



2020-2024

CITY DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit

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LIVE WELL
SAN DIEGO

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Introduction to the City Demographic Profiles: Older Adult Subset

History

The Community Health Statistics Unit (CHSU), under the Health and Human Services Agency (HHSA) Public Health Services Division, was formed in 2005 to provide a single point of contact for public health data and support to the HHSA Regions and their communities. CHSU generates publications including: the Community Health Profiles, topic specific reports (e.g., older adult falls, economic burden of disease, health disparities, and health status), health briefs, fact sheets, atlases, and the demographic profiles, all of which are available at www.sdhealthstatistics.com.

The *City Demographic Profiles: Older Adult Subset* are a compilation of information relating to demographic characteristics of the older resident population in San Diego County. Each profile contains demographic data for municipalities (incorporated cities).

The purpose of the *City Demographic Profiles: Older Adult Subset* is to provide detailed information about the characteristics of the older adult population living in San Diego County. It is designed to help HHSA staff in each of the Health and Human Services Regions (Regions) and other local organizations, including *Live Well San Diego* recognized partners, to identify and prioritize needs within their communities. These profiles are made available to the public health community and public policymakers to better understand and manage the health and well-being of the residents of our County.

Source of Data

The Census is conducted every 10 years to provide an official count of the entire population in the United States to Congress. The American Community Survey (ACS), on the other hand, is conducted every year by the U.S. Census Bureau to provide more current estimates of the population. The ACS collects sociodemographic and economic data annually; topics include educational attainment, income, poverty, disability, health insurance, workforce and more to describe the population living in the United States. Per Title 13, U.S. Code, completing either or both the Census and the ACS is required by law if your household is selected. Personal identification is protected, but data in aggregate form is released to provide information needed for planning purposes and programs.

If you are looking for official population totals, the U.S. Census Bureau recommends using the 2010 or 2020 Census. However, the ACS provides a more current picture of the population and population characteristics. While ACS estimates are derived from a much smaller sample, data are collected from a representative sample of the population in the nation. Because ACS variables may change over time, some areas and subjects must be compared with caution or not compared at all.

The Census Bureau recommends that you^{1,2}:

- DO compare similar period lengths, for example, 5-year to 5-year.
- DON'T compare estimates from different period lengths, for example, 1-year to 5-year.
- DO compare estimates from non-overlapping periods, for example, compare a 2015-2019 ACS 5-year estimate to a 2020-2024 ACS 5-year estimate.
- DON'T compare overlapping periods, for example, the 2018-2022 ACS 5-year estimates to the 2020-2024 ACS 5-year estimates.

Why use 5-year estimates?^{1,2}

- Cover 60 months of collected data; for example, from January 1, 2020 to December 31, 2024.
- Data is collected for all areas (including census blocks and tracts), which makes this the largest sample size
- Most reliable, but least current
- Released every year since 2009

More American Community Survey (ACS) data available online at <https://data.census.gov/>.

For more information regarding the methodology of the ACS Survey, please go to <https://www.census.gov/programs-surveys/acs/methodology.html>.

Methodology

Data is downloaded for each of the 18 incorporated cities in San Diego County, California, and the United States. Wherever possible, the data for the Unincorporated Area of San Diego, which is managed by San Diego County, is derived from the data available.

The ACS publishes data for various geographic levels, including individual municipalities (cities). San Diego County contains numerous unincorporated communities that are not governed by municipal governments, so estimates for these areas were generated by subtracting the combined totals of the 18 incorporated cities from the countywide values. This subtraction method is not appropriate for financial indicators (e.g., median household income or median home value), which cannot be calculated by simple aggregation or deduction.

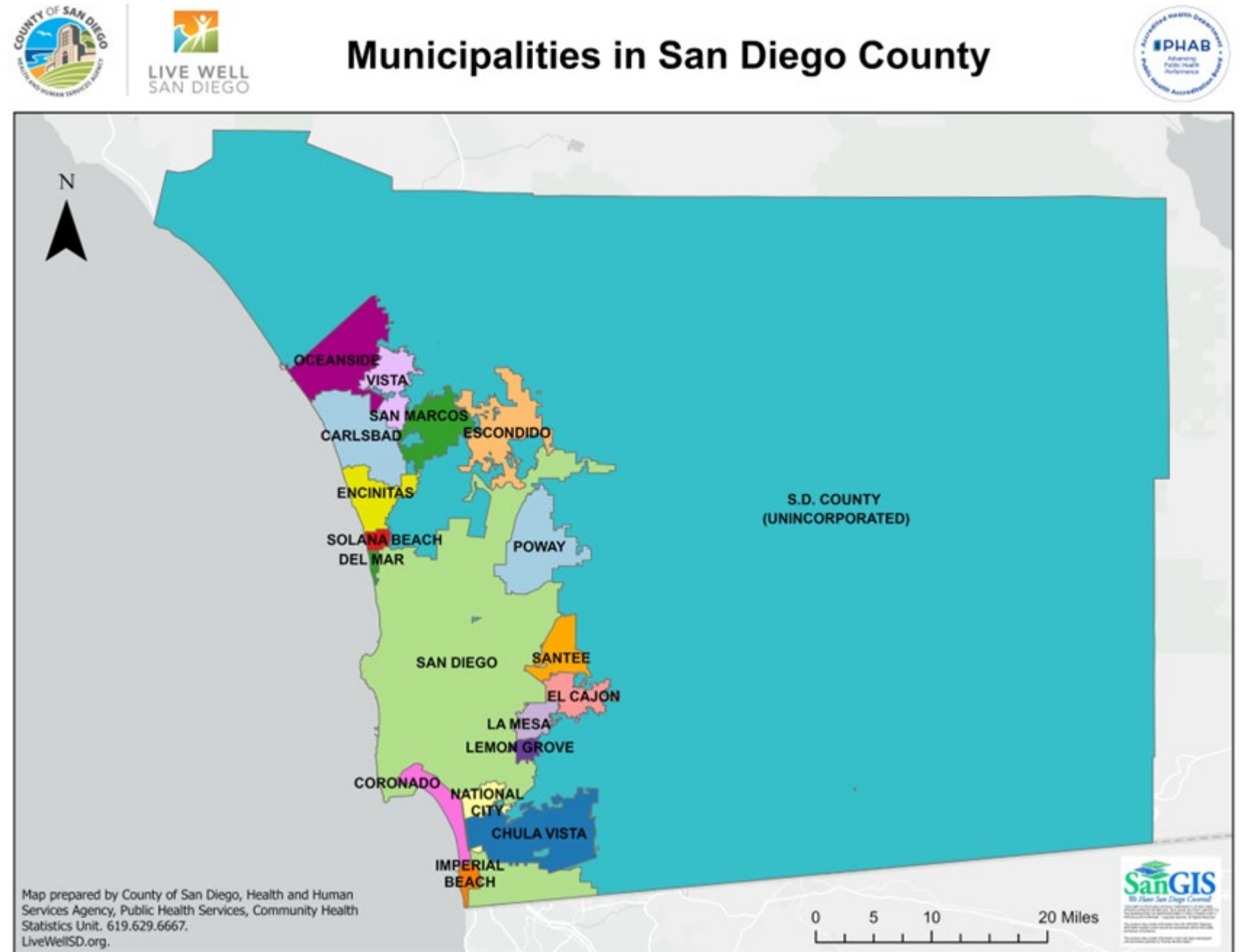
Please note that the indicators in the demographic profiles are reviewed every year. Indicators will be added per number of requests showing the need for these to be included and/or modified as needed.

For the 2020-2024 version, indicators included in this subset were not modified or added.

References:

1. <https://www.census.gov/programs-surveys/acs/guidance/comparing-acs-data.html>
2. <https://www.census.gov/programs-surveys/acs/guidance/estimates.html>
3. San Diego Association of Governments (SANDAG). (2014). *Demystifying geographies: Peeling back the layers*. Retrieved from <https://www.sandag.org/> on July 28, 2021.

For researchers: The U.S. Census Bureau publishes a margin of error (MOE) for each ACS estimate. For the purposes of these profiles, the MOEs are not considered as these are the best estimates for our geographies.



Please visit the County of San Diego's data access portal to download demographic profile data and/or health outcome data: <https://data.sandiegocounty.gov>.

