



2019-2023

SUPERVISORIAL DISTRICT DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
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Introduction to the Supervisorial District Demographic Profiles: Older Adult Subset

History

The Community Health Statistics Unit (CHSU), under the Health and Human Services Agency (HHSA) Public Health Services Department, was formed in 2005 to provide a single point of contact for public health data and support to the HHSA Regions and their communities. CHSU generates publications including: the Community Health Profiles, topic specific reports (e.g., older adult falls, economic burden of disease, health disparities, and health status), health briefs, fact sheets, atlases, and the demographic profiles, all of which are available at www.sdhealthstatistics.com.

The *Supervisorial District Demographic Profiles: Older Adult Subset* are a compilation of information relating to demographic characteristics of the older resident population in San Diego County. Each profile contains demographic data for each of the five supervisorial districts in San Diego County.

The purpose of the *Supervisorial District Demographic Profiles: Older Adult Subset* is to provide detailed information about the characteristics of the older adult population living in San Diego County. It is designed to help the Board of Supervisors, other policy makers, and other local organizations, including *Live Well San Diego* recognized partners, to identify and prioritize needs within their communities. These profiles are made available to the public health community and public policymakers to better understand and manage the health and well-being of the residents of our county at the supervisorial district level.

Source of Data

The Census is conducted every 10 years to provide an official count of the entire population in the United States to Congress. The American Community Survey (ACS), on the other hand, is conducted every year by the U.S. Census Bureau to provide more current estimates of the population. The ACS collects sociodemographic and economic data annually; topics include educational attainment, income, poverty, disability, health insurance, workforce and more to describe the population living in the United States. Per Title 13, U.S. Code, completing either or both the Census and the ACS is required by law if your household is selected. Personal identification is protected, but data in aggregate form is released to provide information needed for planning purposes and programs.

If you are looking for official population totals, the U.S. Census Bureau recommends using the 2010 or 2020 Census. However, the ACS provides a more current picture of the population and population characteristics. While ACS estimates are derived from a much smaller sample, data are collected from a representative sample of the population in the nation. Because ACS variables may change over time, some areas and subjects must be compared with caution, or not compared at all.

The Census Bureau recommends that you^{1,2}:

- DO compare similar period lengths, for example, 5-year to 5-year.
- DON'T compare estimates from different period lengths, for example, 1-year to 5-year.
- DO compare estimates from non-overlapping periods, for example, compare a 2014-2018 ACS 5-year estimate to a 2019-2023 ACS 5-year estimate.
- DON'T compare overlapping periods, for example, the 2018-2022 ACS 5-year estimates to the 2019-2023 ACS 5-year estimates.

Why use 5-year estimates?^{1,2}

- Cover 60 months of collected data; for example, from January 1, 2019 to December 31, 2023.
- Data is collected for all areas (including census blocks and tracts), which makes this the largest sample size
- Most reliable, but least current
- Released every year since 2009

More American Community Survey (ACS) data available online at <https://data.census.gov/>.

For more information regarding the methodology of the ACS Survey, please go to <https://www.census.gov/programs-surveys/acs/methodology.html>.

Methodology

Data is downloaded at the census tract level and crosswalked into supervisorial districts. San Diego County has 5 supervisorial districts.* Data on this document reflect the new supervisorial district boundaries adopted on January 15th, 2022.

Please note that the indicators in the demographic profiles are reviewed every year. Indicators will be added per number of requests showing the need for these to be included and/or modified as needed.

For the 2019-2023 version, no indicators included in this subset were modified or added.

* California Elections Code § 21500 requires the County Board of Supervisors to adjust the supervisorial district boundaries every ten years to reflect population gains, losses, and shifts to comply with the Voting Rights Act. In 2021, the Board of Supervisors was required to redistrict the five supervisorial districts using 2020 Census data. The County's redistricting process included broad opportunity for public review and input. The Board adopted the redistricting ordinance on January 15, 2022.

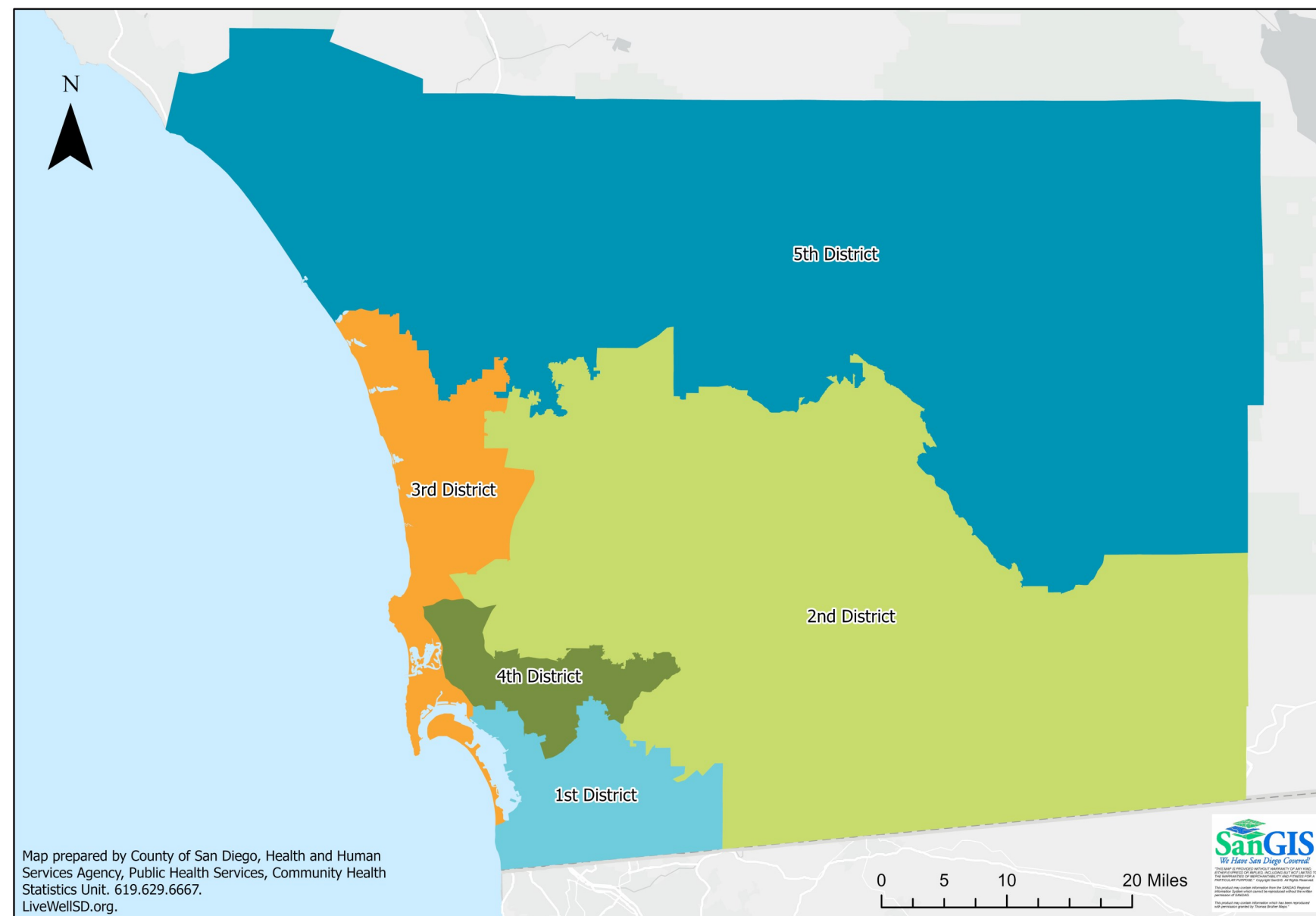
References:

1. <https://www.census.gov/programs-surveys/acs/guidance/comparing-acs-data.html>
2. <https://www.census.gov/programs-surveys/acs/guidance/estimates.html>
3. https://www.sandag.org/uploads/publicationid/publicationid_1853_17597.pdf
4. <https://gis-portal.sandiegocounty.gov/arcgis/home/item.html?id=e75d5c7a59ff4d6a90e862a481c3ba96>

For researchers: The U.S. Census Bureau publishes a margin of error (MOE) for each ACS estimate. For the purposes of these profiles, the MOEs are not considered as these are the best estimates for our geographies.



