



Central Region Health Briefs 2023

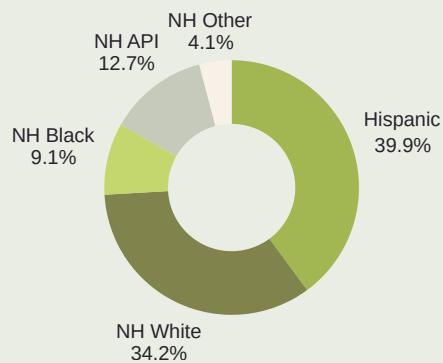
Community Health Snapshot



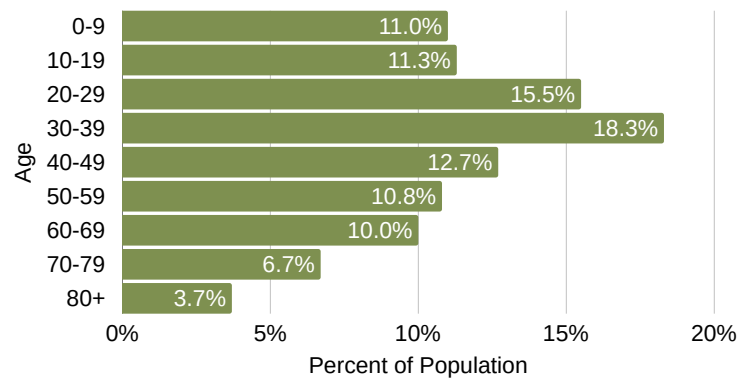
2023 Population
505,822

See list of zip codes in my region [here](#).

2023 Central Region Population by Race/Ethnicity



2023 Central Region Population by Age



Leading Cause of Death in 2023

Cancer



Leading Cause of Hospitalization in 2023

Unintentional Injuries



Leading Cause of Emergency Department Discharge in 2023

Unintentional Injuries



Life Expectancy in 2023

80.4 years



Unsheltered Persons Experiencing Homelessness in 2025

2,231



Uninsured All or Part of the Year (2021-2023)

12.8%

The Central Region in San Diego County is located on the San Diego Bay and includes downtown San Diego and outlying urban communities, including North Park, College Area, Encanto, Paradise Hills, Barrio Logan, Hillcrest, Mission Hills, and University Heights. The population of Central Region is very ethnically, racially, and culturally diverse.

For more data and statistics, visit www.SDHealthStatistics.com.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



San Diego County Health Briefs

Central Region, 2023



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Demographics ¹	Central Region (%)	County (%)
Ages 0-9	11.0%	12.1%
Ages 10-19	11.3%	12.8%
Ages 20-29	15.5%	13.2%
Ages 30-39	18.3%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	10.8%	11.5%
Ages 60-69	10.0%	11.3%
Ages 70-79	6.7%	7.6%
Ages 80+	3.7%	4.1%
White	34.2%	43.3%
Black	9.1%	4.7%
Hispanic	39.9%	34.8%
Asian/Pacific Islander	12.7%	12.7%
Other	4.1%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	15.2%	10.4%

Health Outcomes ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	342	70.1	2,377	72.2
Hospitalization	796	163.1	5,523	167.9
Emergency Department Discharge	137	28.1	1,144	34.8
Stroke				
Death	191	39.1	1,552	47.2
Hospitalization	1,079	221.1	6,744	205.0
Emergency Department Discharge	274	56.1	2,504	76.1
Overall Heart Disease[^]				
Death	632	129.5	4,785	145.4
Hospitalization	5,331	1,092.4	34,323	1,043.1
Emergency Department Discharge	10,948	2,243.4	63,222	1,921.4
Acute Myocardial Infarction (Heart Attack)				
Death	79	16.2	565	17.2
Hospitalization	529	108.4	3,657	111.1
Emergency Department Discharge	58	11.9	499	15.2
Heart Failure				
Death	79	16.2	784	23.8
Hospitalization	1,466	300.4	8,013	243.5
Emergency Department Discharge	391	80.1	2,104	63.9