For additional information, contact:

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San Diego, CA 92123
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619-692-6667

2020-2024 CITY DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET

DEMOGRAPHIC INDICATORS

Total Population by Age Group

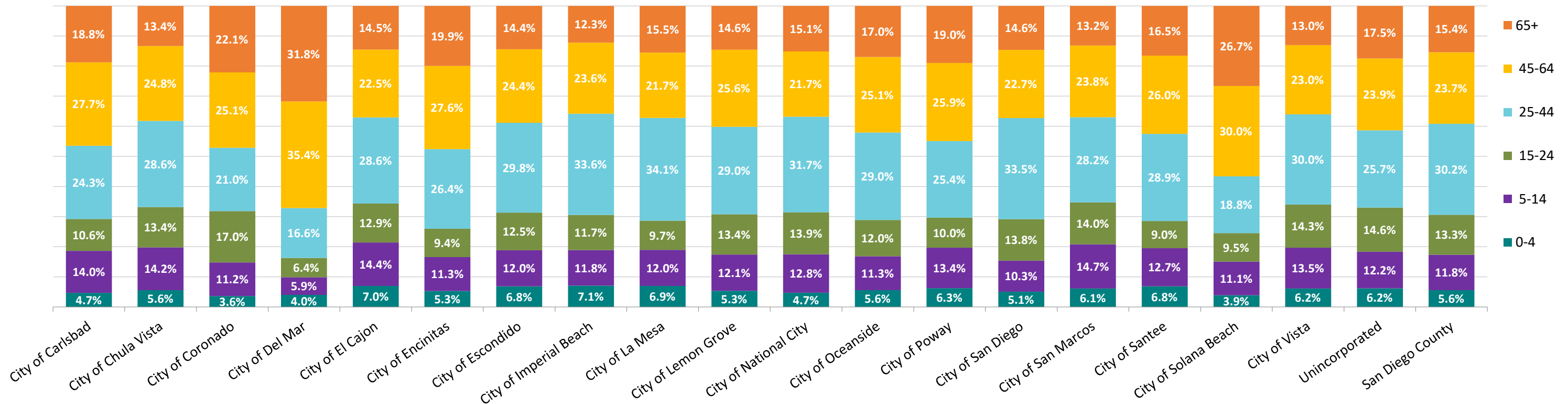
Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001.

Geography	0-4		5-14		15-24		25-44		45-64		65+	
	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	5,330	4.7%	15,956	14.0%	12,100	10.6%	27,822	24.3%	31,707	27.7%	21,458	18.8%
City of Chula Vista	15,467	5.6%	39,156	14.2%	37,123	13.4%	78,996	28.6%	68,642	24.8%	36,991	13.4%
City of Coronado	690	3.6%	2,123	11.2%	3,236	17.0%	4,001	21.0%	4,764	25.1%	4,201	22.1%
City of Del Mar	156	4.0%	230	5.9%	249	6.4%	647	16.6%	1,381	35.4%	1,240	31.8%
City of El Cajon	7,281	7.0%	15,058	14.4%	13,516	12.9%	29,891	28.6%	23,542	22.5%	15,161	14.5%
City of Encinitas	3,249	5.3%	6,947	11.3%	5,778	9.4%	16,246	26.4%	16,996	27.6%	12,264	19.9%
City of Escondido	10,240	6.8%	17,937	12.0%	18,732	12.5%	44,664	29.8%	36,499	24.4%	21,596	14.4%
City of Imperial Beach	1,819	7.1%	3,046	11.8%	3,013	11.7%	8,656	33.6%	6,073	23.6%	3,157	12.3%
City of La Mesa	4,221	6.9%	7,315	12.0%	5,872	9.7%	20,745	34.1%	13,207	21.7%	9,437	15.5%
City of Lemon Grove	1,478	5.3%	3,338	12.1%	3,706	13.4%	8,039	29.0%	7,083	25.6%	4,042	14.6%
City of National City	2,773	4.7%	7,542	12.8%	8,209	13.9%	18,678	31.7%	12,786	21.7%	8,905	15.1%
City of Oceanside	9,601	5.6%	19,392	11.3%	20,717	12.0%	50,031	29.0%	43,282	25.1%	29,219	17.0%
City of Poway	3,048	6.3%	6,538	13.4%	4,874	10.0%	12,381	25.4%	12,620	25.9%	9,252	19.0%
City of San Diego	70,389	5.1%	143,560	10.3%	191,504	13.8%	465,828	33.5%	315,113	22.7%	203,132	14.6%
City of San Marcos	5,801	6.1%	13,916	14.7%	13,245	14.0%	26,796	28.2%	22,618	23.8%	12,506	13.2%
City of Santee	4,062	6.8%	7,506	12.7%	5,365	9.0%	17,168	28.9%	15,419	26.0%	9,812	16.5%
City of Solana Beach	501	3.9%	1,428	11.1%	1,217	9.5%	2,416	18.8%	3,843	30.0%	3,418	26.7%
City of Vista	6,102	6.2%	13,422	13.5%	14,176	14.3%	29,709	30.0%	22,779	23.0%	12,926	13.0%
Unincorporated	31,405	6.2%	62,093	12.2%	74,641	14.6%	130,884	25.7%	121,699	23.9%	89,017	17.5%
San Diego County	183,613	5.6%	386,503	11.8%	437,273	13.3%	993,598	30.2%	780,053	23.7%	507,734	15.4%
California	2,165,923	5.5%	4,905,461	12.5%	5,142,033	13.1%	11,264,452	28.7%	9,651,137	24.6%	6,158,371	15.7%
United States	18,779,951	5.6%	41,545,585	12.4%	43,789,660	13.1%	90,043,832	26.9%	83,129,843	24.8%	57,633,628	17.2%

This indicator shows the number and percent of the population by age group in each geography.

How to interpret these data: In 2024, 15.4% (507,734) of San Diego County's population was 65 years and over.

Percent of Population by Age Group and Municipality, 2024



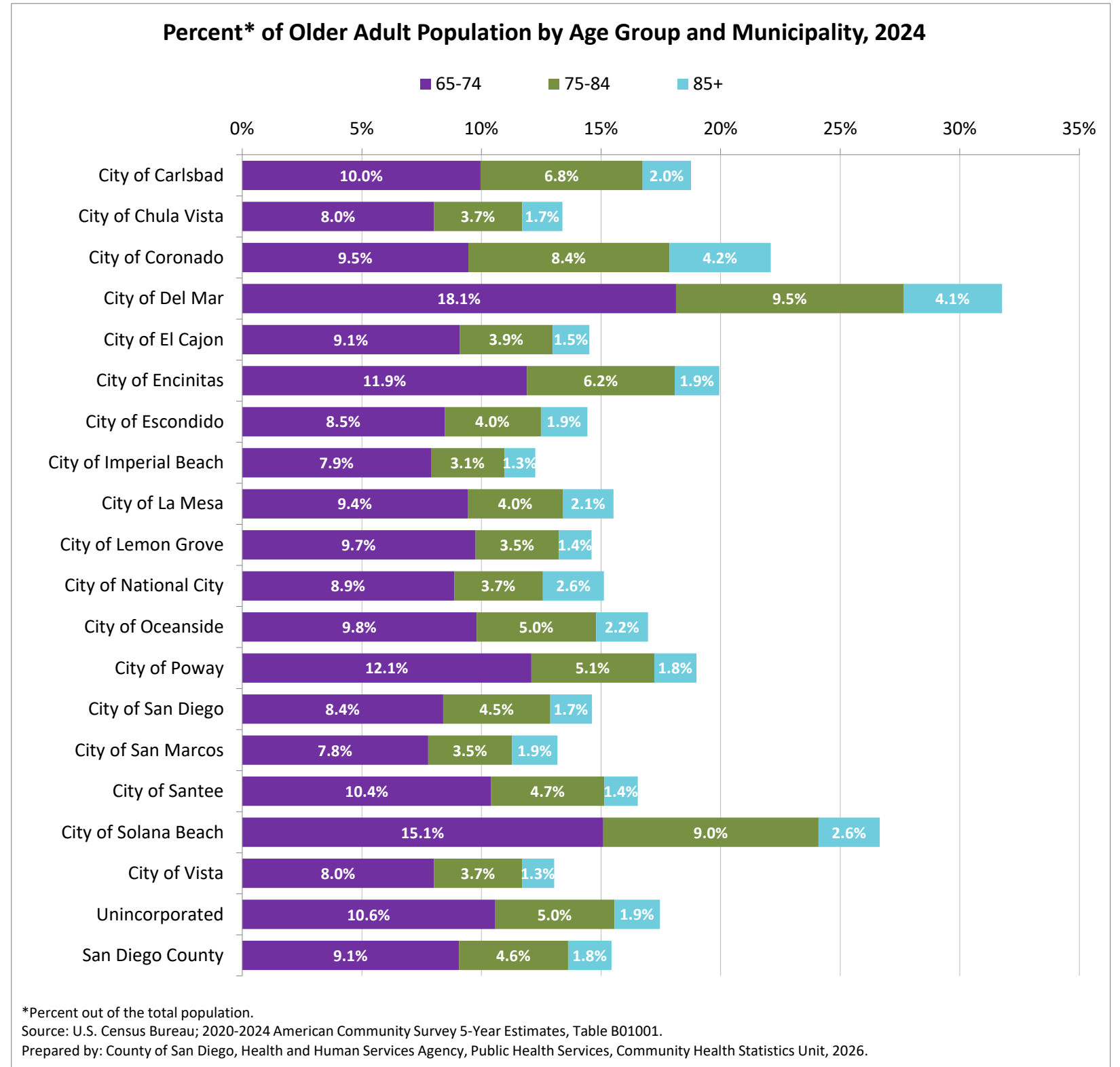
Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Older Adult Population by Age Group