Supervisorial Districts, San Diego County



Please visit the County of San Diego's data access portal to download demographic profile data and/or health outcome data: <https://data.sandiegocounty.gov>.

For additional information, contact:

Community Health Statistics Unit

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619-692-6667

2019-2023 SUPERVISORIAL DISTRICT DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET

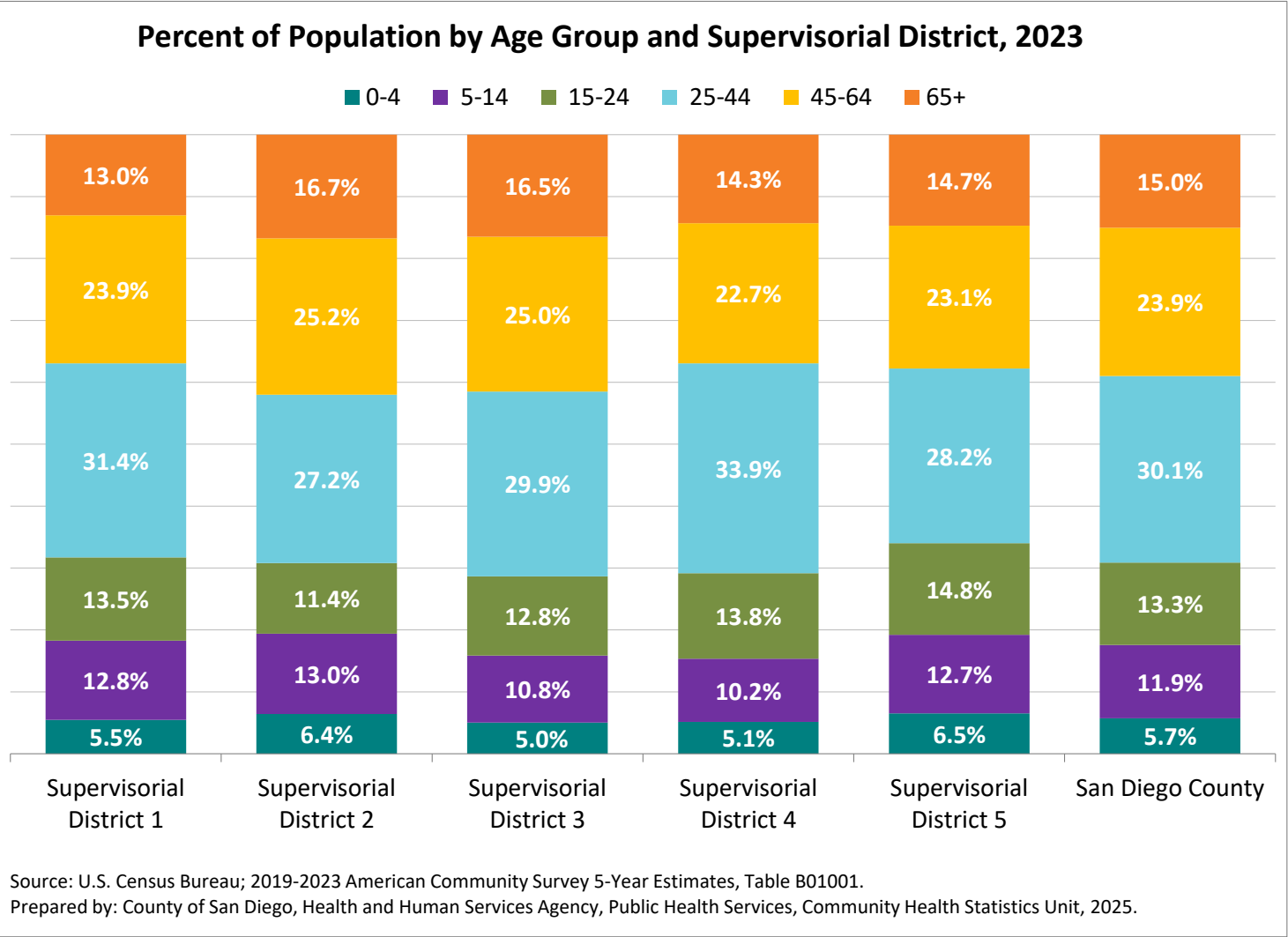
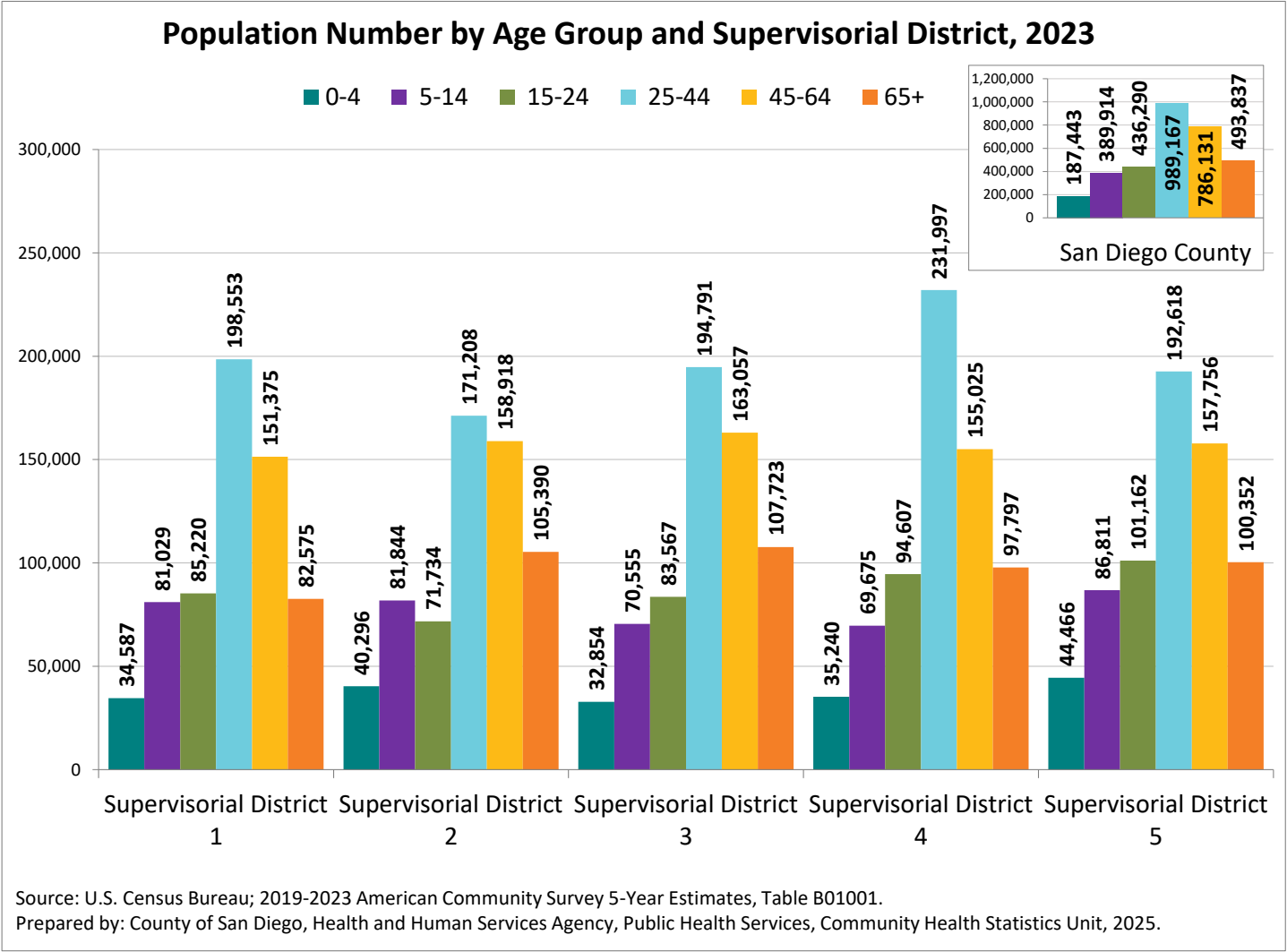
DEMOGRAPHIC INDICATORS

Total Population by Age Group

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows the number and percent of the population by age group in each geography.
How to interpret these data: In 2023, 15.0% (493,837) of San Diego County's population was 65 years and over.