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Central Region, 2023



Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	149	30.5	1,110	33.7
Hospitalization	2,053	420.7	11,376	345.7
Emergency Department Discharge	1,650	338.1	9,559	290.5
Cancer, All Causes				
Death	651	133.4	5,098	154.9
Hospitalization	1,298	266.0	8,734	265.4
Emergency Department Discharge	214	43.9	1,490	45.3
Alzheimer's Disease				
Death	124	25.4	1,177	35.8
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Non-Alzheimer's Dementia				
Death	140	28.7	1,515	46.0
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Diabetes				
Death	146	29.9	911	27.7
Hospitalization	1,219	249.8	5,528	168.0
Emergency Department Discharge	1,151	235.9	4,950	150.4
COPD & Chronic Lower Respiratory Diseases				
Death	88	18.0	900	27.4
Hospitalization	360	73.8	1,718	52.2
Emergency Department Discharge	674	138.1	2,821	85.7
Asthma				
Death	\$	\$	23	0.7
Hospitalization	313	64.1	1,525	46.3
Emergency Department Discharge	1,797	368.2	7,345	223.2
Parkinson's Disease				
Death	36	7.4	401	12.2
Hospitalization	20	4.1	242	7.4
Emergency Department Discharge	19	\$	130	4.0
Lupus and Connective Tissue Disorders				
Death	\$	\$	\$	\$
Hospitalization	62	12.7	315	9.6
Emergency Department Discharge	34	7.0	141	4.3

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Central Region, 2023



Health Behaviors ⁵ (2021-2023)	Central Region (%)	County (%)
Current Smoker (ages 18+)	6.2%	5.3%
Overweight/Obese (ages 18+)	59.8%	58.0%
Rated Overall Health as Fair or Poor (ages 18+)	17.9%	13.0%
Ever Diagnosed with High Blood Pressure (ages 18+)	24.1%	25.1%
Ever Diagnosed with Diabetes (ages 18+)	7.8%	8.4%
Ever Diagnosed with Asthma (ages 1+)	13.9%	14.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2023 (\$15,480 for single person, \$30,900 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on August 1, 2025.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

~ Includes Primary Hypertension.

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Health Outcomes ^{2,3,4,5,6}	Central Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	69	14.1	241	7.3
Chlamydia Reported	4,532	928.7	17,720	538.5
Gonorrhea Reported	2,464	504.9	6,651	202.1
Primary and Secondary Syphilis Reported	428	87.7	1,089	33.1
Deaths				
COVID-19 (multiple cause of death)	67	13.7	587	17.8
Influenza (Flu) and Pneumonia	25	5.1	212	6.4
Hospitalizations				
COVID-19	400	82.0	2,933	89.1
Influenza	66	13.5	365	11.1
Pneumonia	522	107.0	3,493	106.2
Emergency Department Discharges				
COVID-19	2,493	510.9	14,053	427.1
Influenza	958	196.3	5,007	152.2
Pneumonia	1,194	244.7	6,583	200.1

Health Behaviors & Related Health Factors ⁷ (2023)	Central Region (%)	County (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	—	45.7%

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San Diego County Health Briefs

Central Region, 2023



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1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
 2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 1/2025.
 3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 1/2025.
 4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
 5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
 6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
 7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2023.
- † Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
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Health Outcomes ^{2, 3, 4}	Central Region			County	
	Number	% of Region	% of County	Number	(%)
Live Births	5,214	100.0%	14.6%	35,713	100.0%
Live Births to Teens, Ages 15-17	48	6.6%	28.2%	170	2.8%
Live Births with Early Prenatal Care, % of Known Prenatal Care	4,161	80.1%	13.7%	30,369	85.3%
Live Births Born Preterm	521	10.0%	16.4%	3,186	8.9%
Low Birth Weight Births	415	8.0%	16.6%	2,497	7.0%
Very Low Birth Weight Births	65	1.2%	17.0%	383	1.1%

Health Outcomes ³	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births (2022)	20	3.6	138	3.7

Health Behaviors ⁵ (2021-2023)	Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	34.4%	34.7%
Rated Overall Health as Fair or Poor (18+)	17.9%	13.0%
Women with a High School Degree or Less Education (ages 25+)	32.0%	28.5%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	**	18.6%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	84.3%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	6.0%

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1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2023.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2023.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2022.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

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** Indicates statistically unstable estimate.

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Other	4.1%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	15.2%	10.4%

Health Outcomes ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	346	70.9	1,756	53.4
Hospitalization	5,445	1,115.8	30,905	939.2
Emergency Department Discharge	31,572	6,469.6	171,793	5,221.0
Fall-Related Injury				
Death	50	10.2	429	13.0
Hospitalization	2,562	525.0	15,992	486.0
Emergency Department Discharge	11,287	2,312.9	69,176	2,102.3
Poisoning				
Death	243	49.8	977	29.7
Hospitalization	560	114.8	2,315	70.4
Emergency Department Discharge	1,491	305.5	5,750	174.7
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	43	8.8	291	8.8
Hospitalizations due to MV Injury Collision	493	101.0	2,512	76.3
Emergency Department Discharges due to MV Injury Collision	3,840	786.9	18,918	574.9