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows the older adult population by age group. Number (#) represents the number of older adults in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography. How to interpret these data: In 2024, 9.1% of San Diego County's population were between the ages of 65-74, 4.6% were between 75-84, and 1.8% were 85 years and older.

Geography	Total Population	65-74		75-84		85+	
	#	#	%	#	%	#	%
City of Carlsbad	114,373	11,396	10.0%	7,751	6.8%	2,311	2.0%
City of Chula Vista	276,375	22,146	8.0%	10,199	3.7%	4,646	1.7%
City of Coronado	19,015	1,798	9.5%	1,599	8.4%	804	4.2%
City of Del Mar	3,903	708	18.1%	371	9.5%	161	4.1%
City of El Cajon	104,449	9,503	9.1%	4,055	3.9%	1,603	1.5%
City of Encinitas	61,480	7,320	11.9%	3,797	6.2%	1,147	1.9%
City of Escondido	149,668	12,661	8.5%	6,021	4.0%	2,914	1.9%
City of Imperial Beach	25,764	2,032	7.9%	792	3.1%	333	1.3%
City of La Mesa	60,797	5,729	9.4%	2,426	4.0%	1,282	2.1%
City of Lemon Grove	27,686	2,699	9.7%	967	3.5%	376	1.4%
City of National City	58,893	5,218	8.9%	2,184	3.7%	1,503	2.6%
City of Oceanside	172,242	16,882	9.8%	8,605	5.0%	3,732	2.2%
City of Poway	48,713	5,888	12.1%	2,505	5.1%	859	1.8%
City of San Diego	1,389,526	116,657	8.4%	62,307	4.5%	24,168	1.7%
City of San Marcos	94,882	7,372	7.8%	3,325	3.5%	1,809	1.9%
City of Santee	59,332	6,176	10.4%	2,808	4.7%	828	1.4%
City of Solana Beach	12,823	1,935	15.1%	1,155	9.0%	328	2.6%
City of Vista	99,114	7,945	8.0%	3,648	3.7%	1,333	1.3%
Unincorporated	509,739	53,915	10.6%	25,409	5.0%	9,693	1.9%
San Diego County	3,288,774	297,980	9.1%	149,924	4.6%	59,830	1.8%
California	39,287,377	3,610,692	9.2%	1,803,567	4.6%	744,112	1.9%
United States	334,922,499	34,092,907	10.2%	17,108,680	5.1%	6,432,041	1.9%



Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)*

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B17024.

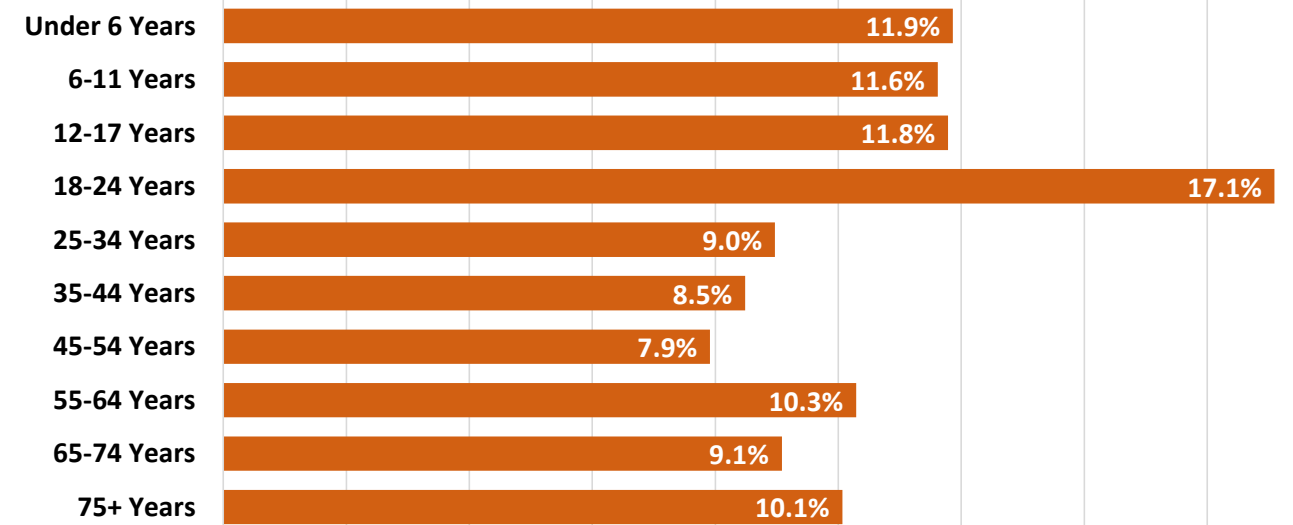
Geography	Under 6 Years	6-11 Years	12-17 Years	18-24 Years	25-34 Years	35-44 Years	45-54 Years	55-64 Years	65-74 Years	75+ Years
City of Carlsbad	4.8%	4.7%	11.0%	10.3%	4.8%	5.0%	7.3%	9.0%	5.8%	6.4%
City of Chula Vista	11.8%	7.9%	10.5%	10.1%	8.6%	8.9%	5.8%	7.4%	9.4%	10.1%
City of Coronado	4.2%	2.5%	3.8%	0.7%	13.1%	3.7%	3.0%	4.1%	4.0%	6.1%
City of Del Mar	0.0%	0.0%	0.0%	0.0%	7.2%	0.0%	2.1%	0.0%	8.9%	1.7%
City of El Cajon	28.8%	25.4%	25.4%	19.7%	16.8%	23.3%	17.6%	19.5%	15.5%	11.1%
City of Encinitas	10.2%	12.5%	10.3%	9.5%	9.0%	7.5%	4.2%	5.9%	5.2%	5.5%
City of Escondido	11.2%	17.6%	14.4%	13.6%	10.6%	10.9%	11.9%	12.1%	9.9%	13.8%
City of Imperial Beach	30.4%	15.2%	14.1%	23.6%	11.4%	10.9%	13.2%	13.7%	12.3%	10.3%
City of La Mesa	19.2%	10.7%	13.0%	16.4%	10.4%	9.3%	8.4%	14.7%	7.0%	11.6%
City of Lemon Grove	4.3%	6.4%	14.3%	10.0%	5.8%	8.1%	6.8%	17.0%	11.1%	4.6%
City of National City	15.2%	21.1%	17.4%	11.7%	10.9%	13.4%	12.1%	14.2%	13.1%	25.0%
City of Oceanside	6.7%	10.2%	9.2%	6.8%	8.2%	7.6%	6.1%	9.9%	8.6%	10.4%
City of Poway	6.4%	7.9%	3.1%	6.8%	7.4%	4.8%	5.7%	5.5%	4.3%	4.6%
City of San Diego	11.6%	12.1%	12.6%	24.3%	8.5%	8.0%	8.4%	11.0%	9.9%	10.3%
City of San Marcos	7.9%	8.6%	6.5%	13.6%	11.6%	4.4%	6.8%	10.5%	11.0%	17.8%
City of Santee	9.3%	10.9%	7.0%	9.8%	6.1%	6.9%	6.1%	6.6%	8.4%	14.5%
City of Solana Beach	2.4%	0.0%	5.1%	14.5%	8.2%	1.6%	2.6%	7.6%	5.4%	8.9%
City of Vista	14.7%	15.4%	11.7%	11.1%	10.1%	9.3%	8.2%	9.3%	8.2%	10.8%
Unincorporated	11.2%	9.6%	10.2%	10.5%	9.0%	7.4%	6.4%	8.9%	7.7%	7.7%
San Diego County	11.9%	11.6%	11.8%	17.1%	9.0%	8.5%	7.9%	10.3%	9.1%	10.1%
California	14.9%	15.2%	14.9%	16.7%	10.5%	10.3%	9.2%	10.5%	10.8%	12.8%
United States	17.2%	16.4%	14.9%	18.7%	11.5%	10.4%	9.0%	10.7%	10.1%	11.9%

*This indicator provides the percentage of the population within specified age groups that live in poverty. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people’s annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: An estimated 11.9% of children under the age of 6 lived below the poverty level, compared with 10.1% of people 75 years old and over in San Diego County in 2024.

