



2020-2024

DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
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LIVE WELL
SAN DIEGO

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Table of Contents

Clicking on the contents below will take you to the data without scrolling through the document

Page #

Introduction

History	1
Source of Data	1
Methodology	2

Demographic Indicators

Total Population by Age Group	4
Older Adult Population by Age Group	5
Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)	6
Older Adults by Household Type	7
Older Adult: Labor Force and Poverty	8
Population with a Disability by Age Group	9
Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren	10
Health Insurance Status	11
Veterans by Age Group	12

Introduction to the Demographic Profiles: Older Adult Subset

History

The Community Health Statistics Unit (CHSU), under the Health and Human Services Agency (HHS) Public Health Services Division, was formed in 2005 to provide a single point of contact for public health data and support to the HHS Regions and their communities. CHSU generates publications including: the Community Health Profiles, topic specific reports (e.g., older adult falls, economic burden of disease, health disparities, and health status), health briefs, fact sheets, atlases, and the demographic profiles, all of which are available at www.sdhealthstatistics.com.

The *Demographic Profiles: Older Adult Subset* are a compilation of information relating to demographic characteristics of the older resident population in San Diego County. Each profile contains demographic data for each HHS Region and subregional area (SRA).

The purpose of the *Demographic Profiles: Older Adult Subset* is to provide detailed information about the characteristics of the older adult population living in San Diego County. It is designed to help HHS staff in each of the Health and Human Services Regions (Regions) and other local organizations, including *Live Well San Diego* recognized partners, identify and prioritize needs within their communities. These profiles are made available to the public health community and public policymakers to better understand and manage the health and well-being of the residents of our County.

Source of Data

The Census is conducted every 10 years to provide an official count of the entire population in the United States to Congress. The American Community Survey (ACS), on the other hand, is conducted every year by the U.S. Census Bureau to provide more current estimates of the population. The ACS collects sociodemographic and economic data annually; topics include educational attainment, income, poverty, disability, health insurance, workforce and more to describe the population living in the United States. Per Title 13, U.S. Code, completing either or both the Census and the ACS is required by law if your household is selected. Personal identification is protected, but data in aggregate form is released to provide information needed for planning purposes and programs.

If you are looking for official population totals, the U.S. Census Bureau recommends using the 2010 or 2020 Census. However, the ACS provides a more current picture of the population and its characteristics. While ACS estimates are derived from a much smaller sample, data are collected from a representative sample of the population in the nation. Because ACS variables may change over time, some areas and subjects must be compared with caution or not compared at all.

The Census Bureau recommends that you^{1,2}:

- DO compare similar period lengths, for example, 5-year to 5-year.
- DON'T compare estimates from different period lengths, for example, 1-year to 5-year.
- DO compare estimates from non-overlapping periods, for example, compare a 2015-2019 ACS 5-year estimate to a 2020-2024 ACS 5-year estimate.
- DON'T compare overlapping periods, for example, the 2018-2022 ACS 5-year estimates to the 2020-2024 ACS 5-year estimates.

Why use 5-year estimates?^{1,2}

- Cover 60 months of collected data; for example, from January 1, 2020 to December 31, 2024.
- Data is collected for all areas (including census blocks and tracts), which makes this the largest sample size
- Most reliable, but least current
- Released every year since 2009

More American Community Survey (ACS) data available online at <https://data.census.gov/>.

For more information regarding the methodology of the ACS Survey, please go to <https://www.census.gov/programs-surveys/acs/methodology.html>.

Methodology

Data is downloaded at the census tract level and cross walked into meaningful communities in our area. San Diego County has 41 Subregional Areas (SRAs), which are aggregations of census tracts defined by San Diego Association of Governments (SANDAG), not the Census Bureau. While the boundaries of many geographical areas, such as cities, change over time, SRA boundaries have remained essentially the same since their formation which allows for meaningful comparisons of time series information because identical areas are being compared.

More information on SANDAG and subregional areas can be accessed at <http://www.sandag.org/>.

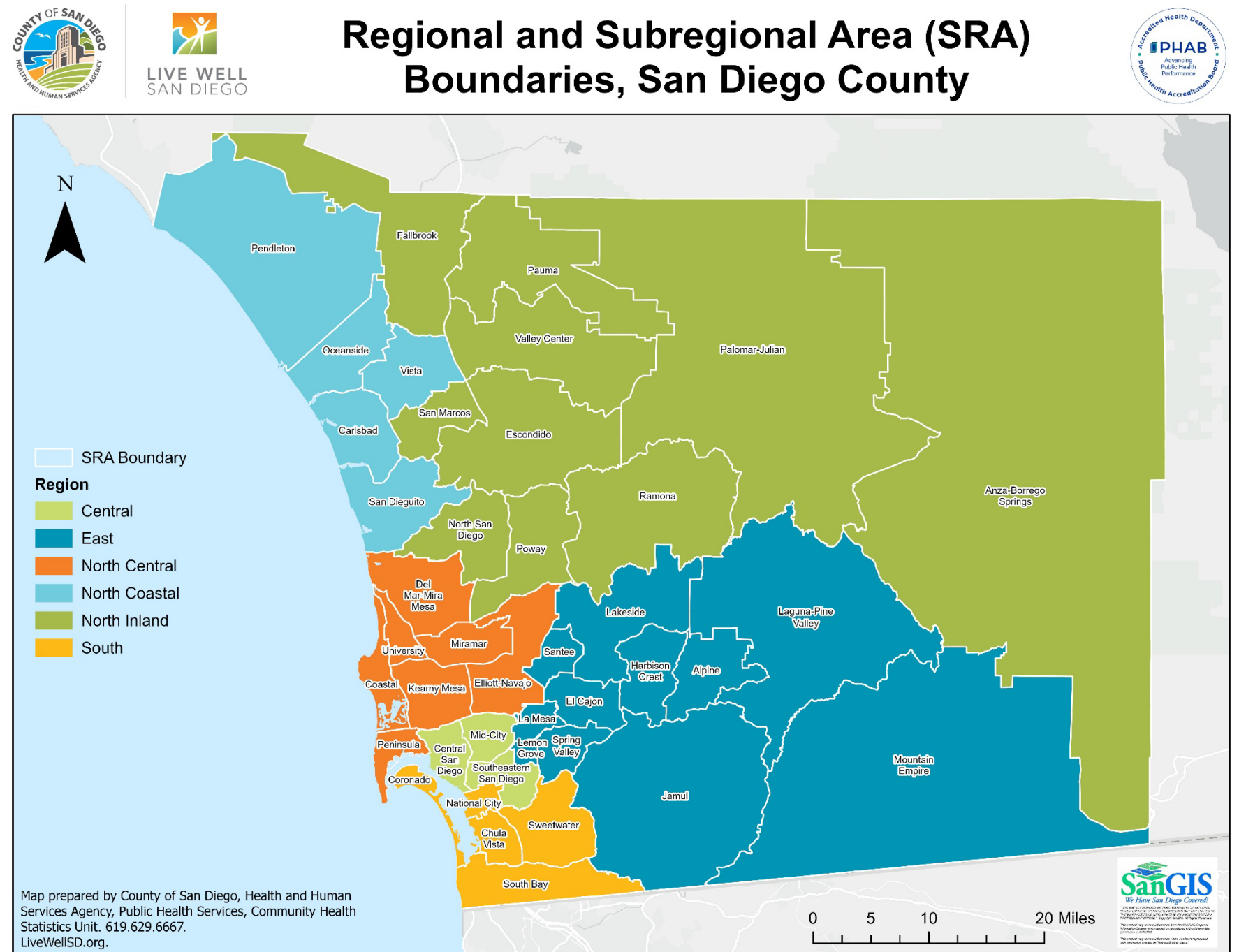
Please note that the indicators in the demographic profiles are reviewed every year. Indicators will be added per number of requests showing the need for these to be included and/or modified as needed.

For the 2020-2024 version, indicators included in this subset were not modified or added.

References:

1. <https://www.census.gov/programs-surveys/acs/guidance/comparing-acs-data.html>
2. <https://www.census.gov/programs-surveys/acs/guidance/estimates.html>
3. San Diego Association of Governments (SANDAG). (2014). *Demystifying geographies: Peeling back the layers*. Retrieved from <https://www.sandag.org/> on July 28, 2021.

For researchers: The U.S. Census Bureau publishes a margin of error (MOE) for each ACS estimate. For the purposes of these profiles, the MOEs are not considered as these are the best estimates for our geographies.



Please visit the County of San Diego's data access portal to download demographic profile data and/or health outcome data: <https://data.sandiegocounty.gov>.

For additional information, contact:

Community Health Statistics Unit
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www.sdhealthstatistics.com
619-692-6667

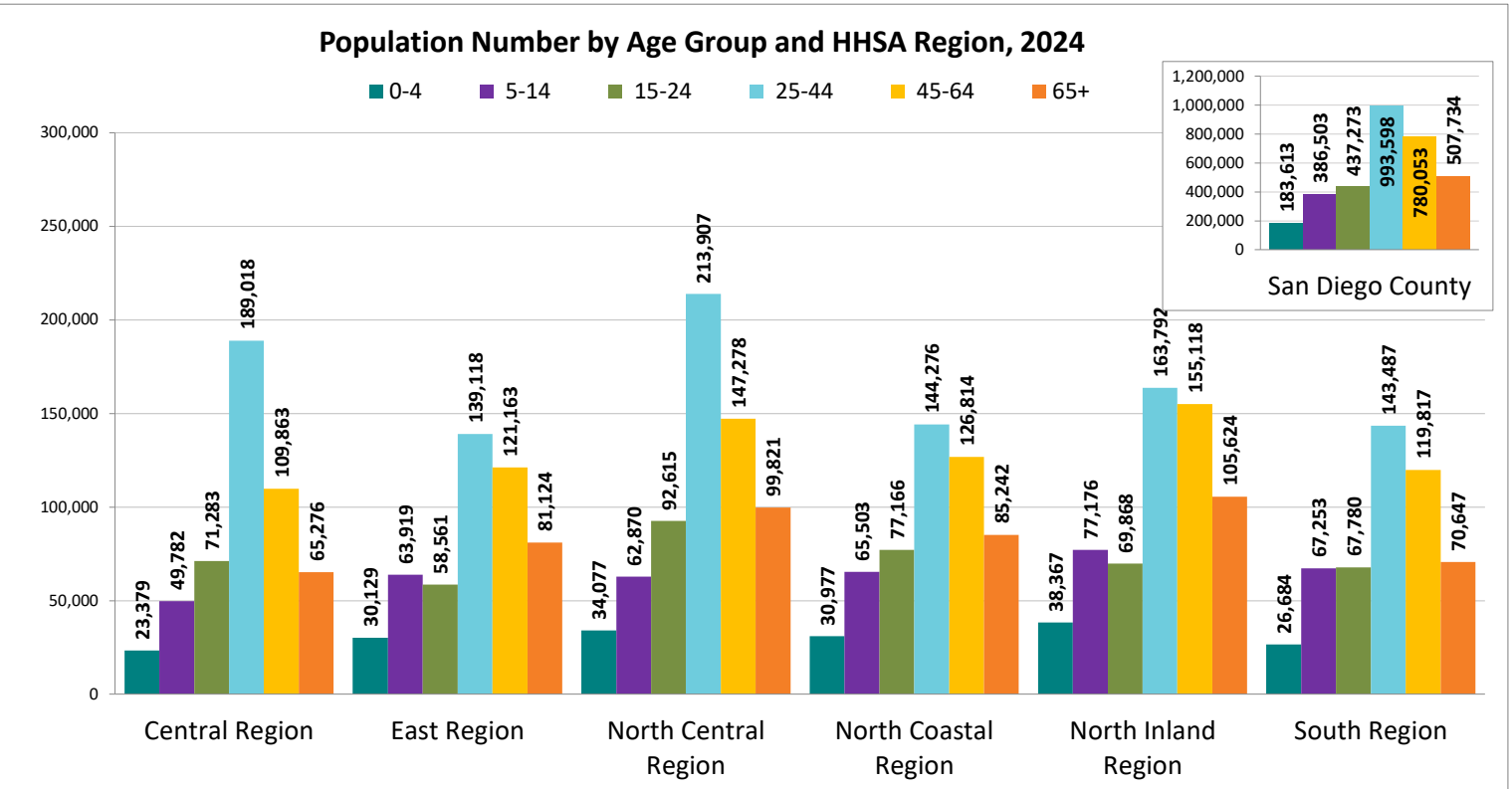
2020-2024 DEMOGRAPHIC PROFILES: OLDER ADULT SUBSET