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Central Region, 2023



Injury

Health Outcomes continued ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	14	§	82	2.5
Hospitalizations due to MV Injury Collision	121	24.8	355	10.8
Emergency Department Discharges due to MV Injury Collision	169	34.6	744	22.6
Assault				
Homicide	24	4.9	82	2.5
Hospitalization	321	65.8	1,010	30.7
Emergency Department Discharge	2,322	475.8	7,949	241.6
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	52	10.7	363	11.0
Hospitalization	136	27.9	612	18.6
Emergency Department Discharge	1,625	333.0	7,528	228.8
Firearm-Related Injuries				
Death	37	7.6	215	6.5
Hospitalization	51	10.5	183	5.6
Emergency Department Discharge	55	11.3	145	4.4
Health Behaviors⁵(2021-2023)				
	Central Region (%)		County (%)	
Ever Seriously Thought About Committing Suicide (ages 18+)	23.5%		18.9%	
Binge Drinking in the Past 30 days (ages 18+)	26.8%		20.6%	

Sources

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Ages 60-69	10.0%	11.3%
Ages 70-79	6.7%	7.6%
Ages 80+	3.7%	4.1%
White	34.2%	43.3%
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Other	4.1%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	15.2%	10.4%

Health Outcomes ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	93	19.1	257	7.8
Emergency Department Discharge	1,113	228.1	3,775	114.7
In-Patient Treatment Facility Discharge	1,431	293.2	4,849	147.4
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	52	10.7	363	11.0
Hospitalization	136	27.9	612	18.6
Emergency Department Discharge	1,625	333.0	7,528	228.8
Mood Disorders				
Hospitalization	42	8.6	144	4.4
Emergency Department Discharge	624	127.9	2,554	77.6
In-Patient Treatment Facility Discharge	1,347	276.0	6,673	202.8
Depression				
Hospitalization	29	5.9	88	2.7
Emergency Department Discharge	401	82.2	1,681	51.1
In-Patient Treatment Facility Discharge	796	163.1	4,205	127.8
Alcohol Use/Abuse/Dependency				
Hospitalization	481	98.6	2,322	70.6
Emergency Department Discharge	2,334	478.3	8,620	262.0
In-Patient Treatment Facility Discharge	275	56.4	1,508	45.8

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San Diego County Health Briefs

Central Region, 2023



Behavioral Health

Health Outcomes continued ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Related Deaths				
Deaths due to Acute Alcohol Poisoning	\$	\$	34	1.0
Deaths due to Chronic Alcohol Consumption	109	22.3	556	16.9
Substance Use/Abuse/Dependency~				
Hospitalization	79	16.2	252	7.7
Emergency Department Discharge	1,150	235.7	3,676	111.7
In-Patient Treatment Facility Discharge	93	19.1	430	13.1
Opioid Use/Abuse/Dependency~				
Hospitalization	36	7.4	107	3.3
Emergency Department Discharge	410	84.0	1,414	43.0
In-Patient Treatment Facility Discharge	26	5.3	195	5.9
Cannabis Use/Abuse/Dependency~				
Hospitalization	\$	\$	18	\$
Emergency Department Discharge	117	24.0	490	14.9
In-Patient Treatment Facility Discharge	11	\$	29	0.9
All Opioid Overdoses^				
Multiple Cause of Death	163	33.4	659	20.0
All Drug Overdoses^				
Underlying Cause of Death	235	48.2	924	28.1
Mental Health Behaviors & Related Health Factors⁵ (2021-2023)		Central Region (%)	County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		19.3%	15.6%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		11.0%	7.9%	
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)		17.8%	12.9%	
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)		12.7%	10.1%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)		58.3%	56.8%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		22.6%	19.6%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)		15.9%	12.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)		23.5%	18.9%	
Substance Abuse Health Behaviors & Related Health Factors⁵ (2021-2023)		Central Region (%)	County (%)	
Ever Tried Marijuana or Hashish (18+)		62.3%	53.0%	
Binge Drinking in the Past 30 days (ages 18+)		26.8%	20.6%	
Binge Drinking in Past 30 Days (ages 12-17)		—	6.1%	

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~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