Percent of the Population Below Poverty Level by Age Group* in San Diego County, 2024



*Refers to the percentage of people within the age group living below 100% of the federal poverty level (FPL).

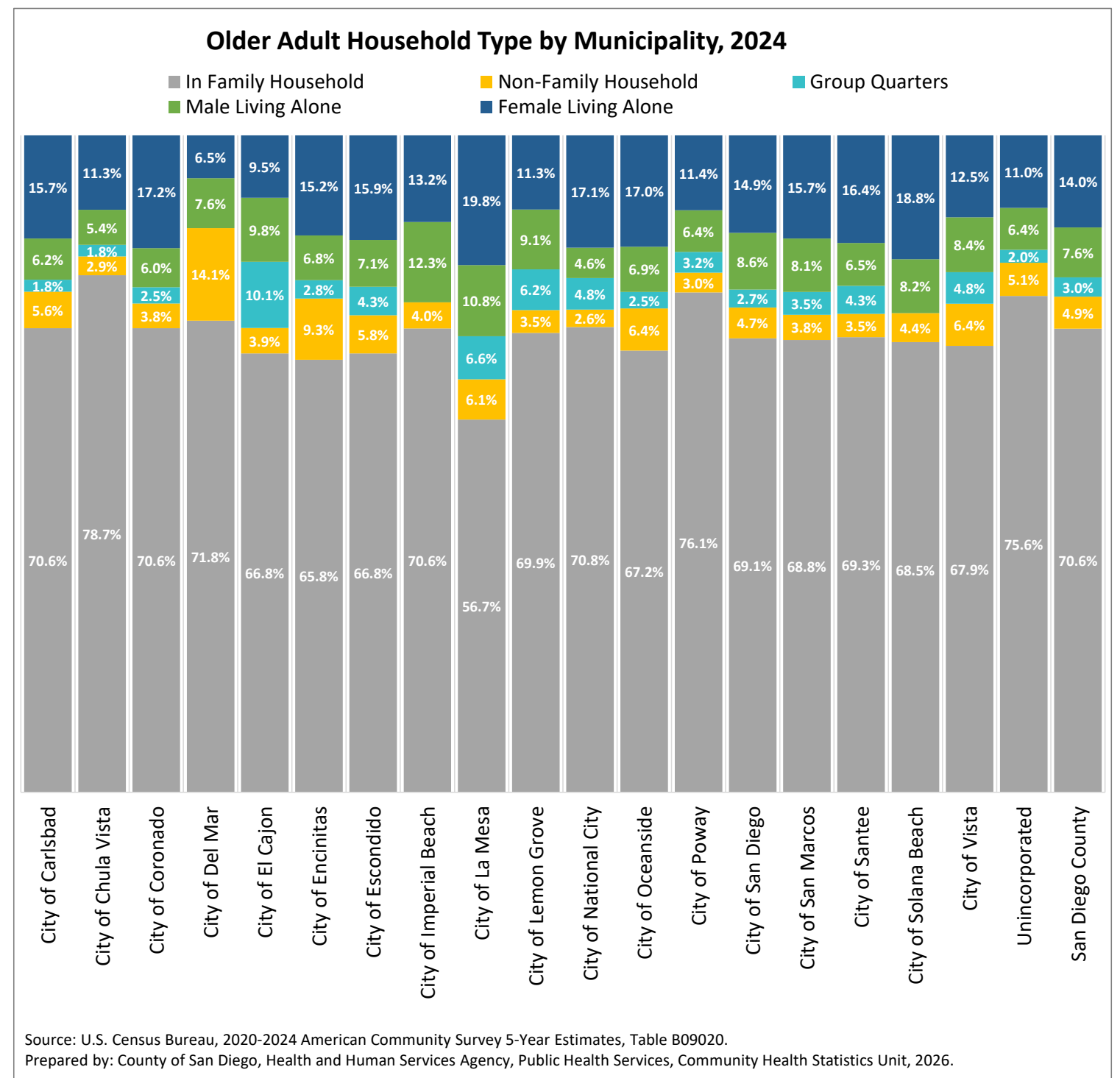
Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B17024.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Older Adults by Household Type

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B09020.

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
City of Carlsbad	21,458	70.6%	5.6%	1.8%	6.2%	15.7%
City of Chula Vista	36,991	78.7%	2.9%	1.8%	5.4%	11.3%
City of Coronado	4,201	70.6%	3.8%	2.5%	6.0%	17.2%
City of Del Mar	1,240	71.8%	14.1%	0.0%	7.6%	6.5%
City of El Cajon	15,161	66.8%	3.9%	10.1%	9.8%	9.5%
City of Encinitas	12,264	65.8%	9.3%	2.8%	6.8%	15.2%
City of Escondido	21,596	66.8%	5.8%	4.3%	7.1%	15.9%
City of Imperial Beach	3,157	70.6%	4.0%	0.0%	12.3%	13.2%
City of La Mesa	9,437	56.7%	6.1%	6.6%	10.8%	19.8%
City of Lemon Grove	4,042	69.9%	3.5%	6.2%	9.1%	11.3%
City of National City	8,905	70.8%	2.6%	4.8%	4.6%	17.1%
City of Oceanside	29,219	67.2%	6.4%	2.5%	6.9%	17.0%
City of Poway	9,252	76.1%	3.0%	3.2%	6.4%	11.4%
City of San Diego	203,132	69.1%	4.7%	2.7%	8.6%	14.9%
City of San Marcos	12,506	68.8%	3.8%	3.5%	8.1%	15.7%
City of Santee	9,812	69.3%	3.5%	4.3%	6.5%	16.4%
City of Solana Beach	3,418	68.5%	4.4%	0.0%	8.2%	18.8%
City of Vista	12,926	67.9%	6.4%	4.8%	8.4%	12.5%
Unincorporated	89,017	75.6%	5.1%	2.0%	6.4%	11.0%
San Diego County	507,734	70.6%	4.9%	3.0%	7.6%	14.0%
California	6,158,371	70.4%	4.7%	3.0%	7.5%	14.4%
United States	57,633,628	66.6%	3.8%	3.0%	9.1%	17.5%



This indicator explores the type of household that older adults, ages 65 years and over, lived in. Types of households are classified by presence of relatives. Please note that estimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of older adults by households type data presented here includes the older adult population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers' dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of older adults ages 65 years and over in San Diego County in 2024, 70.6% lived in a family household. However, over one-fifth (21.6%) of the older adult population was living alone (14.0% female and 7.6% male).