DEMOGRAPHIC INDICATORS

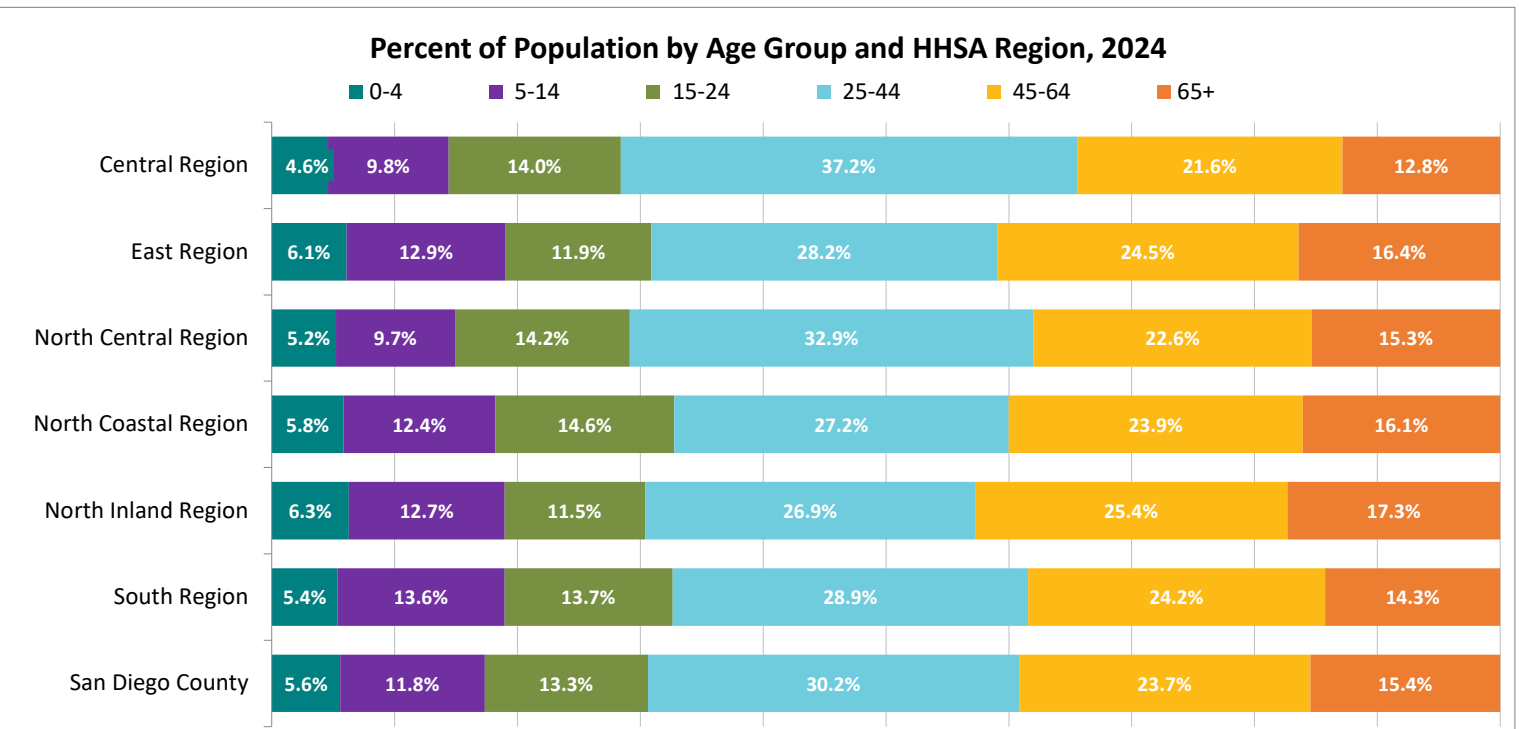
This indicator shows the number and percent of the population by age group in each geography.

How to interpret these data: In 2024, 15.4% (507,734) of San Diego County's population was 65 years and over.

Geography	0-4		5-14		15-24		25-44		45-64		65+	
	#	%	#	%	#	%	#	%	#	%	#	%
Central Region	23,379	4.6%	49,782	9.8%	71,283	14.0%	189,018	37.2%	109,863	21.6%	65,276	12.8%
Central San Diego	6,347	3.5%	9,267	5.1%	17,082	9.4%	85,808	47.2%	39,507	21.7%	23,688	13.0%
Mid-City	9,357	5.4%	18,370	10.6%	33,444	19.3%	57,881	33.4%	35,266	20.4%	18,807	10.9%
Southeastern San Diego	7,675	5.0%	22,145	14.4%	20,757	13.5%	45,329	29.5%	35,090	22.8%	22,781	14.8%
East Region	30,129	6.1%	63,919	12.9%	58,561	11.9%	139,118	28.2%	121,163	24.5%	81,124	16.4%
Alpine	849	5.2%	1,982	12.2%	1,607	9.9%	4,430	27.2%	4,372	26.8%	3,060	18.8%
El Cajon	8,864	6.8%	18,247	13.9%	16,671	12.7%	37,412	28.6%	30,057	23.0%	19,705	15.0%
Harbison Crest	1,036	6.9%	1,401	9.4%	1,572	10.5%	3,314	22.1%	3,814	25.5%	3,841	25.6%
Jamul	789	4.3%	2,312	12.6%	2,090	11.4%	4,489	24.4%	5,341	29.0%	3,376	18.4%
La Mesa	4,326	6.8%	7,561	12.0%	6,167	9.8%	21,131	33.4%	13,920	22.0%	10,138	16.0%
Laguna-Pine Valley	168	3.0%	741	13.1%	723	12.8%	1,264	22.4%	1,291	22.9%	1,453	25.8%
Lakeside	3,692	5.8%	8,927	14.1%	9,251	14.6%	16,348	25.9%	15,249	24.1%	9,735	15.4%
Lemon Grove	1,685	5.2%	4,430	13.6%	4,272	13.1%	9,442	29.0%	8,074	24.8%	4,682	14.4%
Mountain Empire	237	3.0%	992	12.7%	817	10.5%	1,680	21.5%	2,417	31.0%	1,666	21.3%
Santee	3,736	6.7%	6,951	12.4%	4,866	8.7%	16,134	28.8%	14,713	26.3%	9,537	17.0%
Spring Valley	4,747	5.6%	10,375	12.2%	10,525	12.4%	23,474	27.6%	21,915	25.8%	13,931	16.4%
North Central Region	34,077	5.2%	62,870	9.7%	92,615	14.2%	213,907	32.9%	147,278	22.6%	99,821	15.3%
Coastal	2,796	3.7%	5,072	6.7%	7,690	10.2%	29,319	39.0%	15,924	21.2%	14,365	19.1%
Del Mar-Mira Mesa	9,508	5.5%	21,468	12.3%	18,367	10.6%	50,926	29.3%	47,800	27.5%	25,841	14.9%
Elliott-Navajo	6,679	6.9%	13,021	13.5%	9,451	9.8%	29,006	30.0%	21,814	22.6%	16,749	17.3%
Kearny Mesa	8,939	5.3%	13,708	8.1%	23,053	13.6%	59,463	35.2%	39,052	23.1%	24,862	14.7%
Miramar	317	7.2%	551	12.5%	2,339	53.2%	1,088	24.8%	99	2.3%	0	0.0%
Peninsula	3,969	6.0%	5,337	8.1%	8,900	13.5%	24,165	36.6%	13,236	20.1%	10,364	15.7%
University	1,869	2.9%	3,713	5.7%	22,815	34.9%	19,940	30.5%	9,353	14.3%	7,640	11.7%
North Coastal Region	30,977	5.8%	65,503	12.4%	77,166	14.6%	144,276	27.2%	126,814	23.9%	85,242	16.1%
Carlsbad	6,085	4.9%	16,997	13.7%	12,647	10.2%	30,921	24.9%	32,717	26.4%	24,639	19.9%
Oceanside	9,107	5.5%	18,760	11.4%	20,898	12.7%	48,408	29.4%	42,075	25.5%	25,454	15.5%
Pendleton	4,265	10.6%	3,900	9.6%	20,467	50.6%	11,205	27.7%	514	1.3%	64	0.2%
San Dieguito	4,652	4.9%	11,906	12.5%	8,954	9.4%	22,883	24.0%	26,805	28.1%	20,251	21.2%
Vista	6,868	6.5%	13,940	13.2%	14,200	13.5%	30,859	29.3%	24,703	23.4%	14,834	14.1%
North Inland Region	38,367	6.3%	77,176	12.7%	69,868	11.5%	163,792	26.9%	155,118	25.4%	105,624	17.3%
Anza-Borrego Springs	5	0.1%	61	1.8%	293	8.5%	308	8.9%	1,352	39.2%	1,426	41.4%
Escondido	11,132	6.5%	21,030	12.3%	22,040	12.9%	50,166	29.4%	41,717	24.5%	24,444	14.3%
Fallbrook	4,232	7.9%	7,080	13.2%	5,736	10.7%	13,813	25.8%	12,161	22.7%	10,504	19.6%
North San Diego	8,154	6.7%	15,546	12.8%	12,562	10.4%	33,208	27.4%	31,368	25.9%	20,380	16.8%
Palomar-Julian	153	2.7%	470	8.3%	248	4.4%	1,227	21.7%	1,361	24.1%	2,186	38.7%
Pauma	420	6.1%	952	13.7%	835	12.0%	1,515	21.8%	2,232	32.2%	988	14.2%
Poway	4,739	5.4%	11,951	13.6%	8,596	9.8%	21,021	23.9%	24,047	27.4%	17,465	19.9%
Ramona	1,905	5.3%	4,393	12.1%	4,606	12.7%	8,914	24.6%	10,345	28.6%	6,012	16.6%
San Marcos	6,148	6.2%	12,911	13.0%	12,242	12.4%	27,424	27.7%	24,168	24.4%	16,231	16.4%
Valley Center	1,479	5.8%	2,782	10.9%	2,710	10.6%	6,196	24.3%	6,367	24.9%	5,988	23.5%
South Region	26,684	5.4%	67,253	13.6%	67,780	13.7%	143,487	28.9%	119,817	24.2%	70,647	14.3%
Chula Vista	6,468	5.5%	15,270	13.0%	15,629	13.3%	35,043	29.8%	26,971	23.0%	18,033	15.4%
Coronado	690	3.5%	2,123	10.7%	3,576	18.0%	4,525	22.8%	4,764	24.0%	4,201	21.1%
National City	2,564	4.4%	7,637	13.2%	8,297	14.3%	18,464	31.8%	12,310	21.2%	8,768	15.1%
South Bay	7,414	5.5%	17,944	13.3%	18,172	13.4%	40,210	29.7%	33,086	24.4%	18,560	13.7%
Sweetwater	9,548	5.8%	24,279	14.7%	22,106	13.4%	45,245	27.4%	42,686	25.9%	21,085	12.8%
San Diego County	183,613	5.6%	386,503	11.8%	437,273	13.3%	993,598	30.2%	780,053	23.7%	507,734	15.4%



Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.



Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

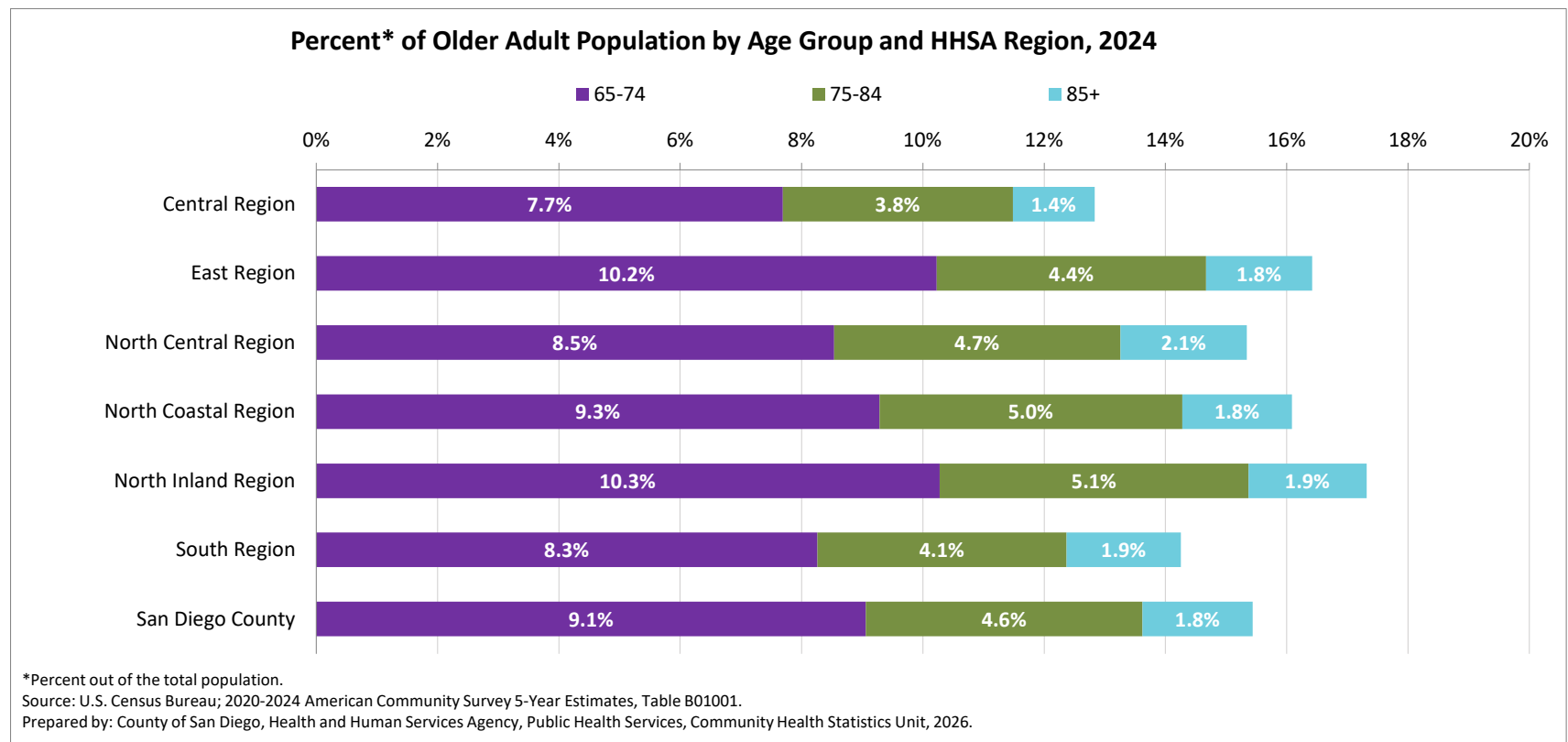
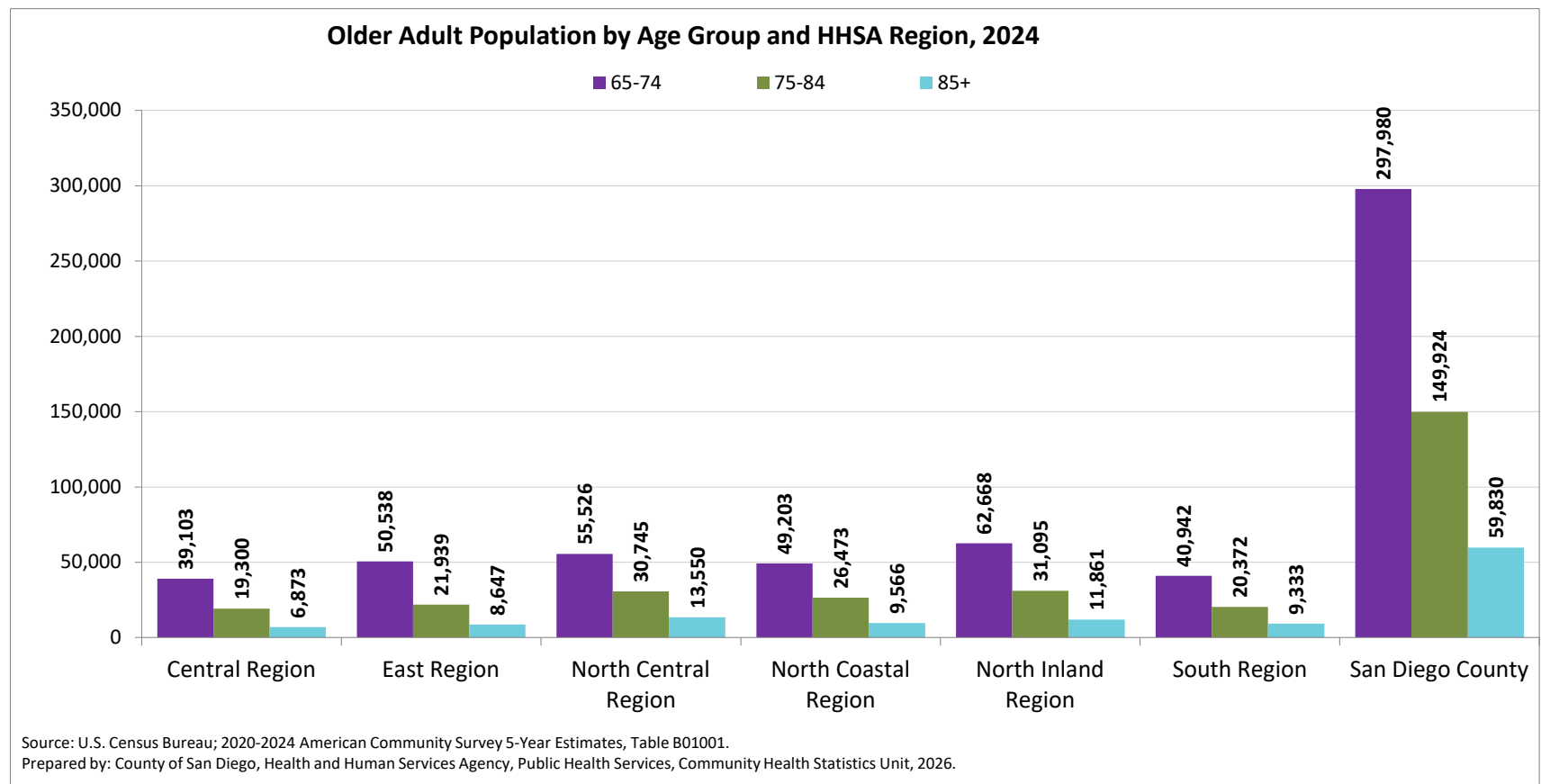
Older Adult Population by Age Group

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows the older adult population by age group. Number (#) represents the number of older adults in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography.

How to interpret these data: In 2024, 9.1% of San Diego County's population were between the ages of 65-74, 4.6% were between 75-84, and 1.8% were 85 years and older.

Geography	Total Population	65-74		75-84		85+	
	#	#	%	#	%	#	%
Central Region	508,601	39,103	7.7%	19,300	3.8%	6,873	1.4%
Central San Diego	181,699	13,934	7.7%	7,415	4.1%	2,339	1.3%
Mid-City	173,125	11,560	6.7%	5,511	3.2%	1,736	1.0%
Southeastern San Diego	153,777	13,609	8.8%	6,374	4.1%	2,798	1.8%
East Region	494,014	50,538	10.2%	21,939	4.4%	8,647	1.8%
Alpine	16,300	1,774	10.9%	1,090	6.7%	196	1.2%
El Cajon	130,956	12,348	9.4%	5,189	4.0%	2,168	1.7%
Harbison Crest	14,978	2,039	13.6%	1,236	8.3%	566	3.8%
Jamul	18,397	2,394	13.0%	861	4.7%	121	0.7%
La Mesa	63,243	5,990	9.5%	2,756	4.4%	1,392	2.2%
Laguna-Pine Valley	5,640	998	17.7%	404	7.2%	51	0.9%
Lakeside	63,202	6,381	10.1%	2,356	3.7%	998	1.6%
Lemon Grove	32,585	3,226	9.9%	1,041	3.2%	415	1.3%
Mountain Empire	7,809	1,186	15.2%	376	4.8%	104	1.3%
Santee	55,937	5,974	10.7%	2,817	5.0%	746	1.3%
Spring Valley	84,967	8,228	9.7%	3,813	4.5%	1,890	2.2%
North Central Region	650,568	55,526	8.5%	30,745	4.7%	13,550	2.1%
Coastal	75,166	7,301	9.7%	5,165	6.9%	1,899	2.5%
Del Mar-Mira Mesa	173,910	15,931	9.2%	7,332	4.2%	2,578	1.5%
Elliott-Navajo	96,720	8,772	9.1%	5,109	5.3%	2,868	3.0%
Kearny Mesa	169,077	14,173	8.4%	7,141	4.2%	3,548	2.1%
Miramar	4,394	0	0.0%	0	0.0%	0	0.0%
Peninsula	65,971	6,158	9.3%	3,300	5.0%	906	1.4%
University	65,330	3,191	4.9%	2,698	4.1%	1,751	2.7%
North Coastal Region	529,978	49,203	9.3%	26,473	5.0%	9,566	1.8%
Carlsbad	124,006	13,100	10.6%	9,244	7.5%	2,295	1.9%
Oceanside	164,702	15,398	9.3%	6,835	4.1%	3,221	2.0%
Pendleton	40,415	5	0.0%	59	0.1%	0	0.0%
San Dieguito	95,451	11,333	11.9%	6,442	6.7%	2,476	2.6%
Vista	105,404	9,367	8.9%	3,893	3.7%	1,574	1.5%
North Inland Region	609,945	62,668	10.3%	31,095	5.1%	11,861	1.9%
Anza-Borrego Springs	3,445	800	23.2%	557	16.2%	69	2.0%
Escondido	170,529	14,536	8.5%	6,834	4.0%	3,074	1.8%
Fallbrook	53,526	6,397	12.0%	2,884	5.4%	1,223	2.3%
North San Diego	121,218	12,163	10.0%	6,146	5.1%	2,071	1.7%
Palomar-Julian	5,645	1,407	24.9%	693	12.3%	86	1.5%
Pauma	6,942	635	9.1%	306	4.4%	47	0.7%
Poway	87,819	10,527	12.0%	5,223	5.9%	1,715	2.0%
Ramona	36,175	3,653	10.1%	1,852	5.1%	507	1.4%
San Marcos	99,124	8,941	9.0%	4,729	4.8%	2,561	2.6%
Valley Center	25,522	3,609	14.1%	1,871	7.3%	508	2.0%
South Region	495,668	40,942	8.3%	20,372	4.1%	9,333	1.9%
Chula Vista	117,414	10,466	8.9%	5,028	4.3%	2,539	2.2%
Coronado	19,879	1,798	9.0%	1,599	8.0%	804	4.0%
National City	58,040	5,110	8.8%	2,197	3.8%	1,461	2.5%
South Bay	135,386	10,772	8.0%	5,969	4.4%	1,819	1.3%
Sweetwater	164,949	12,796	7.8%	5,579	3.4%	2,710	1.6%
San Diego County	3,288,774	297,980	9.1%	149,924	4.6%	59,830	1.8%



Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)*

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B17024.

