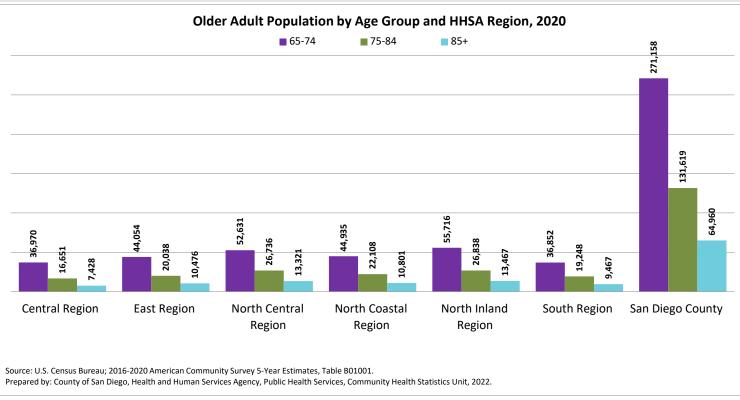
# Older Adult Population by Age Group

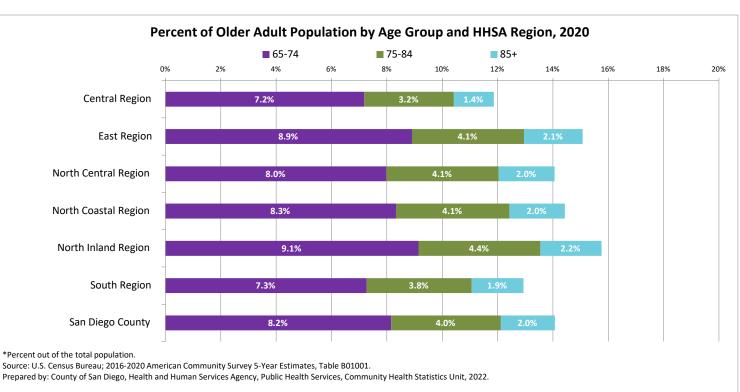
Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows the older adult population by age group. Number (#) represents the number of people in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography.

How to interpret these data: In 2020, 8.2% of San Diego County's population were between the ages of 65-74, 4.0% were between 75-84, and 2.0% were 85 years and older.

Geography	Total Population	65-7	74	75-84	ı	85+		
	#	#	%	#	%	#	%	
Central Region	514,498	36,970	7.2%	16,651	3.2%	7,428	1.4%	
Central San Diego	174,676	13,448	7.7%	5,829	3.3%	2,859	1.6%	
Mid-City	174,909	10,648	6.1%	4,531	2.6%	1,810	1.0%	
Southeastern San Diego	164,913	12,874	7.8%	6,291	3.8%	2,759	1.7%	
East Region	494,593	44,054	8.9%	20,038	4.1%	10,476	2.1%	
Alpine	16,146	1,608	10.0%	923	5.7%	161	1.0%	
El Cajon	131,210	10,406	7.9%	4,677	3.6%	2,833	2.2%	
Harbison-Crest	15,211	1,689	11.1%	1,027	6.8%	402	2.6%	
Jamul	20,757	2,187	10.5%	845	4.1%	143	0.7%	
La Mesa	62,104	4,855	7.8%	2,665	4.3%	1,781	2.9%	
Laguna-Pine Valley	5,377	843	15.7%	251	4.7%	74	1.4%	
Lakeside	61,436	5,639	9.2%	2,271	3.7%	1,449	2.4%	
Lemon Grove	31,422	2,923	9.3%	1,160	3.7%	540	1.7%	
Mountain Empire	8,224	1,510	18.4%	148	1.8%	160	1.9%	
Santee	54,650	4,586	8.4%	2,769	5.1%	1,132	2.1%	
Spring Valley	88,056	7,808	8.9%	3,302	3.7%	1,801	2.0%	
North Central Region	659,185	52,631	8.0%	26,736	4.1%	13,321	2.0%	
Coastal	76,725	6,888	9.0%	4,304	5.6%	2,142	2.8%	
Del Mar-Mira Mesa	178,873	14,150	7.9%	5,892	3.3%	1,803	1.0%	
Elliott-Navajo	97,386	8,987	9.2%	4,826	5.0%	2,590	2.7%	
Kearny Mesa	174,943	12,980	7.4%	6,548	3.7%	3,992	2.3%	
Miramar	4,688	0	0.0%	0	0.0%	0	0.0%	
Peninsula	68,770	6,509	9.5%	2,635	3.8%	1,065	1.5%	
University	57,800	3,117	5.4%	2,531	4.4%	1,729	3.0%	
North Coastal Region	539,415	44,935	8.3%	22,108	4.1%	10,801	2.0%	
Carlsbad	124,235	11,701	9.4%	6,782	5.5%	3,468	2.8%	
Oceanside	169,745	14,129	8.3%	6,454	3.8%	3,065	1.8%	
Pendleton	39,373	50	0.1%	0	0.0%	0	0.0%	
San Dieguito	98,805	11,555	11.7%	5,104	5.2%	2,714	2.7%	
Vista	107,257	7,500	7.0%	3,768	3.5%	1,554	1.4%	
North Inland Region	609,397	55,716	9.1%	26,838	4.4%	13,467	2.2%	
Anza-Borrego Springs	2,569	524	20.4%	429	16.7%	96	3.7%	
Escondido	170,836	12,576	7.4%	6,410	3.8%	3,882	2.3%	
Fallbrook	49,513	5,578	11.3%	2,893	5.8%	1,605	3.2%	
North San Diego	124,237	10,665	8.6%	4,572	3.7%	2,556	2.1%	
Palomar-Julian	4,952	1,179	23.8%	334	6.7%	132	2.7%	
Pauma	7,048	563	8.0%	455	6.5%	109	1.5%	
Poway	91,397	10,204	11.2%	4,751	5.2%	1,667	1.8%	
Ramona	35,930	3,588	10.0%	1,347	3.7%	556	1.5%	
San Marcos	98,559	8,095	8.2%	4,215	4.3%	2,304	2.3%	
Valley Center	24,356	2,744	11.3%	1,432	5.9%	560	2.3%	
South Region	506,882	36,852	7.3%	19,248	3.8%	9,467	1.9%	
Chula Vista	116,515	8,421	7.2%	4,790	4.1%	2,444	2.1%	
Coronado	24,526	2,572	10.5%	1,651	6.7%	817	3.3%	
National City	60,835	4,151	6.8%	2,404	4.0%	1,737	2.9%	
South Bay	147,934	10,232	6.9%	5,737	3.9%	1,897	1.3%	
Sweetwater	157,072	11,476	7.3%	4,666	3.0%	2,572	1.6%	
San Diego County	3,323,970	271,158	8.2%	131,619	4.0%	64,960	2.0%	







# Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)\*

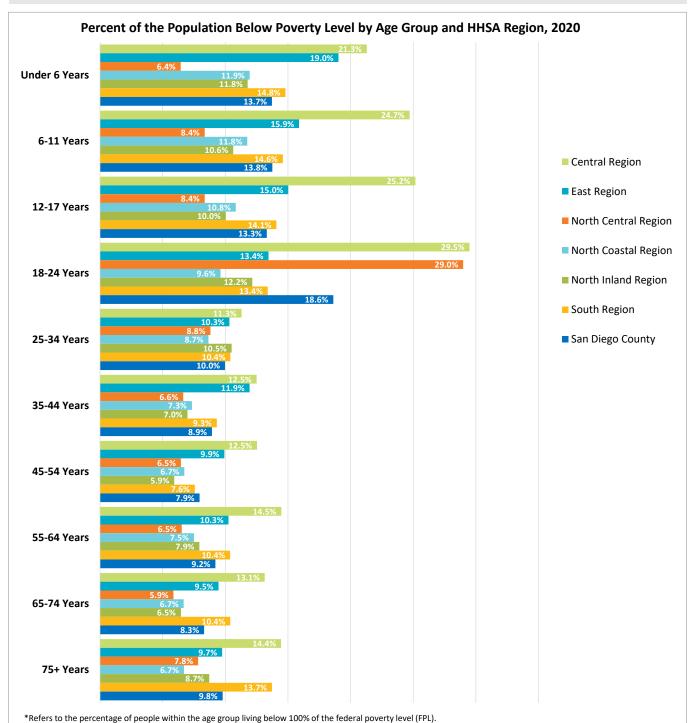
Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

Central Region Central San Diego Mid-City Southeastern San Diego East Region Alpine El Cajon Harbison-Crest	21.3% 13.6% 29.2% 19.5% 19.0% 10.0% 27.9%	24.7% 17.7% 31.4% 22.0%	25.2% 14.9% 33.4% 23.4%	29.5% 22.4% 42.2%	11.3% 9.2%	12.5%	12.5%			75+ Years
Central San Diego Mid-City Southeastern San Diego East Region Alpine El Cajon	13.6% 29.2% 19.5% 19.0% 10.0%	17.7% 31.4% 22.0% 15.9%	14.9% 33.4%	22.4%			12.5%	4.4.504		
Mid-City Southeastern San Diego East Region Alpine El Cajon	29.2% 19.5% 19.0% 10.0%	31.4% 22.0% 15.9%	33.4%		9.2%			14.5%	13.1%	14.4%
Southeastern San Diego  East Region  Alpine  El Cajon	19.5% 19.0% 10.0%	22.0% 15.9%		42.2%		7.9%	13.5%	17.5%	14.6%	15.7%
East Region Alpine El Cajon	19.0% 10.0%	15.9%	23.4%		13.9%	17.8%	13.3%	15.8%	15.5%	17.0%
Alpine El Cajon	10.0%			14.7%	11.8%	12.4%	10.7%	10.2%	9.7%	11.5%
El Cajon			15.0%	13.4%	10.3%	11.9%	9.9%	10.3%	9.5%	9.7%
	27.9%	3.5%	9.3%	6.7%	3.5%	11.7%	7.6%	9.4%	3.3%	5.7%
Harbison-Crest		26.4%	21.6%	16.2%	13.6%	19.9%	17.1%	11.3%	13.0%	14.4%
	17.4%	7.0%	2.8%	15.1%	3.4%	4.9%	8.5%	10.2%	1.5%	7.0%
Jamul	10.4%	7.2%	8.5%	4.8%	2.8%	9.9%	5.5%	13.4%	4.2%	2.3%
La Mesa	18.2%	11.8%	17.3%	25.5%	8.2%	8.4%	9.0%	11.8%	7.9%	10.0%
Laguna-Pine Valley	7.3%	0.0%	19.4%	2.4%	6.0%	15.9%	3.2%	2.6%	1.6%	8.0%
Lakeside	6.6%	11.4%	9.1%	9.8%	6.8%	7.4%	7.6%	4.9%	7.6%	12.8%
Lemon Grove	21.5%	14.3%	14.6%	11.7%	7.3%	8.7%	8.7%	13.4%	9.9%	4.5%
Mountain Empire	35.4%	52.2%	21.6%	3.1%	31.8%	24.2%	22.1%	28.3%	28.9%	1.3%
Santee	12.2%	9.9%	8.9%	8.1%	10.2%	7.4%	5.8%	9.2%	7.1%	9.1%
Spring Valley	20.9%	10.6%	15.0%	10.3%	12.5%	10.6%	6.4%	8.9%	9.8%	6.8%
North Central Region	6.4%	8.4%	8.4%	29.0%	8.8%	6.6%	6.5%	6.5%	5.9%	7.8%
Coastal	3.1%	7.2%	7.4%	20.7%	6.3%	6.1%	6.1%	7.0%	4.9%	3.5%
Del Mar-Mira Mesa	3.7%	5.6%	5.7%	11.4%	6.4%	4.8%	5.2%	5.2%	5.5%	6.5%
Elliott-Navajo	7.4%	6.6%	7.2%	13.6%	8.0%	5.1%	4.7%	4.7%	4.2%	7.4%
Kearny Mesa	9.4%	15.6%	13.0%	22.6%	9.4%	8.5%	6.9%	7.3%	8.2%	12.4%
Miramar	7.4%	0.0%	0.0%	9.8%	5.7%	0.0%	45.9%	0.0%	0.0%	0.0%
Peninsula	6.7%	6.1%	8.5%	23.2%	8.3%	6.8%	12.6%	12.2%	6.0%	7.4%
University	9.2%	9.9%	9.7%	72.1%	17.2%	10.9%	6.9%	5.1%	4.5%	6.5%
North Coastal Region	11.9%	11.8%	10.8%	9.6%	8.7%	7.3%	6.7%	7.5%	6.7%	6.7%
Carlsbad	9.3%	6.1%	8.6%	12.1%	4.7%	6.4%	5.6%	9.5%	5.2%	4.8%
Oceanside	12.8%	17.2%	18.0%	10.6%	9.2%	9.8%	8.0%	6.2%	8.2%	9.4%
Pendleton	8.8%	12.6%	4.1%	3.9%	9.6%	0.0%	10.9%	0.0%	0.0%	0.0%
San Dieguito	9.5%	6.0%	6.0%	10.9%	8.3%	5.3%	4.4%	6.2%	5.4%	5.5%
Vista	16.9%	15.0%	8.8%			7.7%	8.5%	8.5%	8.1%	7.1%
North Inland Region	11.8%	10.6%	10.0%		10.5%	7.0%	5.9%	7.9%	6.5%	8.7%
Anza-Borrego Springs	0.0%	0.0%	0.0%	4.3%	0.0%	22.3%	25.3%	24.5%	2.3%	0.0%
Escondido	17.5%	17.6%	17.8%	16.1%	12.5%	12.6%	9.0%	11.0%	8.2%	11.9%
Fallbrook	28.7%	28.1%	10.4%	14.1%	14.4%	11.0%	10.6%	9.5%	8.5%	7.6%
North San Diego	6.0%	5.1%	7.2%	8.8%	6.0%	3.4%	3.3%	3.2%	5.3%	8.6%
Palomar-Julian	7.9%	3.3%	13.2%	35.1%	16.5%	1.7%	15.1%	3.7%	10.2%	5.6%
Pauma	7.2%	4.7%	7.8%	2.4%	8.2%	6.7%	2.0%	6.9%	15.8%	1.1%
Poway	3.5%	3.3%	4.8%	6.2%	8.6%	3.4%	2.5%	5.9%	2.1%	4.5%
Ramona	6.6%	3.5%	3.7%	6.3%	4.1%	6.8%	2.9%	5.2%	4.0%	4.9%
San Marcos	9.3%	8.1%	8.2%	13.2%	14.0%	5.1%	6.0%	10.3%	6.6%	11.6%
Valley Center	14.9%	14.3%	8.9%	13.4%	7.0%	6.2%	10.5%	8.1%	14.5%	8.6%
South Region	14.9%	14.5%	14.1%	13.4%	10.4%	9.3%	7.6%	10.4%	10.4%	13.7%
Chula Vista	18.0%	15.9%	20.0%					15.6%		
				13.4%		12.1%	9.3%		13.1%	14.4%
Coronado	2.8%	3.5%	5.5%		9.8%	5.4%	5.5%	6.0%	2.6%	6.3%
National City	18.7%	26.3%	25.1%	15.9%	10.4%	14.8%	14.1%	17.6%	13.1%	20.1%
South Bay	21.4%	18.9%	14.8%	17.2%	11.9%	11.2%	7.8%	10.1%	13.7%	16.7%
Sweetwater San Diego County	6.1% <b>13.7%</b>	7.5% <b>13.8%</b>	6.8% <b>13.3%</b>	8.4% <b>18.6%</b>	7.5% <b>10.0%</b>	4.6% <b>8.9%</b>	4.5% <b>7.9%</b>	4.9% <b>9.2%</b>	6.3% <b>8.3%</b>	8.7% <b>9.8%</b>