Older Adults: Labor Force and Poverty

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	Older Adults, Aged 65+		
	In Labor Force	Living below 100% FPL	Living below 200% FPL
City of Carlsbad	17.8%	6.1%	17.7%
City of Chula Vista	19.0%	9.7%	25.5%
City of Coronado	17.8%	5.2%	12.8%
City of Del Mar	28.1%	5.8%	10.6%
City of El Cajon	19.3%	13.9%	37.9%
City of Encinitas	25.1%	5.3%	14.0%
City of Escondido	20.1%	11.5%	29.4%
City of Imperial Beach	17.3%	11.6%	28.1%
City of La Mesa	20.3%	8.8%	22.8%
City of Lemon Grove	15.9%	9.1%	26.2%
City of National City	16.6%	18.0%	40.2%
City of Oceanside	20.5%	9.3%	25.5%
City of Poway	22.0%	4.4%	12.0%
City of San Diego	20.0%	10.1%	23.5%
City of San Marcos	18.6%	13.8%	27.9%
City of Santee	17.9%	10.6%	23.1%
City of Solana Beach	24.5%	6.9%	17.1%
City of Vista	22.3%	9.2%	23.7%
Unincorporated	20.0%	7.7%	19.5%
San Diego County	19.9%	9.5%	23.3%
California	19.8%	11.6%	27.3%
United States	19.0%	10.8%	27.6%

This indicator explores income and poverty in the older adult population (residents age 65 years and over). The labor force is the percentage who remain in the labor force* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

*In labor force refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

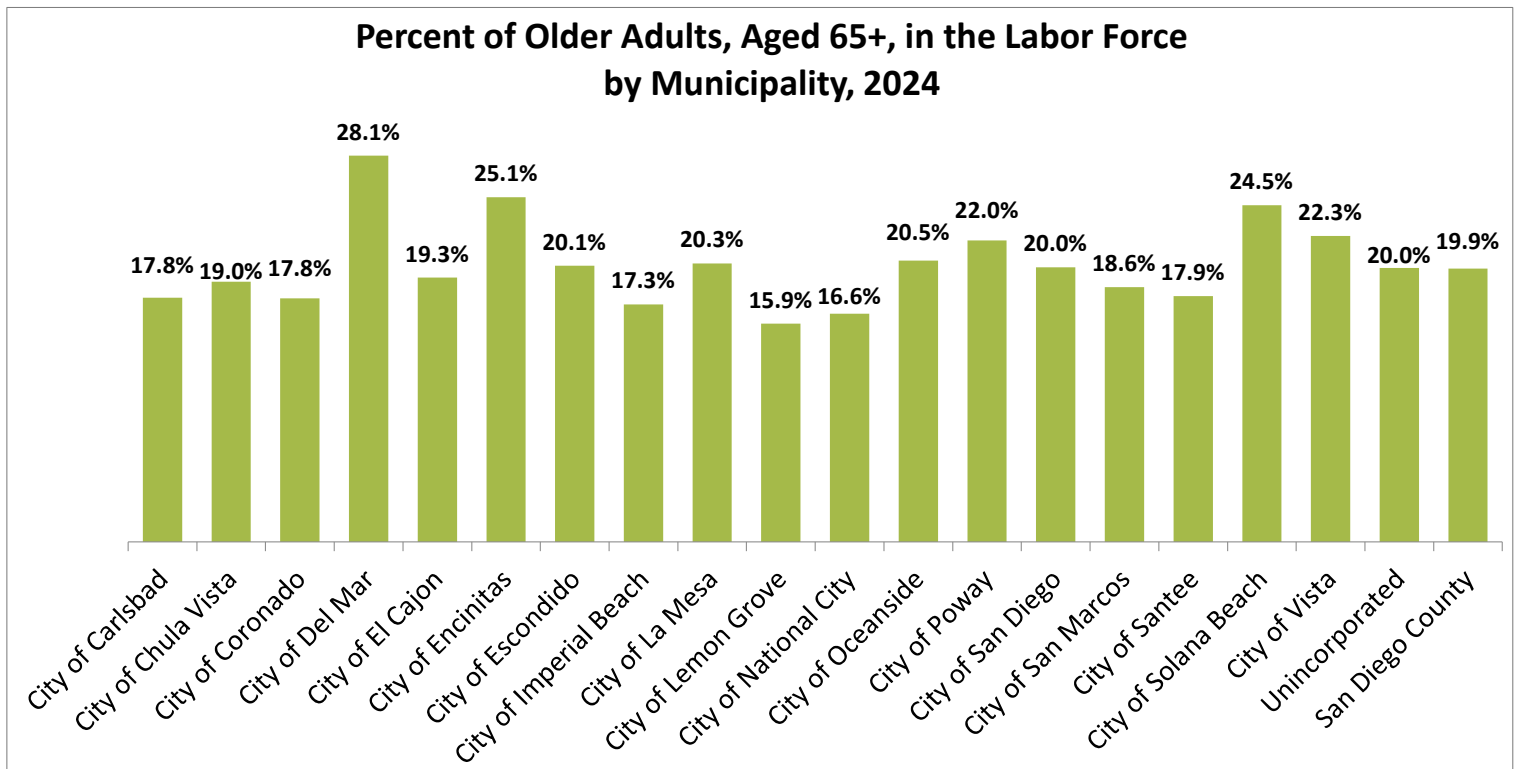
How to interpret these data: In 2024 in San Diego County, 19.9% of older adults, ages 65+, remained in the labor force.

Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

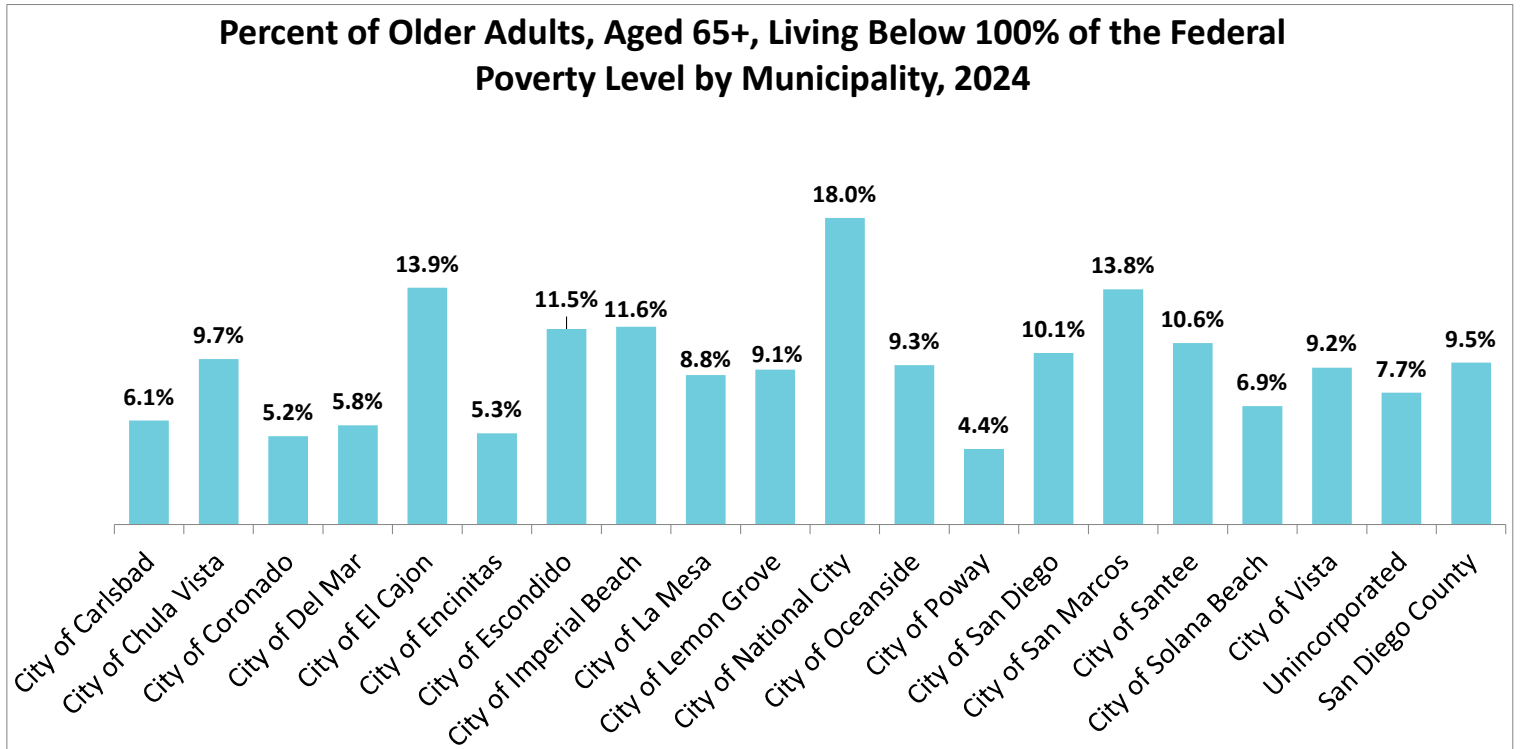
*Federal Poverty levels (FPL) refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based.