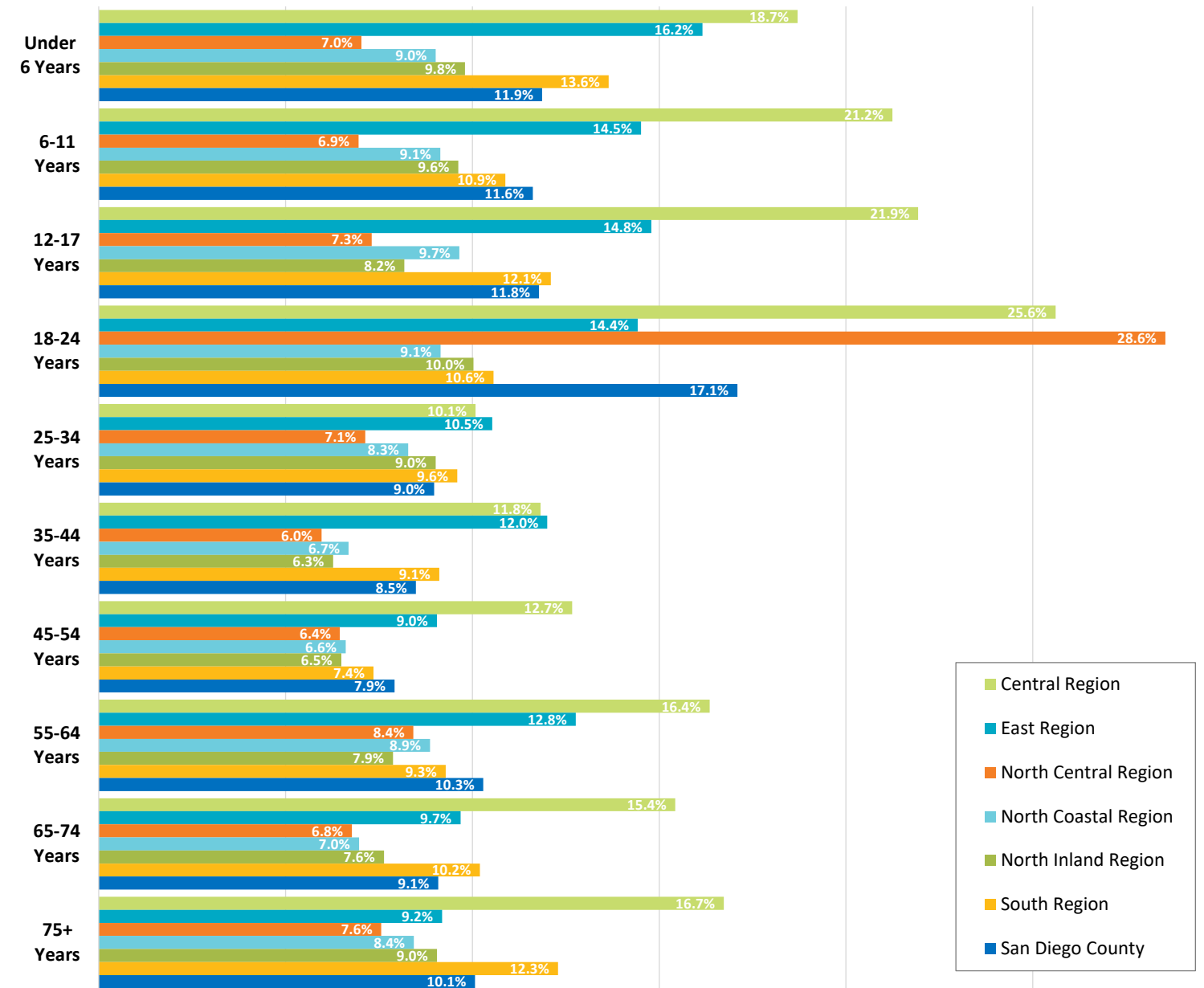
Geography	Under 6 Years	6-11 Years	12-17 Years	18-24 Years	25-34 Years	35-44 Years	45-54 Years	55-64 Years	65-74 Years	75+ Years
Central Region	18.7%	21.2%	21.9%	25.6%	10.1%	11.8%	12.7%	16.4%	15.4%	16.7%
Central San Diego	14.1%	20.6%	19.7%	20.3%	8.5%	11.1%	12.1%	21.1%	17.2%	17.8%
Mid-City	26.9%	26.7%	26.4%	37.8%	11.8%	13.2%	16.6%	14.9%	16.9%	18.0%
Southeastern San Diego	13.5%	16.9%	19.3%	10.9%	11.1%	11.4%	9.1%	12.8%	12.4%	14.7%
East Region	16.2%	14.5%	14.8%	14.4%	10.5%	12.0%	9.0%	12.8%	9.7%	9.2%
Alpine	25.4%	40.0%	7.2%	16.8%	12.4%	15.2%	9.8%	7.1%	7.2%	4.1%
El Cajon	25.9%	21.2%	23.4%	19.2%	15.4%	20.3%	15.3%	17.1%	12.5%	9.3%
Harbison Crest	12.0%	9.8%	6.7%	16.4%	2.7%	6.3%	7.4%	9.5%	5.0%	5.4%
Jamul	3.9%	8.5%	9.7%	5.6%	3.0%	5.9%	3.1%	12.0%	4.9%	8.8%
La Mesa	18.7%	10.3%	12.3%	15.9%	10.2%	9.1%	8.1%	14.5%	6.8%	10.3%
Laguna-Pine Valley	0.0%	0.0%	9.4%	4.5%	8.0%	9.5%	0.7%	5.6%	5.4%	10.7%
Lakeside	12.0%	13.0%	10.2%	11.0%	9.6%	6.6%	7.6%	9.0%	8.5%	8.2%
Lemon Grove	3.6%	6.8%	17.4%	11.1%	5.2%	8.4%	6.3%	15.8%	11.5%	6.1%
Mountain Empire	20.9%	46.5%	26.0%	26.4%	25.7%	43.2%	28.5%	30.1%	31.0%	18.3%
Santee	9.7%	11.0%	7.7%	9.7%	5.9%	7.1%	5.6%	6.7%	8.5%	14.0%
Spring Valley	9.9%	7.9%	13.5%	12.9%	9.5%	9.6%	5.6%	11.5%	9.2%	8.2%
North Central Region	7.0%	6.9%	7.3%	28.6%	7.1%	6.0%	6.4%	8.4%	6.8%	7.6%
Coastal	4.2%	8.7%	6.3%	17.8%	5.0%	7.2%	7.6%	8.4%	6.5%	4.2%
Del Mar-Mira Mesa	2.8%	5.1%	4.7%	13.9%	5.4%	3.9%	4.2%	5.0%	6.1%	5.5%
Elliott-Navajo	5.7%	7.0%	4.8%	16.3%	7.9%	4.1%	3.4%	10.0%	4.1%	6.7%
Kearny Mesa	11.5%	8.2%	11.8%	21.9%	7.1%	7.4%	7.4%	9.0%	8.0%	11.5%
Miramar	3.9%	9.0%	25.8%	10.6%	5.1%	8.9%	0.0%	0.0%	0.0%	0.0%
Peninsula	7.2%	7.9%	8.8%	31.7%	9.9%	6.5%	12.3%	14.9%	8.3%	9.2%
University	15.9%	9.4%	11.0%	61.8%	10.4%	9.2%	10.0%	11.0%	9.7%	8.1%
North Coastal Region	9.0%	9.1%	9.7%	9.1%	8.3%	6.7%	6.6%	8.9%	7.0%	8.4%
Carlsbad	5.6%	7.2%	12.9%	10.5%	4.2%	5.5%	7.3%	9.4%	5.6%	7.6%
Oceanside	7.2%	10.6%	9.4%	6.4%	8.6%	7.9%	6.5%	10.1%	8.8%	11.2%
Pendleton	10.7%	7.1%	0.0%	5.0%	10.7%	2.4%	23.4%	0.0%	0.0%	0.0%
San Dieguito	7.4%	7.3%	6.7%	9.3%	7.7%	5.4%	3.6%	5.3%	5.0%	6.0%
Vista	14.5%	11.8%	9.6%	14.1%	10.6%	8.2%	8.4%	10.0%	8.3%	9.0%
North Inland Region	9.8%	9.6%	8.2%	10.0%	9.0%	6.3%	6.5%	7.9%	7.6%	9.0%
Anza-Borrego Springs	38.5%	.	13.6%	9.0%	3.1%	4.0%	3.6%	2.5%	2.6%	4.5%
Escondido	11.3%	16.5%	14.1%	11.3%	10.6%	10.8%	11.3%	11.3%	9.8%	12.6%
Fallbrook	22.1%	12.8%	13.8%	7.9%	12.2%	8.2%	8.5%	6.8%	6.4%	7.9%
North San Diego	7.8%	5.0%	4.3%	6.0%	5.3%	2.8%	3.4%	3.9%	6.6%	3.6%
Palomar-Julian	4.5%	5.1%	2.0%	21.6%	21.6%	17.9%	8.5%	16.8%	7.5%	18.0%
Pauma	9.5%	16.3%	16.6%	17.2%	6.7%	8.3%	3.3%	7.8%	2.2%	6.8%
Poway	4.9%	3.8%	2.1%	7.7%	7.2%	3.9%	3.8%	5.1%	3.4%	4.1%
Ramona	9.6%	6.0%	3.2%	4.8%	7.4%	4.4%	1.6%	5.0%	5.3%	6.3%
San Marcos	7.3%	10.0%	7.9%	14.9%	11.5%	4.4%	7.2%	10.4%	10.6%	16.2%
Valley Center	2.0%	4.1%	5.5%	10.9%	1.8%	5.7%	5.7%	9.3%	14.0%	9.2%
South Region	13.6%	10.9%	12.1%	10.6%	9.6%	9.1%	7.4%	9.3%	10.2%	12.3%
Chula Vista	18.1%	12.6%	17.7%	12.0%	9.1%	13.6%	8.6%	12.5%	13.0%	12.5%
Coronado	4.2%	2.5%	3.8%	0.7%	13.1%	3.7%	3.0%	4.1%	4.0%	6.1%
National City	16.0%	21.1%	17.7%	11.6%	12.3%	13.0%	13.0%	15.2%	13.7%	25.0%
South Bay	18.6%	14.7%	14.2%	13.0%	10.6%	8.2%	9.8%	11.9%	11.8%	13.6%
Sweetwater	7.2%	4.3%	6.3%	7.7%	7.7%	5.6%	3.9%	3.6%	6.1%	7.3%
San Diego County	11.9%	11.6%	11.8%	17.1%	9.0%	8.5%	7.9%	10.3%	9.1%	10.1%

*This indicator provides the percentage of the population within specified age groups that live in poverty. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: An estimated 11.9% of children under the age of 6 lived below the poverty level, compared with 10.1% of people 75 years old and over in San Diego County in 2024.

Percent of the Population Below Poverty Level by Age Group* and HHS Region, 2024



*Refers to the percentage of people within the age group living below 100% of the federal poverty level (FPL).
Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B17024.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

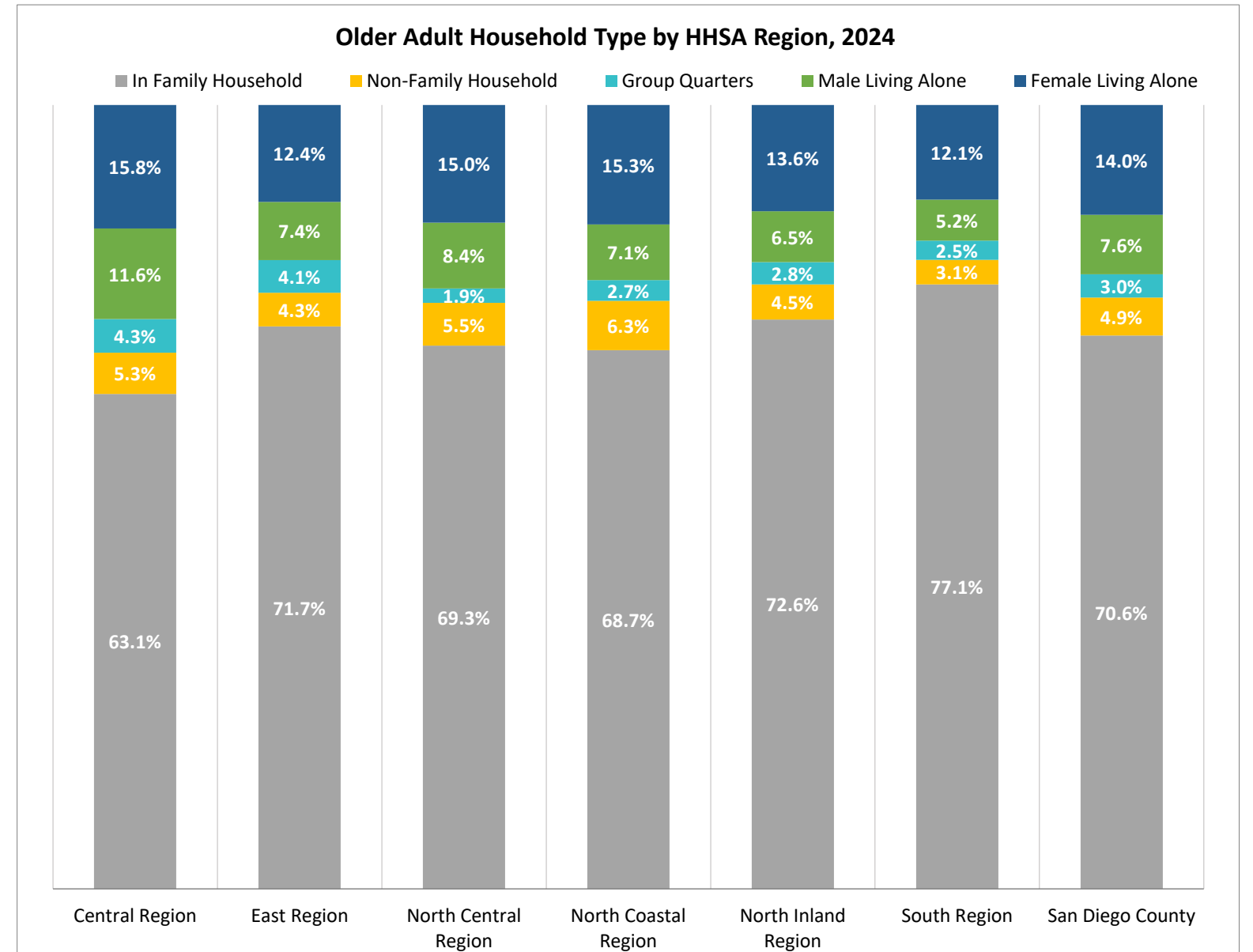
Older Adults by Household Type

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B09020.