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Hospitalization	313	64.1	1,525	46.3
Emergency Department Discharge	1,797	368.2	7,345	223.2
Coronary Heart Disease				
Death	342	70.1	2,377	72.2
Hospitalization	796	163.1	5,523	167.9
Emergency Department Discharge	137	28.1	1,144	34.8
Cancer, All Causes				
Death	651	133.4	5,098	154.9
Hospitalization	1,298	266.0	8,734	265.4
Emergency Department Discharge	214	43.9	1,490	45.3
COPD & Chronic Lower Respiratory Diseases				
Death	88	18.0	900	27.4
Hospitalization	360	73.8	1,718	52.2
Emergency Department Discharge	674	138.1	2,821	85.7
Diabetes				
Death	146	29.9	911	27.7
Hospitalization	1,219	249.8	5,528	168.0
Emergency Department Discharge	1,151	235.9	4,950	150.4

For more data and statistics, visit www.SDHealthStatistics.com



San Diego County Health Briefs

Central Region, 2023



Environmental Health

Health Outcomes (±) ^{2, 3, 4}	Central Region		County	
	Number	Rate*	Number	Rate*
Depression				
Hospitalization	29	5.9	88	2.7
Emergency Department Discharge	401	82.2	1,681	51.1
In-Patient Treatment Facility Discharge	796	163.1	4,205	127.8
Heat Illness/Injury				
Hospitalization	\$	\$	41	1.2
Emergency Department Discharge	18	\$	158	4.8
Air Quality ⁵ (2019-2023)	Central Region		County	
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2023)	—		5.5%	
Average of Ozone Concentration of the 4th high 8-hr intervals over a 3 year period (2019)	0.061		—	
3-Year average of the 98th percentile of collected samples for a 24 hr standard (particulate matter 2.5) (2019)	24.7		—	
Place of Residence ^{5, 6} (2021-2023)	Central Region		County	
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	83.1%		89.9%	
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	72.0%		82.3%	
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	76.9%		83.9%	
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	80.3%		91.8%	
Percent of Population Living within 1/4 mile from Park or Community Space (2022)	79.5%		62.3%	
Rate of Recreational Facilities per 100,000 People (2022)	—		24.3	
Percent of Population using Public Transportation to Work (2022)	4.8%		2.2%	
Percent of Population with Travel Time to Work over 60 Minutes (2022)	6.4%		6.8%	

San Diego County Health Briefs

Central Region, 2023



Climate Change ⁶ (2021-2023)	Central Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+) (2023)	47.0%	47.3%
Mental Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023)	27.6%	25.4%
Physical Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023)	34.0%	22.4%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2021-2022)	**	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	**	38.1%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. Live Well San Diego, Built Environment, 2024. Accessed July 28, 2025. <https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2023 (\$15,480 for single person, \$30,900 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on August 1, 2025.

*Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

** Indicates statistically unstable estimate.

— Data are unavailable.

(‡) The health outcomes included in this section are known to be associated with environmental hazards and climate change. Overall, exposure to air pollutants, such as PM2.5 and ozone, are associated with increased risk of or complications of asthma, cancer, COPD, diabetes, depression, and heart disease.

San Diego County Health Briefs

Central Region, 2023



See list of zip codes in my region [here](#).

Demographics ¹	Central Region (%)	County (%)
Ages 0-9	11.0%	12.1%
Ages 10-19	11.3%	12.8%
Ages 20-29	15.5%	13.2%
Ages 30-39	18.3%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	10.8%	11.5%
Ages 60-69	10.0%	11.3%
Ages 70-79	6.7%	7.6%
Ages 80+	3.7%	4.1%
White	34.2%	43.3%
Black	9.1%	4.7%
Hispanic	39.9%	34.8%
Asian/Pacific Islander	12.7%	12.7%
Other	4.1%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	15.2%	10.4%

Access and Utilization ² (2021-2023)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	23.6%	20.2%
Visited Emergency Room in the Past Year (ages 18-64)	16.6%	15.8%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	62.5%	66.1%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	20.8%	17.5%
Delayed or Didn't get Other Medical Care (all ages)	16.0%	15.7%
Delayed or Didn't get Prescription Medicine (all ages)	10.2%	9.0%
Insurance ² (2021-2023)	Central Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	12.8%	9.9%
Covered by Medi-Cal (all ages)	30.1%	19.4%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	4.7%	4.6%
Medical Debt ² (2021-2023)	Central Region (%)	County (%)
Ever Had Problems Paying for Self or Household Family's Medical Bills in the Past Year (adults 18+)	8.9%	8.5%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	37.9%	37.2%

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San Diego County Health Briefs

Central Region, 2023



Public Program Participation ² (2021-2023)	Central Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	16.9%	11.6%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	**	8.4%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	**	49.6%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	35.0%	29.4%
Women Below 200% FPL (ages 18-64)	39.3%	28.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.

2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

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** Indicates statistically unstable estimate.