Please note that those with income below 100% FPL are included in the living below 200% FPL category and have much lower income.

How to interpret these data: In 2024 in San Diego County, an estimated 9.5% of people age 65 years and over had incomes below 100% of the Federal Poverty Level.



Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B23001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.



Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B17024. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Population with a Disability by Age Group*

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table S1810.

Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74 Years		75+ Years	
	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	5	0.1%	969	4.5%	1,338	7.5%	2,451	5.2%	1,686	15.0%	3,144	31.8%
City of Chula Vista	36	0.2%	2,091	4.0%	4,043	6.8%	9,551	9.0%	5,266	23.9%	7,962	54.3%
City of Coronado	8	1.2%	132	4.9%	167	7.4%	508	8.3%	226	12.8%	851	36.4%
City of Del Mar	0	0.0%	0	0.0%	0	0.0%	87	5.0%	23	3.2%	192	36.1%
City of El Cajon	110	1.5%	1,596	8.2%	2,151	9.3%	6,149	16.0%	3,274	36.5%	2,766	53.4%
City of Encinitas	0	0.0%	473	5.0%	768	7.3%	1,008	3.9%	855	11.8%	1,767	37.2%
City of Escondido	48	0.5%	1,277	5.4%	2,899	8.1%	7,091	12.3%	3,856	30.8%	4,397	51.4%
City of Imperial Beach	0	0.0%	217	5.7%	670	10.2%	1,159	12.2%	466	22.9%	631	56.1%
City of La Mesa	0	0.0%	485	5.4%	1,384	10.2%	2,667	11.6%	1,123	20.2%	1,588	47.6%
City of Lemon Grove	0	0.0%	45	1.0%	630	8.8%	1,560	15.3%	772	29.4%	767	63.4%
City of National City	7	0.3%	552	5.6%	843	6.9%	2,862	13.8%	1,263	24.8%	1,901	54.6%
City of Oceanside	0	0.0%	1,121	4.5%	3,171	8.1%	6,863	10.5%	3,441	20.5%	6,299	51.5%
City of Poway	0	0.0%	364	4.3%	520	6.3%	1,379	7.1%	850	14.6%	1,335	41.7%
City of San Diego	407	0.6%	9,139	4.9%	22,614	6.0%	46,346	9.1%	24,257	20.9%	38,601	45.5%
City of San Marcos	58	1.0%	961	5.3%	1,326	6.3%	3,364	9.1%	1,739	23.7%	2,708	53.6%
City of Santee	18	0.4%	875	9.1%	857	8.0%	2,548	10.8%	1,623	27.0%	1,932	56.2%
City of Solana Beach	0	0.0%	50	2.7%	139	8.2%	211	4.0%	247	12.8%	440	29.7%
City of Vista	0	0.0%	793	4.4%	1,522	6.6%	3,067	8.2%	1,434	18.3%	1,828	39.1%
Unincorporated	56	0.2%	3,891	4.8%	7,134	7.5%	18,933	10.5%	10,264	19.2%	15,418	44.5%
San Diego County	753	0.4%	25,031	5.0%	52,176	6.8%	117,804	9.6%	62,665	21.3%	94,527	46.2%
California	14,681	0.7%	334,251	5.2%	614,444	6.7%	1,520,839	10.2%	818,174	22.9%	1,195,163	48.1%
United States	128,974	0.7%	3,449,147	6.3%	6,058,471	8.1%	15,745,431	12.5%	8,071,051	24.0%	10,416,723	46.2%

This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.

*Refers to the percent of those with a disability within the specific age group.

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to nearly half (46.2%) of the population 75 years and over that had a disability in San Diego County in 2024.

Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B10051.

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this data cannot be compared to past years of demographic profiles. This indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over. **Responsibility for Basic Needs** – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of grandchild('s) parents.

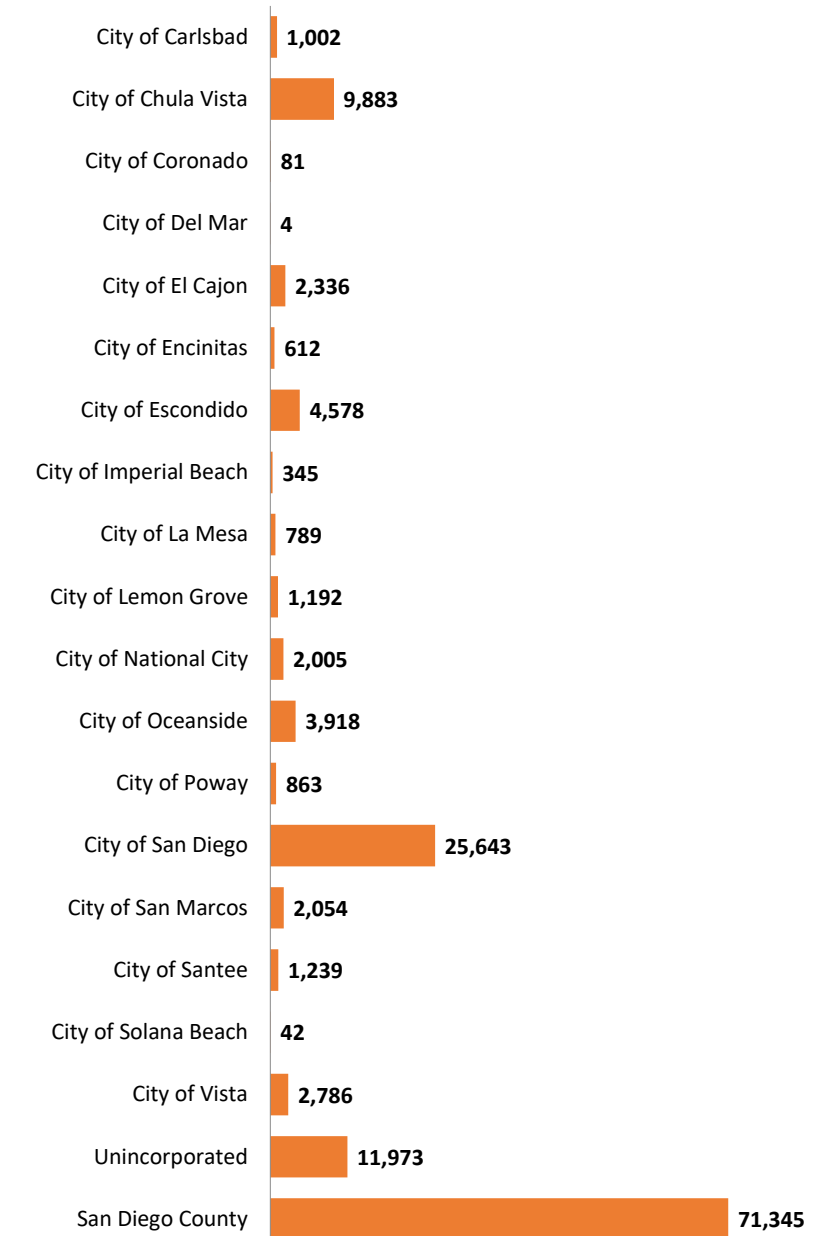
This table shows the number of grandparents 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren with or without a parent present. Additionally, it breaks down grandparents living with and those responsible for their grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2024, 71,345 grandparents lived with their grandchild or grandchildren under 18 years old. Of those grandparents, 22.5% were responsible for the basic needs of their grandchildren (includes those with parent of child present).