\*This indicator provides the percentage of the population within specified age groups that living in poverty. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: An estimated 13.7% of children under the age of 6 were below the poverty level, compared with 9.8% of people 75 years old and over in San Diego County in 2020.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



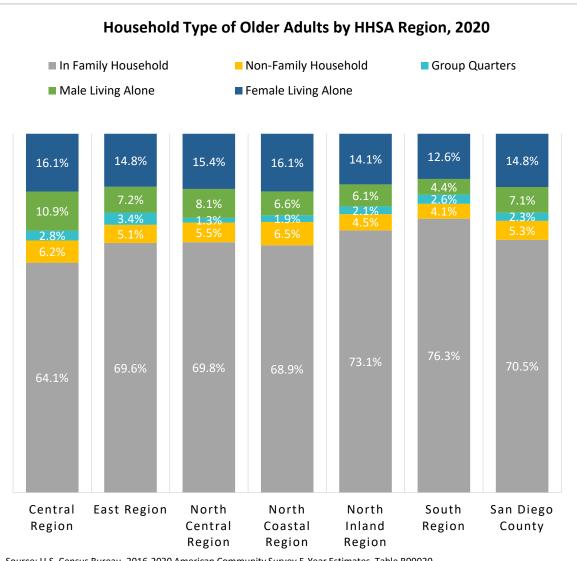
# Older Adults by Household Type

Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B09020.

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
Central Region	61,049	64.1%	6.2%	2.8%	10.9%	16.1%
Central San Diego	22,136	48.8%	8.1%	4.1%	17.7%	21.4%
Mid-City	16,989	61.5%	6.3%	1.9%	11.0%	19.2%
Southeastern San Diego	21,924	81.6%	4.1%	2.1%	3.8%	8.3%
East Region	74,568	69.6%	5.1%	3.4%	7.2%	14.8%
Alpine	2,692	77.0%	1.9%	0.9%	5.6%	14.6%
El Cajon	17,916	66.2%	5.1%	6.9%	8.4%	13.5%
Harbison-Crest	3,118	81.8%	2.2%	0.9%	4.4%	10.7%
Jamul	3,175	87.7%	1.8%	1.1%	3.4%	5.9%
La Mesa	9,301	56.6%	3.8%	5.0%	9.8%	24.8%
Laguna-Pine Valley	1,168	70.4%	6.3%	0.9%	6.5%	15.9%
Lakeside	9,359	66.2%	10.7%	1.9%	7.8%	13.5%
Lemon Grove	4,623	73.0%	3.8%	1.1%	9.1%	13.0%
Mountain Empire	1,818	78.8%	6.6%	0.0%	9.5%	5.2%
Santee	8,487	66.5%	6.4%	3.5%	7.1%	16.4%
Spring Valley	12,911	76.5%	3.3%	1.7%	4.2%	14.3%
North Central Region	92,688	69.8%	5.5%	1.3%	8.1%	15.4%
Coastal	13,334	66.7%	6.6%	1.6%	7.4%	17.8%
Del Mar-Mira Mesa	21,845	81.9%	4.8%	0.6%	4.4%	8.2%
Elliott-Navajo	16,403	69.6%	4.5%	0.4%	7.3%	18.0%
Kearny Mesa	23,520	67.0%	6.4%	1.9%	9.1%	15.6%
Miramar	0	0.0%	0.0%	0.0%	0.0%	0.0%
Peninsula	10,209	60.4%	5.1%	2.2%	15.3%	16.9%
University	7,377	61.5%	5.1%	1.3%	8.8%	23.4%
North Coastal Region	77,844	68.9%	6.5%	1.9%	6.6%	16.1%
Carlsbad	21,951	71.1%	4.6%	0.7%	6.8%	16.8%
Oceanside	23,648	66.1%	8.0%	1.2%	7.7%	17.0%
Pendleton	50	86.0%	0.0%	14.0%	0.0%	0.0%
San Dieguito	19,373	69.7%	6.0%	2.2%	5.1%	16.9%
Vista	12,822	69.4%	7.6%	4.3%	6.7%	11.9%
North Inland Region	96,021	73.1%	4.5%	2.1%	6.1%	14.1%
Anza-Borrego Springs	1,049	79.8%	0.0%	0.0%	5.2%	15.0%
Escondido	22,868	69.2%	4.3%	3.6%	7.5%	15.4%
Fallbrook	10,076	78.9%	4.8%	1.3%	6.2%	8.9%
North San Diego	17,793	72.6%	2.9%	3.5%	4.2%	16.8%
Palomar-Julian	1,645	64.5%	1.6%	1.6%	13.7%	18.5%
Pauma	1,127	68.4%	12.6%	0.8%	11.3%	6.9%
Poway	16,622	77.9%	3.0%	1.5%	5.5%	12.1%
Ramona	5,491	76.5%	6.3%	1.2%	4.4%	11.6%
San Marcos	14,614	68.5%	6.9%	0.9%	6.8%	16.9%
Valley Center	4,736	77.2%	6.9%	0.3%	5.6%	10.1%
South Region	65,567	76.3%	4.1%	2.6%	4.4%	12.6%
Chula Vista	15,655	70.4%	4.6%	2.1%	6.3%	16.6%
Coronado	5,040	72.3%	4.1%	3.1%	5.4%	15.1%
National City	8,292	67.7%	5.5%	3.8%	5.8%	17.3%
South Bay	17,866	80.3%	3.2%	2.5%	3.4%	10.6%
Sweetwater	18,714	82.5%	4.1%	2.4%	2.7%	8.3%
San Diego County	467,737	70.5%	5.3%	2.3%	7.1%	14.8%