Geography	0-4		5-14		15-24		25-44		45-64		65+	
	#	%	#	%	#	%	#	%	#	%	#	%
Supervisory District 1	34,587	5.5%	81,029	12.8%	85,220	13.5%	198,553	31.4%	151,375	23.9%	82,575	13.0%
Supervisory District 2	40,296	6.4%	81,844	13.0%	71,734	11.4%	171,208	27.2%	158,918	25.2%	105,390	16.7%
Supervisory District 3	32,854	5.0%	70,555	10.8%	83,567	12.8%	194,791	29.9%	163,057	25.0%	107,723	16.5%
Supervisory District 4	35,240	5.1%	69,675	10.2%	94,607	13.8%	231,997	33.9%	155,025	22.7%	97,797	14.3%
Supervisory District 5	44,466	6.5%	86,811	12.7%	101,162	14.8%	192,618	28.2%	157,756	23.1%	100,352	14.7%
San Diego County	187,443	5.7%	389,914	11.9%	436,290	13.3%	989,167	30.1%	786,131	23.9%	493,837	15.0%
California	2,214,141	5.6%	4,963,221	12.6%	5,124,225	13.1%	11,233,842	28.6%	9,712,870	24.8%	5,994,486	15.3%
United States	18,939,899	5.7%	41,658,286	12.5%	43,354,694	13.0%	88,990,519	26.8%	83,474,095	25.1%	55,970,047	16.8%

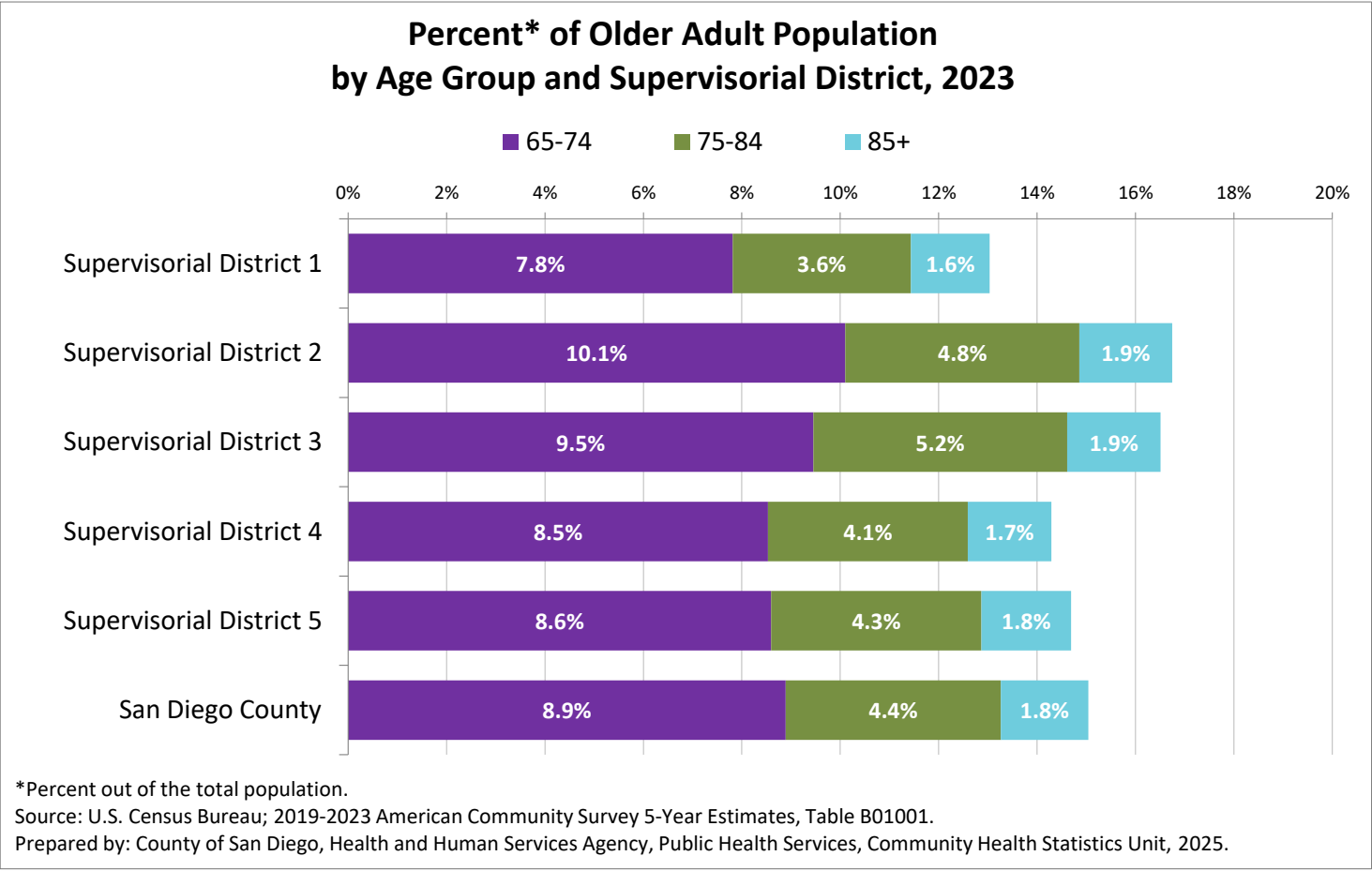
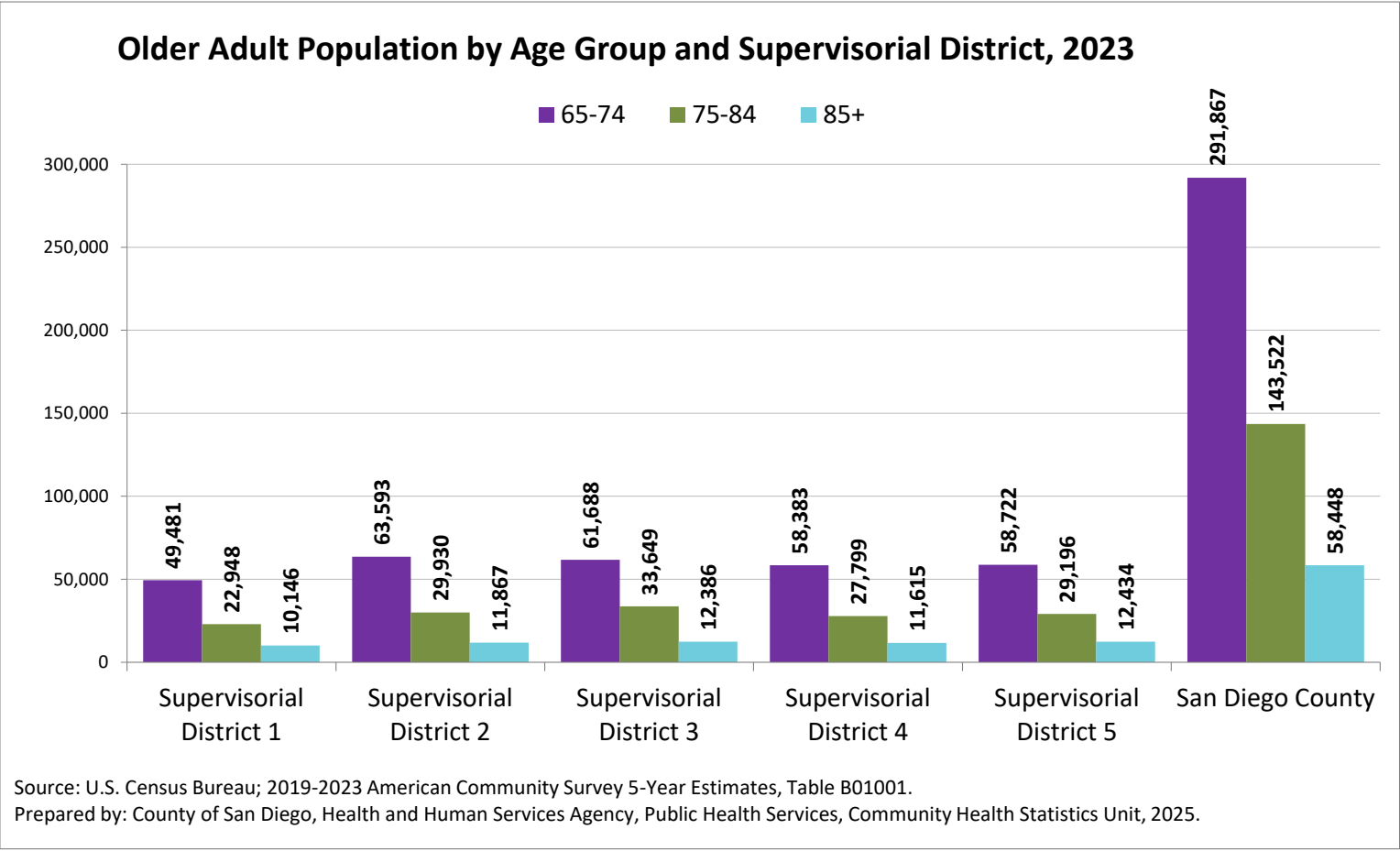


Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

Geography	Total Population	65-74		75-84		85+	
	#	#	%	#	%	#	%
Supervisory District 1	633,339	49,481	7.8%	22,948	3.6%	10,146	1.6%
Supervisory District 2	629,390	63,593	10.1%	29,930	4.8%	11,867	1.9%
Supervisory District 3	652,547	61,688	9.5%	33,649	5.2%	12,386	1.9%
Supervisory District 4	684,341	58,383	8.5%	27,799	4.1%	11,615	1.7%
Supervisory District 5	683,165	58,722	8.6%	29,196	4.3%	12,434	1.8%
San Diego County	3,282,782	291,867	8.9%	143,522	4.4%	58,448	1.8%
California	39,242,785	3,534,613	9.0%	1,721,957	4.4%	737,916	1.9%
United States	332,387,540	33,293,127	10.0%	16,298,353	4.9%	6,378,567	1.9%

This indicator shows the older adult population by age group. Number (#) represents the number of older adults in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography.

How to interpret these data: In 2023, 8.9% of San Diego County's population were between the ages of 65-74, 4.4% were between 75-84, and 1.8% were 85 years and older.



Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

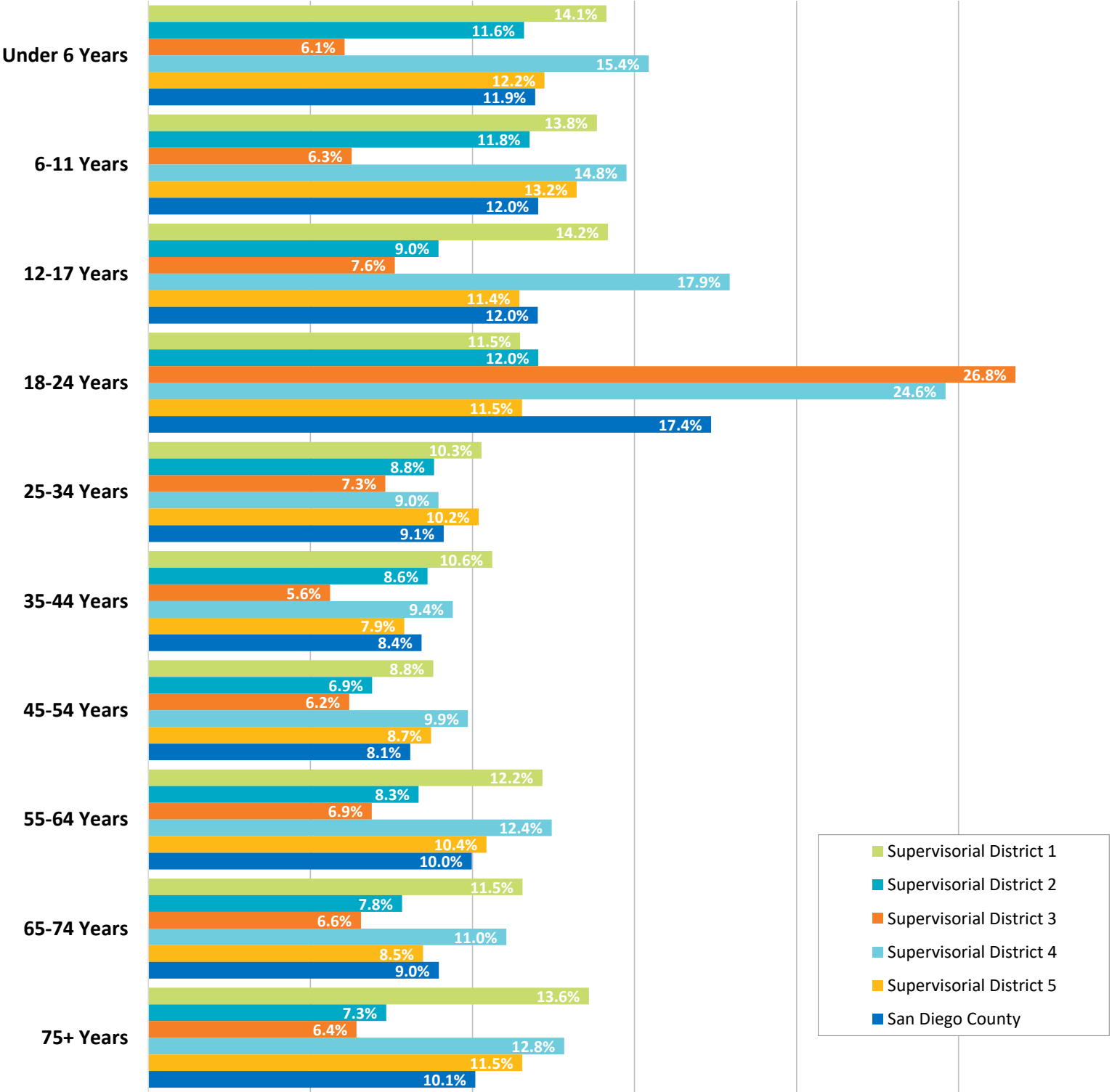
Geography	Under 6 Years	6-11 Years	12-17 Years	18-24 Years	25-34 Years	35-44 Years	45-54 Years	55-64 Years	65-74 Years	75+ Years
Supervisory District 1	14.1%	13.8%	14.2%	11.5%	10.3%	10.6%	8.8%	12.2%	11.5%	13.6%
Supervisory District 2	11.6%	11.8%	9.0%	12.0%	8.8%	8.6%	6.9%	8.3%	7.8%	7.3%
Supervisory District 3	6.1%	6.3%	7.6%	26.8%	7.3%	5.6%	6.2%	6.9%	6.6%	6.4%
Supervisory District 4	15.4%	14.8%	17.9%	24.6%	9.0%	9.4%	9.9%	12.4%	11.0%	12.8%
Supervisory District 5	12.2%	13.2%	11.4%	11.5%	10.2%	7.9%	8.7%	10.4%	8.5%	11.5%
San Diego County	11.9%	12.0%	12.0%	17.4%	9.1%	8.4%	8.1%	10.0%	9.0%	10.1%
California	15.1%	15.3%	15.0%	16.9%	10.5%	10.3%	9.0%	10.3%	10.4%	12.6%
United States	17.5%	16.6%	15.0%	18.9%	11.7%	10.4%	9.0%	10.6%	9.6%	11.5%

***This indicator provides the percentage of the population within specified age groups that living in poverty. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).**

Poverty status is determined by matching people’s annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: An estimated 11.9% of children under the age of 6 lived below the poverty level, compared with 10.1% of people 75 years old and over in San Diego County in 2023.