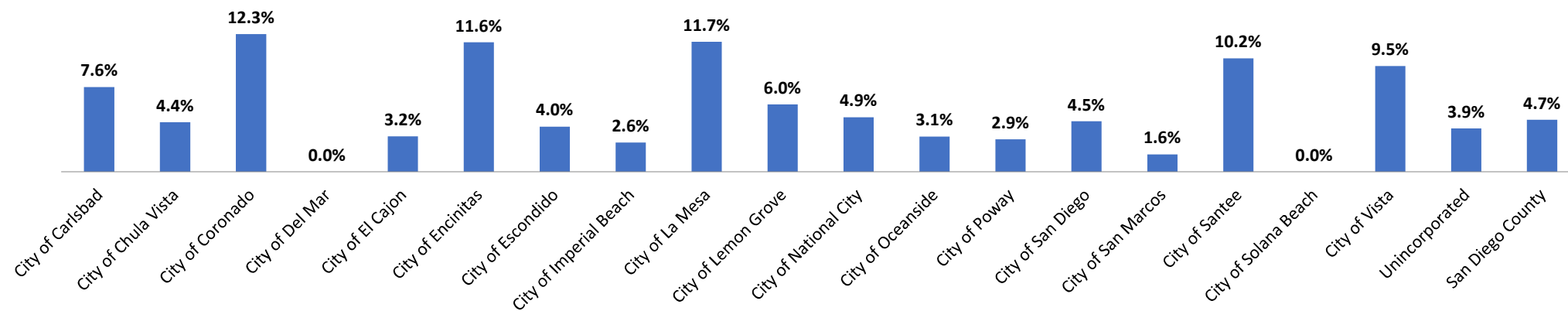
How to interpret these data: Of the 71,345 grandparents who lived with their grandchild or grandchildren under 18 years old in San Diego County in 2024, 4.7% were responsible for grandchildren without a parent present. Of these, 69.9% were grandparents 60 years and over and 30.1% were 30 to 59 years old.

Geography	Number of Grandparents Living with Grandchildren*	Grandparent Responsible for Grandchild	Percent Grandparent Responsible for Grandchild	Grandparent Responsible for Grandchild Without a Parent Present	Of Grandparents Living with Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Living with Grandchild, by Age		Responsible Without Parent Present	
						Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
City of Carlsbad	1,002	386	38.5%	76	7.6%	296	706	0.0%	100.0%
City of Chula Vista	9,883	2,398	24.3%	439	4.4%	2,955	6,928	47.8%	52.2%
City of Coronado	81	10	12.3%	10	12.3%	0	81	0.0%	100.0%
City of Del Mar	4	0	0.0%	0	0.0%	0	4	0.0%	0.0%
City of El Cajon	2,336	469	20.1%	74	3.2%	875	1,461	86.5%	13.5%
City of Encinitas	612	153	25.0%	71	11.6%	202	410	47.9%	52.1%
City of Escondido	4,578	656	14.3%	185	4.0%	1,861	2,717	5.4%	94.6%
City of Imperial Beach	345	66	19.1%	9	2.6%	104	241	0.0%	100.0%
City of La Mesa	789	267	33.8%	92	11.7%	220	569	0.0%	100.0%
City of Lemon Grove	1,192	365	30.6%	72	6.0%	603	589	33.3%	66.7%
City of National City	2,005	353	17.6%	98	4.9%	433	1,572	29.6%	70.4%
City of Oceanside	3,918	811	20.7%	123	3.1%	1,669	2,249	8.1%	91.9%
City of Poway	863	98	11.4%	25	2.9%	105	758	0.0%	100.0%
City of San Diego	25,643	5,279	20.6%	1,160	4.5%	7,314	18,329	38.4%	61.6%
City of San Marcos	2,054	309	15.0%	32	1.6%	778	1,276	3.1%	96.9%
City of Santee	1,239	302	24.4%	126	10.2%	471	768	34.9%	65.1%
City of Solana Beach	42	0	0.0%	0	0.0%	11	31	0.0%	0.0%
City of Vista	2,786	1,262	45.3%	264	9.5%	1,209	1,577	26.1%	73.9%
Unincorporated	11,973	2,881	24.1%	466	3.9%	3,583	8,390	12.9%	87.1%
San Diego County	71,345	16,065	22.5%	3,322	4.7%	22,689	48,656	30.1%	69.9%
California	1,066,227	209,063	19.6%	50,658	4.8%	381,121	685,106	33.5%	66.5%
United States	6,743,975	2,116,544	31.4%	818,274	12.1%	2,656,218	4,087,757	40.2%	59.8%

Number of Grandparents, 30 Years and Older, Living with Own Grandchild(ren)* by Municipality, 2024



Percent of Grandparents 30 Years and Older Raising Grandchild(ren)* Without Parent Present by Municipality, 2024



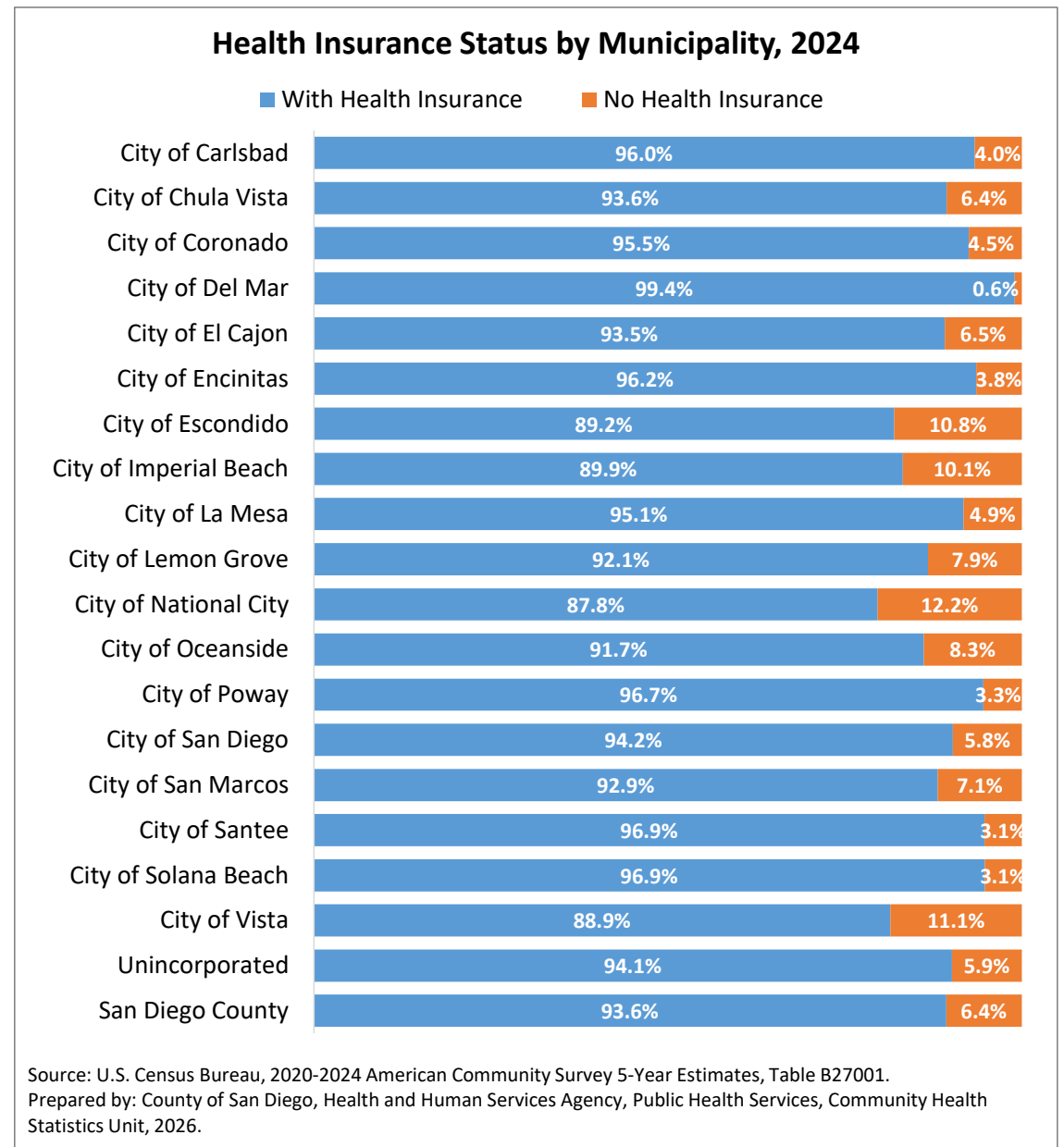
*Grandparents, 30 years or older, raising own grandchildren under 18 years in households out of total population 30 years and older.
 Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B10051.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

*Grandparent, 30 years or older, living with own grandchildren under 18 years in households out of total population 30 years and older.
 Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B10051.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Health Insurance Status

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B27001.

