



South Region Health Briefs 2023

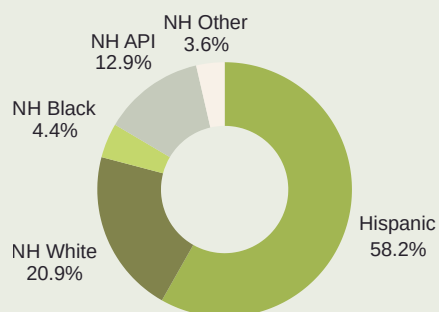
Community Health Snapshot



2023 Population
493,463

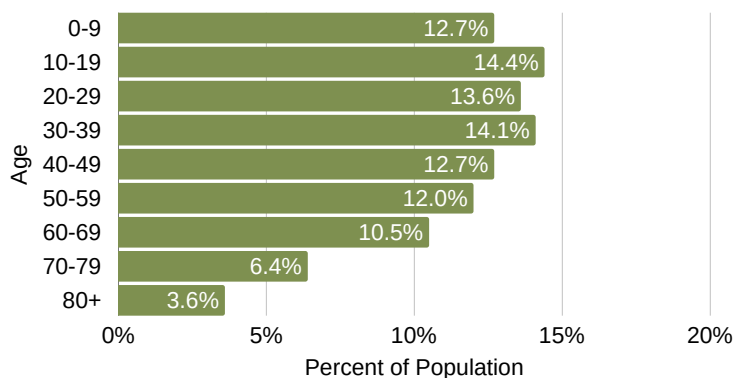
See list of zip codes in my region [here](#).

2023 South Region Population by Race/Ethnicity



NH: non-Hispanic. API: Asian/Pacific Islander

2023 South Region Population by Age



Leading Cause of Death in 2023

Cancer



Leading Cause of Hospitalization in 2023

Heart Disease



Leading Cause of Emergency Department Discharge in 2023

Unintentional Injuries



Life Expectancy in 2023

81.0 years



Unsheltered Persons Experiencing Homelessness in 2025

768



Uninsured All or Part of the Year (2021-2023)

10.3%

The South Region of San Diego County is a highly diverse border region. Geographically, the region covers 155 square miles of urban, suburban, and rural areas. The South Region includes the cities of National City, Chula Vista, Imperial Beach, Coronado, and three communities of the City of San Diego: Otay Mesa, Nestor and San Ysidro. San Ysidro is home to the busiest land border crossing in the world.

For more data and statistics, visit www.SDHealthStatistics.com.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



San Diego County Health Briefs

South Region, 2023



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Demographics ¹	South Region (%)	County (%)
Ages 0-9	12.7%	12.1%
Ages 10-19	14.4%	12.8%
Ages 20-29	13.6%	13.2%
Ages 30-39	14.1%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	12.0%	11.5%
Ages 60-69	10.5%	11.3%
Ages 70-79	6.4%	7.6%
Ages 80+	3.6%	4.1%
White	20.9%	43.3%
Black	4.4%	4.7%
Hispanic	58.2%	34.8%
Asian/Pacific Islander	12.9%	12.7%
Other	3.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	10.0%	10.4%

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	383	75.6	2,377	72.2
Hospitalization	1,065	210.3	5,523	167.9
Emergency Department Discharge	147	29.0	1,144	34.8
Stroke				
Death	215	42.5	1,552	47.2
Hospitalization	1,321	260.9	6,744	205.0
Emergency Department Discharge	421	83.1	2,504	76.1
Overall Heart Disease[^]				
Death	688	135.9	4,785	145.4
Hospitalization	6,225	1,229.5	34,323	1,043.1
Emergency Department Discharge	11,953	2,360.8	63,222	1,921.4
Acute Myocardial Infarction (Heart Attack)				
Death	98	19.4	565	17.2
Hospitalization	718	141.8	3,657	111.1
Emergency Department Discharge	72	14.2	499	15.2
Heart Failure				
Death	104	20.5	784	23.8
Hospitalization	1,478	291.9	8,013	243.5
Emergency Department Discharge	377	74.5	2,104	63.9