This indicator explores the type of household that older adults, ages 65+, lived in. Types of households are classified by presence of relatives. Please note that estimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of older adults by households type data presented here includes the older adult population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers' dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of older adults ages 65+ in San Diego County in 2020, 70.5% lived in a family household. However, nearly one-quarter (21.9%) of the older adult population was living alone (14.8% female and 7.1% male).



Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table B09020. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



### **Older Adults: Labor Force and Poverty**

Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	la labour	Older Adults, Aged 65+ In Labor Force Living below 100% FPL Living be						
Central Region			Living below 200% FPL					
Central Kegion  Central San Diego	16.9% 18.2%	13.7% 15.0%	35.2 <sup>-</sup> 35.9 <sup>-</sup>					
Mid-City	18.3%	16.1%	41.8					
Southeastern San Diego	14.5%	10.4%	29.3					
	18.0%							
East Region		9.6%	25.8					
Alpine	23.0%	4.3%	13.2					
El Cajon	18.5%	13.6%	33.9					
Harbison-Crest	16.5%	4.0%	23.0					
Jamul	11.4%	3.6%	10.6					
La Mesa	18.8%	8.9%	27.7					
Laguna-Pine Valley	18.4%	3.4%	18.0					
Lakeside	19.7%	9.7%	28.6					
Lemon Grove	14.1%	7.9%	22.7					
Mountain Empire	28.5%	24.2%	31.7					
Santee	17.3%	8.0%	24.1					
Spring Valley	16.7%	8.6%	20.7					
North Central Region	20.9%	6.7%	18.0					
Coastal	20.6%	4.2%	15.2					
Del Mar-Mira Mesa	24.0%	5.9%	15.6					
Elliott-Navajo	19.1%	5.7%	15.6					
Kearny Mesa	18.2%	10.1%	24.9					
Miramar	0.0%	0.0%	0.0					
Peninsula	24.5%	6.5%	19.2					
University	20.0%	5.6%	12.7					
North Coastal Region	19.3%	6.7%	20.4					
Carlsbad	18.1%	5.0%	18.7					
Oceanside	19.9%	8.7%	26.4					
Pendleton	0.0%	0.0%	100.0					
San Dieguito	20.2%	5.4%	13.4					
Vista	19.1%	7.7%	22.3					
North Inland Region	18.5%	7.4%	21.5					
Anza-Borrego Springs	16.2%	1.1%	13.9					
Escondido	19.5%	9.9%	28.9					
Fallbrook	17.9%	8.1%	19.9					
North San Diego	16.7%	6.6%	17.7					
Palomar-Julian	15.1%	8.9%	31.7					
Pauma	21.5%	8.4%	22.4					
Poway	18.2%	3.0%	12.8					
Ramona	18.8%	4.3%	16.7					
San Marcos	19.0%	8.8%	26.5					
Valley Center	22.6%	12.0%	22.6					
South Region	16.3%	11.8%	29.8					
Chula Vista	16.1%	13.7%						
	18.6%		34.5					
Coronado National City		4.4%	13.2					
National City	16.2%	16.5%	43.8					
South Bay	14.4%	15.0%	37.3					
Sweetwater	17.8%	7.2%	17.1					
San Diego County	18.5%	8.9%	24.2					

This indicator explores two things in the older adult population (residents age 65 years and over). The labor force is the percentage who remain in the labor force\* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

\*In labor force refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

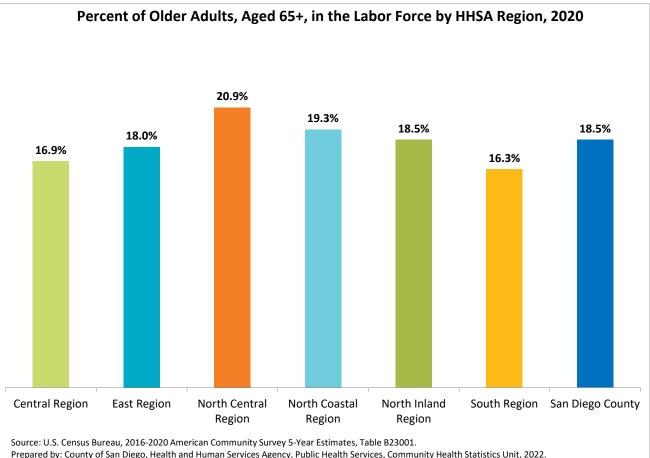
How to interpret these data: In 2020 in San Diego County, 18.5% of older adults, ages 65+, remained in the labor force.

Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

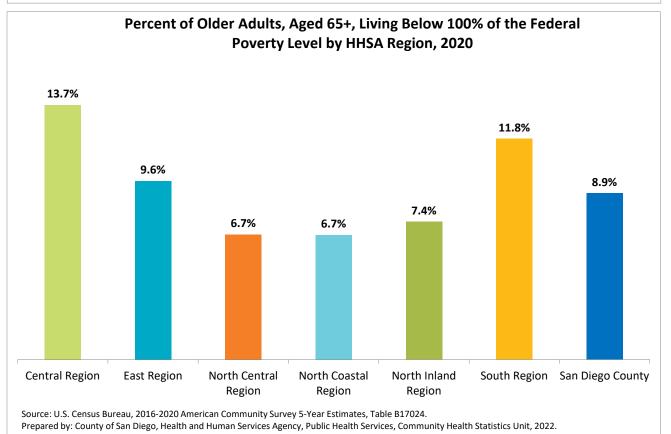
\*Federal Poverty levels (FPL) refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based.