Percent of the Population Below Poverty Level by Age Group and Supervisorial District, 2023



*Refers to the percentage of people within the age group living below 100% of the federal poverty level (FPL).
Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Older Adults by Household Type

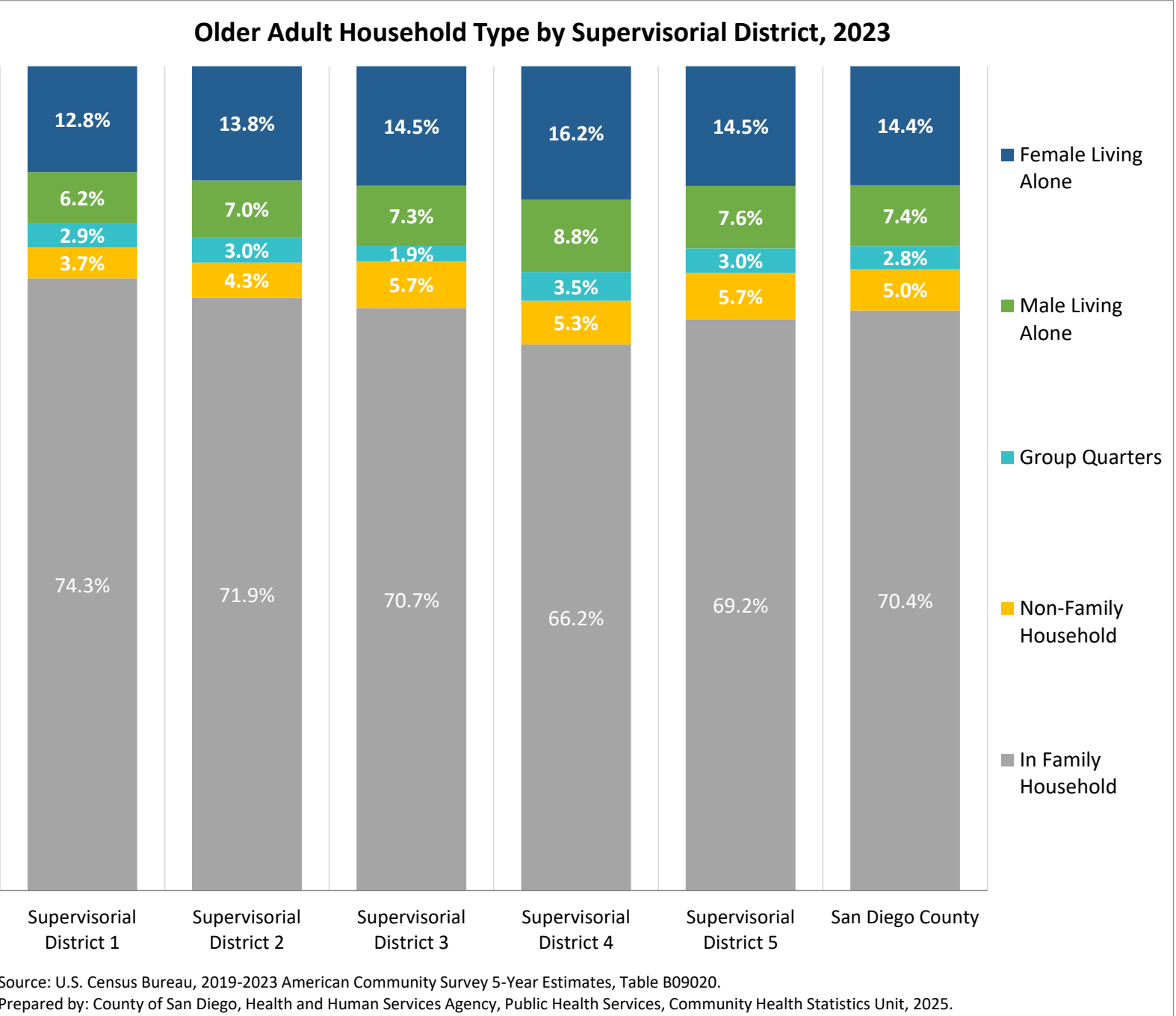
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B09020.

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
Supervisoryal District 1	82,575	74.3%	3.7%	2.9%	6.2%	12.8%
Supervisoryal District 2	105,390	71.9%	4.3%	3.0%	7.0%	13.8%
Supervisoryal District 3	107,723	70.7%	5.7%	1.9%	7.3%	14.5%
Supervisoryal District 4	97,797	66.2%	5.3%	3.5%	8.8%	16.2%
Supervisoryal District 5	100,352	69.2%	5.7%	3.0%	7.6%	14.5%
San Diego County	493,837	70.4%	5.0%	2.8%	7.4%	14.4%
California	5,994,486	70.3%	4.7%	3.0%	7.4%	14.5%
United States	55,970,047	66.7%	3.8%	3.0%	8.9%	17.5%

This indicator explores the type of household that older adults, ages 65+, lived in. Types of households are classified by presence of relatives.

Please note that esimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of older adults by households type data presented here includes the older adult population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers’ dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of older adults ages 65+ in San Diego County in 2023, 70.4% lived in a family household. However, over one-fifth (21.8%) of the older adult population was living alone (14.4% female and 7.4% male).



Older Adult: Labor Force and Poverty

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	Older Adults, Aged 65+		
	In Labor Force	Living below 100% FPL	Living below 200% FPL
Supervisory District 1	17.7%	12.4%	30.4%
Supervisory District 2	19.7%	7.6%	20.7%
Supervisory District 3	21.7%	6.5%	15.7%
Supervisory District 4	19.3%	11.8%	27.4%
Supervisory District 5	20.1%	9.7%	24.4%
San Diego County	19.8%	9.4%	23.3%
California	19.6%	11.3%	27.1%
United States	19.0%	10.4%	27.4%

This indicator explores income and poverty in the older adult population (residents age 65 years and over). The labor force is the percentage who remain in the labor force* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

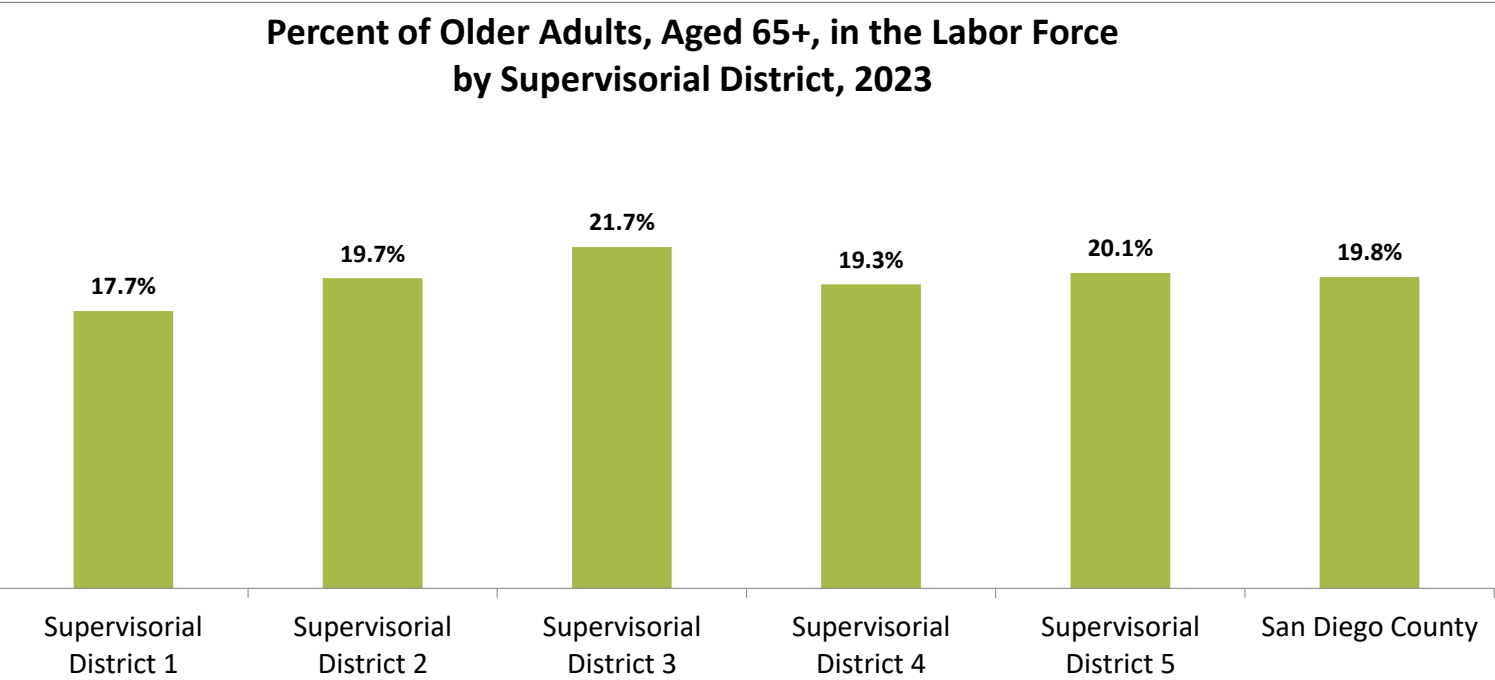
**In labor force* refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

How to interpret these data: In 2023 in San Diego County, 19.8% of older adults, ages 65+, remained in the labor force.