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
City of Carlsbad	96.0%	4.0%	96.5%	94.9%	93.7%	95.3%	99.6%
City of Chula Vista	93.6%	6.4%	96.4%	88.2%	91.2%	92.4%	98.8%
City of Coronado	95.5%	4.5%	94.7%	98.3%	88.0%	96.5%	99.6%
City of Del Mar	99.4%	0.6%	100.0%	100.0%	97.7%	99.3%	100.0%
City of El Cajon	93.5%	6.5%	96.8%	91.0%	88.7%	92.4%	99.7%
City of Encinitas	96.2%	3.8%	98.2%	90.4%	92.4%	96.7%	99.6%
City of Escondido	89.2%	10.8%	94.5%	82.5%	84.0%	86.9%	98.6%
City of Imperial Beach	89.9%	10.1%	91.5%	84.7%	83.8%	93.0%	98.9%
City of La Mesa	95.1%	4.9%	97.1%	96.7%	91.3%	94.9%	99.6%
City of Lemon Grove	92.1%	7.9%	94.7%	88.7%	86.8%	92.7%	99.2%
City of National City	87.8%	12.2%	94.1%	86.5%	78.4%	85.9%	98.4%
City of Oceanside	91.7%	8.3%	95.4%	87.5%	86.4%	90.6%	99.0%
City of Poway	96.7%	3.3%	97.8%	95.6%	94.9%	95.8%	99.5%
City of San Diego	94.2%	5.8%	96.4%	92.0%	92.0%	93.0%	99.0%
City of San Marcos	92.9%	7.1%	97.4%	87.0%	89.0%	90.9%	98.9%
City of Santee	96.9%	3.1%	98.3%	94.4%	95.4%	96.1%	99.1%
City of Solana Beach	96.9%	3.1%	97.8%	99.4%	92.4%	96.2%	99.3%
City of Vista	88.9%	11.1%	94.6%	85.8%	85.0%	83.0%	98.4%
Unincorporated	94.1%	5.9%	96.1%	90.6%	90.0%	93.2%	99.3%
San Diego County	93.6%	6.4%	96.2%	90.5%	90.4%	92.4%	99.1%
California	93.4%	6.6%	96.8%	89.9%	89.7%	92.1%	98.9%
United States	91.6%	8.4%	94.5%	86.2%	86.5%	90.8%	99.2%



Please note that beginning in 2017, age groups changed so the 2017 and 2018 data will not be comparable to previous years.

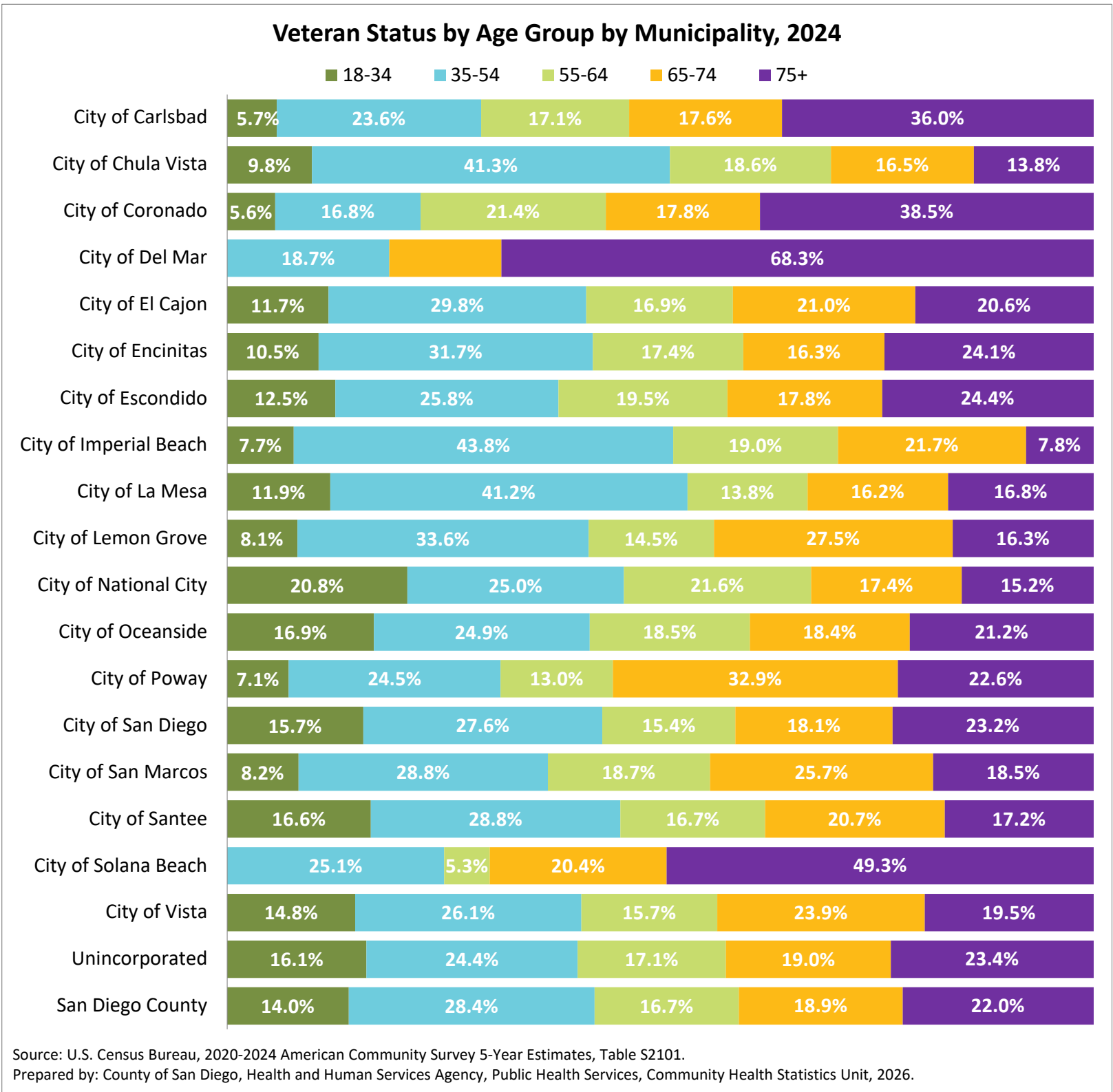
This indicator provides the percent of the civilian noninstitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2024, 93.6% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 6.4% did not. The percentage of children under the age of 19 without health insurance coverage was 3.8% (96.2% did have health insurance coverage).

Veterans by Age Group

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table S2101.

Geography	Veterans by Age Group				
	18-34	35-54	55-64	65-74	75+
City of Carlsbad	5.7%	23.6%	17.1%	17.6%	36.0%
City of Chula Vista	9.8%	41.3%	18.6%	16.5%	13.8%
City of Coronado	5.6%	16.8%	21.4%	17.8%	38.5%
City of Del Mar	0.0%	18.7%	0.0%	12.9%	68.3%
City of El Cajon	11.7%	29.8%	16.9%	21.0%	20.6%
City of Encinitas	10.5%	31.7%	17.4%	16.3%	24.1%
City of Escondido	12.5%	25.8%	19.5%	17.8%	24.4%
City of Imperial Beach	7.7%	43.8%	19.0%	21.7%	7.8%
City of La Mesa	11.9%	41.2%	13.8%	16.2%	16.8%
City of Lemon Grove	8.1%	33.6%	14.5%	27.5%	16.3%
City of National City	20.8%	25.0%	21.6%	17.4%	15.2%
City of Oceanside	16.9%	24.9%	18.5%	18.4%	21.2%
City of Poway	7.1%	24.5%	13.0%	32.9%	22.6%
City of San Diego	15.7%	27.6%	15.4%	18.1%	23.2%
City of San Marcos	8.2%	28.8%	18.7%	25.7%	18.5%
City of Santee	16.6%	28.8%	16.7%	20.7%	17.2%
City of Solana Beach	0.0%	25.1%	5.3%	20.4%	49.3%
City of Vista	14.8%	26.1%	15.7%	23.9%	19.5%
Unincorporated	16.1%	24.4%	17.1%	19.0%	23.4%
San Diego County	14.0%	28.4%	16.7%	18.9%	22.0%
California	10.0%	22.9%	16.2%	21.3%	29.6%
United States	8.4%	23.9%	18.6%	22.8%	26.4%



This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: Two out of every five civilian veterans (40.9%) in San Diego County in 2024 were 65 years and over.



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The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.