Please note that those with income below 100%FPL are included in the living below 200% FPL category and have much lower income.

How to interpret these data: In 2020 in San Diego County, an estimated 8.9% of people age 65 years and over had incomes below the Federal Poverty Level.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.





# Population with a Disability by Age Group\*

Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table S1810.

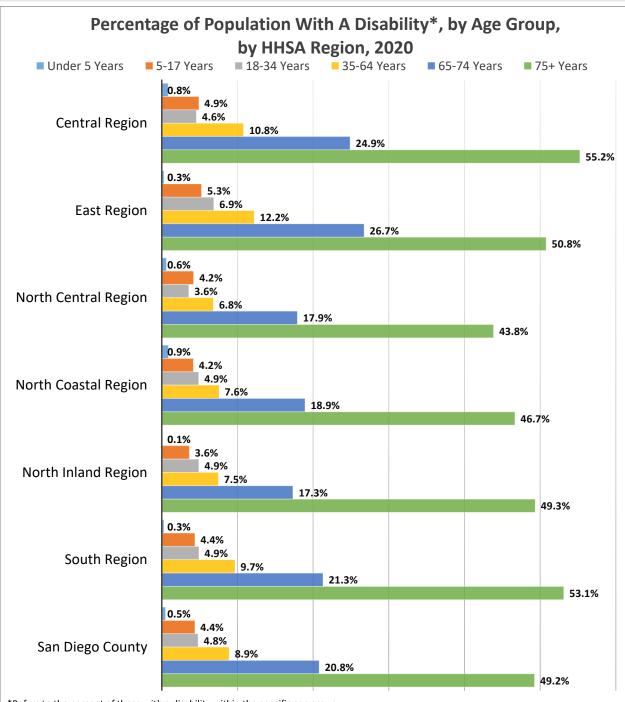
Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74	Years	75+ Y	'ears
0. ~k)	#	%	#	%	#	%	#	%	#	%	#	%
Central Region	237	0.8%	3,243	4.9%	7,338	4.6%	19,670	10.8%	9,118	24.9%	13,019	55.2%
Central San Diego	147	1.9%	808	6.1%	2,302	4.1%	6,313	10.0%	2,861	21.5%	4,627	55.2%
Mid-City	24	0.2%	1,208	5.1%	2,549	4.1%	6,998	11.6%	3,152	30.0%	3,409	54.8%
Southeastern San Diego	66	0.6%	1,227	4.2%	2,487	5.8%	6,359	10.9%	3,105	24.2%	4,983	55.6%
East Region	92	0.3%	4,139	5.3%	7,725	6.9%	22,672	12.2%	11,566	26.7%	14,895	50.8%
Alpine	0	0.0%	172	6.9%	141	4.3%	799	12.2%	373	23.2%	400	36.9%
El Cajon	45	0.5%	1,438	6.3%	1,846	5.7%	5,996	12.5%	3,189	31.8%	3,782	54.5%
Harbison-Crest	0	0.0%	81	3.9%	404	12.4%	629	10.5%	400	23.7%	710	50.1%
Jamul	0	0.0%	118	3.9%	97	3.2%	948	13.2%	513	23.8%	483	48.9%
La Mesa	11	0.2%	516	6.4%	871	5.3%	2,528	11.2%	964	20.5%	2,244	54.0%
Laguna-Pine Valley	2	0.9%	42	5.3%	74	7.3%	227	11.4%	197	23.6%	123	37.8%
Lakeside	0	0.0%	474	4.8%	1,387	10.5%	2,910	12.0%	1,717	30.5%	1,781	48.7%
Lemon Grove	0	0.0%	156	2.8%	299	4.0%	1,554	13.4%	1,010	34.7%	915	54.7%
Mountain Empire	0	0.0%	23	1.9%	202	17.3%	1,200	39.7%	239	15.8%	136	44.2%
Santee	19	0.5%	337	4.0%	764	6.8%	2,380	11.5%	1,161	26.2%	1,885	50.1%
Spring Valley	15	0.2%	782	5.4%	1,640	8.1%	3,501	10.5%	1,803	23.3%	2,436	48.5%
North Central Region	236	0.6%	3,571	4.2%	6,620	3.6%	16,362	6.8%	9,381	17.9%	17,360	43.8%
Coastal	0	0.0%	165	2.4%	530	2.1%	1,582	6.0%	865	12.6%	2,234	35.4%
Del Mar-Mira Mesa	48	0.4%	1,091	3.6%	1,434	3.6%	4,141	5.5%	2,302	16.3%	3,258	42.3%
Elliott-Navajo	80	1.0%	765	5.0%	637	3.1%	2,003	5.7%	1,814	20.2%	3,616	48.8%
Kearny Mesa	102	1.2%	1,154	5.8%	2,821	5.0%	5,916	9.5%	2,894	22.5%	5,004	48.5%
Miramar	6	1.6%	18	3.0%	14	3.3%	32	15.5%	0	0.0%	0	0.0%
Peninsula	0	0.0%	188	2.7%	472	2.6%	1,645	7.0%	922	14.3%	1,308	35.7%
University	0	0.0%	190	3.7%	712	2.8%	1,043	6.1%	584	18.9%	1,940	46.2%
North Coastal Region	306	0.9%	3,700	4.2%	5,444	4.9%	15,014	7.6%	8,444	18.9%	15,004	46.7%
Carlsbad	25	0.4%	905	4.1%	862	4.1%	3,535	6.8%	1,778	15.2%	4,789	47.3%
Oceanside	125	1.2%	1,345	4.9%	2,489	6.0%	7,222	11.5%	3,627	25.8%	4,894	51.8%
Pendleton	87	1.9%	388	7.7%	244	4.1%	162	8.5%	0	0.0%	0	0.0%
San Dieguito	27	0.5%	583	3.5%	506	3.2%	1,436	3.4%	1,677	14.6%	3,367	44.7%
Vista	42	0.5%	479	2.7%	1,343	4.9%	2,659	6.7%	1,362	18.4%	1,954	38.6%
North Inland Region	47	0.1%	3,802	3.6%	6,255	4.9%	17,704	7.5%	9,562	17.3%	19,381	49.3%
Anza-Borrego Springs	0	0.0%	0	0.0%	0	0.0%	156	13.7%	51	9.7%	96	18.3%
Escondido	9	0.1%	1,022	3.5%	2,475	5.7%	6,510	10.4%	2,699	21.8%	5,109	51.6%
Fallbrook	0	0.0%	299	3.8%	441	4.5%	1,452	8.3%	905	16.3%	1,975	44.3%
North San Diego	0	0.0%	888	3.9%	617	2.7%	2,131	4.2%	1,323	12.7%	3,820	56.6%
Palomar-Julian	0	0.0%	15	4.2%	112	15.1%	106	5.5%	160	13.6%	232	49.8%
Pauma	0	0.0%	17	1.4%	8	0.9%	152	4.8%	50	8.9%	154	27.3%
Poway	23	0.5%	537	3.3%	708	4.6%	2,021	5.4%	1,421	14.1%	2,749	43.8%
Ramona	15	0.8%	364	6.6%	418	5.4%	1,155	7.7%	937	26.2%	844	44.8%
San Marcos	0	0.0%	515	2.9%	1,166	5.4%	3,106	8.2%	1,694	20.9%	3,488	53.9%
Valley Center	0	0.0%	145	3.9%	310	6.3%	915	10.1%	322	11.7%	914	45.9%
South Region	86	0.3%	3,834	4.4%	5,793	4.9%	17,747	9.7%	7,732	21.3%	14,904	53.1%
Chula Vista	48	0.6%	885	4.4%	1,437	5.1%	4,568	10.5%	2,128	25.4%	3,706	52.4%
Coronado	0	0.0%	161	4.5%	156	5.3%	430	5.7%	348	13.9%	804	33.7%
National City	0	0.0%	291	3.1%	733	5.2%	2,509	12.7%	976	23.8%	2,469	62.3%
South Bay	38	0.4%	1,321	5.1%	1,891	5.0%	5,521	10.8%	2,300		4,176	55.2%
Sweetwater	0	0.0%	1,176	4.1%	1,576	4.5%	4,719	7.7%	1,980		3,749	52.9%
San Diego County	1,004	0.5%	22,289	4.4%	39,175	4.8%	109,169	8.9%	55,803		94,563	49.2%