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
Central Region	65,276	63.1%	5.3%	4.3%	11.6%	15.8%
Central San Diego	23,688	47.9%	6.4%	6.8%	18.2%	20.7%
Mid-City	18,807	59.8%	5.9%	3.5%	12.0%	18.8%
Southeastern San Diego	22,781	81.7%	3.6%	2.4%	4.2%	8.1%
East Region	81,124	71.7%	4.3%	4.1%	7.4%	12.4%
Alpine	3,060	83.1%	7.0%	0.1%	5.0%	4.9%
El Cajon	19,705	69.3%	3.5%	8.0%	9.3%	9.8%
Harbison Crest	3,841	77.4%	6.1%	0.0%	6.4%	10.0%
Jamul	3,376	81.4%	5.1%	0.8%	5.7%	6.9%
La Mesa	10,138	58.4%	5.8%	6.2%	10.2%	19.4%
Laguna-Pine Valley	1,453	72.7%	0.5%	1.2%	9.2%	16.4%
Lakeside	9,735	71.8%	6.9%	2.8%	7.1%	11.4%
Lemon Grove	4,682	73.8%	2.7%	4.0%	7.8%	11.7%
Mountain Empire	1,666	77.2%	4.1%	1.4%	7.2%	10.0%
Santee	9,537	69.4%	3.6%	3.3%	6.3%	17.4%
Spring Valley	13,931	78.6%	2.7%	2.2%	4.7%	11.8%
North Central Region	99,821	69.3%	5.5%	1.9%	8.4%	15.0%
Coastal	14,365	67.0%	6.9%	2.1%	8.2%	15.8%
Del Mar-Mira Mesa	25,841	81.9%	3.7%	1.1%	4.9%	8.3%
Elliott-Navajo	16,749	68.4%	4.8%	1.0%	7.8%	18.0%
Kearny Mesa	24,862	66.3%	6.7%	2.7%	8.7%	15.7%
Miramar	0	0.0%	0.0%	0.0%	0.0%	0.0%
Peninsula	10,364	57.1%	5.7%	3.0%	16.5%	17.7%
University	7,640	58.8%	5.6%	1.4%	10.0%	24.1%
North Coastal Region	85,242	68.7%	6.3%	2.7%	7.1%	15.3%
Carlsbad	24,639	69.8%	5.2%	1.6%	6.8%	16.6%
Oceanside	25,454	68.2%	6.8%	2.5%	6.5%	15.9%
Pendleton	64	0.0%	0.0%	7.8%	92.2%	0.0%
San Dieguito	20,251	67.0%	7.4%	2.7%	6.6%	16.2%
Vista	14,834	70.4%	5.7%	4.4%	8.8%	10.7%
North Inland Region	105,624	72.6%	4.5%	2.8%	6.5%	13.6%
Anza-Borrego Springs	1,426	59.8%	6.8%	0.2%	12.8%	20.4%
Escondido	24,444	69.5%	5.2%	3.7%	6.9%	14.7%
Fallbrook	10,504	77.2%	4.5%	2.6%	5.6%	10.1%
North San Diego	20,380	75.0%	2.7%	3.4%	4.4%	14.6%
Palomar-Julian	2,186	54.4%	10.2%	0.7%	13.8%	20.9%
Pauma	988	85.8%	4.5%	1.7%	3.3%	4.7%
Poway	17,465	76.9%	2.5%	1.7%	6.1%	12.9%
Ramona	6,012	74.2%	4.7%	1.3%	7.4%	12.4%
San Marcos	16,231	68.2%	5.5%	4.1%	7.4%	14.7%
Valley Center	5,988	74.8%	8.1%	0.4%	7.7%	9.0%
South Region	70,647	77.1%	3.1%	2.5%	5.2%	12.1%
Chula Vista	18,033	71.8%	3.9%	1.9%	7.9%	14.6%
Coronado	4,201	70.6%	3.8%	2.5%	6.0%	17.2%
National City	8,768	70.1%	2.9%	4.9%	5.2%	17.0%
South Bay	18,560	79.2%	3.2%	2.7%	5.0%	9.9%
Sweetwater	21,085	84.0%	2.3%	1.7%	3.0%	8.9%
San Diego County	507,734	70.6%	4.9%	3.0%	7.6%	14.0%

This indicator explores the type of household that older adults, ages 65+, lived in. Types of households are classified by presence of relatives. Please note that estimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of older adults by households type data presented here includes the older adult population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers' dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of older adults ages 65 and older in San Diego County in 2024, 70.6% lived in a family household. However, over one-fifth (21.6%) of the older adult population was living alone (14.0% female and 7.6% male).



Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B09020. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Older Adults: Labor Force and Poverty

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	Older Adults, Aged 65+		
	In Labor Force	Living below 100% FPL	Living below 200% FPL
Central Region	19.8%	15.9%	35.5%
Central San Diego	22.1%	17.4%	37.2%
Mid-City	18.3%	17.3%	39.2%
Southeastern San Diego	18.6%	13.3%	30.8%
East Region	19.4%	9.5%	24.7%
Alpine	16.0%	5.9%	16.3%
El Cajon	20.3%	11.3%	33.0%
Harbison Crest	16.8%	5.2%	20.7%
Jamul	20.7%	6.1%	11.8%
La Mesa	20.0%	8.2%	21.6%
Laguna-Pine Valley	17.8%	7.1%	17.1%
Lakeside	17.6%	8.4%	25.1%
Lemon Grove	18.1%	9.9%	25.6%
Mountain Empire	26.1%	27.3%	43.9%
Santee	18.8%	10.5%	22.7%
Spring Valley	20.1%	8.8%	20.9%
North Central Region	21.5%	7.1%	17.1%
Coastal	24.1%	5.4%	14.1%
Del Mar-Mira Mesa	21.9%	5.9%	16.1%
Elliott-Navajo	18.4%	5.3%	14.2%
Kearny Mesa	20.3%	9.5%	22.4%
Miramar	0.0%	0.0%	0.0%
Peninsula	26.1%	8.7%	17.3%
University	19.6%	8.8%	15.2%
North Coastal Region	21.1%	7.6%	20.6%
Carlsbad	17.2%	6.5%	17.8%
Oceanside	21.8%	9.7%	27.5%
Pendleton	0.0%	0.0%	0.0%
San Dieguito	22.9%	5.4%	14.5%
Vista	24.1%	8.5%	21.5%
North Inland Region	19.7%	8.2%	19.9%
Anza-Borrego Springs	21.9%	3.4%	17.4%
Escondido	20.0%	10.9%	28.3%
Fallbrook	20.6%	7.0%	17.3%
North San Diego	16.0%	5.4%	13.8%
Palomar-Julian	19.9%	11.2%	25.3%
Pauma	21.4%	3.8%	16.1%
Poway	22.9%	3.7%	11.3%
Ramona	20.0%	5.7%	17.0%
San Marcos	19.1%	13.1%	25.3%
Valley Center	21.4%	12.1%	23.3%
South Region	17.2%	11.1%	27.8%
Chula Vista	17.5%	12.8%	36.7%
Coronado	17.8%	5.2%	12.8%
National City	16.1%	18.3%	41.2%
South Bay	13.7%	12.6%	30.9%
Sweetwater	20.6%	6.6%	14.8%
San Diego County	19.9%	9.5%	23.3%

This indicator explores two things in the older adult population (residents age 65 years and over). The labor force is the percentage who remain in the labor force* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

*In labor force refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

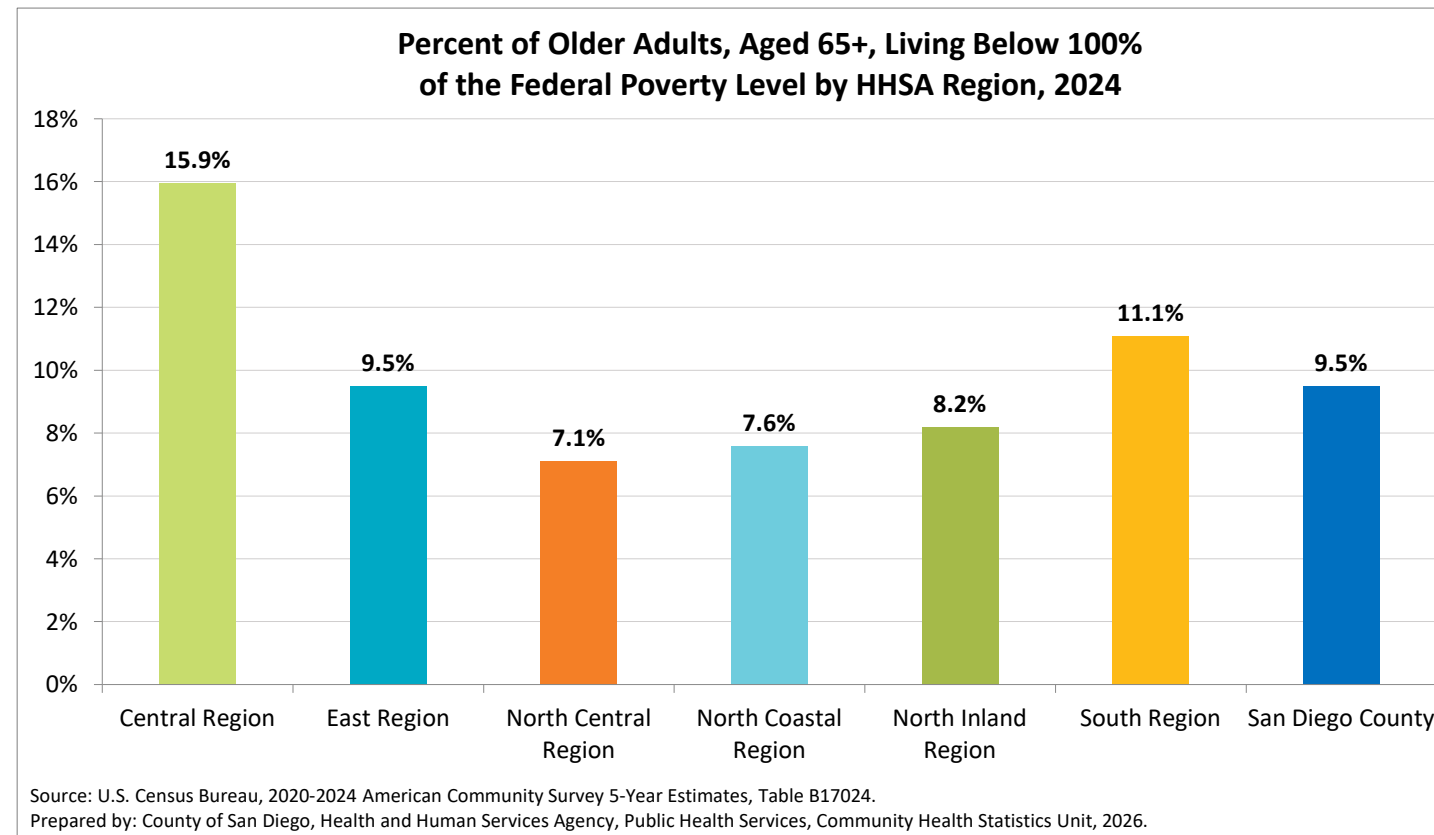
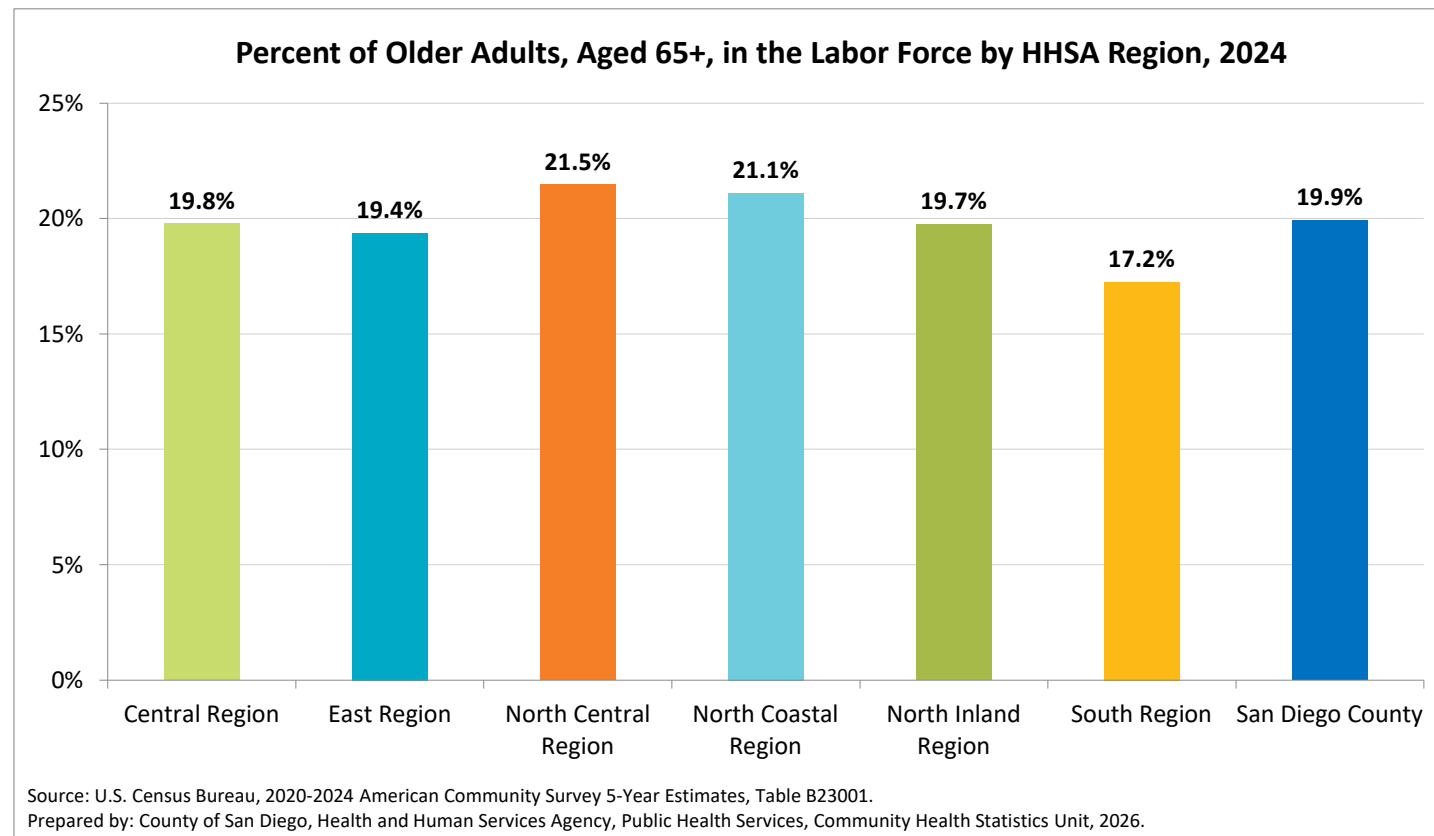
How to interpret these data: In 2024 in San Diego County, 19.9% of older adults, ages 65 and older, remained in the labor force.

Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

*Federal Poverty levels (FPL) refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based.

Please note that those with income below 100% FPL are included in the living below 200% FPL category and have much lower income.

How to interpret these data: In 2024 in San Diego County, an estimated 9.5% of people age 65 years and over had incomes below 100% of the Federal Poverty Level.



Population with a Disability by Age Group*

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table S1810.

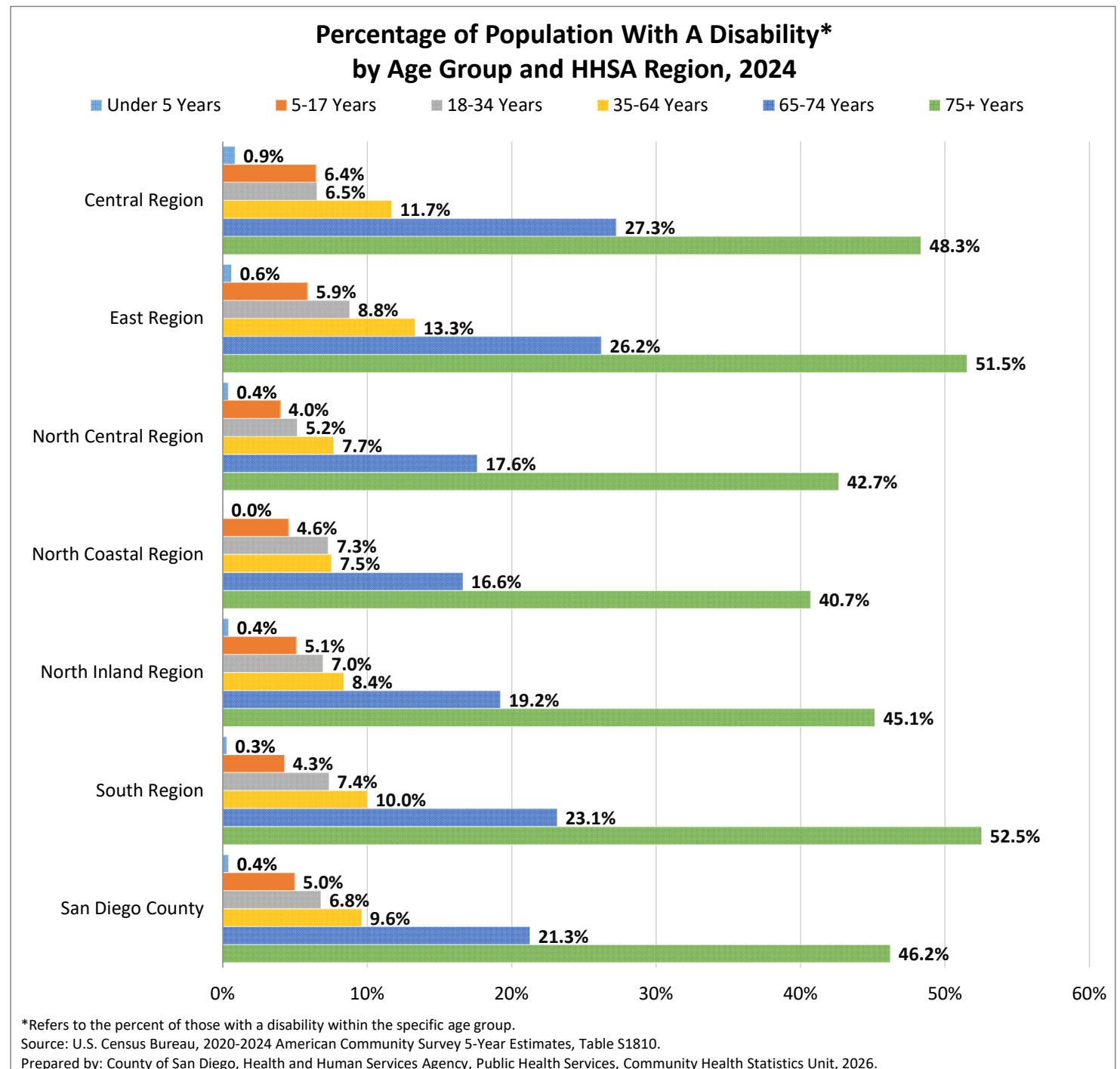
Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74 Years		75+ Years	
	#	%	#	%	#	%	#	%	#	%	#	%
Central Region	199	0.9%	4,097	6.4%	9,995	6.5%	21,654	11.7%	10,577	27.3%	12,369	48.3%
Central San Diego	109	1.7%	911	7.3%	3,499	6.2%	8,776	12.5%	3,646	26.5%	3,932	41.6%
Mid-City	90	1.0%	1,219	5.3%	3,650	6.0%	6,458	11.0%	3,418	29.8%	3,841	54.7%
Southeastern San Diego	0	0.0%	1,967	7.0%	2,846	7.9%	6,420	11.4%	3,513	25.9%	4,596	50.5%
East Region	184	0.6%	4,857	5.9%	9,065	8.8%	25,008	13.3%	12,975	26.2%	15,068	51.5%
Alpine	0	0.0%	155	6.3%	237	6.9%	931	14.4%	226	12.7%	463	36.0%
El Cajon	42	0.5%	1,736	7.3%	2,456	8.5%	7,116	14.6%	3,780	32.0%	3,542	51.8%
Harbison Crest	0	0.0%	153	8.1%	309	12.8%	690	12.0%	456	22.4%	1,141	63.4%
Jamul	0	0.0%	67	2.3%	51	2.0%	715	10.7%	829	34.9%	423	43.1%
La Mesa	0	0.0%	485	5.2%	1,408	10.1%	2,675	11.2%	1,169	20.1%	1,768	46.8%
Laguna-Pine Valley	0	0.0%	8	1.0%	152	12.1%	164	9.1%	206	20.8%	97	21.7%
Lakeside	115	3.1%	949	7.8%	1,408	10.8%	3,458	14.4%	1,719	27.2%	1,988	61.5%
Lemon Grove	0	0.0%	58	1.0%	667	8.2%	1,746	14.5%	861	27.0%	802	59.4%
Mountain Empire	0	0.0%	40	3.3%	91	6.2%	875	28.2%	242	20.5%	220	45.8%
Santee	18	0.5%	661	7.6%	701	7.0%	2,411	10.7%	1,548	26.5%	1,955	56.7%
Spring Valley	9	0.2%	545	3.9%	1,585	8.8%	4,227	12.9%	1,939	23.8%	2,669	47.7%
North Central Region	130	0.4%	3,245	4.0%	9,342	5.2%	18,078	7.7%	9,727	17.6%	18,556	42.7%
Coastal	0	0.0%	82	1.2%	911	3.7%	1,638	6.3%	763	10.5%	2,364	34.6%
Del Mar-Mira Mesa	19	0.2%	899	3.2%	1,544	4.2%	4,656	6.4%	2,569	16.1%	4,250	43.4%
Elliott-Navajo	26	0.4%	862	5.3%	1,341	7.1%	2,775	7.9%	1,699	19.4%	3,661	46.2%
Kearny Mesa	75	0.8%	1,107	6.0%	3,020	6.1%	6,356	10.2%	3,183	22.7%	4,873	46.7%
Miramar	0	0.0%	68	10.1%	16	4.2%	44	17.6%	0	0.0%	0	0.0%
Peninsula	10	0.3%	142	2.2%	795	4.6%	1,661	7.3%	1,110	18.3%	1,633	39.5%
University	0	0.0%	85	1.7%	1,715	5.0%	948	5.8%	403	12.7%	1,775	40.6%
North Coastal Region	5	0.0%	3,896	4.6%	7,553	7.3%	14,628	7.5%	8,094	16.6%	14,345	40.7%
Carlsbad	5	0.1%	959	4.2%	1,306	6.7%	2,935	5.9%	2,001	15.4%	4,157	36.7%
Oceanside	0	0.0%	1,058	4.3%	3,104	8.1%	6,791	10.7%	3,239	21.1%	5,317	53.2%
Pendleton	0	0.0%	177	4.2%	331	5.2%	257	15.1%	0	0.0%	59	100.0%
San Dieguito	0	0.0%	864	5.5%	1,107	7.3%	1,591	4.0%	1,260	11.3%	2,751	31.8%
Vista	0	0.0%	838	4.6%	1,705	7.1%	3,054	7.7%	1,594	17.2%	2,061	39.6%
North Inland Region	158	0.4%	5,147	5.1%	8,412	7.0%	20,057	8.4%	11,949	19.2%	18,908	45.1%
Anza-Borrego Springs	0	0.0%	0	0.0%	29	8.1%	92	6.1%	134	16.8%	167	26.8%
Escondido	56	0.5%	1,527	5.6%	3,298	8.0%	7,844	12.0%	4,024	28.0%	4,823	50.7%
Fallbrook	0	0.0%	370	4.1%	644	6.3%	1,436	7.8%	1,222	19.1%	1,512	37.2%
North San Diego	52	0.6%	907	4.5%	1,320	6.0%	2,481	5.0%	1,660	13.9%	3,744	47.3%
Palomar-Julian	0	0.0%	27	4.8%	75	10.5%	230	11.8%	194	13.8%	220	28.2%
Pauma	0	0.0%	97	8.2%	68	5.8%	187	5.9%	97	15.3%	122	34.6%
Poway	0	0.0%	664	4.3%	700	5.2%	2,188	6.1%	1,414	13.5%	2,706	39.8%
Ramona	0	0.0%	651	10.4%	827	12.5%	1,263	8.5%	692	19.0%	896	38.1%
San Marcos	50	0.8%	774	4.5%	1,292	6.3%	3,782	9.7%	1,991	22.5%	3,666	51.6%
Valley Center	0	0.0%	130	3.5%	159	3.3%	554	5.9%	521	14.4%	1,052	44.2%
South Region	77	0.3%	3,789	4.3%	7,809	7.4%	18,379	10.0%	9,343	23.1%	15,281	52.5%
Chula Vista	36	0.6%	983	4.8%	2,019	7.4%	4,518	10.3%	3,031	29.1%	4,042	54.1%
Coronado	8	1.2%	132	4.9%	167	7.4%	508	8.3%	226	12.8%	851	36.4%
National City	7	0.3%	557	5.6%	808	6.6%	2,922	14.5%	1,240	24.8%	1,868	54.1%
South Bay	26	0.4%	1,061	4.6%	2,691	8.7%	5,173	10.5%	2,467	23.6%	4,187	54.5%
Sweetwater	0	0.0%	1,056	3.3%	2,124	6.3%	5,258	8.2%	2,379	18.7%	4,333	53.2%
San Diego County	753	0.4%	25,031	5.0%	52,176	6.8%	117,804	9.6%	62,665	21.3%	94,527	46.2%

This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.

*Refers to the percent of those with a disability within the specific age group.

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to nearly half (46.2%) of the population ages 75 and over that had a disability in San Diego County in 2024.



Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B10051.