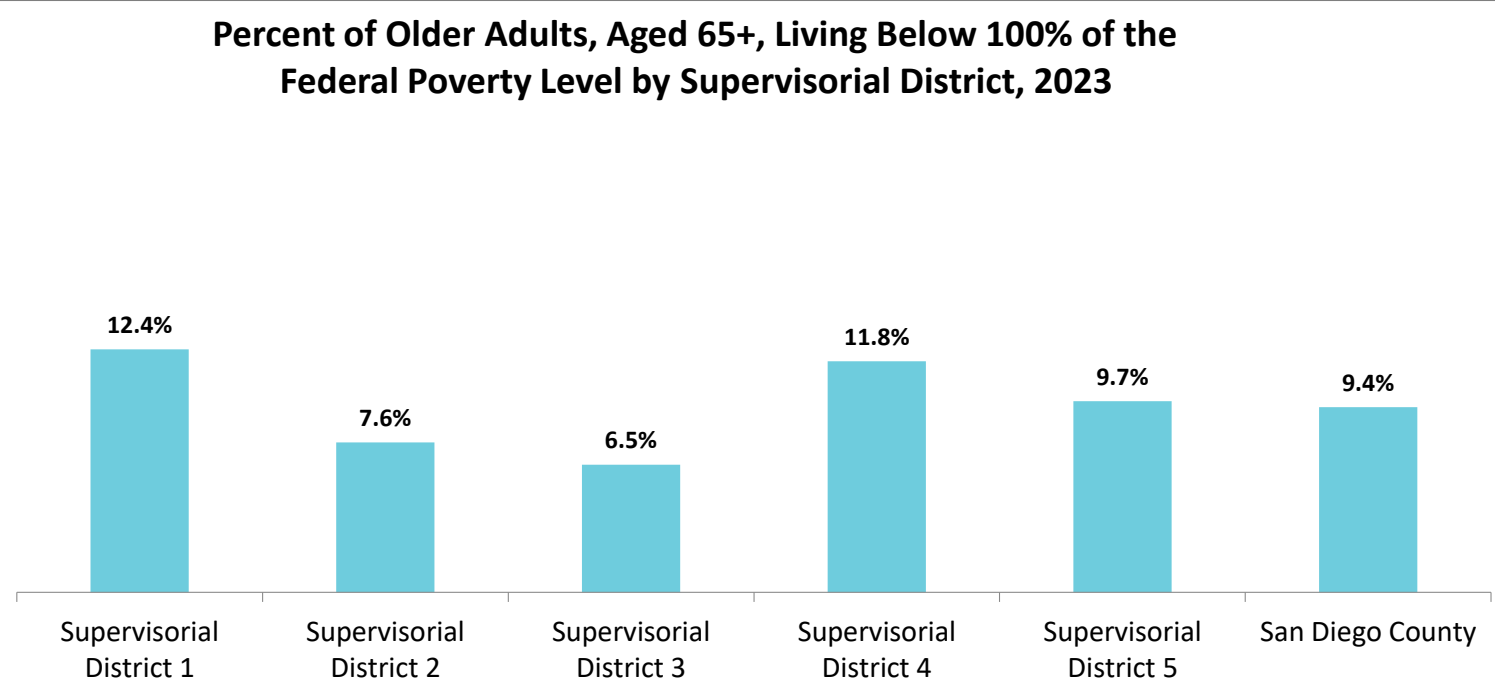
Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

**Federal Poverty levels (FPL)* refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based. Please note that those with income below 100% FPL are included in the living below 200% FPL category and have much lower income.

How to interpret these data: In 2023 in San Diego County, an estimated 9.4% of people age 65 years and over had incomes below the 100% Federal Poverty Level.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B23001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Population with a Disability by Age Group*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1810.

Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74 Years		75+ Years	
	#	%	#	%	#	%	#	%	#	%	#	%
Supervisory District 1	144	0.4%	4,680	4.4%	9,987	6.7%	25,464	10.9%	11,054	22.6%	17,334	53.4%
Supervisory District 2	259	0.6%	6,902	6.6%	8,621	7.0%	23,991	9.9%	13,525	21.6%	19,728	48.7%
Supervisory District 3	155	0.5%	3,115	3.4%	7,547	4.9%	14,161	5.6%	9,245	15.1%	17,894	39.7%
Supervisory District 4	236	0.7%	4,134	4.5%	11,652	6.0%	27,138	10.8%	13,810	23.9%	17,928	47.2%
Supervisory District 5	190	0.4%	4,961	4.5%	10,322	6.9%	23,546	9.6%	12,116	20.8%	19,454	47.9%
San Diego County	984	0.5%	23,792	4.7%	48,129	6.3%	114,300	9.3%	59,750	20.7%	92,338	46.9%
California	15,369	0.7%	317,879	4.9%	575,632	6.3%	1,496,050	10.0%	798,175	22.8%	1,161,326	48.5%
United States	131,003	0.7%	3,320,802	6.1%	5,676,539	7.7%	15,593,161	12.4%	7,892,160	24.0%	10,089,398	46.5%

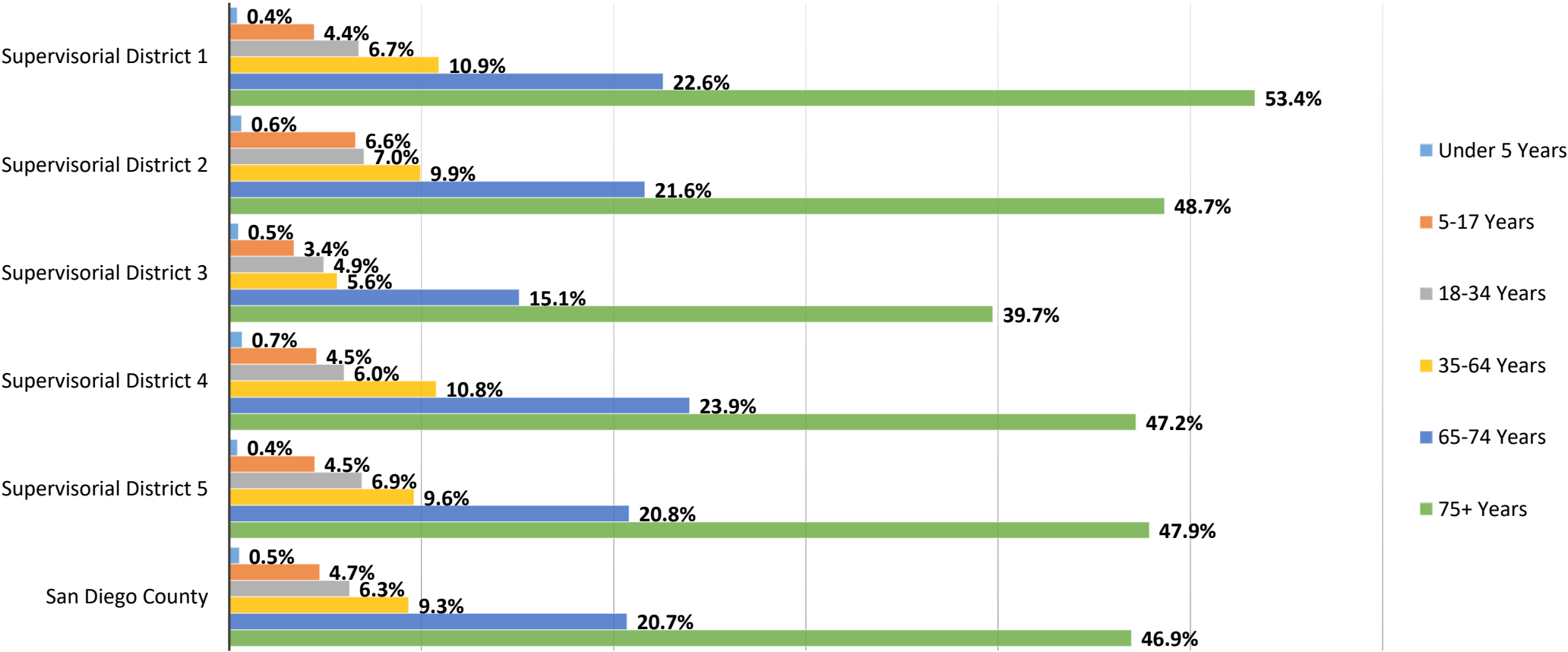
This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.

