



North Central Region Health Briefs 2023

Community Health Snapshot

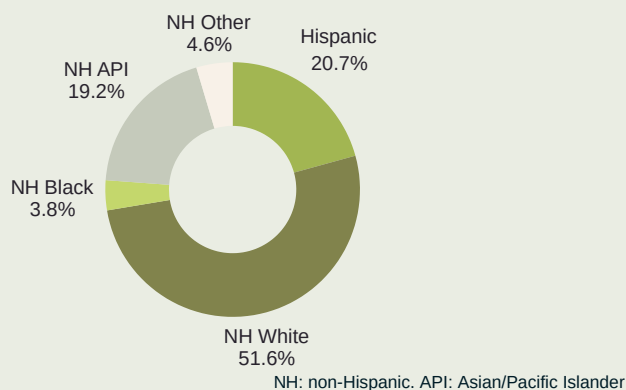


2023 Population

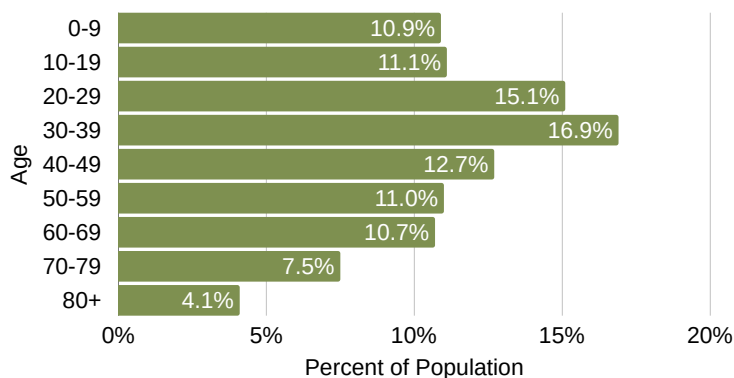
647,676

See list of zip codes in my region [here](#).

2023 North Central Region Population by Race/Ethnicity



2023 North Central Region Population by Age



Leading Cause of Death in 2023

Cancer



Leading Cause of Hospitalization in 2023

Heart Disease



Leading Cause of Emergency Department Discharge in 2023

Unintentional Injuries



Life Expectancy in 2023

84.2 years



Unsheltered Persons Experiencing Homelessness in 2025

974



Uninsured All or Part of the Year (2021-2023)

7.8%

The North Central Region of San Diego County is one of the most diverse geographical regions in the county, including miles of pacific coastline, steep canyons, valleys, and mountainous terrains. The region encompasses the northern half of the City of San Diego, and consists of 24 smaller communities including Linda Vista, Mission Valley, Clairemont and La Jolla. The North Central Region is comprised of coastal towns, university communities, suburban areas, and military facilities.

For more data and statistics, visit www.SDHealthStatistics.com.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



San Diego County Health Briefs

North Central Region, 2023



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Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	10.9%	12.1%
Ages 10-19	11.1%	12.8%
Ages 20-29	15.1%	13.2%
Ages 30-39	16.9%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	11.0%	11.5%
Ages 60-69	10.7%	11.3%
Ages 70-79	7.5%	7.6%
Ages 80+	4.1%	4.1%
White	51.6%	43.3%
Black	3.8%	4.7%
Hispanic	20.7%	34.8%
Asian/Pacific Islander	19.2%	12.7%
Other	4.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	9.0%	10.4%

Health Outcomes ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	382	58.1	2,377	72.2
Hospitalization	910	138.3	5,523	167.9
Emergency Department Discharge	154	23.4	1,144	34.8
Stroke				
Death	260	39.5	1,552	47.2
Hospitalization	1,224	186.0	6,744	205.0
Emergency Department Discharge	369	56.1	2,504	76.1
Overall Heart Disease[^]				
Death	793	120.5	4,785	145.4
Hospitalization	5,799	881.3	34,323	1,043.1
Emergency Department Discharge	9,982	1,517.1	63,222	1,921.4
Acute Myocardial Infarction (Heart Attack)				
Death	84	12.8	565	17.2
Hospitalization	607	92.3	3,657	111.1
Emergency Department Discharge	67	10.2	499	15.2
Heart Failure				
Death	145	22.0	784	23.8
Hospitalization	1,264	192.1	8,013	243.5
Emergency Department Discharge	337	51.2	2,104	63.9