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Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	174	34.4	1,110	33.7
Hospitalization	2,268	447.9	11,376	345.7
Emergency Department Discharge	2,010	397.0	9,559	290.5
Cancer, All Causes				
Death	745	147.1	5,098	154.9
Hospitalization	1,510	298.2	8,734	265.4
Emergency Department Discharge	269	53.1	1,490	45.3
Alzheimer's Disease				
Death	157	31.0	1,177	35.8
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Non-Alzheimer's Dementia				
Death	186	36.7	1,515	46.0
Hospitalization	\$	\$	\$	\$
Emergency Department Discharge	\$	\$	\$	\$
Diabetes				
Death	202	39.9	911	27.7
Hospitalization	1,186	234.2	5,528	168.0
Emergency Department Discharge	1,041	205.6	4,950	150.4
COPD & Chronic Lower Respiratory Diseases				
Death	109	21.5	900	27.4
Hospitalization	264	52.1	1,718	52.2
Emergency Department Discharge	460	90.9	2,821	85.7
Asthma				
Death	\$	\$	23	0.7
Hospitalization	321	63.4	1,525	46.3
Emergency Department Discharge	1,598	315.6	7,345	223.2
Parkinson's Disease				
Death	45	8.9	401	12.2
Hospitalization	38	7.5	242	7.4
Emergency Department Discharge	15	\$	130	4.0
Lupus and Connective Tissue Disorders				
Death	\$	\$	\$	\$
Hospitalization	51	10.1	315	9.6
Emergency Department Discharge	24	4.7	141	4.3

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Health Behaviors ⁵ (2021-2023)	South Region (%)	County (%)
Current Smoker (ages 18+)	7.2%	5.3%
Overweight/Obese (ages 18+)	66.5%	58.0%
Rated Overall health as Fair or Poor (ages 18+)	15.5%	13.0%
Ever Diagnosed with High Blood Pressure (ages 18+)	29.2%	25.1%
Ever Diagnosed with Diabetes (ages 18+)	11.6%	8.4%
Ever Diagnosed with Asthma (ages 1+)	13.1%	14.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

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* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

~ Includes Primary Hypertension.

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Health Outcomes ^{2, 3, 4, 5, 6}	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	62	12.2	241	7.3
Chlamydia Reported	3,147	621.5	17,720	538.5
Gonorrhea Reported	878	173.4	6,651	202.1
Primary and Secondary Syphilis Reported	180	35.6	1,089	33.1
Deaths				
COVID-19 (multiple cause of death)	108	21.3	587	17.8
Influenza (Flu) and Pneumonia	18	§	212	6.4
Hospitalizations				
COVID-19	579	114.4	2,933	89.1
Influenza	76	15.0	365	11.1
Pneumonia	627	123.8	3,493	106.2
Emergency Department Discharges				
COVID-19	3,327	657.1	14,053	427.1
Influenza	1,252	247.3	5,007	152.2
Pneumonia	1,395	275.5	6,583	200.1
Health Behaviors & Related Health Factors⁷ (2023)				
	South Region (%)		County (%)	
Has had Flu Vaccination in Past 12 Months (ages 18+)	—		45.7%	