Geography	Number of Grandparents Living with Grandchildren*	Grandparent Responsible for Grandchild	Percent Grandparent Responsible for Grandchild	Grandparent Responsible for Grandchild Without a Parent Present	Of Grandparents Living with Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Living with Grandchild, by Age		Responsible Without Parent Present	
						Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
Central Region	11,823	2,970	25.1%	656	5.5%	4,287	7,536	40.4%	59.6%
Central San Diego	1,198	407	34.0%	40	3.3%	489	709	0.0%	100.0%
Mid-City	3,776	1,192	31.6%	352	9.3%	1,497	2,279	47.4%	52.6%
Southeastern San Diego	6,849	1,371	20.0%	264	3.9%	2,301	4,548	37.1%	62.9%
East Region	10,806	2,213	20.5%	506	4.7%	3,662	7,144	29.8%	70.2%
Alpine	305	4	1.3%	0	0.0%	49	256	0.0%	0.0%
El Cajon	2,799	504	18.0%	79	2.8%	947	1,852	81.0%	19.0%
Harbison Crest	351	68	19.4%	14	4.0%	73	278	0.0%	100.0%
Jamul	479	205	42.8%	46	9.6%	147	332	0.0%	100.0%
La Mesa	789	267	33.8%	92	11.7%	220	569	0.0%	100.0%
Laguna-Pine Valley	69	0	0.0%	0	0.0%	31	38	0.0%	0.0%
Lakeside	1,239	234	18.9%	19	1.5%	353	886	100.0%	0.0%
Lemon Grove	1,633	373	22.8%	72	4.4%	700	933	33.3%	66.7%
Mountain Empire	249	36	14.5%	36	14.5%	91	158	0.0%	100.0%
Santee	1,190	272	22.9%	126	10.6%	468	722	34.9%	65.1%
Spring Valley	1,703	250	14.7%	22	1.3%	583	1,120	0.0%	100.0%
North Central Region	6,904	1,149	16.6%	303	4.4%	1,002	5,902	40.3%	59.7%
Coastal	316	119	37.7%	63	19.9%	59	257	0.0%	100.0%
Del Mar-Mira Mesa	2,912	399	13.7%	97	3.3%	379	2,533	100.0%	0.0%
Elliott-Navajo	1,258	208	16.5%	75	6.0%	78	1,180	0.0%	100.0%
Kearny Mesa	1,506	110	7.3%	24	1.6%	265	1,241	0.0%	100.0%
Miramar	9	0	0.0%	0	0.0%	9	0	0.0%	0.0%
Peninsula	639	269	42.1%	22	3.4%	201	438	63.6%	36.4%
University	264	44	16.7%	22	8.3%	11	253	50.0%	50.0%
North Coastal Region	9,162	2,924	31.9%	553	6.0%	3,559	5,603	22.1%	77.9%
Carlsbad	1,181	431	36.5%	76	6.4%	377	804	0.0%	100.0%
Oceanside	3,802	925	24.3%	142	3.7%	1,547	2,255	13.4%	86.6%
Pendleton	73	0	0.0%	0	0.0%	58	15	0.0%	0.0%
San Dieguito	887	212	23.9%	71	8.0%	227	660	47.9%	52.1%
Vista	3,219	1,356	42.1%	264	8.2%	1,350	1,869	26.1%	73.9%
North Inland Region	14,855	2,948	19.8%	628	4.2%	4,781	10,074	6.8%	93.2%
Anza-Borrego Springs	0	0	0.0%	0	0.0%	0	0	0.0%	0.0%
Escondido	5,025	712	14.2%	185	3.7%	2,039	2,986	5.4%	94.6%
Fallbrook	1,591	534	33.6%	91	5.7%	677	914	0.0%	100.0%
North San Diego	1,680	177	10.5%	49	2.9%	147	1,533	0.0%	100.0%
Palomar-Julian	159	86	54.1%	18	11.3%	1	158	0.0%	100.0%
Pauma	386	167	43.3%	26	6.7%	140	246	0.0%	100.0%
Poway	1,450	283	19.5%	132	9.1%	169	1,281	0.0%	100.0%
Ramona	1,347	415	30.8%	81	6.0%	340	1,007	33.3%	66.7%
San Marcos	2,320	383	16.5%	32	1.4%	995	1,325	3.1%	96.9%
Valley Center	897	191	21.3%	14	1.6%	273	624	35.7%	64.3%
South Region	17,795	3,861	21.7%	676	3.8%	5,398	12,397	44.1%	55.9%
Chula Vista	4,120	750	18.2%	142	3.4%	1,340	2,780	71.1%	28.9%
Coronado	81	10	12.3%	10	12.3%	0	81	0.0%	100.0%
National City	1,916	387	20.2%	98	5.1%	419	1,497	29.6%	70.4%
South Bay	5,831	1,299	22.3%	129	2.2%	2,064	3,767	45.7%	54.3%
Sweetwater	5,847	1,415	24.2%	297	5.1%	1,575	4,272	36.7%	63.3%
San Diego County	71,345	16,065	22.5%	3,322	4.7%	22,689	48,656	30.1%	69.9%

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this data cannot be compared to past years of demographic profiles. This indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over.

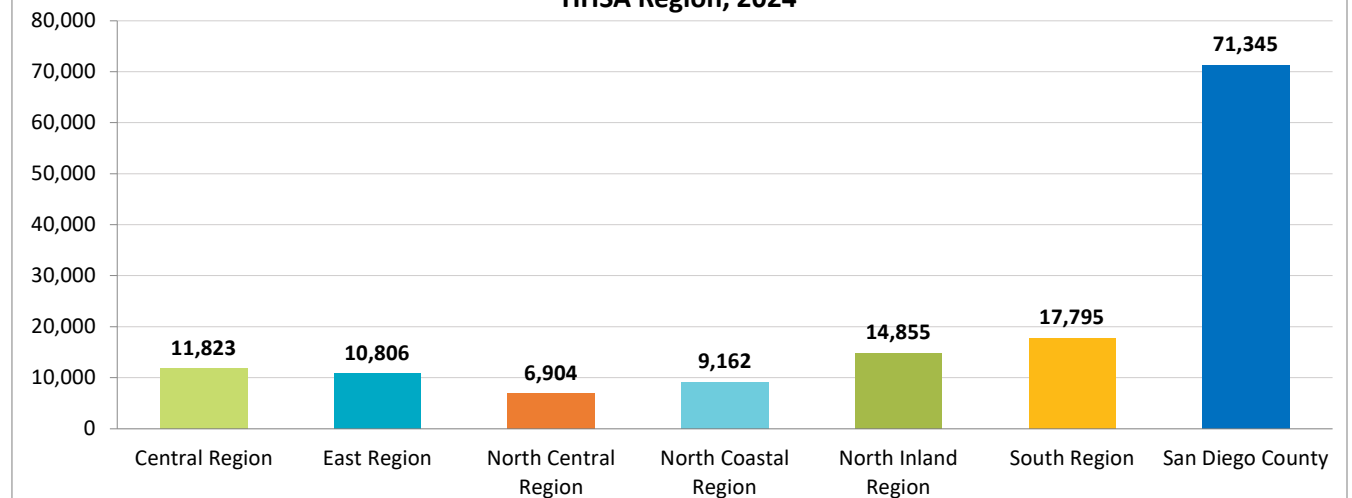
Responsibility for Basic Needs – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of grandchild(s)' parents.

This table shows the number of grandparents 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren with or without a parent present. Additionally, it breaks down grandparents living with and those responsible for their grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2024, 71,345 grandparents lived with their grandchild or grandchildren under 18 years old. Of those grandparents, 22.5% were responsible for the basic needs of their grandchildren (includes those with parent of child present).

How to interpret these data: Of the 71,345 grandparents who lived with their grandchild or grandchildren under 18 years old in San Diego County in 2024, 4.7% were responsible for grandchildren without a parent present. Of these, 69.9% were grandparents 60 years and over and 30.1% were 30 to 59 years old.

Number of Grandparents, 30 Years and Older, Living with Own Grandchild(ren)* by HHS Region, 2024

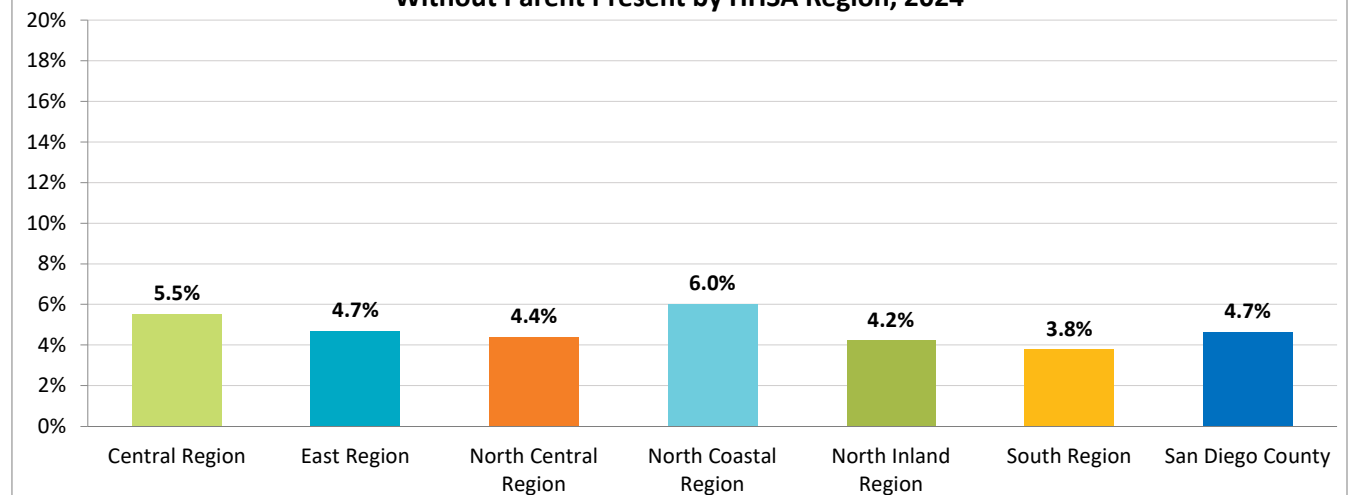


*Grandparent, 30 years or older, living with own grandchildren under 18 years in households out of total population 30 years and older.

Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B10051.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Percent of Grandparent 30 Years and Older Raising Grandchild(ren)* Without Parent Present by HHS Region, 2024



*Grandparent, 30 years or older, raising own grandchildren under 18 years in households out of total population 30 years and older.

Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B10051.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

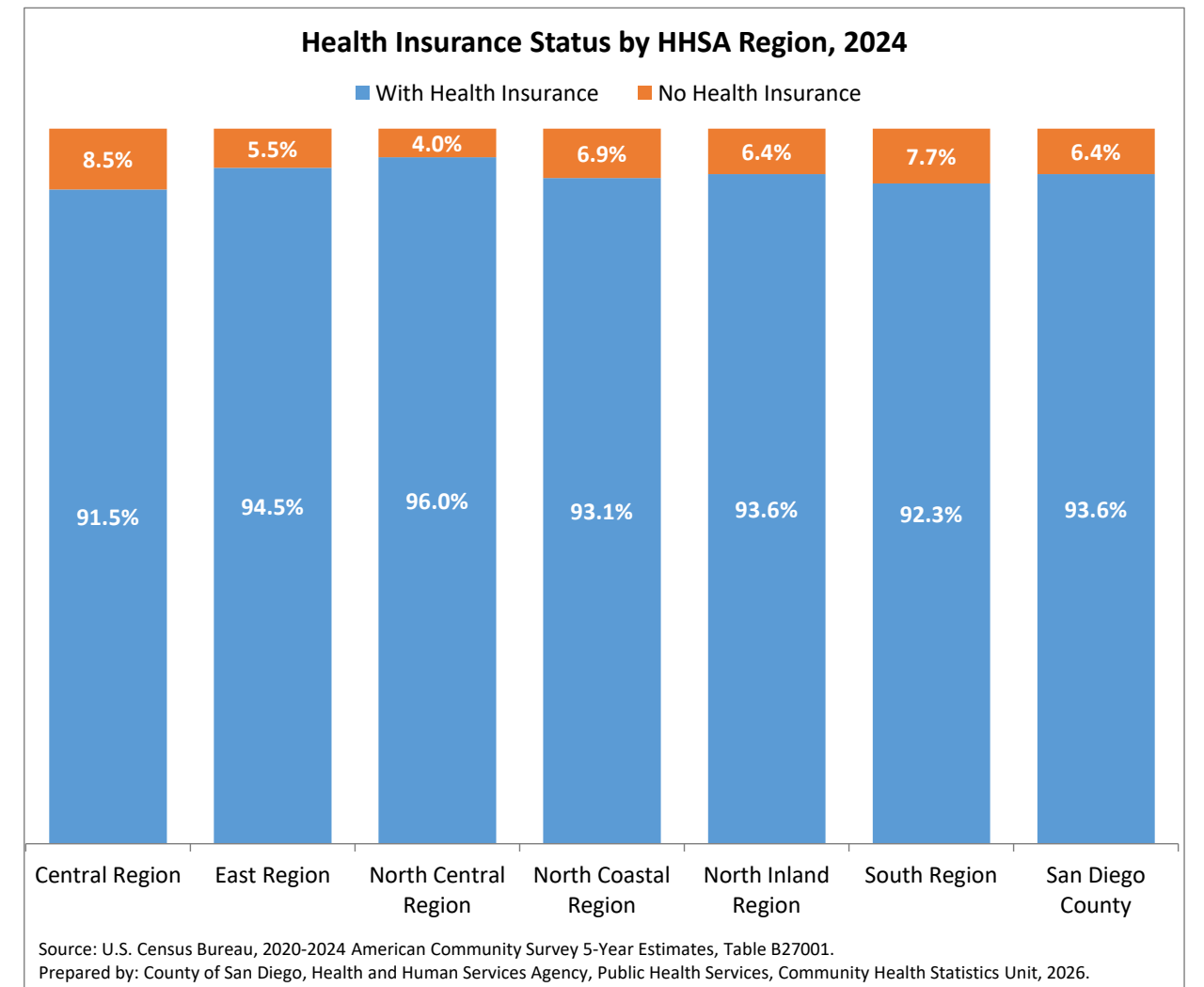
Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B27001.