This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.

\*Refers to the percent of those with a disability within the specific age group.

**Limitation:** Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to nearly half (49.2%) of the population 75+ that had a disability in San Diego County in 2020.



<sup>\*</sup>Refers to the percent of those with a disability within the specific age group.

Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table S1810.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



### Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren

Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B10051.

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

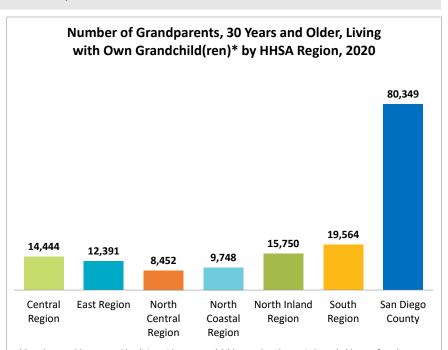
Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over Responsibility for Basic Needs – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of granchild'(s)' parents.

This table shows the number of grandparent 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2020, 80,349 grandparents lived with their grandchildren under 18 years old. Of those grandparents, 24.2% were responsible for the basic needs of their grandchildren (includes those with parent of child present).

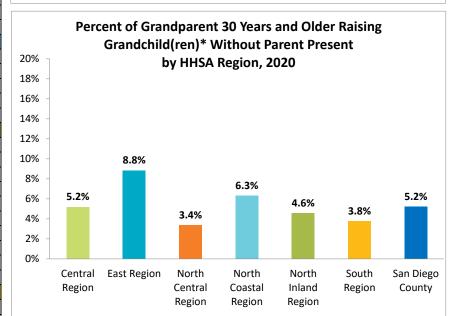
How to interpret these data: Of the 80,349 grandparents who lived with their grandchildren under 18 years old in San Diego County in 2020, 5.2% were responsible for grandchildren without a parent present. Of these, 70.0% were grandparents 60 years and over and 30.0% were 30 to 59 years old.

	Number of	Grandparent	Percent	Grandparent	Of Grandparents Living with	Living with G	randchild, by Age	Responsible W	/ithout Parent Present
Geography	Grandparents Living with Grandchildren*	Responsible for Grandchild	Grandparent Responsible for Grandchild	Responsible for Grandchild Without a Parent Present	Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
Central Region	14,444	4,099	28.4%	750	5.2%	6,325	8,119	42.5%	57.5%
Central San Diego	1,374	379	27.6%	66	4.8%	566	808	45.5%	54.5%
Mid-City	4,399	1,326	30.1%	295	6.7%	2,034	2,365	34.9%	65.19
Southeastern San Diego	8,671	2,394	27.6%	389	4.5%	3,725	4,946	47.8%	52.29
East Region	12,391	3,574	28.8%	1,096	8.8%	4,389	8,002	31.2%	68.89
Alpine	251	69	27.5%	22	8.8%	35	216	0.0%	100.09
El Cajon	3,077	803	26.1%	275	8.9%	906	2,171	36.4%	63.69
Harbison-Crest	587	92	15.7%	32	5.5%	161	426	21.9%	78.19
Jamul	681	171	25.1%	39	5.7%	134	547	0.0%	100.09
La Mesa	1,234	595	48.2%	143	11.6%	347	887	23.1%	76.99
Laguna-Pine Valley	76	25	32.9%	6	7.9%	13	63	33.3%	66.79
Lakeside	1,815	538	29.6%	167	9.2%	772	1,043	35.9%	64.19
Lemon Grove	1,449	280	19.3%	82	5.7%	534	915	30.5%	69.59
Mountain Empire	154	62	40.3%	44	28.6%	41	113	0.0%	100.09
Santee	1,010	324	32.1%	106	10.5%	441	569	40.6%	59.49
Spring Valley	2,057	615	29.9%	180	8.8%	1,005	1,052	40.0%	60.09
North Central Region	8,452	1,736	20.5%	285	3.4%	2,149	6,303	5.3%	94.79
Coastal	308	104	33.8%	59	19.2%	72	236	0.0%	100.09
Del Mar-Mira Mesa	3,499	584	16.7%	0	0.0%	888	2,611	0.0%	0.09
Elliott-Navajo	1,171	227	19.4%	84	7.2%	141	1,030	0.0%	100.09
Kearny Mesa	2,412	583	24.2%	131	5.4%	817	1,595	11.5%	88.59
Miramar	0	0	0.0%	0	0.0%	0	0	0.0%	0.09
Peninsula	551	164	29.8%	11	2.0%	123	428	0.0%	100.09
University	511	74	14.5%	0	0.0%	108	403	0.0%	0.09
North Coastal Region	9,748	2,602	26.7%	617	6.3%	4,399	5,349	23.3%	76.79
Carlsbad	908	242	26.7%	93	10.2%	265	643	23.7%	76.39
Oceanside	4,749	1,047	22.0%	292	6.1%	2,232	2,517	24.7%	75.39
Pendleton	213	0	0.0%	0	0.0%	213	0	0.0%	0.09
San Dieguito	1,164	168	14.4%	49	4.2%	285	879	18.4%	81.69
Vista	2,714	1,145	42.2%	183	6.7%	1,404	1,310	22.4%	77.69
North Inland Region	15,750	3,300	21.0%	722	4.6%	5,868	9,882	39.3%	60.79
Anza-Borrego Springs	27	0	0.0%	0	0.0%	27	0	0.0%	0.09
Escondido	5,518	908	16.5%	256	4.6%	2,244	3,274	53.5%	46.59
Fallbrook	1,429	490	34.3%	103	7.2%	741	688	20.4%	79.69
North San Diego	2,342	546	23.3%	51	2.2%	407	1,935	0.0%	100.09
Palomar-Julian	105	44	41.9%	30	28.6%	30	75	3.3%	96.79
Pauma	122	84	68.9%	33	27.0%	38	84	15.2%	84.89
Poway	1,693	302	17.8%	136	8.0%	350	1,343	68.4%	31.69
Ramona	948	218	23.0%	11	1.2%	457		45.5%	54.59
San Marcos	3,070	505	16.4%	44	1.4%	1,388		40.9%	59.19
Valley Center	496	203	40.9%	58	11.7%	186		6.9%	93.19
South Region	19,564	4,098	20.9%	738	3.8%	7,302	12,262	21.7%	78.39
Chula Vista	4,376	982	22.4%	156	3.6%	1,685		21.2%	78.89
Coronado	185	74	40.0%	50	27.0%	4	181	8.0%	92.09
National City	2,572	548	21.3%	101	3.9%	1,154		41.6%	58.49
South Bay	6,901	1,615	23.4%	57	0.8%	3,033		35.1%	64.99
Sweetwater	5,530		15.9%	374	6.8%	1,426		16.3%	83.79
San Diego County	80,349		24.2%	4,208		30,432		30.0%	70.09