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South Region, 2023

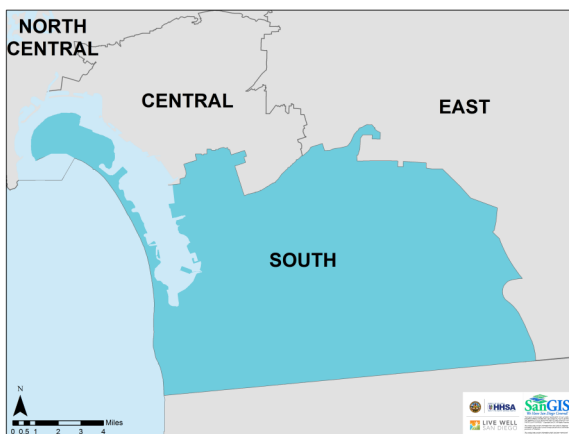


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1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
 2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 1/2025.
 3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 1/2025.
 4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
 5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
 6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
 7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2023.
- † Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
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Health Outcomes ^{2, 3, 4}	South Region			County	
	Number	% of Region	% of County	Number	(%)
Live Birth	6,495	100.0%	18.2%	35,713	100.0%
Live Births to Teens, Ages 15-17	34	3.0%	20.0%	170	2.8%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,348	82.6%	17.6%	30,369	85.3%
Live Births Born Preterm	558	8.6%	17.5%	3,186	8.9%
Low Birth Weight Births	440	6.8%	17.6%	2,497	7.0%
Very Low Birth Weight Births	66	1.0%	17.2%	383	1.1%
Health Outcomes ³	Number	Rate*		Number	Rate*
Infant Mortality, Rate per 1,000 live births (2022)	27	3.9		138	3.7
Health Behaviors ⁵ (2021-2023)			South Region (%)	County (%)	
Adults Under 200% FPL Unable to Afford Enough Food			32.5%	34.7%	
Rated Overall Health as Fair or Poor (18+)			15.5%	13.0%	
Women with a High School Degree or Less Education (ages 25+)			42.9%	28.5%	
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)			**	18.6%	
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)			**	84.3%	
No Dental Insurance Coverage in the Past Year (ages 3-11)			**	6.0%	

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San Diego County Health Briefs

South Region, 2023



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2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2023.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2023.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2022.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

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** Indicates statistically unstable estimate.

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Population with income less than 100% Federal Poverty Level (FPL) [†]	10.0%	10.4%

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	254	50.2	1,756	53.4
Hospitalization	4,612	910.9	30,905	939.2
Emergency Department Discharge	31,508	6,223.0	171,793	5,221.0
Fall-Related Injury				
Death	58	11.5	429	13.0
Hospitalization	2,522	498.1	15,992	486.0
Emergency Department Discharge	12,134	2,396.5	69,176	2,102.3
Poisoning				
Death	139	27.5	977	29.7
Hospitalization	394	77.8	2,315	70.4
Emergency Department Discharge	983	194.1	5,750	174.7
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	39	7.7	291	8.8
Hospitalizations due to MV Injury Collision	455	89.9	2,512	76.3
Emergency Department Discharges due to MV Injury Collision	3,768	744.2	18,918	574.9

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Injury

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	§	§	82	2.5
Hospitalizations due to MV Injury Collision	52	10.3	355	10.8
Emergency Department Discharges due to MV Injury Collision	144	28.4	744	22.6
Assault				
Homicide	12	§	82	2.5
Hospitalization	203	40.1	1,010	30.7
Emergency Department Discharge	1,534	303.0	7,949	241.6
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	46	9.1	363	11.0
Hospitalization	95	18.8	612	18.6
Emergency Department Discharge	1,040	205.4	7,528	228.8
Firearm-Related Injuries				
Death	29	5.7	215	6.5
Hospitalization	50	9.9	183	5.6
Emergency Department Discharge	27	5.3	145	4.4
Health Behaviors⁵ (2021-2023)				
	South Region (%)		County (%)	
Ever Seriously Thought About Committing Suicide (ages 18+)	16.4%		18.9%	
Binge Drinking in Past 30 Days (ages 18+)	17.7%		20.6%	