**Refers to the percent of those with a disability within the specific age group.*

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to nearly half (46.9%) of the population 75+ that had a disability in San Diego County in 2023.

Percentage of Population With A Disability* by Age Group and Supervisory District, 2023



**Refers to the percent of those with a disability within the specific age group.*
Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S1810.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B10051.

Geography	Number of Grandparents Living with Grandchildren*	Grandparent Responsible for Grandchild	Percent Grandparent Responsible for Grandchild	Grandparent Responsible for Grandchild Without a Parent Present	Of Grandparents Living with Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Living with Grandchild, by Age		Responsible Without Parent Present	
						Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
Supervisory District 1	21,538	4,619	21.4%	679	3.2%	7,136	14,402	37.0%	63.0%
Supervisory District 2	12,304	2,506	20.4%	689	5.6%	3,198	9,106	45.1%	54.9%
Supervisory District 3	6,952	1,517	21.8%	453	6.5%	1,233	5,719	30.2%	69.8%
Supervisory District 4	14,661	3,395	23.2%	717	4.9%	5,293	9,368	38.9%	61.1%
Supervisory District 5	17,382	4,493	25.8%	988	5.7%	7,377	10,005	29.1%	70.9%
San Diego County	72,837	16,530	22.7%	3,526	4.8%	24,237	48,600	35.9%	64.1%
California	1,073,898	216,501	20.2%	52,606	4.9%	397,518	676,380	35.9%	64.1%
United States	6,838,035	2,186,456	32.0%	845,743	12.4%	2,788,411	4,049,624	42.1%	57.9%

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this data cannot be compared to past years of demographic profiles. This indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

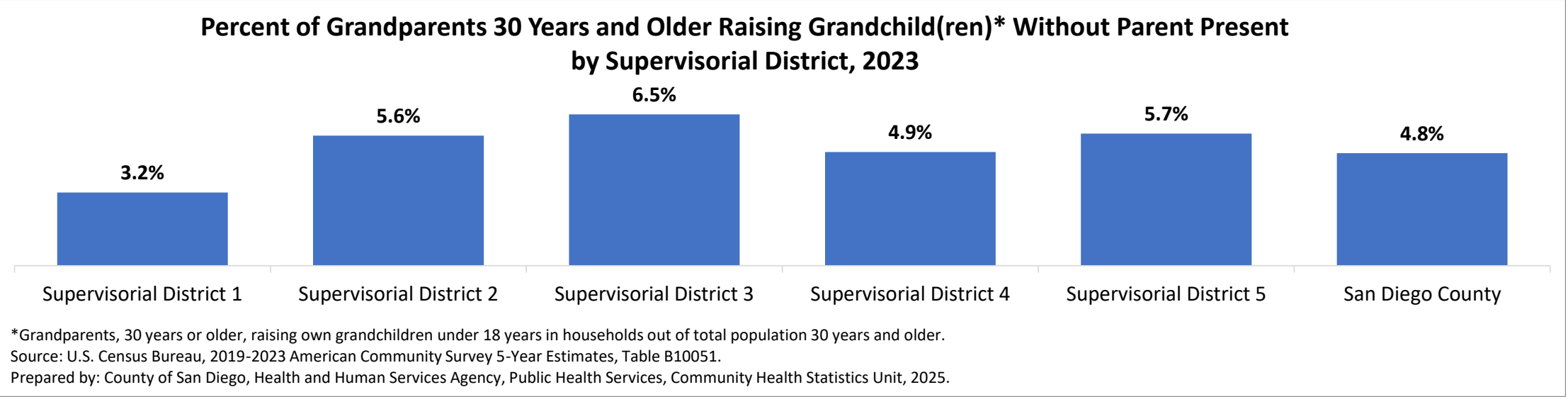
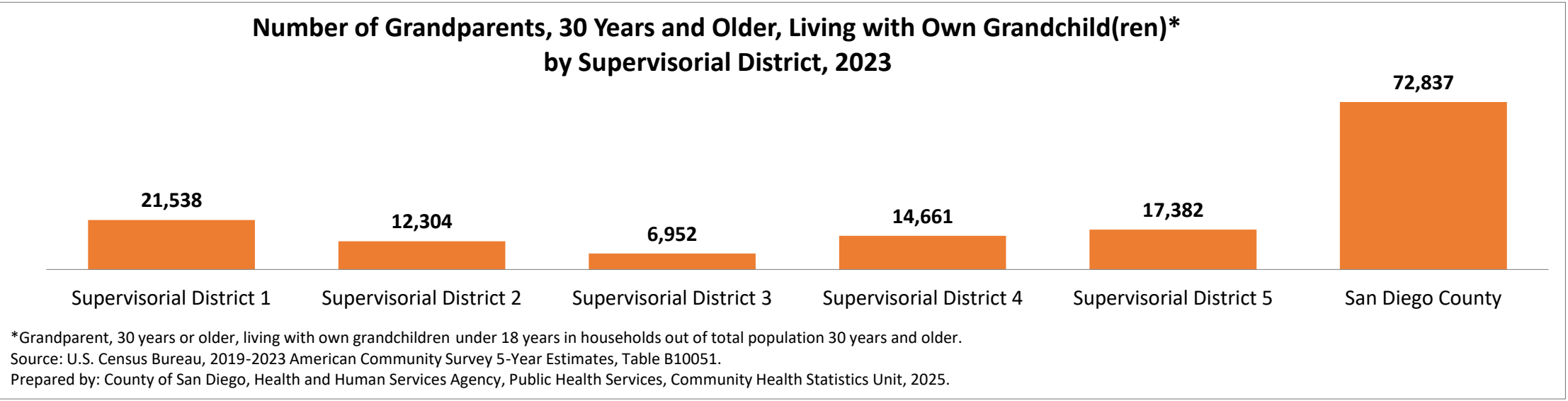
Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over.

Responsibility for Basic Needs – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of grandchild('s) parents.

This table shows the number of grandparents 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren with or without a parent present. Additionally, it breaks down grandparents living with and those responsible for their grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2023, 72,837 grandparents lived with their grandchild or grandchildren under 18 years old. Of those grandparents, 22.7% were responsible for the basic needs of their grandchildren (includes those with parent of child present).

How to interpret these data: Of the 72,837 grandparents who lived with their grandchild or grandchildren under 18 years old in San Diego County in 2023, 4.8% were responsible for grandchildren without a parent present. Of these, 64.1% were grandparents 60 years and over and 35.9% were 30 to 59 years old.