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North Central Region, 2023



Health Outcomes continued ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	179	27.2	1,110	33.7
Hospitalization	1,735	263.7	11,376	345.7
Emergency Department Discharge	1,405	213.5	9,559	290.5
Cancer, All Causes				
Death	914	138.9	5,098	154.9
Hospitalization	1,604	243.8	8,734	265.4
Emergency Department Discharge	242	36.8	1,490	45.3
Alzheimer's Disease				
Death	220	33.4	1,177	35.8
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Non-Alzheimer's Dementia				
Death	312	47.4	1,515	46.0
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Diabetes				
Death	138	21.0	911	27.7
Hospitalization	670	101.8	5,528	168.0
Emergency Department Discharge	572	86.9	4,950	150.4
COPD & Chronic Lower Respiratory Diseases				
Death	130	19.8	900	27.4
Hospitalization	232	35.3	1,718	52.2
Emergency Department Discharge	411	62.5	2,821	85.7
Asthma				
Death	\$	\$	23	0.7
Hospitalization	224	34.0	1,525	46.3
Emergency Department Discharge	1,012	153.8	7,345	223.2
Parkinson's Disease				
Death	78	11.9	401	12.2
Hospitalization	44	6.7	242	7.4
Emergency Department Discharge	25	3.8	130	4.0
Lupus and Connective Tissue Disorders				
Death	\$	\$	\$	\$
Hospitalization	60	9.1	315	9.6
Emergency Department Discharge	29	4.4	141	4.3

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Health Behaviors ⁵ (2021-2023)	North Central Region (%)	County (%)
Current Smoker (ages 18+)	5.6%	5.3%
Overweight/Obese (ages 18+)	46.6%	58.0%
Rated Overall health as Fair or Poor (ages 18+)	9.6%	13.0%
Ever Diagnosed with High Blood Pressure (ages 18+)	18.2%	25.1%
Ever Diagnosed with Diabetes (ages 18+)	5.4%	8.4%
Ever Diagnosed with Asthma (ages 1+)	13.2%	14.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

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* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

~ Includes Primary Hypertension.

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Other	4.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL)+	9.0%	10.4%

Health Outcomes ^{2, 3, 4, 5, 6}	North Central Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	31	4.7	241	7.3
Chlamydia Reported	2,707	411.4	17,720	538.5
Gonorrhea Reported	1,200	182.4	6,651	202.1
Primary and Secondary Syphilis Reported	139	21.1	1,089	33.1
Deaths				
COVID-19 (multiple cause of death)	93	14.1	587	17.8
Influenza (Flu) and Pneumonia	33	5.0	212	6.4
Hospitalizations				
COVID-19	495	75.2	2,933	89.1
Influenza	49	7.4	365	11.1
Pneumonia	504	76.6	3,493	106.2
Emergency Department Discharges				
COVID-19	2,145	326.0	14,053	427.1
Influenza	599	91.0	5,007	152.2
Pneumonia	984	149.5	6,583	200.1

Health Behaviors & Related Health Factors ⁷ (2023)	North Central Region (%)	County (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	—	45.7%

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San Diego County Health Briefs

North Central Region, 2023



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1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 1/2025.
3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 1/2025.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2023.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

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Health Outcomes ^{2, 3, 4}	North Central Region			County	
	Number	% of Region	% of County	Number	(%)
Live Births	5,965	100.0%	16.7%	35,713	100.0%
Live Births to Teens, Ages 15-17	\$	\$	\$	170	2.8%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,188	87.2%	17.1%	30,369	85.3%
Live Births born Preterm	535	9.0%	16.8%	3,186	8.9%
Low Birth Weight Births	435	7.3%	17.4%	2,497	7.0%
Very Low Birth Weight Births	62	1.0%	16.2%	383	1.1%

Health Outcomes ³	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births (2022)	13	2.0	138	3.7

Health Behaviors ⁵ (2021-2023)	North Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	32.2%	34.7%
Rated Overall Health as Fair or Poor (18+)	9.6%	13.0%
Women with a High School Degree or Less Education (ages 25+)	15.8%	28.5%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	23.1%	18.6%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	84.3%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	6.0%

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1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2023.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2023.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2022.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

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** Indicates statistically unstable estimate.

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Hispanic	20.7%	34.8%
Asian/Pacific Islander	19.2%	12.7%
Other	4.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL)†	9.0%	10.4%

Health Outcomes ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	256	38.9	1,756	53.4
Hospitalization	4,985	757.6	30,905	939.2
Emergency Department Discharge	27,601	4,194.8	171,793	5,221.0
Fall-Related Injury				
Death	71	10.8	429	13.0
Hospitalization	2,860	434.7	15,992	486.0
Emergency Department Discharge	11,763	1,787.7	69,176	2,102.3
Poisoning				
Death	147	22.3	977	29.7
Hospitalization	343	52.1	2,315	70.4
Emergency Department Discharge	956	145.3	5,750	174.7
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	35	5.3	291	8.8
Hospitalizations due to MV Injury Collision	363	55.2	2,512	76.3
Emergency Department Discharges due to MV Injury Collision	2,634	400.3	18,918	574.9