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
Central Region	91.5%	8.5%	94.8%	89.6%	89.0%	89.2%	98.6%
Central San Diego	92.7%	7.3%	96.6%	89.3%	91.4%	90.5%	99.1%
Mid-City	90.0%	10.0%	94.8%	89.8%	85.5%	87.4%	98.6%
Southeastern San Diego	91.7%	8.3%	93.7%	89.3%	89.1%	89.4%	97.9%
East Region	94.5%	5.5%	96.6%	92.0%	90.8%	93.9%	99.3%
Alpine	96.0%	4.0%	98.9%	85.7%	93.7%	95.7%	100.0%
El Cajon	93.9%	6.1%	96.4%	92.3%	88.7%	94.0%	99.8%
Harbison Crest	94.4%	5.6%	97.5%	79.7%	90.3%	93.2%	99.7%
Jamul	97.9%	2.1%	99.2%	96.5%	95.6%	97.5%	99.4%
La Mesa	95.3%	4.7%	97.2%	96.8%	91.5%	95.2%	99.6%
Laguna-Pine Valley	89.5%	10.5%	92.7%	75.4%	79.4%	97.1%	94.7%
Lakeside	95.5%	4.5%	97.1%	95.5%	93.2%	93.8%	98.9%
Lemon Grove	92.3%	7.7%	95.8%	90.0%	87.7%	91.6%	97.9%
Mountain Empire	88.4%	11.6%	83.6%	66.1%	82.8%	93.5%	99.8%
Santee	97.0%	3.0%	98.6%	94.5%	95.3%	96.3%	99.2%
Spring Valley	93.2%	6.8%	95.6%	91.8%	90.0%	90.8%	99.4%
North Central Region	96.0%	4.0%	97.7%	94.4%	94.1%	95.4%	99.3%
Coastal	95.7%	4.3%	97.2%	96.5%	92.5%	96.6%	99.6%
Del Mar-Mira Mesa	96.2%	3.8%	97.5%	92.8%	95.2%	95.2%	99.1%
Elliott-Navajo	97.4%	2.6%	98.7%	89.4%	96.9%	96.9%	99.7%
Kearny Mesa	95.3%	4.7%	97.7%	94.1%	92.9%	94.7%	99.0%
Miramar	100.0%	0.0%	100.0%	100.0%	100.0%	100.0%	0.0%
Peninsula	94.7%	5.3%	96.4%	94.1%	91.8%	95.1%	98.6%
University	96.4%	3.6%	97.7%	96.6%	95.0%	94.5%	99.8%
North Coastal Region	93.1%	6.9%	96.1%	89.3%	88.7%	91.7%	99.2%
Carlsbad	96.2%	3.8%	96.8%	94.8%	94.1%	95.4%	99.6%
Oceanside	91.1%	8.9%	94.8%	86.4%	85.6%	90.4%	99.1%
Pendleton	98.1%	1.9%	100.0%	98.9%	95.4%	82.7%	100.0%
San Dieguito	96.2%	3.8%	97.7%	90.8%	91.9%	96.9%	99.7%
Vista	88.9%	11.1%	94.5%	86.1%	84.5%	83.3%	98.1%
North Inland Region	93.6%	6.4%	96.3%	88.5%	90.0%	92.2%	99.3%
Anza-Borrego Springs	93.0%	7.0%	82.5%	99.5%	72.7%	90.4%	100.0%
Escondido	90.2%	9.8%	95.0%	85.5%	85.0%	87.9%	98.8%
Fallbrook	91.2%	8.8%	94.0%	79.3%	87.7%	88.2%	99.2%
North San Diego	97.7%	2.3%	98.3%	96.8%	96.7%	97.1%	99.6%
Palomar-Julian	93.2%	6.8%	91.6%	89.8%	87.6%	89.9%	98.8%
Pauma	83.5%	16.5%	83.4%	75.5%	84.1%	77.8%	99.7%
Poway	97.6%	2.4%	97.8%	95.4%	96.7%	97.0%	99.6%
Ramona	95.2%	4.8%	97.2%	94.1%	89.6%	95.9%	99.0%
San Marcos	92.5%	7.5%	97.5%	85.1%	88.1%	90.3%	99.1%
Valley Center	93.4%	6.6%	93.9%	90.0%	88.3%	93.0%	99.5%
South Region	92.3%	7.7%	95.4%	87.0%	88.4%	91.3%	98.6%
Chula Vista	90.6%	9.4%	95.3%	83.3%	87.3%	86.8%	98.8%
Coronado	95.5%	4.5%	94.7%	98.3%	88.0%	96.5%	99.6%
National City	87.4%	12.6%	94.1%	86.6%	77.4%	85.2%	98.9%
South Bay	91.2%	8.8%	94.0%	84.5%	87.8%	90.4%	98.3%
Sweetwater	95.8%	4.2%	97.1%	91.4%	94.2%	96.1%	98.5%
San Diego County	93.6%	6.4%	96.2%	90.5%	90.4%	92.4%	99.1%

Please note that beginning in 2017, age groups changed so the 2017 and 2018 data will not be comparable to previous years.

This indicator provides the percent of the civilian noninstitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2024, 93.6% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 6.4% did not. The percentage of children under the age of 19 without health insurance coverage was 3.8% (96.2% did have health insurance coverage).



Veterans by Age Group

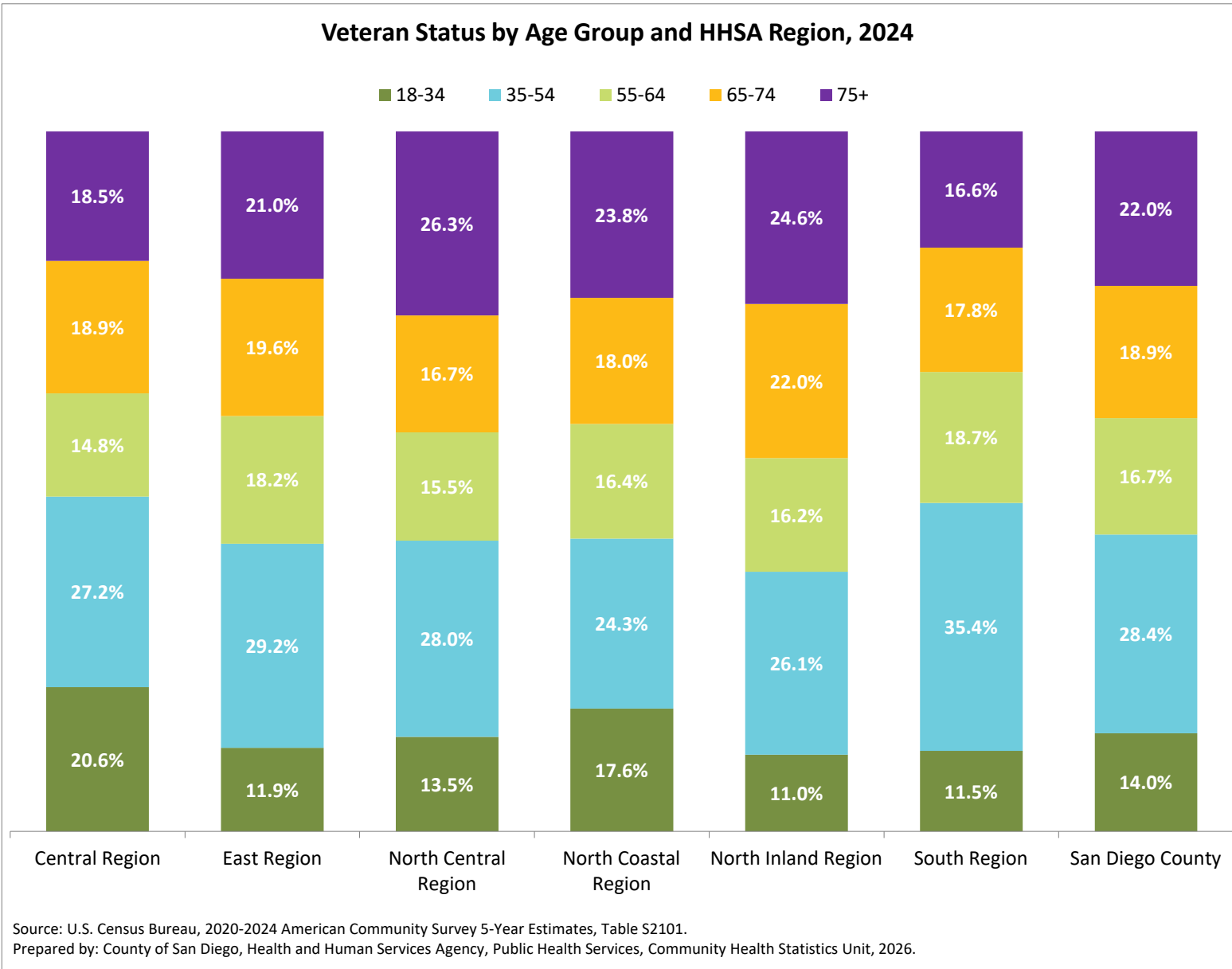
Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table S2101.

Geography	Veterans by Age Group				
	18-34	35-54	55-64	65-74	75+
Central Region	20.6%	27.2%	14.8%	18.9%	18.5%
Central San Diego	26.8%	29.2%	11.1%	15.9%	17.0%
Mid-City	19.4%	26.0%	15.8%	17.6%	21.3%
Southeastern San Diego	14.9%	26.0%	18.0%	22.9%	18.2%
East Region	11.9%	29.2%	18.2%	19.6%	21.0%
Alpine	11.3%	23.9%	10.4%	20.7%	33.7%
El Cajon	13.2%	26.8%	18.1%	20.8%	21.1%
Harbison Crest	7.6%	24.7%	16.8%	18.5%	32.5%
Jamul	10.1%	23.3%	19.9%	28.8%	17.9%
La Mesa	11.9%	40.3%	13.3%	15.9%	18.6%
Laguna-Pine Valley	0.5%	22.5%	29.8%	24.9%	22.3%
Lakeside	11.1%	27.0%	22.1%	17.4%	22.4%
Lemon Grove	9.2%	30.5%	16.0%	27.3%	17.0%
Mountain Empire	9.0%	4.3%	55.6%	16.2%	15.0%
Santee	16.1%	28.2%	16.6%	21.9%	17.2%
Spring Valley	11.4%	31.2%	18.2%	16.5%	22.7%
North Central Region	13.5%	28.0%	15.5%	16.7%	26.3%
Coastal	16.4%	18.8%	14.4%	15.2%	35.2%
Del Mar-Mira Mesa	4.4%	24.3%	19.1%	24.0%	28.2%
Elliott-Navajo	15.6%	29.2%	13.9%	17.1%	24.2%
Kearny Mesa	13.4%	33.8%	16.9%	13.9%	21.9%
Miramar	66.7%	32.4%	1.0%	0.0%	0.0%
Peninsula	20.3%	27.1%	11.3%	17.6%	23.6%
University	10.9%	24.2%	14.4%	7.1%	43.4%
North Coastal Region	17.6%	24.3%	16.4%	18.0%	23.8%
Carlsbad	5.3%	25.2%	15.3%	17.6%	36.6%
Oceanside	18.5%	25.2%	19.7%	18.8%	17.8%
Pendleton	80.8%	16.0%	0.0%	0.0%	3.2%
San Dieguito	7.1%	26.8%	15.7%	17.5%	33.0%
Vista	17.1%	22.3%	17.2%	23.9%	19.5%
North Inland Region	11.0%	26.1%	16.2%	22.0%	24.6%
Anza-Borrego Springs	7.8%	0.0%	14.2%	36.0%	42.0%
Escondido	11.0%	27.9%	20.9%	17.3%	22.9%
Fallbrook	15.5%	29.2%	18.3%	14.9%	22.2%
North San Diego	14.2%	23.3%	14.9%	23.5%	24.0%
Palomar-Julian	4.6%	5.6%	4.6%	42.4%	42.7%
Pauma	6.0%	68.5%	7.1%	9.8%	8.7%
Poway	6.7%	25.7%	13.5%	28.5%	25.6%
Ramona	6.8%	30.7%	19.0%	21.8%	21.7%
San Marcos	7.3%	23.5%	15.8%	25.5%	27.9%
Valley Center	23.0%	23.3%	9.6%	18.6%	25.6%
South Region	11.5%	35.4%	18.7%	17.8%	16.6%
Chula Vista	12.0%	32.9%	16.5%	17.0%	21.7%
Coronado	7.1%	16.5%	21.0%	17.5%	37.9%
National City	20.6%	25.0%	21.3%	17.7%	15.5%
South Bay	13.4%	31.7%	17.3%	20.9%	16.7%
Sweetwater	9.0%	43.5%	19.6%	16.3%	11.6%
San Diego County	14.0%	28.4%	16.7%	18.9%	22.0%

This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: Two of every five (40.9%) civilian veterans in San Diego County in 2024 were 65 years and over.





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The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.