Health Insurance Status

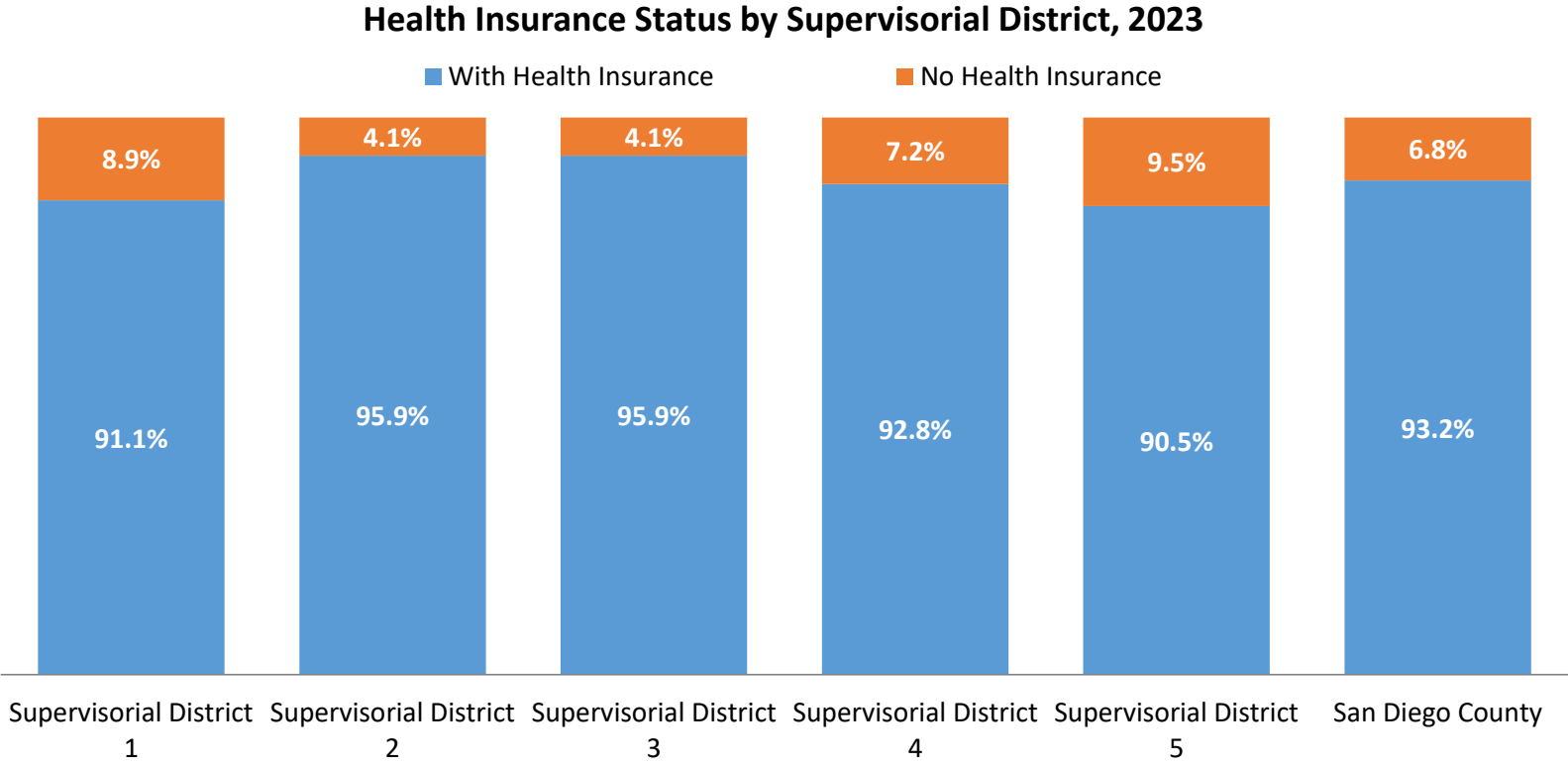
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B27001.

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
Supervisory District 1	91.1%	8.9%	95.3%	86.2%	87.3%	89.3%	98.1%
Supervisory District 2	95.9%	4.1%	97.7%	93.0%	93.4%	95.3%	99.2%
Supervisory District 3	95.9%	4.1%	97.3%	94.0%	93.6%	95.7%	99.3%
Supervisory District 4	92.8%	7.2%	95.5%	90.4%	89.7%	92.0%	99.2%
Supervisory District 5	90.5%	9.5%	95.3%	84.5%	85.2%	88.1%	99.0%
San Diego County	93.2%	6.8%	96.2%	89.5%	89.8%	92.1%	99.0%
California	93.1%	6.9%	96.6%	89.5%	89.1%	91.7%	98.9%
United States	91.4%	8.6%	94.6%	86.0%	86.2%	90.6%	99.2%

Please note that beginning in 2017, age groups changed so the 2017 and 2018 data will not be comparable to previous years.

This indicator provides the percent of the civilian noninstitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2023, 93.2% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 6.8% did not. The percentage of children under the age of 19 without health insurance coverage was 3.8% (96.2% did have health insurance coverage).



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B27001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Veterans by Age Group

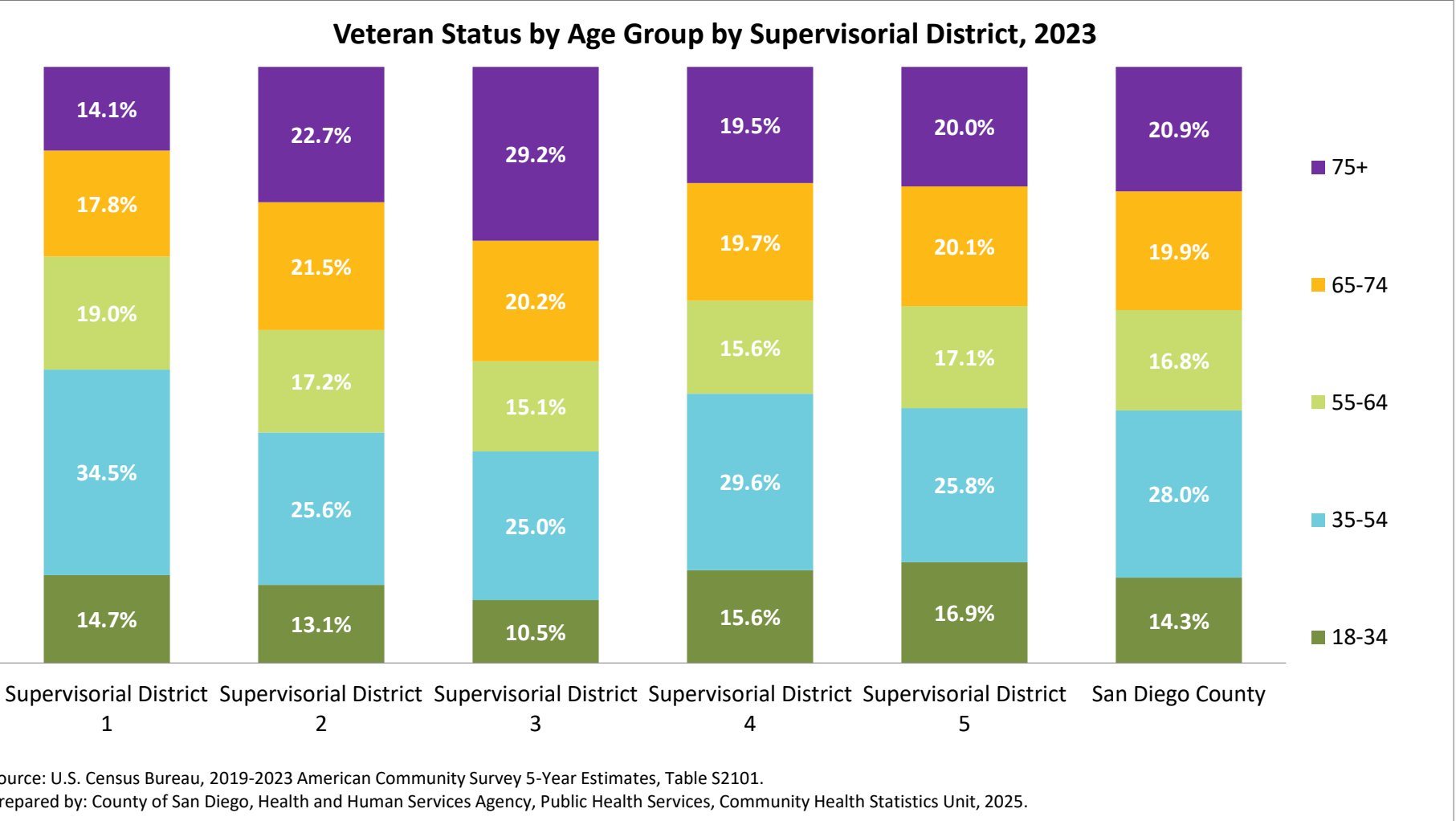
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

Geography	Veterans by Age Group				
	18-34	35-54	55-64	65-74	75+
Supervisory District 1	14.7%	34.5%	19.0%	17.8%	14.1%
Supervisory District 2	13.1%	25.6%	17.2%	21.5%	22.7%
Supervisory District 3	10.5%	25.0%	15.1%	20.2%	29.2%
Supervisory District 4	15.6%	29.6%	15.6%	19.7%	19.5%
Supervisory District 5	16.9%	25.8%	17.1%	20.1%	20.0%
San Diego County	14.3%	28.0%	16.8%	19.9%	20.9%
California	10.0%	22.6%	16.4%	22.9%	28.2%
United States	8.4%	23.8%	18.5%	24.1%	25.2%

This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: Two out of every five civilian veterans (40.8%) in San Diego County in 2023 were 65 years and over.





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The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.