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Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	42	8.3	257	7.8
Emergency Department Discharge	459	90.7	3,775	114.7
In-Patient Treatment Facility Discharge	931	183.9	4,849	147.4
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	46	9.1	363	11.0
Hospitalization	95	18.8	612	18.6
Emergency Department Discharge	1,040	205.4	7,528	228.8
Mood Disorders				
Hospitalization	27	5.3	144	4.4
Emergency Department Discharge	374	73.9	2,554	77.6
In-Patient Treatment Facility Discharge	1,137	224.6	6,673	202.8
Depression				
Hospitalization	16	§	88	2.7
Emergency Department Discharge	282	55.7	1,681	51.1
In-Patient Treatment Facility Discharge	769	151.9	4,205	127.8
Alcohol Use/Abuse/Dependency				
Hospitalization	258	51.0	2,322	70.6
Emergency Department Discharge	1,152	227.5	8,620	262.0
In-Patient Treatment Facility Discharge	163	32.2	1,508	45.8

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Behavioral Health

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Related Deaths				
Deaths due to Acute Alcohol Poisoning	§	§	34	1.0
Deaths due to Chronic Alcohol Consumption	51	10.1	556	16.9
Substance Use/Abuse/Dependency~				
Hospitalization	38	7.5	252	7.7
Emergency Department Discharge	543	107.2	3,676	111.7
In-Patient Treatment Facility Discharge	56	11.1	430	13.1
Opioid Use/Abuse/Dependency~				
Hospitalization	21	4.1	107	3.3
Emergency Department Discharge	204	40.3	1,414	43.0
In-Patient Treatment Facility Discharge	24	4.7	195	5.9
Cannabis Use/Abuse/Dependency~				
Hospitalization	§	§	18	§
Emergency Department Discharge	88	17.4	490	14.9
In-Patient Treatment Facility Discharge	§	§	29	0.9
All Opioid Overdoses^				
Multiple Cause of Death	97	19.2	659	20.0
All Drug Overdoses^				
Underlying Cause of Death	132	26.1	924	28.1
Mental Health Behaviors & Related Health Factors⁵ (2021-2023)		South Region (%)	County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		12.6%	15.6%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		8.5%	7.9%	
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)		11.7%	12.9%	
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)		10.8%	10.1%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)		74.0%	56.8%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		14.2%	19.6%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)		8.3%	12.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)		16.4%	18.9%	
Substance Abuse Health Behaviors & Related Health Factors⁵ (2021-2023)		South Region (%)	County (%)	
Ever Tried Marijuana or Hashish (18+)		35.6%	53.0%	
Binge Drinking in the Past 30 days (ages 18+)		17.7%	20.6%	
Binge Drinking in Past 30 Days (ages 12-17)		—	6.1%	

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~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

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Asian/Pacific Islander	12.9%	12.7%
Other	3.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) [†]	10.0%	10.4%

Health Outcomes (±) ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Asthma				
Death	§	§	23	0.7
Hospitalization	321	63.4	1,525	46.3
Emergency Department Discharge	1,598	315.6	7,345	223.2
Coronary Heart Disease				
Death	383	75.6	2,377	72.2
Hospitalization	1,065	210.3	5,523	167.9
Emergency Department Discharge	147	29.0	1,144	34.8
Cancer, All Causes				
Death	745	147.1	5,098	154.9
Hospitalization	1,510	298.2	8,734	265.4
Emergency Department Discharge	269	53.1	1,490	45.3
COPD & Chronic Lower Respiratory Diseases				
Death	109	21.5	900	27.4
Hospitalization	264	52.1	1,718	52.2
Emergency Department Discharge	460	90.9	2,821	85.7
Diabetes				
Death	202	39.9	911	27.7
Hospitalization	1,186	234.2	5,528	168.0
Emergency Department Discharge	1,041	205.6	4,950	150.4