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San Diego County Health Briefs

North Central Region, 2023



Injury

Health Outcomes continued ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	§	§	82	2.5
Hospitalizations due to MV Injury Collision	50	7.6	355	10.8
Emergency Department Discharges due to MV Injury Collision	135	20.5	744	22.6
Assault				
Homicide	§	§	82	2.5
Hospitalization	119	18.1	1,010	30.7
Emergency Department Discharge	1,112	169.0	7,949	241.6
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	76	11.6	363	11.0
Hospitalization	105	16.0	612	18.6
Emergency Department Discharge	1,282	194.8	7,528	228.8
Firearm-Related Injuries				
Death	30	4.6	215	6.5
Hospitalization	§	§	183	5.6
Emergency Department Discharge	16	§	145	4.4
Health Behaviors⁵(2021-2023)				
	North Central Region (%)		County (%)	
Ever Seriously Thought About Committing Suicide (ages 18+)	21.4%		18.9%	
Binge Drinking in Past 30 Days (ages 18+)	24.0%		20.6%	

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Ages 50-59	11.0%	11.5%
Ages 60-69	10.7%	11.3%
Ages 70-79	7.5%	7.6%
Ages 80+	4.1%	4.1%
White	51.6%	43.3%
Black	3.8%	4.7%
Hispanic	20.7%	34.8%
Asian/Pacific Islander	19.2%	12.7%
Other	4.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) ⁺	9.0%	10.4%

Health Outcomes ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	42	6.4	257	7.8
Emergency Department Discharge	475	72.2	3,775	114.7
In-Patient Treatment Facility Discharge	621	94.4	4,849	147.4
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	76	11.6	363	11.0
Hospitalization	105	16.0	612	18.6
Emergency Department Discharge	1,282	194.8	7,528	228.8
Mood Disorders				
Hospitalization	23	3.5	144	4.4
Emergency Department Discharge	428	65.0	2,554	77.6
In-Patient Treatment Facility Discharge	1,338	203.4	6,673	202.8
Depression				
Hospitalization	14	0.0	88	2.7
Emergency Department Discharge	273	41.5	1,681	51.1
In-Patient Treatment Facility Discharge	828	125.8	4,205	127.8
Alcohol Use/Abuse/Dependency				
Hospitalization	381	57.9	2,322	70.6
Emergency Department Discharge	1,596	242.6	8,620	262.0
In-Patient Treatment Facility Discharge	407	61.9	1,508	45.8

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San Diego County Health Briefs

North Central Region, 2023



Behavioral Health

Health Outcomes continued ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Related Deaths				
Deaths due to Acute Alcohol Poisoning	§	§	34	1.0
Deaths due to Chronic Alcohol Consumption	81	12.3	556	16.9
Substance Use/Abuse/Dependency~				
Hospitalization	45	6.8	252	7.7
Emergency Department Discharge	550	83.6	3,676	111.7
In-Patient Treatment Facility Discharge	76	11.6	430	13.1
Opioid Use/Abuse/Dependency~				
Hospitalization	21	3.2	107	3.3
Emergency Department Discharge	204	31.0	1,414	43.0
In-Patient Treatment Facility Discharge	35	5.3	195	5.9
Cannabis Use/Abuse/Dependency~				
Hospitalization	§	§	18	§
Emergency Department Discharge	77	11.7	490	14.9
In-Patient Treatment Facility Discharge	§	§	29	0.9
All Opioid Overdoses^				
Multiple Cause of Death	92	14.0	659	20.0
All Drug Overdoses^				
Underlying Cause of Death	129	19.6	924	28.1
Mental Health Behaviors & Related Health Factors⁵ (2021-2023)		North Central Region (%)	County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		18.4%	15.6%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		8.1%	7.9%	
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)		14.0%	12.9%	
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)		9.7%	10.1%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)		53.9%	56.8%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		23.6%	19.6%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)		13.4%	12.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)		21.4%	18.9%	
Substance Abuse Health Behaviors & Related Health Factors⁵ (2021-2023)		North Central Region (%)	County (%)	
Ever Tried Marijuana or Hashish (ages 18+)		58.5%	53.0%	
Binge Drinking in Past 30 Days (ages 18+)		24.0%	20.6%	
Binge Drinking in Past 30 Days (ages 12-17)		—	6.1%	

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~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