\*Grandparent, 30 years or older, living with own grandchildren under 18 years in households out of total population 30 years and older.

Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table B10051. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



\*Grandparent, 30 years or older, raising own grandchildren under 18 years in households out of total population 30 years and older.

Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table B10051.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



### **Health Insurance Status**

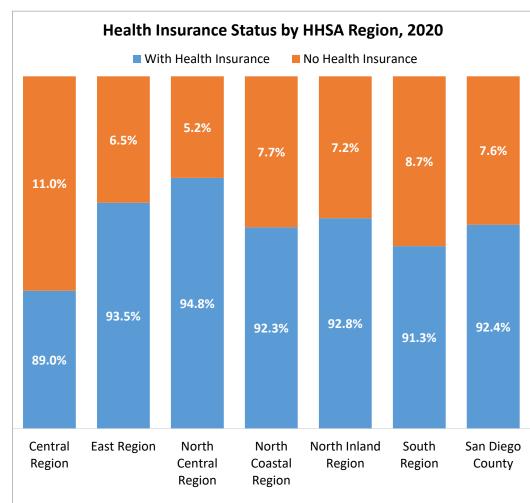
Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B27001.

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
Central Region	89.0%	11.0%	94.8%	85.7%	84.3%	87.4%	98.7%
Central San Diego	91.5%	8.5%	96.5%	88.0%	88.9%	90.0%	99.1%
Mid-City	87.0%	13.0%	95.6%	85.7%	79.6%	84.6%	98.7%
Southeastern San Diego	88.8%	11.2%	93.2%	83.9%	82.9%	87.6%	98.2%
East Region	93.5%	6.5%	95.6%	89.3%	90.4%	93.1%	98.9%
Alpine	96.3%	3.7%	97.9%	89.8%	94.6%	96.0%	100.0%
El Cajon	92.5%	7.5%	95.3%	89.2%	88.7%	91.9%	98.3%
Harbison-Crest	93.9%	6.1%	94.5%	88.1%	89.3%	94.2%	100.0%
Jamul	93.0%	7.0%	95.5%	86.6%	86.4%	94.4%	97.2%
La Mesa	94.6%	5.4%	97.0%	87.4%	93.1%	94.0%	99.9%
Laguna-Pine Valley	91.3%	8.7%	95.1%	72.5%	85.9%	95.3%	95.8%
Lakeside	95.0%	5.0%	96.6%	94.6%	92.4%	93.3%	99.4%
Lemon Grove	91.1%	8.9%	94.4%	84.6%	86.2%	91.3%	98.3%
Mountain Empire	92.3%	7.7%	85.9%	70.4%	89.3%	97.3%	100.0%
Santee	95.7%	4.3%	97.9%	92.6%	93.3%	95.0%	99.1%
Spring Valley	92.7%	7.3%	94.1%	90.1%	89.4%	91.9%	98.8%
North Central Region	94.8%	5.2%	97.7%	92.1%	92.0%	94.5%	99.1%
Coastal	94.4%	5.6%	97.8%	93.5%	90.4%	95.3%	99.4%
Del Mar-Mira Mesa	95.9%	4.1%	98.2%	93.4%	93.9%	95.2%	99.1%
Elliott-Navajo	96.4%	3.6%	98.4%	93.3%	94.0%	95.5%	99.8%
Kearny Mesa	93.3%	6.7%	96.4%	92.3%	89.6%	93.0%	99.2%
Miramar	98.7%	1.3%	99.4%	95.6%	98.3%	100.0%	0.0%
	94.5%	5.5%	96.8%	93.1%	91.4%	94.8%	98.7%
Peninsula	93.9%	6.1%	98.9%	88.0%	94.6%	93.4%	97.9%
University							
North Coastal Region	92.3%	7.7%	96.5%	87.4%	86.5%	91.5%	99.1%
Carlsbad	94.3%	5.7%	96.9%	85.7%	90.7%	93.8%	99.3%
Oceanside	90.3%	9.7%	95.7%	86.4%	82.3%	90.7%	98.4%
Pendleton	99.2%	0.8%	100.0%	100.0%	97.3%	100.0%	100.0%
San Dieguito	95.4%	4.6%	97.8%	93.2%	90.0%	95.2%	99.9%
Vista	89.0%	11.0%	95.1%	84.8%	84.0%	85.3%	98.8%
North Inland Region	92.8%	7.2%	96.1%	85.3%	88.2%	92.4%	98.9%
Anza-Borrego Springs	98.6%	1.4%	100.0%	89.1%	100.0%	96.7%	100.0%
Escondido	88.3%	11.7%	94.3%	77.9%	81.1%	88.7%	98.2%
Fallbrook	89.9%	10.1%	93.3%	80.5%	84.1%	87.6%	98.1%
North San Diego	97.3%	2.7%	98.7%	94.6%	94.9%	97.6%	99.8%
Palomar-Julian	92.3%	7.7%	89.4%	78.7%	87.1%	89.7%	100.0%
Pauma	79.6%	20.4%	89.0%	64.7%	81.3%	68.5%	89.9%
Poway	97.1%	2.9%	97.8%	93.7%	95.7%	96.7%	99.3%
Ramona	94.1%	5.9%	94.4%	92.3%	91.0%	94.4%	98.5%
San Marcos	92.5%	7.5%	97.4%	85.7%	86.5%	91.7%	99.4%
Valley Center	93.4%	6.6%	94.0%	87.5%	93.1%	90.7%	99.5%
South Region	91.3%	8.7%	95.3%	85.7%	87.0%	90.2%	98.3%
Chula Vista	89.8%	10.2%	95.3%	83.9%	85.3%	87.0%	97.5%
Coronado	96.9%	3.1%	98.4%	97.2%	90.7%	96.9%	100.0%
National City	87.7%	12.3%	92.8%	84.2%	81.7%	83.9%	98.5%
South Bay	89.7%	10.3%	94.1%	83.1%	85.0%	88.5%	98.8%
Sweetwater	94.5%	5.5%	96.7%	89.4%	92.0%	95.1%	98.0%
San Diego County	92.4%	7.6%	96.1%	87.8%	88.2%	91.8%	98.9%