For more data and statistics, visit www.SDHealthStatistics.com



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South Region, 2023



Health Outcomes (±) ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Depression				
Hospitalization	16	\$	88	2.7
Emergency Department Discharge	282	55.7	1,681	51.1
In-Patient Treatment Facility Discharge	769	151.9	4,205	127.8
Heat Illness/Injury				
Hospitalization	\$	\$	41	1.2
Emergency Department Discharge	31	6.1	158	4.8
Air Quality ⁶ (2019-2023)	South Region		County	
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2023)	—		5.5%	
Average of Ozone Concentration of the 4th High 8-hr Intervals over a 3 Year Period (2019)	0.066		—	
3-Year Average of the 98th Percentile of Collected Samples for a 24 hr Standard (Particulate Matter 2.5) (2019)	25.8		—	
Place of Residence ^{5, 6} (2021-2023)	South Region		County	
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	86.4%		89.9%	
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	81.6%		82.3%	
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	80.3%		83.9%	
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	**		91.8%	
Percent of Population Living within 1/4 mile from Park or Community Space (2022)	79.0%		62.3%	
Rate of Recreational Facilities per 100,000 People (2022)	—		24.3	
Percent of Population using Public Transportation to Work (2022)	3.2%		2.2%	
Percent of Population with Travel Time to Work over 60 Minutes (2022)	8.5%		6.8%	

San Diego County Health Briefs

South Region, 2023



Climate Change ⁵ (2021-2023)	South Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+) (2023)	30.5%	47.3%
Mental Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+) (2023)	**	25.4%
Physical Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+) (2023)	17.9%	22.4%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2021-2022)	**	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	**	38.1%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2023.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2023.
5. Live Well San Diego, Built Environment, 2024. Accessed July 28, 2025. <https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

† Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2023 (\$15,480 for single person, \$30,900 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on August 1, 2025.

*Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

** Indicates statistically unstable estimate.

— Data are unavailable.

(‡) The health outcomes included in this section are known to be associated with environmental hazards and climate change. Overall, exposure to air pollutants, such as PM2.5 and ozone, are associated with increased risk of or complications of asthma, cancer, COPD, diabetes, depression, and heart disease.

San Diego County Health Briefs

South Region, 2023



See list of zip codes in my region [here](#).

Demographics ¹	South Region (%)	County (%)
Ages 0-9	12.7%	12.1%
Ages 10-19	14.4%	12.8%
Ages 20-29	13.6%	13.2%
Ages 30-39	14.1%	14.8%
Ages 40-49	12.7%	12.5%
Ages 50-59	12.0%	11.5%
Ages 60-69	10.5%	11.3%
Ages 70-79	6.4%	7.6%
Ages 80+	3.6%	4.1%
White	20.9%	43.3%
Black	4.4%	4.7%
Hispanic	58.2%	34.8%
Asian/Pacific Islander	12.9%	12.7%
Other	3.6%	4.6%
Population with income less than 100% Federal Poverty Level (FPL) ⁺	10.0%	10.4%

Access and Utilization ² (2021-2023)	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	22.0%	20.2%
Visited Emergency Room in the Past Year (ages 18-64)	15.8%	15.8%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	67.5%	66.1%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	17.5%	17.5%
Delayed or Didn't get Other Medical Care (all ages)	14.6%	15.7%
Delayed or Didn't get Prescription Medicine (all ages)	7.8%	9.0%
Insurance ² (2021-2023)	South Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	10.3%	9.9%
Covered by Medi-Cal (all ages)	30.2%	19.4%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	3.6%	4.6%
Medical Debt ² (2021-2023)	South Region (%)	County (%)
Ever Had Problems Paying for Self or Household Family's Medical Bills in the Past Year (adults 18+)	8.3%	8.5%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	46.1%	37.2%

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Public Program Participation ² (2021-2023)	South Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	14.1%	11.6%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	11.8%	8.4%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	55.8%	49.6%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	27.4%	29.4%
Women Below 200% FPL (ages 18-64)	38.3%	28.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025). Population estimates were derived using the 2020 decennial census.

2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2021-2023. Accessed May 21, 2025.

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