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	Number	Rate*	Number	Rate*
Asthma				
Death	\$	\$	23	0.7
Hospitalization	224	34.0	1,525	46.3
Emergency Department Discharge	1,012	153.8	7,345	223.2
Coronary Heart Disease				
Death	382	58.1	2,377	72.2
Hospitalization	910	138.3	5,523	167.9
Emergency Department Discharge	154	23.4	1,144	34.8
Cancer, All Causes				
Death	914	138.9	5,098	154.9
Hospitalization	1,604	243.8	8,734	265.4
Emergency Department Discharge	242	36.8	1,490	45.3
COPD & Chronic Lower Respiratory Diseases				
Death	130	19.8	900	27.4
Hospitalization	232	35.3	1,718	52.2
Emergency Department Discharge	411	62.5	2,821	85.7
Diabetes				
Death	138	21.0	911	27.7
Hospitalization	670	101.8	5,528	168.0
Emergency Department Discharge	572	86.9	4,950	150.4

For more data and statistics, visit www.SDHealthStatistics.com



San Diego County Health Briefs

North Central Region, 2023



Environmental Health

Health Outcomes (±) ^{2, 3, 4}	North Central Region		County	
	Number	Rate*	Number	Rate*
Depression				
Hospitalization	14	\$	88	2.7
Emergency Department Discharge	273	41.5	1,681	51.1
In-Patient Treatment Facility Discharge	828	125.8	4,205	127.8
Heat Illness/Injury				
Hospitalization	\$	\$	41	1.2
Emergency Department Discharge	18	\$	158	4.8
Air Quality ⁵(2019-2023)	North Central Region		County	
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2023)	—		5.5%	
Average of Ozone Concentration of the 4th High 8-hr Intervals over a 3 Year Period (2019)	0.072		—	
3-Year Average of the 98th Percentile of Collected Samples for a 24 hr Standard (Particulate Matter 2.5) (2019)	21.8		—	
Place of Residence ^{5, 6}(2021-2023)	North Central Region		County	
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	93.0%		89.9%	
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	85.8%		82.3%	
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	86.3%		83.9%	
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	**		91.8%	
Percent of Population Living within 1/4 mile from Park or Community Space (2022)	71.1%		62.3%	
Rate of Recreational Facilities per 100,000 People (2022)	—		24.3	
Percent of Population using Public Transportation to Work (2022)	2.0%		2.2%	
Percent of Population with Travel Time to Work over 60 Minutes (2022)	3.6%		6.8%	

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San Diego County Health Briefs

North Central Region, 2023



Climate Change ⁶ (2021-2023)	North Central Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+) (2023)	42.6%	47.3%
Mental Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+) (2023)	31.8%	25.4%
Physical Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+) (2023)	24.5%	22.4%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2021-2022)	**	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	42.6%	38.1%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. Live Well San Diego, Built Environment, 2024. Accessed July 28, 2025. <https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2023 (\$15,480 for single person, \$30,900 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on August 1, 2025.

*Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

** Indicates statistically unstable estimate.

— Data are unavailable.

(‡) The health outcomes included in this section are known to be associated with environmental hazards and climate change. Overall, exposure to air pollutants, such as PM2.5 and ozone, are associated with increased risk of or complications of asthma, cancer, COPD, diabetes, depression, and heart disease.

San Diego County Health Briefs

North Central Region, 2023



See list of zip codes in my region [here](#).

Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	10.9%	12.1%
Ages 10-19	11.1%	12.8%
Ages 20-29	15.1%	13.2%
Ages 30-39	16.9%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	11.0%	11.5%
Ages 60-69	10.7%	11.3%
Ages 70-79	7.5%	7.6%
Ages 80+	4.1%	4.1%
White	51.6%	43.3%
Black	3.8%	4.7%
Hispanic	20.7%	34.8%
Asian/Pacific Islander	19.2%	12.7%
Other	4.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	9.0%	10.4%

Access and Utilization ² (2021-2023)	North Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	21.4%	20.2%
Visited Emergency Room in the Past Year (ages 18-64)	13.1%	15.8%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	64.6%	66.1%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	19.9%	17.5%
Delayed or Didn't get Other Medical Care (all ages)	18.7%	15.7%
Delayed or Didn't get Prescription Medicine (all ages)	10.2%	9.0%
Insurance ² (2021-2023)	North Central Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	7.8%	9.9%
Covered by Medi-Cal (all ages)	11.1%	19.4%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	6.8%	4.6%

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San Diego County Health Briefs

North Central Region, 2023



Medical Debt ² (2021-2023)	North Central Region (%)	County (%)
Ever Had Problems Paying for Self or Household Family's Medical Bills in the Past Year (adults 18+)	8.7%	8.5%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	38.2%	37.2%
Public Program Participation ² (2021-2023)	North Central Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	**	11.6%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	**	8.4%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	—	49.6%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	30.6%	29.4%
Women Below 200% FPL (ages 18-64)	21.2%	28.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.

2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

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