Please note that beginning in 2017, age groups changed so the 2017 and 2018 data will not be comparable to previous years.

This indicator provides the percent of the civilian noninsitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2020, 92.4% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 7.6% did not. The percentage of children under the age of 19 without health insurance coverage was 3.9% (96.1% did have health insurance coverage).



Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table B27001.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.



# **Veterans by Age Group**

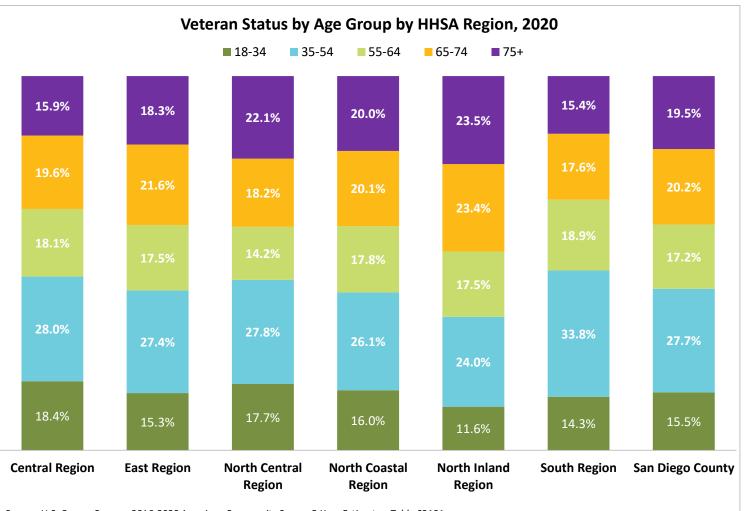
Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table S2101.

Coography	Veterans by Age Group										
Geography	18-34	35-54	55-64	65-74	75+						
Central Region	18.4%	28.0%	18.1%	19.6%	15.99						
Central San Diego	23.4%	23.3%	14.2%	21.1%	18.0						
Mid-City	18.4%	34.2%	17.5%	15.6%	14.3						
Southeastern San Diego	13.5%	27.7%	22.4%	21.4%	15.1						
East Region	15.3%	27.4%	17.5%	21.6%	18.3						
Alpine	14.1%	22.1%	13.6%	24.7%	25.5						
El Cajon	15.5%	24.3%	19.6%	21.7%	18.9						
Harbison-Crest	13.2%	17.6%	11.6%	26.6%	30.9						
Jamul	8.8%	28.7%	14.5%	29.5%	18.6						
La Mesa	20.1%	31.8%	13.3%	15.8%	19.0						
Laguna-Pine Valley	3.8%	17.9%	17.4%	40.2%	20.7						
Lakeside	12.4%	26.9%	19.3%	21.9%	19.4						
Lemon Grove	17.1%	29.5%	16.0%	21.7%	15.6						
Mountain Empire	0.8%	12.3%	57.1%	22.4%	7.5						
Santee	18.6%	29.7%	14.3%	20.3%	16.9						
Spring Valley	15.0%	30.9%	17.1%	21.4%	15.6						
North Central Region	17.7%	27.8%	14.2%	18.2%	22.1						
Coastal	16.2%	23.8%	10.1%	15.5%	34.4						
Del Mar-Mira Mesa	11.9%	28.2%	19.4%	21.9%	18.6						
Elliott-Navajo	17.8%	28.2%	13.0%	18.3%	22.7						
Kearny Mesa	19.5%	31.2%	13.2%	15.8%	20.3						
Miramar	71.7%	28.3%	0.0%	0.0%	0.0						
Peninsula	21.8%	24.6%	13.6%	23.2%	16.8						
University	15.7%	22.5%	12.8%	12.9%	36.1						
North Coastal Region	16.0%	26.1%	17.8%	20.1%	20.0						
Carlsbad	4.0%	24.8%	18.3%	23.0%	29.9						
Oceanside	18.2%	24.7%	21.8%	19.8%	15.7						
Pendleton	66.5%	28.9%	4.7%	0.0%	0.0						
San Dieguito	8.0%	23.6%	11.9%	27.6%	28.9						
Vista	15.2%	31.7%	16.8%	18.5%	17.7						
North Inland Region	11.6%	24.0%	17.5%	23.4%	23.5						
Anza-Borrego Springs	0.0%	35.9%	0.0%	49.1%	15.0						
Escondido	9.5%	25.2%	20.0%	19.7%	25.6						
Fallbrook	14.2%	20.9%	17.1%	20.8%	27.1						
North San Diego	11.5%	29.1%	15.9%	24.3%	19.2						
Palomar-Julian	13.2%	9.7%	16.3%	38.4%	22.4						
Pauma	0.0%	35.4%	13.9%	30.2%	20.4						
Poway	10.5%	22.4%	15.8%	28.0%	23.3						
Ramona	14.5%	28.4%	17.3%	19.8%	20.0						
San Marcos	12.4%	22.3%	18.1%	22.8%	24.3						
Valley Center	16.3%	14.6%	19.2%	23.1%	26.8						
South Region	14.3%	33.8%	18.9%	17.6%	15.4						
Chula Vista	8.8%	31.5%	17.2%	19.4%	23.2						
Coronado	10.8%	17.1%	17.2%	20.7%	31.9						
National City	21.2%	25.4%	21.1%	18.9%	13.5						
· · · · · · · · · · · · · · · · · · ·	17.0%	33.3%	19.2%								
South Bay Sweetwater				16.7%	13.9 10.5						
San Diego County	13.8% <b>15.5%</b>	40.3% <b>27.7%</b>	18.8% <b>17.2%</b>	16.6% <b>20.2%</b>	10.5 19.5						

This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: About 40% of civilian veterans in San Diego County in 2020 were 65 years and over.



Source: U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, Table S2101.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.